

# Flexible Study Planner for Class XI

This flexible study planner allows Class XI students to adapt their daily routine based on individual preferences, school timings, and coaching schedules. It emphasizes balance between study, rest, and relaxation, ensuring consistent progress without burnout.

## Morning Routine

- Wake-Up Time: Choose a time that ensures 7-8 hours of sleep.
- Morning Study: Dedicate 1 hour to revising the previous day lessons or tackling a subject that requires focus (e.g., Physics, Chemistry, Math).
- Get Ready: Have a healthy breakfast and prepare for school or morning activities.

## Daytime Routine

- School Hours: Make the most of school by staying attentive and taking clear notes.
- Lunch Break: Take a proper lunch and relax for 30-60 minutes to recharge.
- Coaching or Private Tutorials (if applicable): Allocate 2-3 hours for coaching or tutorials to reinforce school topics and clarify doubts.

## Evening Routine

- Self-Study: Dedicate 1.5-2 hours to reviewing what you learned in school and coaching.
- Break: Take a short 15-30 minute break to relax or enjoy a hobby.
- Practice Time: Work on assignments, solve numerical problems, or practice application-based questions for 1-1.5 hours.

## Night Routine

- Quick Revision: Spend 30 minutes recapping key concepts or formulas.
- Planning: Plan your tasks for the next day to stay organized.
- Sleep: Ensure you get enough rest (7-8 hours) to stay refreshed and focused.

## **Weekend Routine**

- Morning: Use the early hours to revise the week topics or prepare for upcoming tests.
- Midday: Focus on weak areas or difficult subjects. Solve mock tests or sample papers.
- Afternoon: Engage in light study or explore topics of personal interest.
- Evening: Take time to relax, pursue hobbies, or spend quality time with family.

## **Tips for Flexibility**

- Adapt the schedule to your school, coaching, and personal preferences.
- Include buffer times to handle unexpected tasks or delays.
- Prioritize subjects and topics based on upcoming tests or personal challenges.
- Maintain balance by including breaks and time for hobbies or relaxation.