



# PAGE A WRITER

FOR EVERY WORD AT STAKE

## WordFellow Shop 3

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Crafting Space with Language: Locating the Self of a Season

A WordFellow Shop on Creative Writing — Tulak Sulat

### Workshop Description

There are seasons in our lives we only recognize in retrospect. Writing allows us to return to these spaces and see them clearly. This workshop explores how space holds memory, emotion, and identity, and how writing can locate the self within a season.

### Learning Objectives

- Shape narrative voice through space
- Render atmosphere using sensory detail
- Identify a season of the self
- Use place as emotional structure
- Write from embodied experience

### Mini Lecture Notes

Space is not background—it shapes action and meaning.

A season is an emotional condition, not just time.

The body remembers space through movement and habit.

### Exercise 1: Mapping the Space

Describe a place using size, light, and sound.

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Example:

The room was narrow, lit by a single flickering bulb. The electric fan clicked every few seconds, never quite cooling the air.





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## Exercise 2: The Self Within It

Place yourself in the space. What do you do? What do you avoid?

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Example:

I sat near the door, always ready to leave. My hands stayed folded, as if movement would draw attention.

## Exercise 3: The Season Revealed

Complete: "This was a season when..."

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Example:

This was a season when waiting felt like the only thing I knew how to do.

## Exercise 4: The Invisible Boundary

What could not happen in this space?

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Example:

No one spoke loudly here. Even laughter felt misplaced, like it would echo too long.

## Exercise 5: Seeing the Space Anew

Begin: "If I return to that place now..."





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Example:

If I return to that place now, the walls would seem smaller, but I would recognize how much of myself I left there.

## Closing Reflection

Writing allows us to return not to relive, but to understand what remains and what has shaped us.