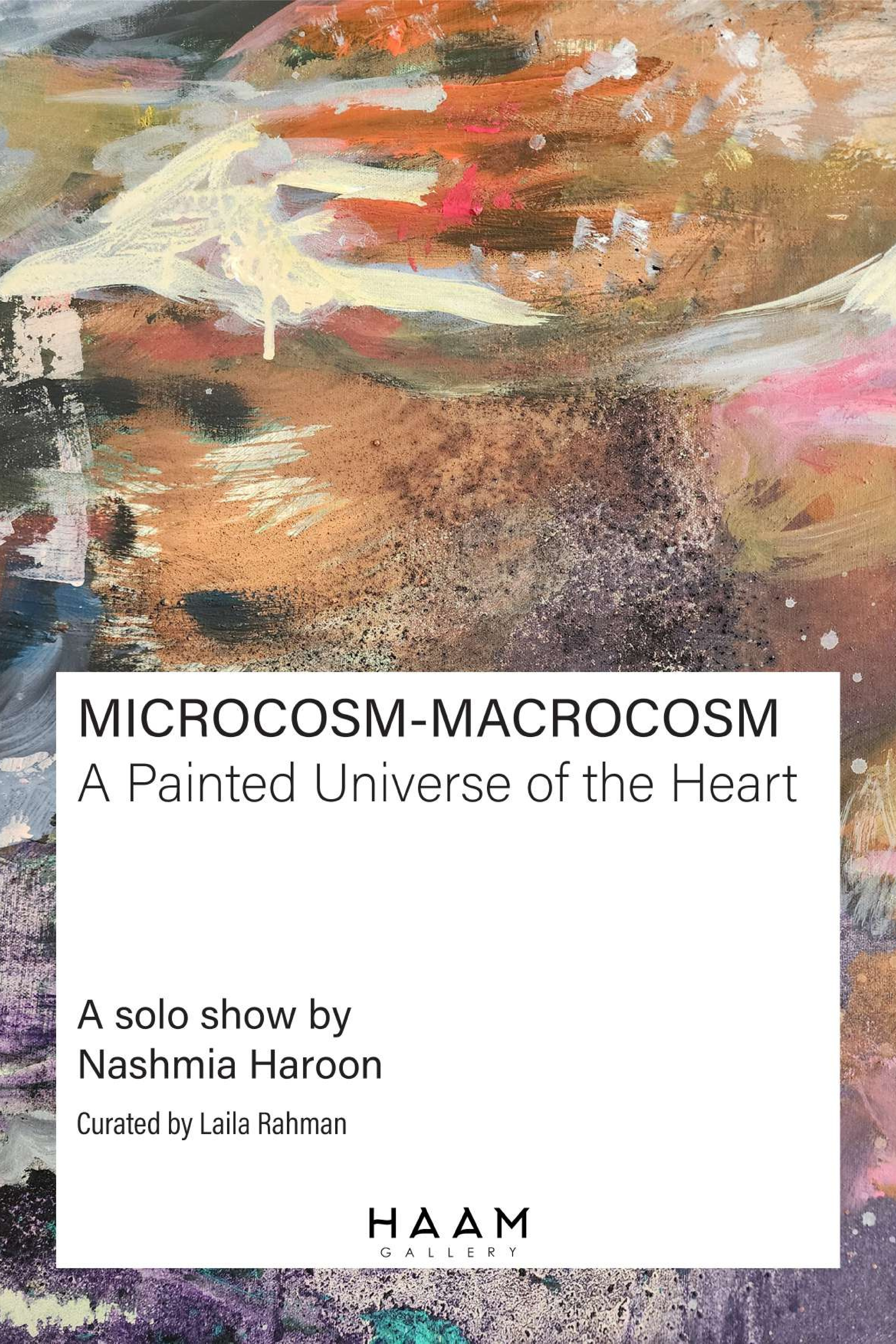


An abstract painting featuring a rich palette of warm colors including ochre, terracotta, and sienna, with cooler accents of pale yellow and muted blue. The texture is highly visible, showing thick applications of paint and expressive brushwork. The composition is layered, with some areas appearing more saturated and others more washed out, creating a sense of depth and movement.

MICROCOSM-MACROCOSM

A Painted Universe of the Heart

A solo show by
Nashmia Haroon

Curated by Laila Rahman

HAAM
GALLERY

Nashmia

Haroon



Microcosm–Macrocosm A Painted Universe of the Heart

A submission of the heart, where the eye sees the physicality of paint. One allows the energy to flow through, submit to mark the moment- and move on.

Here, inner and outer turmoils conflict with each other and the surface is the one place where conventional methods are left behind to find purity.

Nashmia Haroon

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Laila Rahman

Curator

The paintings by Nashmia Haroon are essentially odes to nature. All the vagaries, all the myriad atmospheres, and all the textures that we may see in the natural world are referred to here. We see individual brush strokes detailing leaves perhaps and vague geometric shapes, indicative of form and space. We see caverns, we see rivers, forests and mountains. There is movement, an almost palpable rush of wings, a delving into the deep, unexplored beautiful reserves of what is still unspoilt. There is a childlike innocence here, too, that makes us re-see, what is ordinary but, in actual fact, is extraordinary. These paintings read almost like a call to arms to make the inheritors of this world stop, pause, listen, and reconsider.

In the realm of the imagined, an artist with the right storytelling techniques can take listeners on adventures and journeys into fabled lands.

This is the experience Haroon's work gives us. We are swept into the energy of her imagined lands. There is also a sense of being overwhelmed by the sheer wealth and wonders that nature affords us. Haroon's intricacy of layering and of the extravagant use of colour underline her intimate connection to this.

Underlying it all, there remains a quiet bedrock of reverence for nature and a celebration of all creation.

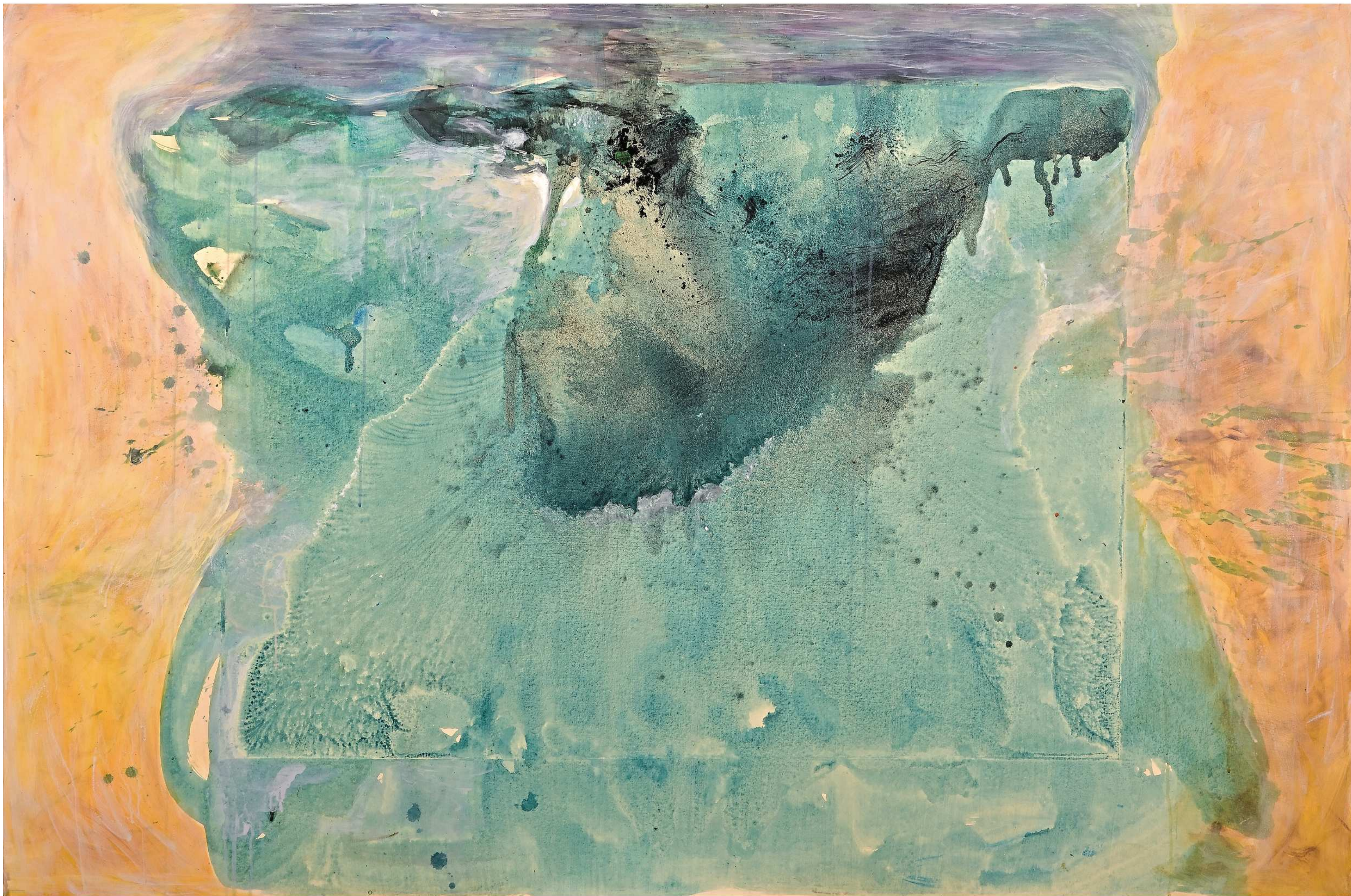


Acrylics, pigment
and salt

Nashmia Haroon

5.8 x 5 ft

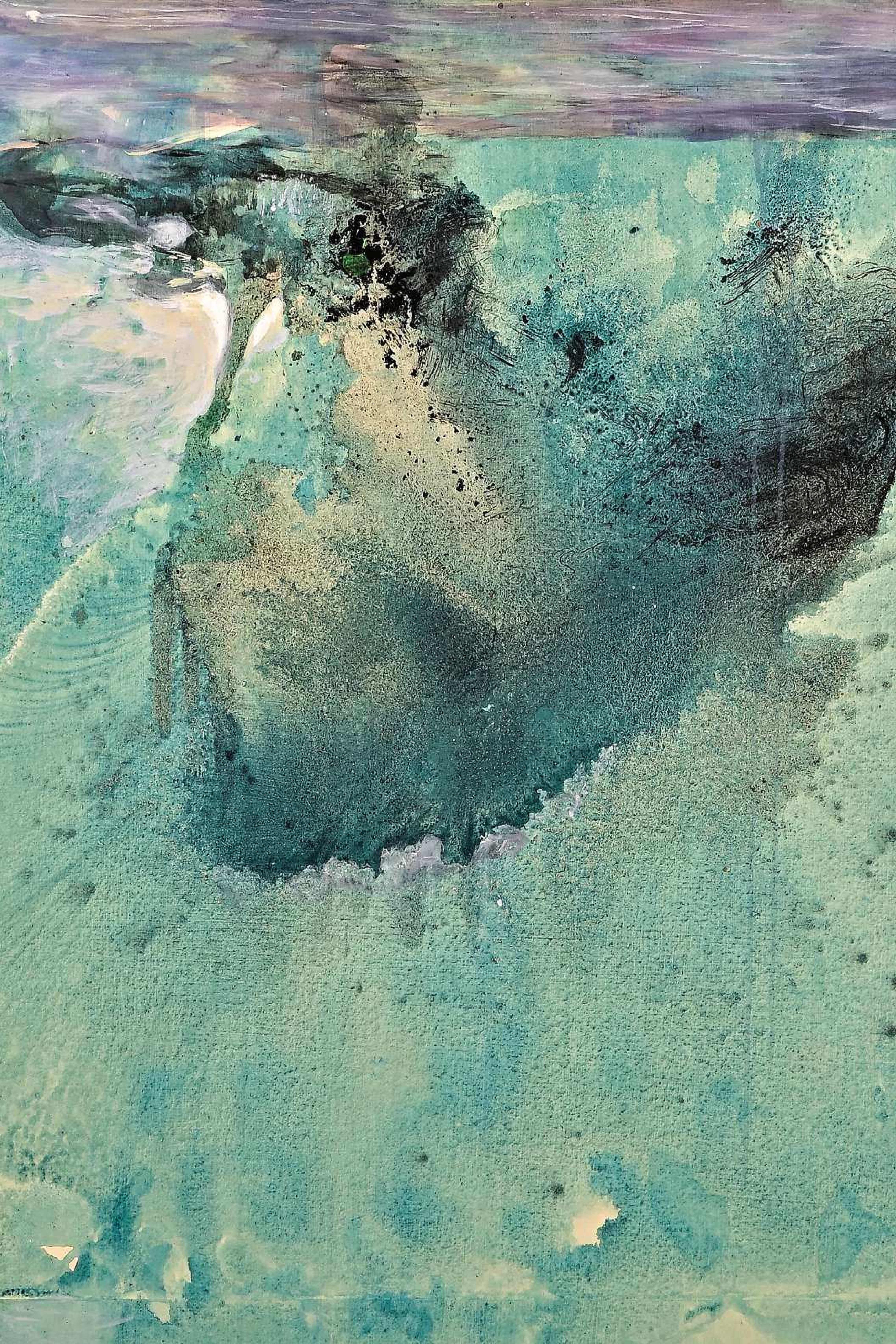




Acrylics and pigment
on canvas

Nashmia Haroon

4 x 5 ft

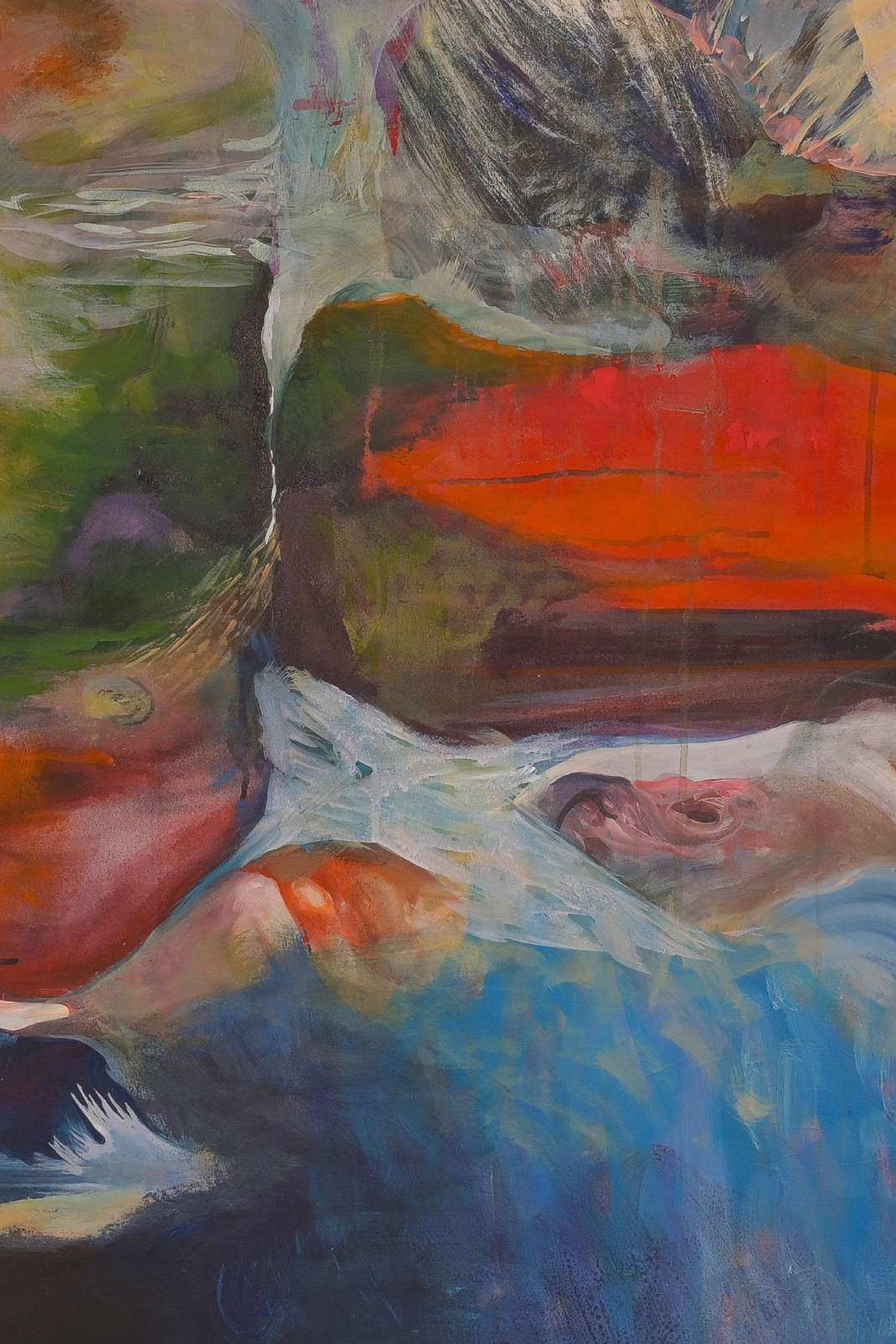




Acrylics and pigment
on canvas

Nashmia Haroon

4 x 6 ft



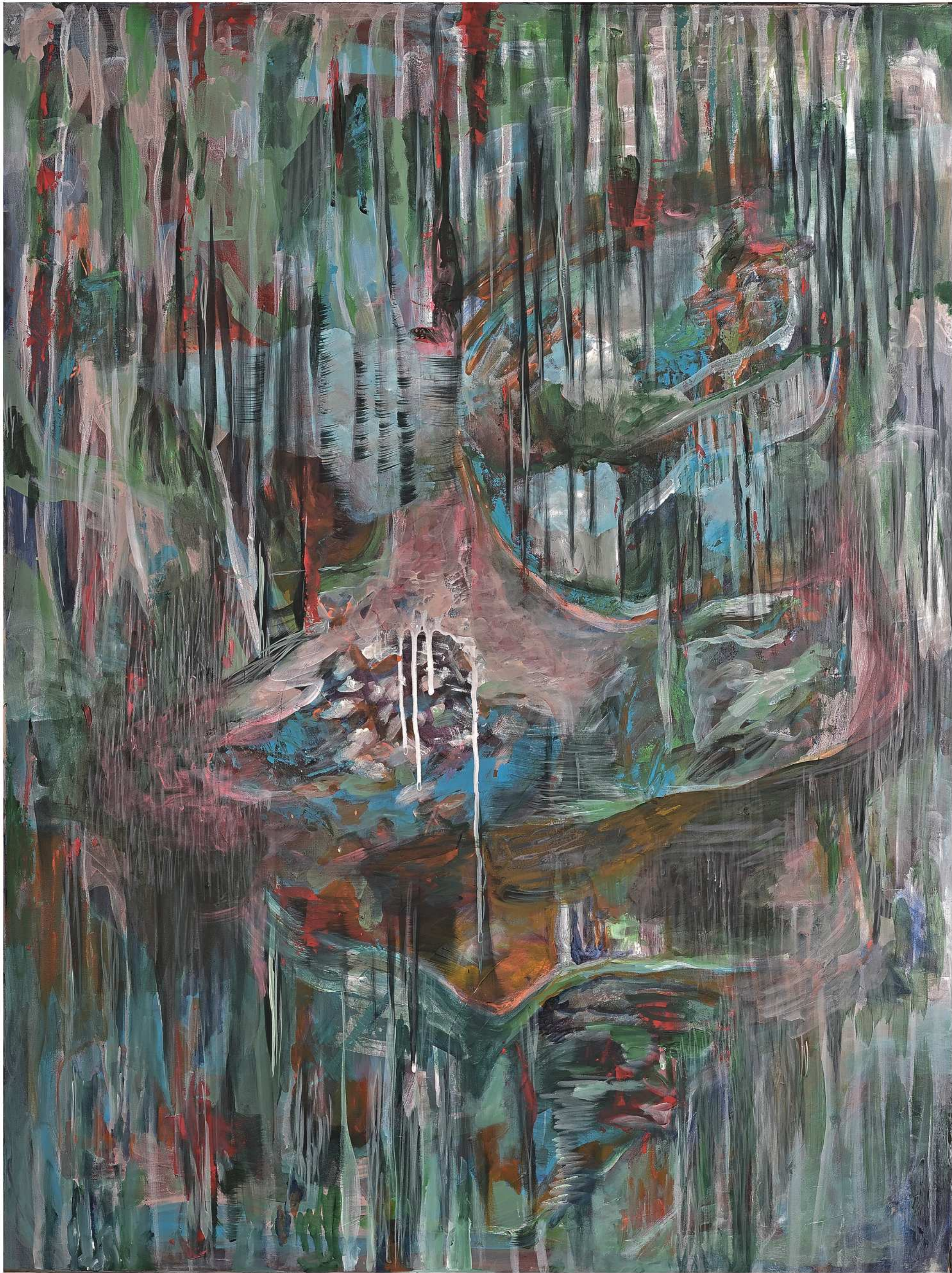


Acrylics and pigment
on canvas

Nashmia Haroon

4 x 5 ft





Acrylics and pigment
on canvas

Nashmia Haroon

4 x 3 ft





Acrylics and pigment
on canvas

Nashmia Haroon

4 x 6 ft





Acrylics and pigment
on canvas

Nashmia Haroon

4 x 3 ft





Acrylics and pigment
on canvas

Nashmia Haroon

6 x 6 ft

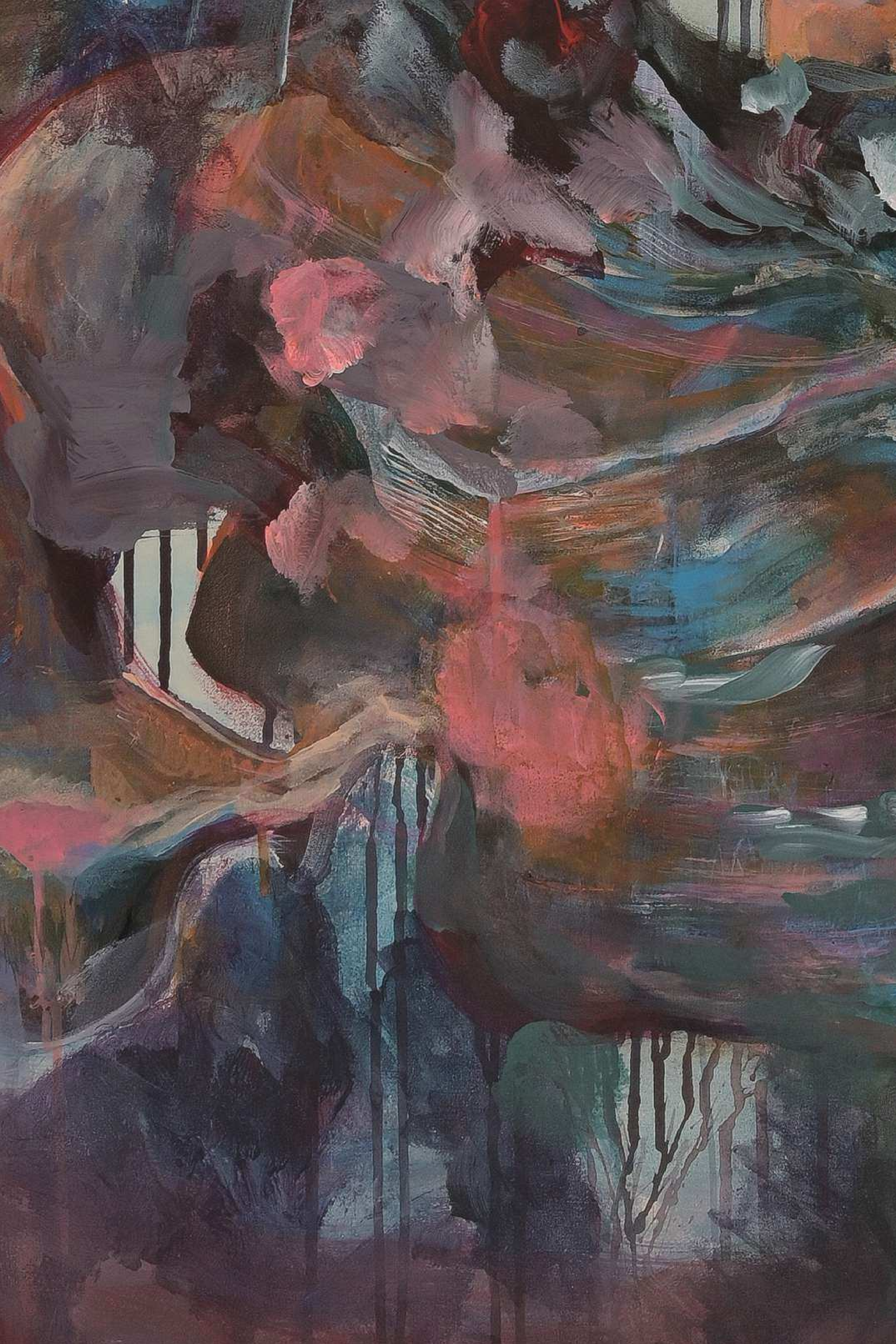


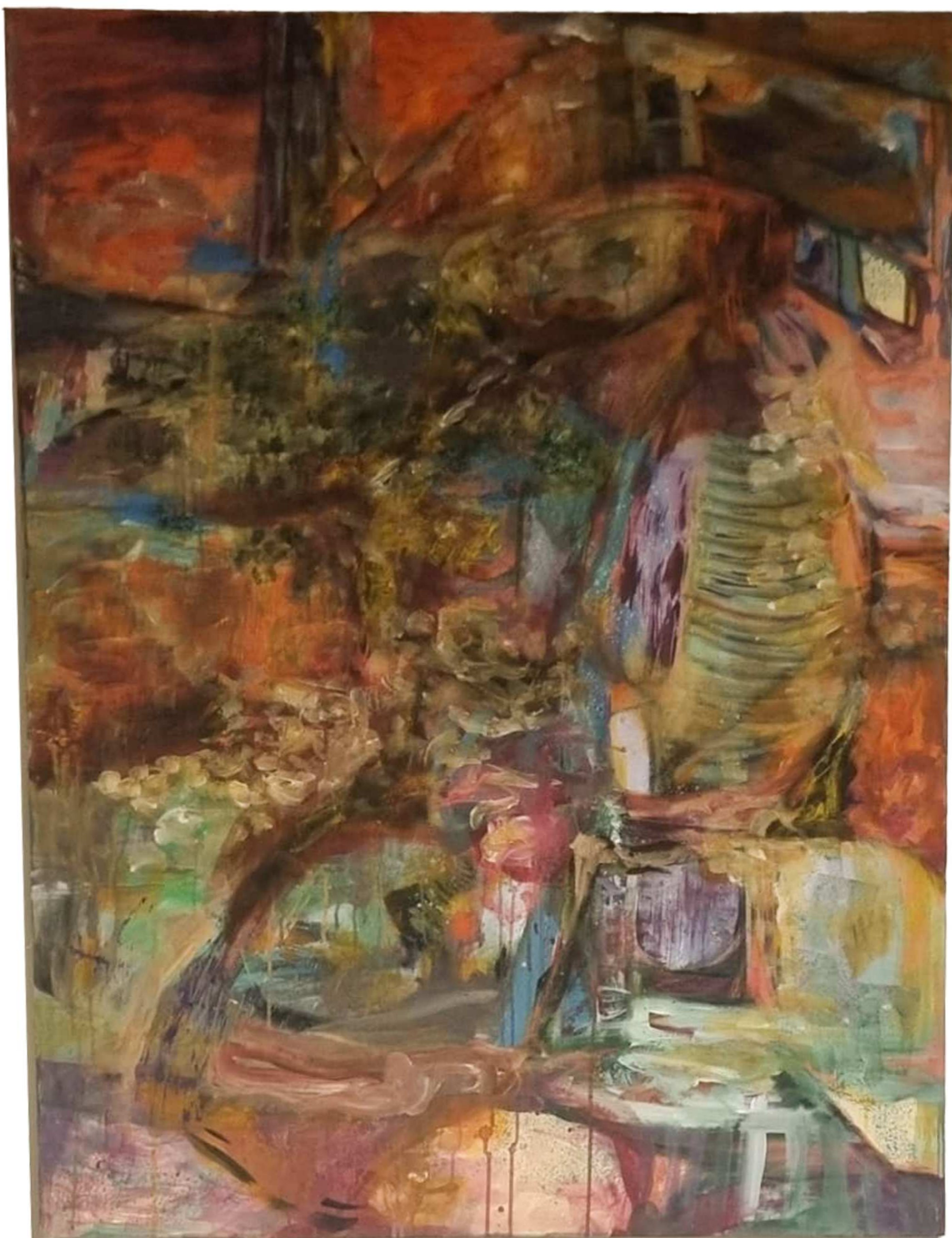


Acrylics and pigment
on canvas

Nashmia Haroon

3 x 4 ft

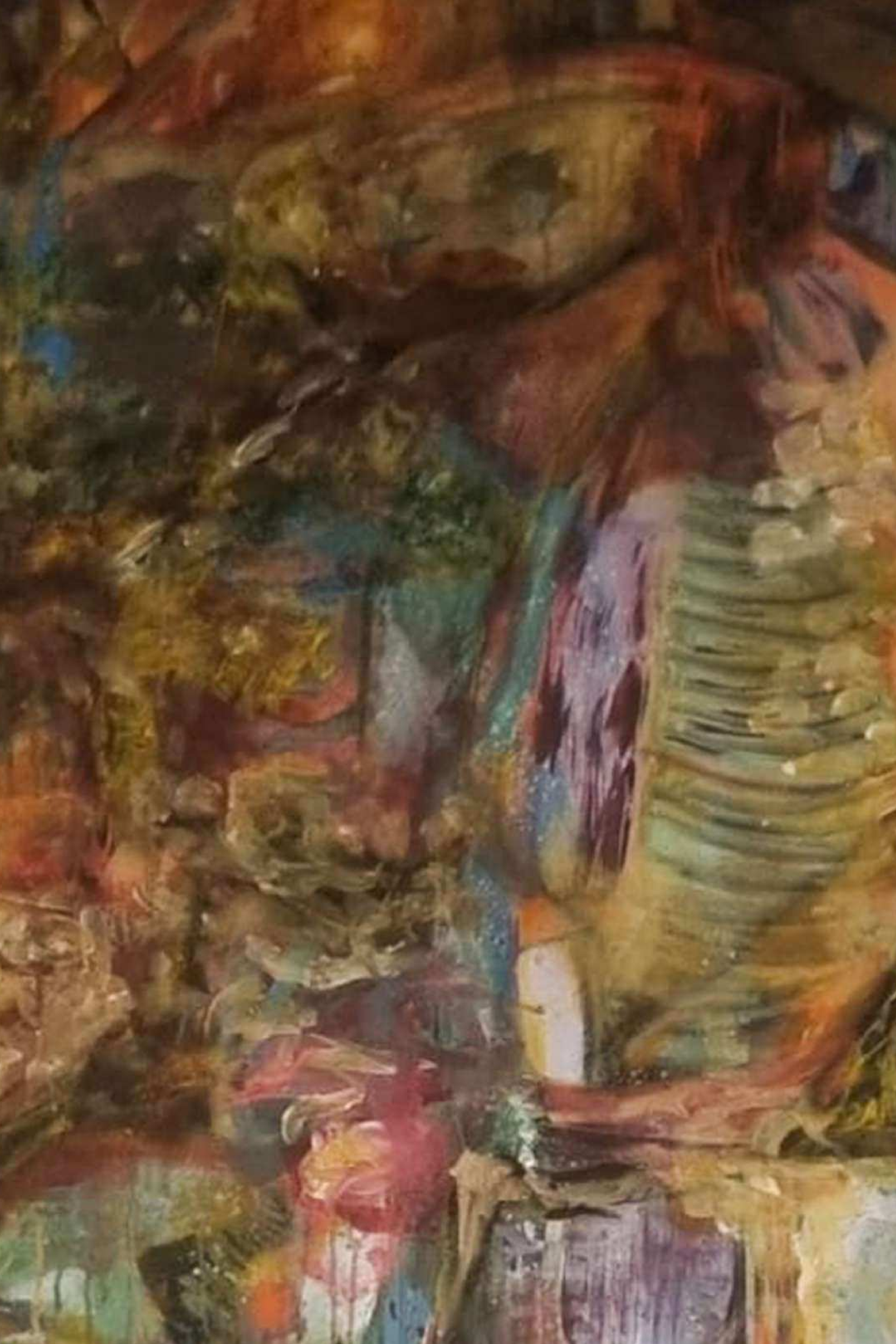


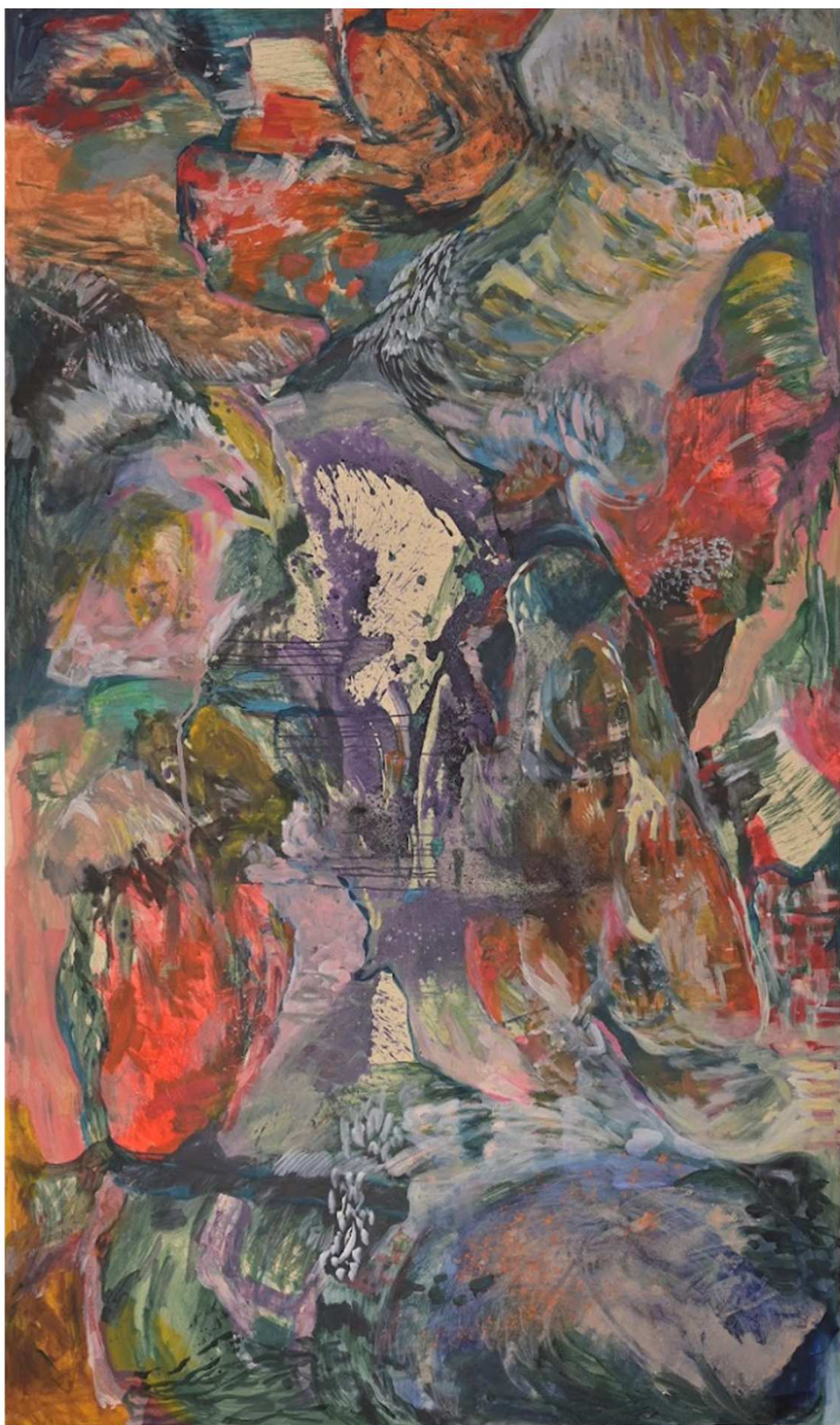


Acrylics and pigment
on canvas

Nashmia Haroon

3 x 4 ft



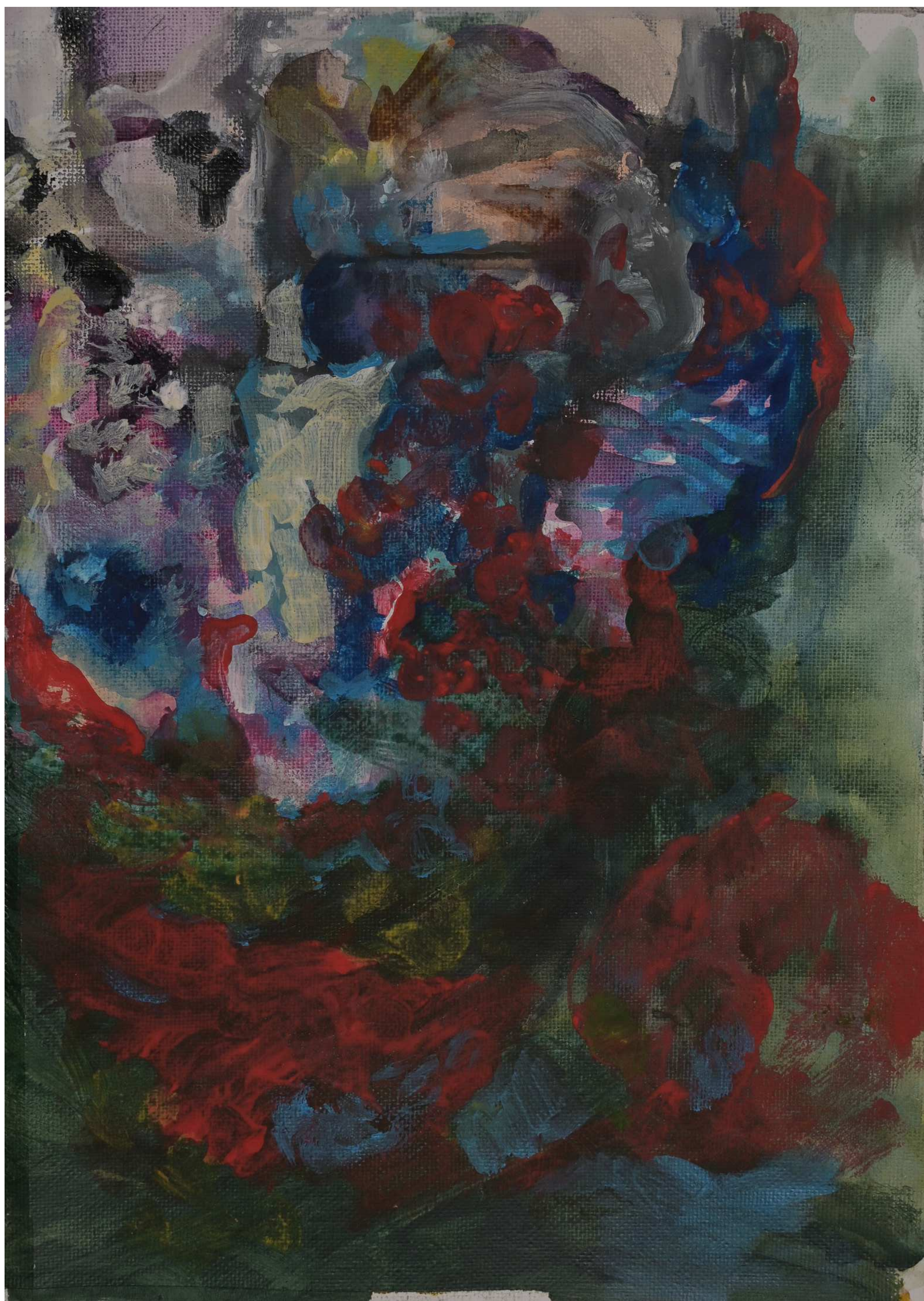


Acrylics, pigment
and salt

Nashmia Haroon

6 x 6 ft





Acrylics, pigment
and salt

Nashmia Haroon

11.7 x 8.3 in



An abstract painting with a rich, textured background. The top half features warm tones of orange, red, and yellow, with broad, expressive brushstrokes. The bottom half transitions into cooler tones of purple, green, and blue, with more intricate, layered textures and visible brushwork. The overall effect is one of dynamic energy and artistic depth.

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