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## **Psychological Predictions in Vikas Sharma's Novel 498A:**

### ***Fears and Dreams***

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Psychology is the study of human behavior. It permeates all levels of human experience, thought, motivation, behavior, development, relationships, and psychological processes. Psychology is dedicated to understanding how people see, think, feel, and behave individually or as a group. Mental illness is a defense mechanism in which a person does not want or reject the thoughts, feelings, or characteristics of others. It refers to the individual's feelings, desires, or motivations towards others, often without his or her awareness of it. This process allows individuals to avoid acknowledging or dealing with their conflicts, insecurities, or negative actions as described in *498A: In Fears and Dreams*. There are examples of emotional reflection in various dialogues and situations. Psychologists use many research methods and methods to investigate and explain human behavior. They may conduct experiments, conduct research, observe, or analyze existing data to gather evidence and gain insight into psychological phenomena. This chapter attempts to explore the ideas of thinking about human emotions in the quote by Vikas Sharma:

‘I want to develop theories and models that explain human behavior and provide practical ways to improve health and improve understanding between people and society. Psychology plays an important role in understanding and explaining human behavior, thoughts, and emotions, and has implications for mental health, education, work, sports, etc. It is useful in many areas. It provides insight into how people see the world, interact with others, and navigate their internal and external experiences. They rarely apply their thoughts to others. Identifying and addressing reflections can help you gain self-awareness and better understand your own emotions and motivations.’

This study explores the evils of the dowry system and its impact on the psychological lives of people in Indian society. Article 498A of the TMK protects women in case the groom or his family exploits

the woman in exchange for dowry. The author of the novel explains that this provision is misused in the Indian judiciary. Sex, love, violence, physical needs, and the vagaries of life have a great impact on the purification of human emotions. He is a Professor of English in the Department of English at Chaudhary Charan Singh University, Meerut, Uttar Pradesh. He wrote many stories such as *Love's Not Time's Fool*, *Ashes and Fire*, *Hope Against Hope*, *IAS Today*, and *498A: Fear and Dream*. Sex, nudity, the search for physical intimacy, and related themes are central to their stories. Several of his stories are woven around real images. In today's society, it is common for some women from wealthy families to have physical relations with boys in an unfamiliar environment with a sense of security. His novel brilliantly portrays how dominant women exploit boys to quench their subconscious thirst. Sometimes it can create social and family problems in a country with a deep-rooted tradition and history like India. Such scenes are described **in many of his stories.**

(RASHTRAKAVI MAITHILI SHARAN GUPT)

#### **Tanvi's Emotional Suppression:**

Tanvi Dixit, who has just married Jatin, expresses her need for comfort while welcoming Jatin's new family. She didn't have the luxury of her parents, but she felt uneasy without them. She would also like to have at least one scooter, along with other luxuries such as air conditioner, television, and more expensive furniture. (Page 14)

The statement above shows that she did not have any desires in her mind when she was living with her parents while she was not yet married, but after marriage, she devoted herself to her pursuits. Another example of his mental illness in the form of insecurity and jealousy is when he removes Prem Lata's picture from his bedroom and hangs two pictures of Prem Lata in his bedroom. Rem Lata is the late wife of RK Sharma, whom Tanvi married after him. Divorce from Jatin. (p-39) When Sharma ji saw the change in the morning, he kissed her for the first time and said:

‘May Didi ji be in peace wherever he is. See Lord Shiva and Parvati ma enjoying their day and your beautiful and lovely wife instead of a dead soul. Start each day with new abundance and love. Why would you still cry for someone who has no ransom?’ (39)

But she is planning her desire for her son Pratiyush. R.K. is unhappy with his ex-wife concerning sex life. Sharma projects his quirky personality and sexual desire onto Pratyush and convinces him to fulfill his wish. Now temporarily restricted wishes are set for Pratyush. Sarwar Ahmad Narzar, in his article titled *Beyond Feminism: A Study on Professor Vikas Sharma 498A: Fears and Dreams*, wrote:

‘Because her second husband could not fulfill her wishes due to his old age and busyness. Since they cannot have a physical relationship, Tanvi feels the need to turn to her son-in-law to meet her physical needs.’

#### **Jaitn's Detachment:**

Jatin gets his degree and gets a job at Larsen & Toubro, he breaks up with many people after his failed marriage with Tanvi. He could not stand his wife's increasing demands and could not find more money to buy expensive things for Tanvi. The stress of his marriage did not emerge until later in his life. He projects his frustrations and desires onto others. He reached Goa on the call of his friend Tirath Raj and got a job at Joseph Shipping Company. Joseph, the owner of the company, gave him a good job and asked: -What do you want to do with your life? -

- A job that earns me bread and butter. What? I come from an ordinary family and my family often asks me for financial support. Unfortunately! I cannot help them due to unemployment in India. He also plans his love for Sophia, whom he marries later in the novel. Tanvi's marriage not going well makes her want to have a good relationship with sex. Jatin directs these desires to Sophia and Procne respectively. We also see him sharing his feelings and desires with others many times in the novel.

#### **Jay's Digression**

Jatin aka Joe Beverley's brother Jay fell in love with the girl Procne while at Joe and Sophia's house, but Procne left him after a short relationship due to his behavior of always trying to go with the flow.

Jay was unsuccessful in graduate school and could not find a good job at Joseph's University; Procne became a teacher at the same university. She was more successful than Jay, so naturally she started ignoring Jay. This unsatisfied love made Jay uneasy. He began writing and poured all his thoughts and desires onto the page. This helped him become a good writer. He won the Booker Prize and the Pulitzer Prize for his books. (p. 171). He was invited to teach the guests the teaching process. All this happened due to his emotional state, which was written down after many events during his stay in the United States. He felt very sad while in India. When he realized his feelings for his parents, he burst into tears, but he did not answer the question his heart wanted to ask him: "How can he fulfill the responsibility of a child? What has he ever done to his parents? What does he plan to do for them next year?" (p-151) Lord Rama, who obeyed his parents till the end of death, recalls the names of Lakshmana and Shravan Kumar. If it were in India the old man would have a stick. I am sad! It takes a less traveled route and its location is remote. He used them appropriately in writing and became famous for it.

### **Sophia's Anger and Emotions:**

Sofia is another main character of the novel who shows her anger towards others. She is a loyal and honest woman, but her husband Joe betrayed her and cheated on her to find happiness and fulfillment in Procne. Procne and Joe cheat on Sophia and go to different cities, including Indian cities like Agra, Delhi, and Bombay, where they enjoy life. In his article 498A: Fears and Dreams: Gay Voices, Dr. Nisha Singh quotes the novelist and writes:

'Self-confident people believe that owning and buying things is a necessary means to achieve important goals such as happiness and prosperity. And I thought. I've seen Jay just be around during labor, but the husband needs to be around his wife during labor. Her husband's absence created an emotional void in Sophia's heart. It brings together a variety of human emotions over the betrayal of her husband Joe. These thoughts are directed towards others in the workplace. It seems that when she killed Ford on the campus of Joseph College, it was nothing more than anger and frustration she took out on her husband..'



**Conclusion**

If a person cannot express some thoughts and unrealized desires stored in his subconscious to others at that moment. Sometimes this causes stress and anxiety in people's lives, as well as many other stressors that lead to negative thoughts and behaviors. He may not feel comfortable in his environment. This article discusses the various stressors experienced by different characters in the novel. The author researched the conscious and unconscious psychology of the characters. Psychological predictability is important throughout the novel. People's feelings about different characters change scenes many times. *498A: Fears and Dreams* touches on social problems, it has an important place in the psychology of the characters.

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