INIE INIE

EXTRAS

HASH BROWN	3	
KRANSKY	5	
BACON	5	
AVOCADO	5	
MUSHROOMS	5	

ALL DAY BREAKFAST

SELECTION OF BREAD TURKISH, WHITE, BROWN, SEEDED, SOURDOUGH OR GLUTEN FREE SERVED WITH YOUR CHOICE OF SPREAD	6
RAISIN TOAST SERVED WITH BUTTER	6
BANANA BREAD SERVED WITH BUTTER	6
HAM & CHEESE CROISSANT	8
SCONES SERVED WITH STRAWBERRY JAM & CREAM	9
EGGS ON TOAST FRIED, POACHED OR SCRAMBLED	12
BACON & EGG SANDWICH SERVED WITH YOUR CHOICE OF SAUCE	12
BREKKIE BURGER SERVED ON A BRIOCHE WITH BACON, EGG, CHEESE & YOUR CHOICE OF SAUCE	15
BABY SPINACH & FETA OMELETTE SERVED WITH 2 SLICES OF TOAST	19
BACON, MUSHROOM & CHEESE OMELETTE SERVED WITH 2 SLICES OF TOAST	19

SMASHED AVO, FETA &	19
LEMON OIL	
SERVED ON YOUR CHOICE OF BREAD	
BIG BREAKFAST	25
SERVED WITH EGGS, CRISPY BACON,	
SAUSAGES, TOMATO, HASH BROWN, BABY SPINACH & YOUR CHOICE OF TOAST	



ME NU

SIDES SMALL CHIPS 5 LARGE CHIPS 7 WEDGES 9 SALADS CHICKEN CAESAR 25 SERVED WITH COS LETTUCE, CRISPY BACON,

SANDWICHES

SALAD SANDWICH 12 SERVED WITH CARROT, BEETROOT, TOMATO, LETTUCE & BABY SPINACH CURRY EGG 14 SERVED WITH LETTUCE & BABY SPINACH BETIE'S SPECIAL 14 SERVED WITH ROAST BEEF & CONTINENTAL STYLE POTATO SALAD CHICKEN SCHNITZEL 19 SERVED WITH LETTUCE, BABY SPINACH MAYO & SIDE SALAD CHICKEN, AVO & LETTUCE 19 SERVED WITH BABY SPINACH, AIOLE & SIDE SALAD ROAST BEEF 19 SERVED WITH TOMATO CHUTNEY, LETTUCE, CHEESE, TOMATO, BABY SPINACH & SIDE SALAD **BLT** 19 SERVED WITH BACON, LETTUCE, TOMATO, BABY SPINACH, AIOLE & SIDE SALAD

MELTS

CROUTONS, PARMESAN CHEESE, EGG,

ANCHOVIES & CAESAR DRESSING

HAM, PINEAPPLE & CHEESE SERVED WITH SIDE SALAD	17
CHICKEN, AVO & CHEESE SERVED WITH SIDE SALAD	17
BACON, AVO & CHEESE SERVED WITH SIDE SALAD	17



ME INC

Betie has been cooking for over 35 years drawing inspiration from her Eastern European & Dutch heritage, as well as her experience in many different restaurants around Sydney. Each meal is created with love and respect for the produce sourced.

ENJOY * BON APETIT * PRIJATNO!

HOT MEALS

BEEF LASAGNA SERVED WITH STEAMED PEAS & BABY SPINACH	25
CHICKEN SCHNITZEL SERVED WITH CHIPS, LEMON WEDGE, SIDE SALAD & AIOLI	26
DUTCH CROQUETTES SERVED WITH 4 PCS OF CHICKEN OR BEEF CROQUETTES, CHIPS, SIDE SALAD, DIJON MUSTARD OR DUTCH MAYONNAISE	26
PUMPKIN, SPINACH & RICOTTA QUICHE (GF) SERVED WITH SOUR CREAM & SIDE SALAD	26
BEEF GOULASH (GF) SERVED WITH MASH, STEAMED VEGETABLES & SOUR CREAM	29
SHEPHERDS PIE (GF) SERVED WITH MASH & STEAMED VEGETABLES	29
CHICKEN PAPRIKA (GF) SERVED WITH MASH, STEAMED VEGETABLES & SOUR CREAM	29

SOUP

SOUP OF THE DAY	19
SERVED WITH TOAST OF YOUR CHOICE	

DESSERTS

all desserts served with cream or ice-cream

LEMON-LIME TART	10
KEY-LIME TART	10
MIXED-BERRY TART	10
ORANGE-ALMOND TART	10
DUTCH APPLE PIE	12
CARROT CAKE	12
BLUEBERRY CHEESECAKE	12



MENTE INC.

FRESH JUICE

APPLE

ORANGE

WATERMELON

10

HOT DRINKS

EXTRAS

Alternative milks 1 (Soy, almond, oat, lactose) Extra shot .50 Flavoured syrup .80 (Caramel, vanilla, hazelnut)

ESPRESSO

PICCOLO 4.50

LATTE 5.50 / 6.50

CAPPUCCINO 4.50 / 5.50 / 6.50

FLAT WHITE 4.50 / 5.50 / 6.50

HOT CHOCOLATE 5.50 / 6.50

CHAI SPICED LATTE 5.50 / 6.50

MOCHA 5.70 / 6.70

PADDINGTON TEA

English Breakfast Earl Grey Green

Ginger & Lemongrass

LONG BLACK

COLD DRINKS

ICED LATTE	8.50
ICED LONG BLACK	6.50
ICED CHOCOLATE SERVED WITH ICE-CREAM	10
ICED LATTE SERVED WITH ICE-CREAM	10
ICED MOCHA SERVED WITH ICE-CREAM	11
SPIDERS ICE-CREAM, WITH STRAWBERRY, LIME, COKE, LEMONADE OR GINGER BEER	10
SMOOTHIES PLAIN BANANA Served with banana, ice-cream & milk	10

MANGO

Served with mango, ice-cream & milk

MIXED BERRY

Served with strawberries, raspberries, blueberries,

ice-cream & milk

CORCAGE 3



4

5

4.50 / 5.50