

FAVOURITES

Fruit Loaf - Fuel&Co's house made fruit & nut loaf, toasted & served w whipped cream cheese, honey & sliced seasonal fruits \$16 \,V\)

Apple Crumble Porridge – stewed brown sugar apples, cinnamon crumble crunch on top of a rolled oat porridge w Greek yoghurt, fresh fruit & berries \$18 V

Pancake Stack - braised rhubarb, coconut ice cream, crunchy pistachio crumbs, rose petals, & maple syrup \$24 \(V \)

French Toast - chocolate custard stuffed brioche French toast w candied quince, katafi wrapped pear, lemon curd, vanilla bean ice cream \$24 \(V \)

BRUNCH

Eggs your way - two free range eggs cooked your way, served w toasted sourdough & house made relish \$14.5 GFA
Extras - add to any meal

extra egg | toast | \$3.5

2 hash browns | potato & feta rosti | roast truss tomatoes | wilted spinach | \$5

crushed avocado | chorizo | grilled halloumi | 2 x rash bacon | roasted mushrooms | \$5.5

smoked salmon | sliced chicken | \$6.5

Eggs Benedict - your choice of protein - | bacon | roasted mushrooms | smoked salmon | grilled halloumi | Served with baby spinach leaves, two poached eggs on toasted sourdough & hollandaise- \$23 GFA
Swap toast? for a potato & feta rosti - \$5

Pesto Avo - crushed avocado on toast w house made pesto, chilli jam, fetta cream, roquette & toasted pinenuts \$22 GFA V add 2x rash bacon \$5.5

Chorizo Spaghetti - sauteed Portuguese chorizo, semi dried tomato, green pea, baby spinach & herbed spaghetti w crunchy pangritata & a poached free range egg \$25

Forest Mushrooms - on toasted brioche, smeared w truffled mustard, topped w poached eggs, watercress & dukkah salad, extra virgin olive oil \$24 GFA V

Chicken Waffle – herbed potato waffle, butter chicken, fried free-range egg, crispy onion bhaji, crushed cashews \$26 add roast truss tomatoes \$5

ACAI

Fresh Fruit Acai Bowl - native Brazilian frozen acai berries w seasonal fresh fruit, house made granola filled w dried fruit, rolled oats & mixed smashed nuts Small \$16 Regular \$19 V DF

Almond and Cashew Acai Bowl - peanut butter swirls w cashew, almond & buckwheat clusters & fresh sliced fruits topped w native Brazilian frozen acai Small \$16 Regular \$19 GF DF V

LUNCH

Lamb Burger - double smashed lamb patty w grilled haloumi, sliced tomato, lettuce, pickled red onion, fire roasted pepper ketchup & mint yoghurt on a toasted milk bun \$23 add a side of chips \$6

Beef Cheek - tender cooked beef in red wine & tomatoes w herbed mashed potato, broccolini & braising reduction \$28 GF

Barramundi – crispy skinned fillet w charred broccolini, almond romesco, fetta crumble, sherry reduction & lemon cream \$26 GF

Autumn Harvest Bowl – roast chunks of pumpkin, beetroot & carrot, cherry tomatoes, baby spinach & quinoa w a charred orange & tahini dressing \$22VEGAN add sliced chicken \$6.5

Fried Chicken Caesar - crumbed chicken breast w sliced cos lettuce, maple bacon bits, crisp flatbread pieces, creamy garlic & chive mayo - finished w a poached egg & freshly grated parmesan \$25

Chips Shoestring | Sweet Potato Side \$6 Bowl \$12 Sauce \$1