
SPRINGFIELDS SECONDARY SCHOOL

JUNE 2026 NEWSLETTER

A Day of Competition, Teamwork and School Spirit



Sports Day is one of the most exciting and anticipated events at our school, probably because it only happens once a year. Every student eagerly waits for this day because it brings so much energy, fun, and unforgettable memories.

This year's Sports Day was filled with excitement, laughter, and lots of school spirit. It was amazing to see so many students step out of their comfort zones and reveal hidden talents that many of us never knew they had. From fast runners to skilled football players, everyone had a chance to shine and show what they could do.

There were many activities throughout the day, including running races and football matches, which kept the energy high from beginning to end. Students cheered loudly for their teams and encouraged one another, creating an exciting and supportive atmosphere.

One of the most entertaining parts of the day was seeing the teachers join in as well. Watching them participate and even compete against the students made the day even more enjoyable. Going against the teachers was especially fun and created moments that everyone will remember.

Overall, Sports Day was more than just competition, it was a day of teamwork, confidence, school spirit, and making memories. It reminded us that sports are not only about winning but also about enjoying ourselves and bringing the whole school together.

Written by
Disha Varsani
A2 Student

World Environment Day Exposition at Evelyn Hone College

 World Environment Day
Our Earth, Our Responsibility
Protect Nature, Secure Our Future

On June 5th, we travelled to Evelyn Hone College to commemorate World Environment Day. The event was jointly organized by Lusaka City Council and Evelyn Hone College, who collaborated to host an inspiring exposition.

This year's theme, *"Inspired by Nature. For Climate. For Our Future."*, was reflected throughout the day. Upon arrival, we were greeted by lush green lawns, neatly groomed shrubs, and thriving trees. Garbage trucks moved efficiently across the campus, ensuring that no litter was left behind—an impressive display of environmental diligence.

The welcoming atmosphere made it easy to settle in. Before the formal program began, we enjoyed a vibrant traditional performance by local dancers, which set a lively tone for the day.

The speeches delivered by the IKOE Foundation chairwoman, the Guest of Honor from Lusaka City Council, and our school's own Anvi Gandhi were both thought-provoking and deeply emotive. Each speaker emphasized the urgent need for collective action to safeguard our environment for generations to come.

This exposition served as a powerful wake-up call. If we want future generations to inherit a thriving planet, we must each play our part and work together to protect it.

Written by
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The Value of Continuous Assessment

As students, it's easy to focus only on the final exam, but Continuous Assessment (C.A.) plays a vital role in shaping your academic success. C.A. is an exam administered every term, covering the material learned during that period. It accounts for 30% of your final grade, while the end-of-term exam contributes 70%.

This structure highlights why C.A. matters: it isn't just about marks, but about preparation. By engaging with C.A., you're given a chance to revise, test your understanding, and identify areas that need improvement before the final exam. In many ways, it acts as a safety net, helping you stay on track and avoid last-minute surprises.

Often referred to as the mid-term exam, C.A. takes place in the middle of the term and usually lasts a few days to a week. Think of it as a checkpoint: it ensures you're building knowledge steadily rather than cramming at the end. For students, taking C.A. seriously means cultivating discipline, consistency, and confidence, qualities that extend beyond academics into everyday life.

In short, C.A. is more than just an exam; it's a tool for growth, preparation, and success.

Written by
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Y9 Student

More Than Just Another Classroom Session: A Talk with Nand Javia

On Tuesday, 16th June 2026, A-Level students attended an inspiring and interactive session with Nand Javia, an alumnus of our school who went on to complete a Master's degree in Education at Harvard University. Nand is also the founder of ASARO, a student counselling and consultancy organisation that supports students with university applications and scholarships.

For many of us, it was exciting to hear from someone who had once studied at our school and achieved something many students aspire to. The session began with a goal-setting activity, where we were asked to write down our goals for the next two and five years. Many of us found this difficult, as we had not taken the time to reflect seriously on our future plans. Nand then shared his journey as an A-Level student and how he eventually gained admission to Harvard University. He spoke honestly about his ambitions, challenges, and the steps he took along the way. His story showed us that success is built through determination, planning, and perseverance. Throughout the session, Nand emphasised the importance of researching universities early and understanding the admissions process. Students were encouraged to ask questions, making the discussion highly interactive. We were able to ask about university applications, scholarships, and student life, and his answers gave us valuable insight into opportunities beyond school.

One key message was the importance of having a clear vision for the future. Nand spoke about creating a vision board and explained how his included the Harvard logo as a reminder of his goals. He encouraged us to keep our ambitions visible and take practical steps towards achieving them.

After his talk, we revisited the goals we had written at the start. This time, the task felt much easier. We had a clearer understanding of our options and were able to think more confidently about our future paths.

Nand also reminded us that failure is a natural part of growth. He explained that setbacks should not be seen as the end, but as opportunities to learn, improve, and become stronger. This message encouraged us to view challenges differently.

One of the most striking ideas he shared was that life is like a flowchart, where every decision leads to different paths and outcomes. This encouraged us to think carefully about our choices and stay open to new opportunities.

Something that surprised all of us was that Mr. Javia used to struggle with stage fright and was not confident in public speaking. This was hard to believe given how confidently he presented and how naturally he communicated with us. It showed how much people can grow when they step outside their comfort zones.

What made the session particularly memorable was how comfortable and connected we felt around him. Although we had only just met him, conversations flowed naturally and never felt awkward. Because he had once been in our position as A-Level students, his advice felt genuine, practical, and relatable.

Although the session lasted two hours, it felt much shorter due to how engaging it was. Several students stayed behind afterwards to continue speaking with Nand and seek further advice, reflecting the positive impact he had made.

"Failure is not the end, but an opportunity to learn, improve, and grow."

The session left many of us with an important message: ambitious goals can become reality when supported by dedication, planning, and perseverance. We would like to thank Nand for returning to our school and sharing his experiences with us. His insights, encouragement, and practical advice made the session both memorable and inspiring.

Written by
Tiya H. Patel
A1 Student



Think Before You Click:

Cyber Security in the Zambian Digital Era



As Zambia becomes increasingly connected through technology, the importance of cybersecurity cannot be overstated. From education and communication to banking and business, the internet has become an essential part of daily life. Yet, with this growth comes risk: cybercriminals exploit fake emails, malicious links, and online scams to steal valuable information. This is why the message *“Think Before You Click”* is so vital.

Cybersecurity is the practice of protecting computers, networks, and personal data from digital threats. Many attacks begin with a single careless click—on a suspicious link or an unsafe download. By pausing to think before clicking, users can prevent data theft, financial loss, and the spread of harmful software.

The impact of cybersecurity on Zambia is profound. It safeguards businesses, banks, government institutions, and critical infrastructure such as hospitals and communication systems. Strong cybersecurity also builds trust in online services, encouraging more people to embrace digital platforms. Moreover, the growing demand for cybersecurity expertise creates valuable job opportunities for young people in the technology sector.

Ultimately, a safer digital future depends on each of us. By thinking before we click, Zambians can protect themselves, their communities, and the nation’s digital progress. Together, we can build a secure and resilient online environment for generations to come.

Written by
Lukundo Kunda
A1 Student

Notices

- 2nd July Debate Competition
- 13th to 24th July End of Term Exams/ Mock ‘O’ and ‘A’ Levels (non exam classes)
- 31st July Deadline for CAIE exam registration
- 27th July to 7th Aug End of Term Break



Knowledge with Integrity