



# MONARCH EFFECT FOUNDATION

## **Empowering Futures: The Impact of Mentoring**

An Overview of Monarch Mentoring  
Programs and Achievements





## Our Mission: Guiding Transitions to Self-Sufficiency



At the Monarch Effect Foundation, **we support driven and talented students in Los Cabos** who are committed to furthering their education.

Without student loans or financial aid, many families struggle to afford university. **We bridge that gap by providing financial support, mentorship, and guidance in personal development.** But it's more than just a program—it's a community where students grow, mentor others, and pay it forward.

By opening doors to education, **we're creating lasting change for students, families, and the future of Los Cabos.**



## Empowering Ambassadors Through Peer-to-Peer Support

**Monarch Circle of Impact (MCI)** is a peer-to-peer mentoring program designed exclusively for the Foundations' sponsored students (ambassadors) providing weekly tutorials and conversations to enhance their leadership and community skills while navigating university life.

The MCI mission is **to empower and guide the Monarch Effect Foundation ambassadors** on a transformative journey of self-discovery, purpose identification, and personal growth. Through mentorship, thoughtful activities, and a supportive community, the program aims to foster resilience, instill a sense of purpose, and cultivate the skills necessary for a successful and fulfilling academic and personal life.

### Key statistics

- **Active ambassadors:** 7
- **Locations:** London, Paris, Lisbon, Los Angeles, Phoenix, Queretaro, Guadalajara
- **Academic pursuits:** 2 Masters, 5 Undergraduates
- **Time Zones covered:** 6
- **Sessions per school year:** 33





## Preparing Students for Academic Success



The College Prep Mentoring program equips students with **essential tools to successfully transition to university and living away from home.**

Volunteer experts provide insight into key areas such as goal setting, financial literacy, developing of productive habits, and basic life skills like laundry, shopping, and cooking.

Additionally, the program focuses on enhancing study skills, fostering problem-solving abilities, and encouraging students to step outside their comfort zones and embrace new challenges.

### Program highlights

- **Participants:** 16 students, from 4 schools
- **Workshops:** 24 sessions per school year
- **Volunteer mentors:** 12
- **Total engagement:** 48 lesson hours per school year





## Together We Thrive: Prosperity Through Unity

**Prosperity is not simply about economic growth;** it's about fostering a community where every individual feels seen, heard, and supported.

**At the Monarch Effect Foundation, we understand** that when people feel a deep sense of belonging and are aware of their role in the community's growth, they contribute more willingly and meaningfully. This interconnectedness sparks innovation, strengthens resilience, and lays the foundation for a sustainable, thriving society.

Key points:

- **Community building:** Celebrated events like Christmas and Valentine's Day together
- **University preparation:** 7 students will graduate high school and are preparing for university this fall semester.
- **Personal development:** Students are developing skills and confidence to create a successful future.





## Stage One of the College Prep Mentoring Program- 24 Workshops



1. Personal Proclamation
2. Personality Assessment
3. Goal Setting for Success
4. Breaking Down Mental Barriers: Overcoming Challenges
5. Study Skills: Note Taking, Exam Preparation & Research Techniques
6. Dealing with Delay gratifications
7. Dealing with Expectations, Hard Times, and Burnout
8. Applying advanced computer skills: Spreadsheets and regular application
9. Developing Leadership and Teamwork Skills
10. The Importance of Work Experience
11. Negotiation and problem-solving
12. Stepping Out: Embracing Discomfort
13. Taking Charge: Becoming Proactive
14. Coping with Homesickness and Adjusting to Living Away
15. Exploring Career Paths: A Journey of Self-Discovery
16. Mastering Job Interviews
17. Crafting a Professional CV
18. Navigating the Network
19. Mastering Practical Life Skills
20. Cultivating Atomic Habits: Inspired by James Clear's Book
21. Mastering Budgeting and Financial Literacy
22. Life Skills: Laundry, Shopping, Cooking & Organizing a Weekly Menu
23. Heath care and medical self-assistance
24. Reflecting on Goals, Takeaways, and Achievements



## Real-Life Role Models in Action

**Our Foundation Ambassadors** Daniela (Queretaro, Mexico) and Nicolas (London, England) engaged with the College Prep students during their university break, participating as special guest speakers to present the “Work Experience” workshop and shared their experiences and insights.

**Student Engagement:** Opportunities for Q&A and personal connection with the ambassadors.

**Mentoring Influence:** Demonstrated the power of mentoring through shared stories.







# Mentoring in Action

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## Welcoming Our Parent Community

At the Monarch Effect Foundation, **we believe that our community starts with our parents.** They are not only the **first mentors** to our students but also a **vital part of the success and growth of our entire foundation.**

The **Parent Community** is designed to **bring parents together**, providing both **mentorship and support** as we navigate the journey of **education and life transitions.**

### How We Support Each Other

- **Guidance from Other Parents** – Learn from those who have been through the process of sending a child to university.
- **A Network of Connection** – Build relationships with other families who understand your journey.
- **A Role in the Foundation** – Stay involved through volunteering, events, and sharing your expertise.



Parents now have a chance to **mentor each other, strengthen our community, and make a lasting impact.**





## The Power of Parent Support

Our Parent Community is a space where parents can **share, ask questions, and offer support** in whatever way feels right for them. Whether **mentoring a new university parent, connecting us with other families, volunteering with students, or opening your network**, your involvement makes a difference.

### Parent Engagement:

- **Support Other Parents** – Whether a student is just starting their journey or has already left for school, parent insights can help others.
- **Stay Connected** – Meet other parents who understand the excitement, challenges, and emotions of this transition.
- **Volunteer & Give Back** – Help at foundation events, introduce new families, or bring your personal and professional network into our community.

### A Stronger Foundation Starts with Us

When parents come together, we create a **community of encouragement, knowledge, and support** that benefits not just our students but each other.





## Mentoring: A Catalyst for Transformative Growth

**Mentoring plays a transformative role in both personal and academic development by providing guidance, support, and encouragement.** It helps students build confidence, enhance skills, and overcome challenges, fostering a sense of purpose and direction.

Through meaningful relationships with mentors at all levels and throughout the Foundation, mentees gain valuable insights that contribute to their growth and success.

At the Monarch Effect Foundation, **we are committed to guiding our students toward successful futures**, recognizing that mentorship not only shapes academic achievement but also empowers personal transformation, preparing them to thrive in all aspects of life.





## Facing the Future: Junior Ambassadors Mentoring Program

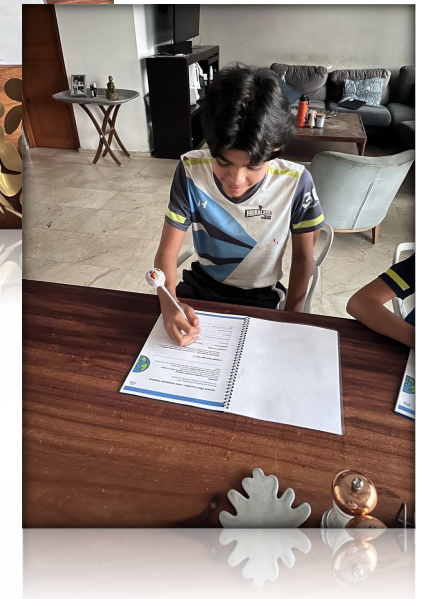
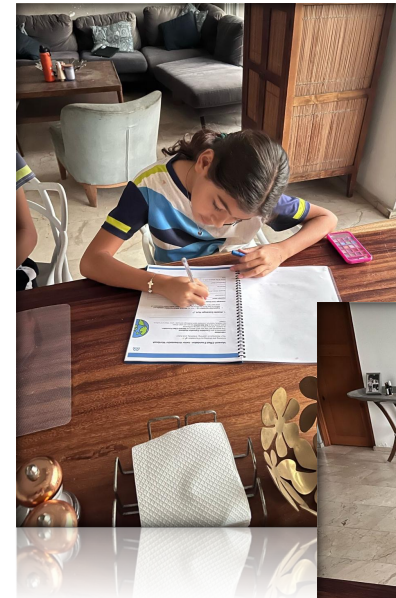
**Thanks to the support of Mentors Foundation**, we goal pilot a new mentoring program this semester that targets students in grades 7-9 with the skills, values, and mindset to excel academically, make positive life choices, and grow into future leaders—all **guided by an MCI Ambassador**, who is working one on one with students and develop its next phase.

This program helps young students develop essential skills that will keep them **engaged in school**, **build strong relationships** with family and peers, and **make positive life choices**.

Through interactive activities, mentorship, and community engagement, Junior Ambassadors will learn:

- How to develop self-discipline, confidence, and strong study habits.
- The importance of respecting parents, teachers, and peers.
- Strategies to avoid peer pressure and make good decisions.
- How to become leaders and role models in their communities.

**The goal of this program is to prepare students for the College Prep Mentoring Program**, ensuring that they enter high school as motivated, goal-driven, and high-achieving individuals who are ready to take on future challenges.





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**Thank you for your support**

You're helping us make many dreams posible and build a greater community through education and mentoring.