

Inner Healing & Deliverance INVENTORY INTAKE FORM



INTRODUCTION

Please complete each section using simple bullet points—just enough to mark the memory. You do not need to rewrite the whole story. Heaven already holds the full record.

What you write here is **not for me to keep**, and it is **not for you to carry**. These notes become **legal testimony in the courts of heaven**, standing as evidence against every work of darkness. Once surrendered to Jesus, they can never be used against you again.

We step into this process because **Jesus Christ alone is King**, and we choose to align our lives fully with Him. Deliverance begins with humility—bringing every hidden thing into the light of the One whose blood breaks every chain and makes all things new.

REPENTANCE

“Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.” — Acts 3:19

I stand before You, Lord, in full surrender.

I turn from every sin, every agreement with darkness, and every place where I stepped out of alignment with Your Kingdom.

I hold nothing back.

I confess all my sins before You—every action, every thought, every motive. Especially, I confess...

(Write bullet points here.)

I lay these sins at the feet of Jesus, trusting that His blood wipes them out completely and destroys every legal right the enemy claimed through them.

FORGIVENESS

“If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins.” — Matthew 6:14

By a deliberate act of my will, I choose to forgive.
I refuse to let bitterness, offense, or past wounds hold any legal ground in my life.

By a decision of my will, I freely forgive...

(Write bullet points here.)

I release them from every debt I believed they owed me.
I surrender the pain, the memories, and the judgments to Jesus, trusting Him as the righteous Judge.

OCCULT, WITCHCRAFT, FALSE RELIGION, ABORTION, HOROSCOPES, ETC.

“Let no one be found among you who sacrifices their son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead. Anyone who does these things is detestable to the Lord.” — Deut. 18:10–12

I acknowledge the seriousness of every doorway opened through occult practices, false religion, witchcraft, or any spiritual system not rooted in Jesus Christ.

**I confess and renounce all involvement in these practices.
Especially, I bring before You...**

(Write bullet points here.)

I break agreement with every spirit, power, or influence connected to these practices.
By the blood of Jesus, every claim of darkness is canceled and every doorway is sealed shut.

SOUL TIES

“Flee from sexual immorality...” — 1 Cor. 6:18

Sexual sin creates deep spiritual bonds—connections that join the soul in ways God never intended outside His covenant. These ties can open doors for influence, oppression, and spiritual transfer.

I bring every sexual connection, relationship, divorce or bond before the Lord. Especially, I identify...

(Write bullet points here.)

In the authority of Jesus Christ, I break every ungodly soul tie formed through sexual sin, emotional entanglement, manipulation, trauma, or spiritual influence. I call back every part of my soul that was taken or entangled, and I release back to others everything that does not belong to me.

SOUL WOUNDS & INNER HEALING

Satan seeks access early. Childhood trauma, fear, rejection, abandonment, shame, and confusion create cracks in the soul—openings the enemy exploits.

But **Psalm 23:3 declares, “He restores my soul.”**

God gathers every shattered piece and restores what was broken.

This section identifies the wounds—not to relive them, but to expose the enemy’s access points so they can be closed under the authority of Jesus Christ.

List the moments where you were hurt, rejected, frightened, shamed, abandoned, or overwhelmed.

Simply list the emotions tied to each memory.

EXAMPLE ENTRY

HURT: Dad leaving the family

AGE: 2 years old

LOCATION: Front yard by the mailbox, Texas

HURT BY: Dad

EMOTIONS: Rejection, heartache, anger, confusion, pain, resentment, abandonment, unworthiness, feeling unloved, sadness

GENERATIONAL BLOODLINE & ANCESTRAL INFLUENCE

The enemy targets bloodlines.

Patterns of sin, trauma, idolatry, occult involvement, addiction, illness, and spiritual alliances can create generational pathways of influence.

But the blood of Jesus speaks a better word over every bloodline.

This section identifies generational patterns, family affiliations, and ancestral agreements that may have given darkness access.

Examples include:

- Freemasonry or secret societies
- Witchcraft, occult practices, false religions
- New Age or spiritualism
- Addiction, abuse, violence
- Chronic illness or mental torment
- Patterns of divorce, poverty, premature death
- Cultural or ancestral rituals not rooted in Christ

Please list anything in your family line that stands out.

Epecially note spiritual affiliations, illnesses, or generational patterns.

(Write bullet points here.)

HIDDEN TRAUMAS OR WOUNDS

“Jesus, I invite You to shine Your light on any hidden wounds, buried memories, or unhealed places in my soul—anything I’ve forgotten, minimized, or pushed aside. Reveal whatever needs Your healing touch, and I will list each one below as You bring it to mind.”

(Here the person makes a bullet-point list of anything Jesus highlights.)

FEELINGS OR EMOTIONS

Please list anything that you may hear or feel when going through this list.

Strong emotions like fear, anger, bitterness, rejection, etc or any physical symptoms.

(Write bullet points here.)