

Cambrian Cottages accessibility guide

This accessibility guide is intended to provide key information about the accommodation that may be particularly relevant to guests who are less able. Please contact us prior to booking if you would like information that is specific to your stay, and we will be happy to help.

Future plans to improve accessibility

We are committed to improving access over time for all our guests. All feedback is very helpful in informing us of ways in which we can improve access. We welcome any comments or ideas from you about access at this apartment and thank you for taking the time to do this. Please do this in the most convenient way for you.

Contact us

The owners, Peter and Libby Newth, live at the property and can be contacted during your stay by knocking on the side door to the house, contacted by phone / text on 07786 626010 or by email: peter@newth.org.uk both before and during your stay.



Y Lofft Wair, Berllan, Gwyddgrug

Introduction

- Y Lofft Wair (the Hayloft) is one of three apartments within a converted barn, next to the main house
- It is on one level and accommodates up to four people. There is an open plan living / dining / kitchen area, featuring a wood-burning stove, and two bedrooms
- The apartment is surrounded by fields and has its own garden area. The windows look out over the valley and up to the Llanllwni mountain
- Access is from the A485 at Gwyddgrug along a single-track road and then down a track down to the house and barn

- Parking is provided for two vehicles, close to the apartment
- The barn is built into the hillside and the entrance to the apartment is from the upper ground floor level with access from the parking via a ramped path.

Pre-arrival

- See our website listing for booking details
- Please contact us before booking if you have any specific access requirements or if you would like us to help you view the apartment remotely via a video call
- Location: our address is Berllan, Gwyddgrug, Carmarthenshire SA39 9BL

Our what3words address: made of 3 random words (every 3 metre square in the world has its own unique what3words address)

///songbirds.gilding.camped

<https://w3w.co/songbirds.gilding.camped>

246790,235083

Our grid reference: SN 47061 34864

Getting here

- Arrival by car: there is easy access by motorway via the M4 and we are just 12 miles / 24 minutes north of Carmarthen by car. Follow the A485 north until you come into the village of Gwyddgrug and look out for a small chapel on the LHS. Just past this there is a single turning to the right. Take this turning and follow the single track road up the hill. As the road levels out, drive slowly and look out for a red post box on the right hand side that says 'Berllan' on it and follow the track on the right hand side down to the house and barns where there is guest parking available

If you go past any houses on the left hand side you've gone too far! Continue along the road for a few hundred metres where you will be able to turn and retrace your steps

Arrival by train: there are rail Stations at Carmarthen (Marches and West Wales lines, Llanwrda (Heart of Wales line) and Aberystwyth (Cambrian line). There is a taxi rank at both Carmarthen and Aberystwyth stations. Train details and booking can be found at thetrainline

Arrival by bus: there are frequent buses to Gwyddgrug. The T1 bus runs from Carmarthen to Aberystwyth via Lampeter. The bus takes around 37 minutes from Carmarthen and runs approximately every hour from 06.00 until 19.00 apart from Sundays when the bus runs every two hours. See latest timetable at Traveline Cymru

The nearest bus stop is approximately 650m from the property on the A485 in Gwyddgrug. A public footpath leads directly to the property through the fields or alternatively you can walk up the road as if you were arriving by car.

- Accessible taxis are available from:

Chris Cars - Alltynap Road, Johnstown, Carmarthen, SA31 3NE 01267 222002

T A R Cars - 5 Bro-ffion, Caerwedros, Llandysul, SA44 6BP 01545 560688

Blue Wave Taxis - Bryncoch Farm, Idole, Carmarthen, SA32 8DE 07810 341923

Arrival and parking facilities

- Please get in touch to let us know when you are likely to arrive, so we can be there to show you where to park and take you into and around the property and answer any questions you may have
- You may park outside Y Lofft Wair in the unmarked gravel parking area; access to the property is down a sloping gravel path leading to the main entrance door. It is approximately 22m from the parking space to the entrance.
- The key to the apartment is to be collected from the house or alternatively, let us know and we will leave the key in the apartment door for your arrival. A torch is recommended especially if arriving in the dark as there are no street lights here. The key is to be left in the apartment door on departure.



- The sloping path to the apartment entrance. There is no handrail to the path.

The sloping path to the apartment entrance

Getting in and out of the apartment

- There is a short wooden bridge to the entrance door. The two steps up to the front door are 40mm and 15mm high, respectively.



Threshold to the entrance door

- The front door has a 920mm clear opening width and is manually opened.



Entrance door

Getting around the apartment

- The floors are tiled throughout the entire apartment
- The open plan living area and each bedroom have an area rug
- There is a good level of circulation space around the apartment for wheelchair manoeuvrability, though bedroom 2, whilst accessible, has a limited floor area.



Floor finishes

Kitchen / Dining / Lounge Area

- Open plan living area
- Slate worktop 905mm high
- Sink 905mm high to rim with lever tap
- Electric fan oven and induction hob with extractor fan above
- Fridge with icebox, cordless kettle, toaster, microwave, dishwasher
- Ceiling lights and lighting above worktop.



Living area

- Door from living room into corridor is 785mm clear width and is fitted with a door closer.



Door to corridor



Sofa

- Three-seater sofa, 500mm seat height.



Arm chair

- Arm chair, 500mm seat height.

- Wall mounted TV (subtitles available).



TV

- Wood burning stove



Stove

- Wooden dining table 720mm high with a minimum 600mm clear knee space underneath on all sides.



Dining table

- Four slightly sloping back chairs with a 440mm seat height.



Dining chairs

Corridor

- The corridor provides access from the kitchen / dining / living room to the shower room and two bedrooms. The door to the shower room is 1.6m from bedroom 2 and 4m from bedroom 1
- Door into bedroom is 740mm wide
- Coat hooks (not shown) are provided in the corridor
- There is automatic lighting in the corridor.



The corridor

Shower room

- Door into shower room is 795mm clear width and opens out into the corridor.



Shower room door

- WC seat height is 405mm.



WC

- Basin height is 880mm with lever tap.

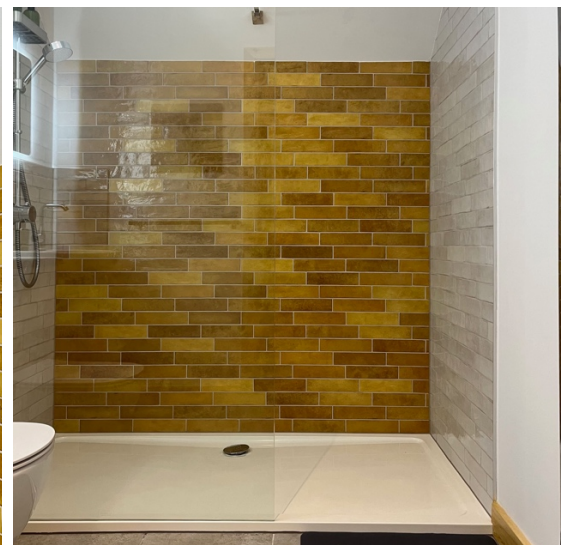


Basin

- Door into the shower is 705mm wide
- Step into the shower is 30mm high
- Shower controls are 1035mm high.



Shower fitting



Shower

Bedroom 1

- Superking sized bed 650mm high. The bed is zip and link and can be arranged as two 3' single beds if requested
- Two bedside chairs used as bedside table
- Bedside lights with light switches within easy reach of bed.



Bed, chairs (used as bedside tables) and bedside lights



Dressing table

- Dressing table is 745mm high with 600mm knee space



Dressing table chair

- Dressing table chair, seat height is 410mm.



Wardrobe

- Wardrobe with hanging rail in top section and drawers below.

Bedroom 2

- Bedroom 2 is directly adjacent to bedroom 1
- Door into bedroom is 740mm wide Bunk beds with full size 3' mattresses and under bed storage
- Bed heights 620mm and 1750mm
- Light switches within easy reach of bed
- Bedside lights by each bed.



Bunk beds

- Hanging rail (Not shown – to the right of the dressing table) is 1970mm high
- Dressing table
- Straight back chair (not shown). Seat height is 410mm.



Dressing table

Garden and other outside spaces

- The apartment has its own garden area which is laid to grass with a graveled seating area
- The fields around the barn extend down the hill to a river at the bottom. The access to this is via a steep track and across a small bridge. You are welcome to explore this area if you are able.

Assistance dogs and pets

- Assistance dogs and well-behaved pets are welcome at this apartment. Water bowls are available on request. Please bring your own pet towels and pet beds
- The garden area is only partially enclosed / not gated and therefore pets will need to be kept on a lead at present
- Next to the garden is an open field area with a footpath running through this. Dogs can be exercised in this area. Please pick up after your dog and leave in the bin provided adjacent to the house or let us know if you wish to make alternative arrangements.

Good to know

- The apartment is warm and cosy with central heating and hot water from air source heat pumps
- A wood-burning stove is provided in the open plan kitchen / dining / living room for cosy nights by the fire
- The property has mains electricity and mains water
- Mobile signal is normally quite good on most networks. The Wifi within the apartment can also be used for Wifi calls / Whatsapp etc.
- All lighting throughout the apartment is dimmable apart from in the shower room
- The light switches are typically 1200mm above the floor and sockets typically 500mm above the floor
- There is a good level of colour contrast between the floor and the skirtings / walls and between the door, frame and walls and between the door handles and the door
- The wall and floor finishes used are low in volatile organic compounds (VOC's) and natural materials have been used where feasible for the conversion and furnishings
- In the event of a fire, it is the responsibility of the guests to evacuate the building. A secondary means of escape is available via the windows by turning the handle through 180 degrees. The handles are fitted with a child safety device which require two hands to be able to turn the handle. Please let us know if you have any specific access requirements.

Equipment at all apartments

Cambrian Cottages aim to expand the list of accessible equipment / items available at each apartment and these currently include:

- Hypoallergenic pillows and pillow / mattress protectors
- Beds have natural fillings
- Curtains within easy reach
- Chair and sofa with armrests
- Good reading lighting
- Cordless kettle
- Easy tin opener
- Easy jar opener
- Non-slip mat for shower
- Information available in large print on request

Please let us know at the time of booking if you have any specific requests.

Specialist equipment

Other specialist equipment such as wheelchairs, bath seats, toilet frames etc. may be available for loan or purchase from the local Red Cross loan centre. Please check this out before booking the apartment and contact us if you require further information.

[redcross borrow a wheelchair](#)

[redcross hire a toilet aid](#)

The centres include:

- Mid Wales Health and Mobility Project, Cardigan 01239 615 686
- British Red Cross Mobility Aids Service 01554 749374