## Faith on the Move:

## Infusing Jesus Into Everyday Moments

### Simple ways to live your faith no matter where you are

Ever feel like living your faith is something reserved for Sundays or church based activities? Or maybe you feel you have to have a pulpit, a platform or grand stage to have a meaningful impact on your belief in Jesus? Did you know that powerful mission fields exist just outside your front door? Be it the workplace, the halls of education, the local grocery store, or even on the but Faith on the move encompasses inviting Jesus into those everyday moments, making your day-to-day time a living testimony to Jesus no matter where you are on this planet.

In this article, we will look at practical and meaningful ways to convey Jesus and live your faith on the go. You will learn how small acts of kindness, bold yet loving conversations, and intentional decisions can shine His light into the world. The Great Commission teaches us each moment is a chance: every smile, every word we say, every act we take can be a seed that changes a life.

Get ready to make faith contagious right where you are, whenever you want! The Great Commission Explained: Your Everyday Mission Field

Jesus' final words to His disciples are known as the Great Commission:

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you."

(Matthew 28:19-20)

This call is for not only pastors or missionaries heading off to some foreign land. This is for you, the average follower of Christ. "All the nations" includes more than just the far reaches of the earth. These are the people entering your daily world. Your work colleagues, classmates, neighbors, and even the nice cashier at the local grocery store.

Think about it: You don't need a stage or a microphone to go and do this. The "go" could mean simply, going out and being intentional every day whether that is in a zoom meeting, a

classroom or picking up some items at the grocery store - and simply letting your life lead people to Jesus.

# Small Acts of Kindness Can Have Big Impact Without Saying a Word

Not everyone is going to want to sit down and have a deep theological discussion, and sometimes actions speak louder than words. Research indicates that 73% of people report seeing acts of kindness makes them view Christianity more favorably than sermons or religious teaching. Here are some practical, low-pressure, ways to exercise your faith by providing love and kindness wherever you go.

Express sincere smiles or greetings: Simply saying, "Good morning" or a smile can make someone's day, and you are showing you care.

Help without being asked: Move your co-worker's heavy box, hold a door open for someone, or offer once a week to help a neighbor with their groceries.

Pay it forward: Pay someone's coffee or meal behind you in line. These simple random acts often cause ripples that often lead to heart-felt conversations.

Quiet Prayer: If you see someone struggling or having a difficult moment, like a tired at work soccer mom or an anxious student, offer to pray for them just right there or ask them if they would like you to pray.

These simple acts point to Jesus' love without a word. They lead to conversations and opportunities to make the Gospel approachable.

## Bold Conversations: Sharing Jesus Whenever the Moment Leads

There is no denying that actions have some weight to them, but at other times sharing your words is necessary. It might seem like an intimidating thing to do at first to share your faith especially if you are still new to Christianity and do not feel "ready." This is completely understandable! But not without a few practical steps, you can build the confidence for those moments of opportunity.

#### Pray First

Before you engage in a spiritual conversation ask God to give you wisdom as you speak and prepare their hearts to hear. Prayer opens both your hearts.

Be Yourself and Listen

People react a lot better when you are being yourself. To start, ask open-ended questions: "What do you think about God?" or "Have you ever thought about faith before?" Then, simply

listen, without judgment. Share Your Story Sometimes the best testimony is in your own life-how Jesus has impacted your life. Share what faith means to you and why it matters to you. Be Strategic with Scripture: Pick a couple of verses that you like, like John 3:16 or Romans 8:38-39, and talk about God's love and hope in our lives, and use that to introduce some spiritual truth.

Go at their own pace Not everyone will be ready to jump in right away, and that's perfectly okay. Plant some seeds and let God do his part. Continue to show kindness toward that person and continue to be open in your friendship. Keep in mind that faith conversations do not have to turn into arguments or turn into sermons. Whether it is you putting forward a meaningful question or if they come to church or a Christian event on an invitation from you, that may very well be their first actual step.

## Living Faith in the Go Work and School and Grocery Store

We call it Faith on the Go for a reason- it means bringing your beliefs into the spaces you occupy. Let's take a look into three of those spaces!

At Work

Be a model of integrity: Punctuality, hard work, and honesty yes, even when it's hard.

Encourage and celebrate your coworkers: Celebrate one another's wins and when one of your staff is struggling, offer encouragement.

Take advantage of lunchroom conversations: Use those breaks to build rapport. And if someone wants to share their story, be open to that.

Pray for your workplace: Pray for your work staff and team silent in your head or publicly! By praying for your workplace, you are creating spiritual momentum.

At School

Be friends with everyone: Look after and reach out to those who look lonely.

Stand for truth and kindness: Speak out against anyone who bullies or gossips.

Get involved with faith groups/clubs: You should be getting involved with clubs that are open to any kind of growing, and also invite friends to grow together.

Share in conversation: Share how your faith intersected with your determination to succeed in the face of obstacles (if you feel comfortable).

#### At the grocery store

Show love through patience and kindness. When you are checking out, smile at the clerks and thank them with respect.

Bring a tribute with you. Bring a snack or drink tribute for your local grocery store employees.

Gently engage. Consider simply asking, "How is your day?" You might be surprised at how that question opens doors.

No matter where you are, remember, all of your little interactions accumulate into a powerful testimony.

## Practical Tips for Your Faith to Thrive Everyday

You are trying to live out your faith while on the go, so here are some best practices to reference along the way to stay grounded and effective:

Start your day off in prayer or read a bit of Scripture. Prepare your heart to approach opportunities you may face.

Have a reminder of your faith. This can include a bracelet, a key chain, or a notification on your Bible app. Something that brings Jesus to your mind.

Keep track of your interactions. A "God moment" journal is a great way to document the moment you witnessed God's handiwork; this is a great way to grow your faith, as well as encourage others with faith.

Find someone who can hold you accountable or act as your faith mentor. Regularly talk with this person about your journey, and step out in faith together.

Be intentional with social media. You can share inspirational posts, share Scripture, or tell your personal story of living out your faith to a huge online audience.

## Conclusion: Your Faith is Your Best Asset...Use It Everyday

Living out your faith in the way of being mobile means accepting the truth that every moment and every place can be a mission field. You do not need a pulpit, or a fancy platform or a formal position to make a difference. You shine the light of Jesus in everyday ways when you extend kindness, have authentic conversations, and share unconditional love.

Remember the Great Commission: to Go therefore and make disciples of all nations including the people you see daily. Your smile, your words, your ability to listen and show love these are all tools in God's hand.

So, why wait? Start living out your faith now. Start with one act of kindness. Start with prayer. Start with one authentic conversation. I dare you to see God multiply your faith and your impact in ways you can't even imagine.

We want to hear from you!! What other creative ways have you encountered to live out your faith on the go? If you have a story or a question, please let us know in the comment section below. Also, share this with friends that could use a bit of inspiration to act boldly in their faith!

You might want to take a look at our whole list of resources for faith in everyday life and practical evangelism ideas. Let's team up to make faith contagious--one moment at a time!