# INIE INIE

### **EXTRAS**

HASH BROWN	3	
BACON	5	
AVOCADO	5	
MUSHROOMS	5	

### ALL DAY BREAKFAST

SELECTION OF BREAD	6
TURKISH, WHITE, BROWN, SEEDED, SOURDOUGH OR GLUTEN FREE SERVED WITH YOUR CHOICE OF SPREAD	
RAISIN TOAST SERVED WITH BUTTER	6
BANANA BREAD SERVED WITH BUTTER	6
MANGO & COCONUT BREAD SERVED WITH BUTTER	6
HAM & CHEESE CROISSANT	8
SCONES SERVED WITH STRAWBERRY JAM & CREAM	9
EGGS ON TOAST FRIED, POACHED OR SCRAMBLED	12
BACON & EGG SANDWICH SERVED WITH YOUR CHOICE OF SAUCE	12
BREKKIE BURGER  SERVED ON A BRIOCHE WITH BACON, EGG, CHEESE & YOUR CHOICE OF SAUCE	15
BABY SPINACH & FETA OMELETTE SERVED WITH 2 SLICES OF TOAST	19
BACON, MUSHROOM & CHEESE OMELETTE SERVED WITH 2 SLICES OF TOAST	19

SMASHED AVO, FETA & LEMON OIL SERVED ON YOUR CHOICE OF BREAD	19
BIG BREAKFAST  SERVED WITH EGGS, CRISPY BACON, SAUSAGES, TOMATO, HASH BROWN, BABY SPINACH & YOUR CHOICE OF TOAST	25



### ME INC

### **SIDES** SMALL CHIPS 5 LARGE CHIPS 7 **WEDGES** 9 **SALADS** CHICKEN CAESAR 25 SERVED WITH COS LETTUCE, CRISPY BACON, CROUTONS, PARMESAN CHEESE, EGG, ANCHOVIES & CAESAR DRESSING SIDE SALAD 6 **SMALL** LARGE 10

### **SANDWICHES**

SALAD SANDWICH	13
SERVED WITH CARROT, BEETROOT, TOMATO, LETTUCE & BABY SPINACH	
CURRY EGG SERVED WITH LETTUCE & BABY SPINACH	14
BETIE'S SPECIAL  SERVED WITH ROAST BEEF &  CONTINENTAL STYLE POTATO SALAD	15
CHICKEN SCHNITZEL SERVED WITH LETTUCE, BABY SPINACH & MAYO	15
CHICKEN, AVO & LETTUCE SERVED WITH BABY SPINACH & AIOLE	15
ROAST BEEF SERVED WITH TOMATO CHUTNEY, LETTUCE, CHEESE, TOMATO & BABY SPINACH	15
BLT SERVED WITH BACON, LETTUCE, TOMATO, BABY SPINACH & AIOLE	15

### **MELTS**

HAM, PINEAPPLE & CHEESE SERVED WITH SIDE SALAD	17
CHICKEN, AVO & CHEESE SERVED WITH SIDE SALAD	17
BACON, AVO & CHEESE SERVED WITH SIDE SALAD	17



## ME INU

Betie has been cooking for over 35 years drawing inspiration from her Eastern European & Dutch heritage, as well as her experience in many different restaurants around Sydney. Each meal is created with love and respect for the produce sourced.

ENJOY \* BON APETIT \* PRIJATNO!

### **HOT MEALS**

### **BEEF LASAGNA** 25 SERVED WITH STEAMED PEAS & BABY **SPINACH** CHICKEN SCHNITZEL 26 SERVED WITH CHIPS, LEMON WEDGE, SIDE SALAD & AIOLI **DUTCH CROQUETTES** 26 SERVED WITH 4 PCS OF CHICKEN OR BEEF CROQUETTES, CHIPS, SIDE SALAD, DIJON MUSTARD OR DUTCH MAYONNAISE PUMPKIN, SPINACH & RICOTTA QUICHE (GF) 26 SERVED WITH SOUR CREAM & SIDE SALAD BEEF GOULASH (GF) 29 SERVED WITH MASH, STEAMED **VEGETABLES & SOUR CREAM** SHEPHERDS PIE (GF) 29 SERVED WITH MASH & STEAMED **VEGETABLES** CHICKEN PAPRIKA (GF) 29 SERVED WITH MASH, STEAMED **VEGETABLES & SOUR CREAM**

### **SOUP**

SOUP OF THE DAY	19
SERVED WITH TOAST OF YOUR CHOICE	

### **DESSERTS**

all desserts served with cream or ice-cream

LEMON-LIME TART	10
KEY-LIME TART	10
MIXED-BERRY TART	10
ORANGE-ALMOND TART	10
DUTCH APPLE PIE	12
CARROT CAKE	12
BLUEBERRY CHEESECAKE	12



# MENTE INC.

FRESH JUICE

APPLE

ORANGE

WATERMELON

10

### **HOT DRINKS**

### **EXTRAS**

Alternative milks 1 (Soy, almond, oat, lactose) Extra shot .50 Flavoured syrup .70 (Caramel, vanilla, hazelnut)

**ESPRESSO PICCOLO** 4.50 LATTE 5.50 / 6.50 CAPPUCCINO 5/6/7 FLAT WHITE 5/6/7 LONG BLACK 5/6 HOT CHOCOLATE 5/6 CHAI SPICED LATTE 5.50 / 6.50 **MOCHA** 5.50 / 6.50

PADDINGTON TEA

English Breakfast Earl Grey Green Lemon & Ginger Peppermint

### **COLD DRINKS**

ICED LONG BLACK	7
ICED CHOCOLATE SERVED WITH ICE-CREAM	9
ICED LATTE SERVED WITH ICE-CREAM	10
ICED MOCHA SERVED WITH ICE-CREAM	11
SPIDERS ICE-CREAM, WITH STRAWBERRY, LIME, COKE, LEMONADE OR GINGER BEER	10
SMOOTHIES  PLAIN BANANA Served with banana, ice-cream & milk	10
MANGO Served with mango, ice-cream & milk	
MIXED BERRY Served with strawberries, raspberries, blueberries, ice-cream & milk	



5