



Ohana Mana Network for Neurometabolic Wellness LLC

Dr. Tiffany Hoke DNP, RN, RNP, APRN-RX, AGACNP-BC, SCRNP, CNRN

1511 Nu'uuanu Ave #1237 • Honolulu, HI 96817

Telehealth Phone: 808-295-4021 • Telehealth Fax 808-666-9212

Coaching & Consulting Phone 307-335-4938 • Coaching & Consulting Fax 307-312-3277

Website: www.OhanaManaNetwork.com • E-Mail: MyOhana@OhanaManaNetwork.com

EDUCATION

- DOCTOR OF NURSING PRACTICE (DNP), ADULT GERONTOLOGY ACUTE CARE NURSE PRACTITIONER (AGACNP) SPECIALTY 8/2011 - 5/2014
University of Arizona, Tucson, AZ
- MASTER OF SCIENCE IN NURSING (MSN), AGACNP SPECIALTY 8/2011 - 12/2013
University of Arizona, Tucson, AZ
- BACHELOR OF SCIENCE IN NURSING (BSN) 11/2009 - 9/2010
Grand Canyon University, Phoenix, AZ
- ASSOCIATE OF APPLIED SCIENCE IN NURSING (ASN) 1/2003 - 5/2005
Jackson State Community College, Jackson, TN

EXPERIENCE

- FOUNDER; CEO; MEDICAL DIRECTOR; NEUROSCIENCE AND NEUROVASCULAR NURSE PRACTITIONER, COACH, CONSULTANT, AND PODCAST HOST 4/2025-Present
Hawaii Headache Clinic, Ohana Mana Network for Neurometabolic Wellness LLC
- NEUROCRITICAL CARE NURSE PRACTITIONER, NEURO-ICU APRN-RX 6/2015 - 4/2025
Queen's Medical Center, Neurological Institute, Honolulu, HI
- NEUROCRITICAL CARE NURSE PRACTITIONER 5/2014 - 6/2015
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ
- REGISTERED NURSE 10/2008 - 4/2014
Neuroscience Charge RN, Neuroscience Critical Care RN, Critical Care Float Pool RN, Neuro Medical-Surgical Core RN, and Seasonal RN
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ
- REGISTERED NURSE 3/2012 - 9/2012
Critical Care Float Pool RN
Tucson Medical Center via Nursefinders, Tucson, AZ
- REGISTERED NURSE 4/2008 - 10/2008
Neuro Medical-Surgical Traveler RN
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network via Preferred Healthcare Staffing, Tucson, AZ
- REGISTERED NURSE 4/2007 - 4/2008
Medical-Surgical Traveler RN
Johns Hopkins Bayview Medical Center via Preferred Healthcare Staffing, Baltimore, MD
- REGISTERED NURSE 5/2005 - 4/2007
Neuroscience Charge RN and Neurosciences RN
Jackson-Madison County General Hospital, Jackson, TN



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- NEUROSCIENCE NURSE INTERN 5/2004 - 5/2005
Jackson-Madison County General Hospital, Jackson, TN

HONORS AND AWARDS

- OUTSTANDING ADVANCED PRACTICE REGISTERED NURSE OF THE YEAR 12/2017
Queen's Health Systems, Honolulu, HI
- COUNCIL ON CARDIOVASCULAR AND STROKE NURSING STROKE ARTICLE OF THE YEAR AWARD 11/2014
American Heart Association (AHA) 2014 Scientific Sessions
- MARY OPAL WOLANIN OUTSTANDING PRACTICE INQUIRY AWARD FOR EXCELLENCE IN NURSING WITH VULNERABLE POPULATIONS 5/2014
University of Arizona, College of Nursing, Tucson, AZ
- OUTSTANDING PRACTICE INQUIRY AWARD 5/2014
University of Arizona, College of Nursing, Tucson, AZ
- ROBERT M. RAMIREZ SR. AWARD FOR EXCELLENCE IN CUSTOMER SERVICE 7/2014
St. Joseph's Hospital, Carondelet Health Network, Tucson, AZ
- JANE YOUNG-KAHN MEMORIAL SCHOLARSHIP 8/2013 - 5/2014
University of Arizona, College of Nursing, Tucson, AZ
- BEST OF AMERICAN HEART ASSOCIATION SPECIALTY CONFERENCES 11/2013
Top 10% of AHA 2013 International Stroke Conference Submitted Abstracts
AHA Scientific Sessions: Best of AHA Specialty Conferences
Dallas Convention Center, Dallas, TX
- JUNIOR INVESTIGATOR TRAVEL AWARD 2/2013
AHA 2013 International Stroke Conference
Hawaii Convention Center, Honolulu HI
- FIVE-YEAR SERVICE AWARD 10/2013
Carondelet Health Network, Tucson, AZ
- COLLEGE OF NURSING SCHOLARSHIP AWARD 8/2011 - 05/2012
University of Arizona, College of Nursing, Tucson, AZ
- ACADEMIC SCHOLARS PROGRAM 2009 - 2010
Grand Canyon University, Phoenix, AZ
- CUM LAUDE 5/2005
Jackson State Community College, Jackson, TN

LICENSES AND CERTIFICATIONS

- ADVANCED CARDIAC LIFE SUPPORT (ACLS) Current
AHA
- ADVANCED PRACTICE REGISTERED NURSE (APRN-RX) Current
Hawaii State Board of Nursing



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• AGACNP BOARD CERTIFICATION (AGACNP-BC) <i>American Nurses Credentialing Center</i>	Current
• BASIC LIFE SUPPORT (BLS) <i>AHA</i>	Current
• CERTIFIED NEUROSCIENCE REGISTERED NURSE (CNRN) <i>American Board of Neuroscience Nursing</i>	Current
• CERTIFICATE OF REGISTRATION FOR CONTROLLED SUBSTANCES <i>State of Hawaii Department of Law Enforcement Narcotics Enforcement Division</i>	Current
• DRUG ENFORCEMENT ADMINISTRATION REGISTRATION (DEA) <i>US Department of Justice, Drug Enforcement Administration</i>	Current
• FUNDAMENTALS OF CRITICAL CARE SUPPORT (FCCS) <i>Society of Critical Care Medicine</i>	Completed
• EMERGENCY NEUROLOGICAL LIFE SUPPORT (ENLS) <i>Neurocritical Care Society</i>	Current
• CERTIFIED PERSONAL TRAINER <i>National Academy of Sports Medicine</i>	Completed
• NATIONAL INSTITUTE OF HEALTH STROKE SCALE (NIHSS) <i>Apex Innovations</i>	Current Current
• PEDIATRIC ADVANCES LIFE SUPPORT (PALS) <i>AHA</i>	
• REGISTERED NURSE (RN) <i>Hawaii Board of Nursing</i>	Current
• REGISTERED NURSE PRACTITIONER (RNP) <i>Arizona Board of Nursing</i>	Current
• STROKE CERTIFIED REGISTERED NURSE (SCRNP) <i>American Board of Neuroscience Nursing</i>	Current

PROFESSIONAL MEMBERSHIPS

• AMERICAN ACADEMY OF NEUROLOGY	Current
• AMERICAN ACADEMY OF NURSE PRACTITIONERS	Current
• AMERICAN ASSOCIATION OF NEUROSCIENCE NURSES	Current
• NEUROCRITICAL CARE SOCIETY	Current
• SIGMA THETA TAU INTERNATIONAL HONOR SOCIETY OF NURSES	Current
• SOCIETY OF CRITICAL CARE MEDICINE	Current
• SOCIETY OF NEUROINTERVENTIONAL SURGERY	Current
• WORLD FEDERATION OF NEUROSCIENCE NURSES	Current



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LEADERSHIP

- AGACNP STUDENT PRECEPTOR, NEURO-ICU APRN-RX 10/2016 - Present
Queen's Medical Center, Neurological Institute, Carondelet Health Network, Tucson, AZ
- NEURO-ICU APRN-RX 6/2015 - Present
Queen's Medical Center, Neurological Institute, Carondelet Health Network, Tucson, AZ
- NEUROCRITICAL CARE NURSE PRACTITIONER 5/2014 - 6/2015
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ
- NEUROSCIENCE CHARGE RN 9/2012 - 5/2014
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ
- CLINICAL LEADER MEMBER 1/2013 - 6/2013
Neuroscience Clinical Core Team: Neuroscience Quality and Safety Improvement Initiatives, St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ

VOLUNTEER ACTIVITIES

- 2019 KAHALA MALL STROKE MINI HEALTH FAIR 5/2019
Queen's Health Systems and American Heart Association Honolulu, HI
- 2019 7000 HAWAII KAI DRIVE MINI HEALTH FAIR 3/2019
Queen's Health Systems and American Heart Association, Honolulu, HI
- 2017 KAHALA MALL STROKE MINI HEALTH FAIR 5/2017
Queen's Health Systems and American Heart Association, Honolulu, HI
- COMMUNITY SERVICE AWARD 6/2016
American Heart Association Hawaii Division, Honolulu, HI
- 2015 AMERICAN HEART ASSOCIATION STROKE WALK 5/2015
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Reid Park, Tucson, AZ
- 2015 STROKE CHECK 4/2015
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ
- 2014 STROKE CHECK 4/2014
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ
- 2013 AMERICAN HEART ASSOCIATION STROKE WALK 5/2013
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Reid Park, Tucson, AZ



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- TAI CHI FOR STROKE SURVIVORS RESEARCH STUDY TEAM MEMBER 1/2012 - 5/2014
University of Arizona College of Nursing, Tucson, AZ

PUBLICATIONS

- MELANOCORTIN 4-RECEPTOR DEFICIENCY IS ASSOCIATED WITH CEREBRAL VENOUS CONGESTION AND INTRACRANIAL PRESSURE DISORDERS 6/2025
Hoke, T., Torigoe, T., and Hui, F.
Journal of NeuroInterventional Surgery, 17(Suppl 1), A102.
<https://doi.org/10.1136/jnis-2025-SNIS.133>
- THE EFFECT OF TAI CHI ON PHYSICAL FUNCTION, FALL RATE, AND QUALITY OF LIFE AMONG OLDER STROKE SURVIVORS 1/2014
Taylor-Piliae, R.E., Hoke, T.M., Hepworth, J.T., Latt, L.D., Najafi, B., Coull, B.M.
Archives of Physical Medicine and Rehabilitation.
- SLIPPING, TRIPPING, AND RAPID AMBULATION ARE KEY FALL TRIGGERS FOR STROKE SURVIVORS
Hoke, T.M., Taylor-Piliae, R.E. 2/2013
Stroke
- STROKE SURVIVORS IN A 12-WEEK TAI CHI INTERVENTION HAVE FEWER FALLS 2/2013
Taylor-Piliae, R.E., Hoke, T.M., Najafi, B., Coull, B.M.
Stroke

PRESENTATIONS

- MELANOCORTIN 4-RECEPTOR DEFICIENCY IS ASSOCIATED WITH CEREBRAL VENOUS CONGESTION AND INTRACRANIAL PRESSURE DISORDERS 3/2025
Hoke, T., Torigoe, T., and Hui, F.
CSF and Venous Disorders Summit
Society of Neurointerventional Surgery, Prince Waikiki, Honolulu, HI
- SUBARACHNOID HEMORRHAGE: BASICS, BREAKTHROUGHS, AND BEYOND 1/2018
Guest Lecturer, AGACNP Program
Hawaii Pacific University, Kailua HI
- SUBARACHNOID HEMORRHAGE: BASICS, BREAKTHROUGHS, AND BEYOND 11/11/2016
WFNN International Neuroscience Nurses Symposium
Queen's Conference Center, Queen's Health Systems, Honolulu, HI
- THE NEUROLOGIC EXAM: A REVIEW FOR NEURO-SCIENTIFIC SUPERHEROES 2/2015
Carondelet Neurological Institute Educational Symposium, St. Joseph's Hospital,
Carondelet Neurological Institute, Carondelet Health Network, Tucson, AZ



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- IMPROVING OUTCOMES THROUGH EMPOWERMENT AT TRANSITION OF CARE: A FALL PREVENTION PROGRAM FOR STROKE SURVIVORS 4/2014
Practice Inquiry Defense Presentation, College of Nursing, University of Arizona, Tucson, AZ
- INVITED SPEAKER: 2014 ANNUAL SCHOLARSHIP TEA 3/2014
College of Nursing, University of Arizona, Tucson, AZ
- IMPROVING OUTCOMES THROUGH EMPOWERMENT AT TRANSITION OF CARE: A FALL PREVENTION PROGRAM FOR STROKE SURVIVORS 1/2014
Practice Inquiry Proposal Presentation, College of Nursing, University of Arizona, Tucson, AZ
- SLIPPING, TRIPPING, AND RAPID AMBULATION ARE KEY FALL TRIGGERS FOR STROKE SURVIVORS 11/2013
*Hoke, T.M., Taylor-Piliae, R.E.
AHA Scientific Sessions: Best of AHA Specialty Conferences, Dallas Convention Center, Dallas, TX*
- SLIPPING, TRIPPING, AND RAPID AMBULATION ARE KEY FALL TRIGGERS FOR STROKE SURVIVORS 11/2013
*Hoke, T.M., Taylor-Piliae, R.E.
Frontiers in Biomedical Research Poster Forum, Arizona Health Sciences Center*
- INVITED SPEAKER: 8TH HEART OF THE MATTER LUNCHEON 11/2013
Sarver Heart Center's Women's Heart Health Education Committee, University of Arizona, Westward Look Resort, Tucson, AZ
- SLIPPING, TRIPPING, AND RAPID AMBULATION ARE KEY FALL TRIGGERS FOR STROKE SURVIVORS 8/2013
*Hoke, T.M., Taylor-Piliae, R.E.
Resident Intensive Summer Experience Poster-Abstract, College of Nursing, University of Arizona, Tucson, AZ*
- SLIPPING, TRIPPING, AND RAPID AMBULATION ARE KEY FALL TRIGGERS FOR STROKE SURVIVORS 7/2013
*Hoke, T.M., Taylor-Piliae, R.E.
July Staff Meeting Invited Speaker and Poster Abstract
St. Joseph's Hospital, Carondelet Neurological Institute, Carondelet Health Network, Tucson AZ*
- EFFECTS OF TAI CHI ON PHYSICAL FUNCTION AND QUALITY OF LIFE IN CHRONIC STROKE 3/2013
*Taylor-Piliae, R.E., Hoke, T.M., Hepworth, J.T., Latt, L.D., Najafi, B., Coull, B.M.
AHA Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism Scientific Sessions
Hilton San Francisco Union Square, San Francisco CA*



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- SLIPPING, TRIPPING, AND RAPID AMBULATION ARE KEY FALL TRIGGERS FOR STROKE SURVIVORS 2/2013
Hoke, T.M., Taylor-Piliae, R.E.
AHA International Stroke Conference: Moderated Poster Abstract, Junior Investigator Travel Award
Hawaii Convention Center, Honolulu HI
- STROKE SURVIVORS IN A 12-WEEK TAI CHI INTERVENTION HAVE FEWER FALLS 2/2013
Taylor-Piliae, R.E., Hoke, T.M., Najafi, B., Coull, B.M.
AHA International Stroke Conference: Poster Abstract, Media Coverage
Hawaii Convention Center, Honolulu, HI