

The Symposium

Welcome to your Symposium.

Fill out the forms below and return them to

soberworld@soberworld.com

I look forward to working with you and seeing you achieve your purpose for coming to your Symposium

God Bless You,
George McLauchlin

The Symposium

Enrollment Form

Name (last)	First	Name you like to be called
Address	City, State	Zip code
Home phone	Work	Mobile
e-mail		
What I hope to achieve by my participation in the weekend.		

The Symposium weekend entails long hours and is both emotionally and physically demanding. If you are under the care of a physician or mental health professional and you are not sure if your practitioner(s) would support your being in the weekend, we ask that you consult with them and make sure you have their support before participating.

We address issues that are common to the well-established spiritual program of recovery as set forth in the 12 steps of Alcoholics Anonymous. Many people find the process of "self-discovery" and "self transcendence" to be challenging and even a little frightening.

Almost none of us liked the self- searching, the leveling of our pride, the confession of shortcomings, which the process requires for its successful consummation. But we saw that it really worked in others, and we had come to believe in the hopelessness and futility of life as we had been living it.¹

You do not *need* to take **The Symposium**. We discourage people who feel they are being coerced to participate from taking the course. We ask that only those persons who can be fully responsible for their participation be in the room.

I understand the challenge the course represents and take full responsibility for my decision to be in **The Creating a Sober World Symposium**.

Signature

Date

Disciplines: I have read the course disciplines and agree to keep the disciplines throughout the course weekend.

Signature

Date

¹ Alcoholics Anonymous, Fourth Edition, 2001, Alcoholics Anonymous World Services, Inc. New York, page 25

The Symposium

Scholarship Application

The fee for admission into the Creating a Sober World **Symposium** is set at \$250. This amount is actually a bargain for this type of life transforming workshop. This fee helps to offset the expenses incurred in training the workshop facilitators and the cost of room rental, supplies and other incidental expenses.

A set fee also ensures that each participant is fully committed to starting and completing a process that can often prove to be challenging for most participants. It is not helpful to the overall effectiveness of the workshop to have members drop out when the going gets tough. For that reason, we like to make sure that every participant has some "skin in the game."

We desire to ensure that all those who can benefit from **The Symposium** be able to participate. For that reason, we are eager to provide scholarships for those who have a sincere desire to participate but cannot meet the fee requirement. If you would desire to receive a full or partial scholarship, please state the dollar amount you would be willing to contribute and state why you can be trusted to complete your **Symposium** should you be granted permission to attend at whatever reduced fee you are willing to commit to.

I am willing to pay \$_____ (\$0 to \$249) to cover my participation in The Symposium. I promise to show up on time and complete all **The Symposium** processes.

The reason you can trust me to keep my commitment is:

You may also check the following as they apply to your commitment:

____ I will serve on the team for the next **Symposium**:

____ I will share **The Symposium** with the following friends and relatives.

Name _____

Name _____

Name _____

Name _____ - _____

Signature

Date

The Symposium

The Disciplines For Creating a Sober World

PURPOSE:

The purpose of these disciplines is to have me notice how my mind contrives to keep me seeking and suffering and continues to prevent me from shining, receiving and gaining the freedom to fulfill my true purpose and destiny in life.

A. Course disciplines:

During course sessions I promise to:

1. Be on time and complete all sessions.
2. Raise my right hand and be acknowledged by the facilitator when I desire to speak
3. Raise my left hand if I wish to disengage from talking.
4. Speak loudly enough to be heard by everyone in the room.
5. Speak to my neighbor only when invited to do so by a facilitator.
6. Speak out and say whenever I can't hear.
7. Refrain from sitting next to persons I knew well prior to the course.
8. Inform the door monitor when leaving the room during a session.
9. Stand up at the tape marks and refocus if I become drowsy or unable to pay attention.
10. Leave my chair in the place I found it except when directed by a facilitator or team member to move it to another location.
11. Refrain from using the "f" word or the "s" word as well as the words "crap", "freaking" or other such words that could be construed as substitutes for any of these prohibited words.
12. Participate 100% at all times.
13. Take responsibility for getting as much out of the weekend as I put into it.

B. Personal disciplines:

Throughout the course weekend, I promise to:

1. Keep no food or beverage in the room with the exception of water.
2. Have no candies, mints or chewing gum in the course room.
3. Have no cell phone, watch or time keeping device in my possession in the course room.
4. Use no medication at any time during the course weekend,⁺ unless prescribed by my medical practitioner.
5. Use no caffeine or chocolate, except within the limits specified (see below)*.
6. Use no tobacco of any kind during the course weekend (this includes vaping.)
7. Use no alcohol or consciousness-altering drug throughout the course weekend.
8. Keep confidential the personal information shared by others in the course at all times. I will not discuss the contents of the course with anyone who has not already participated in it.

+ Course Weekend: is considered to be the approximately 48-hour period from the start of the meeting on Friday night until completion of the course on Sunday evening.

* Limits on caffeine - If I use caffeine, I will drink exactly 8 fluid ounces of a caffeinated beverage in the morning.

I accept and declare these disciplines to be my own.

Signature

Date

The Symposium

Name _____

MOTIVATIONAL GIFTS SURVEY

Evaluate each characteristic based on the scale below, grade each section individually, and place the score for each section in the appropriate line on page 4.

- 1 --- I am not like this.
- 2 --- I am not usually like this.
- 3 --- I can sometimes be like this.
- 4 --- I am often somewhat like this.
- 5 --- I know that I am usually like this.

Section #1

- ___ I am sensitive to others' feelings of hurt or injury and like to help and comfort them.
- ___ I do not appreciate those who do not care for others as I do.
- ___ I can identify "realness" of love and friendship.
- ___ I want friendships with others who will return friendship as I do.
- ___ I am the one others come to when they need someone to listen to them.
- ___ I is difficult for me to be strong and direct with people.
- ___ I will protect and defend those who are my friends.
- ___ I like to hug and touch others.
- ___ I wish others who are hurtful or unfriendly would discontinue to do this.
- ___ I don't understand how God can permit people to suffer.

Score for this section #1 _____

Section #2

- ___ I can see or picture the end result of my plans from the beginning.
- ___ I enjoy planning events with others as my helpers.
- ___ I can plan details that are necessary for a successful larger goal.
- ___ I can easily assign work to others.
- ___ I enjoy providing opportunities for others to work with me to obtain a goal.
- ___ I can take "flak" from others in the line of duty.
- ___ I desire loyalty in those I work with.
- ___ I am not bothered by petty problems; I keep focused on my goals.
- ___ I enjoy encouraging those who work with me.
- ___ I look for a new goal once I've met the first one.

Score for this section #2 _____

Section #3

- ☐ I always want to be certain that statements that I and others make are true.
- ☐ I want to gain as much knowledge as I can.
- ☐ I do not respond positively to those who make untrue statements.
- ☐ I like to spend time alone and think about things.
- ☐ I think through an argument before verbalizing my viewpoint.
- ☐ I enjoy learning about new subjects and will do a thorough research on them.
- ☐ I enjoy sharing information on specific topics with others.
- ☐ I am very conscious of the words and phrases I use.
- ☐ I do not say much about a topic unless I am informed about it.
- ☐ I use a systematic approach to studying material.

Score for this section #3 _____

Section #4

- ☐ I am very thrifty in my personal spending habits.
- ☐ I love to invest in and support the charitable activities of others.
- ☐ I have the ability to manage money wisely.
- ☐ I prefer to have my gift giving kept secret.
- ☐ I react rather negatively to a pressured request for finances.
- ☐ I wish to see others be as generous as I believe I am.
- ☐ I want my personally supported causes to be successful efforts for the good.
- ☐ I enjoy meeting needs that others may not even be aware of.
- ☐ I am concerned that those who receive my help may become dependent upon it.
- ☐ I enjoy giving the best—always!

Score for this section #4 _____

Section #5

- ☐ I am able to encourage others to be what they should be.
- ☐ I am systematic in the way I advise others.
- ☐ I am able to discern other people's level of emotional/spiritual maturity.
- ☐ I enjoy creating ways for others to learn to grow emotionally/spiritually.
- ☐ I have a tendency to make quick decisions concerning expectations for specific results.
- ☐ I do not like to teach without a distinct and specific goal in mind.
- ☐ I like to be the "cheerleader."
- ☐ I use personal or family time to counsel with others.
- ☐ I do not continue with those who do not follow my advice.
- ☐ I have a difficult time continuing what I start.

Score for this section #5 _____

Section # 6

- ☐ I see others needs and try to meet them.
- ☐ I will set aside my work when others need me.
- ☐ I enjoy "doing" so others can be free to do what they enjoy.
- ☐ I extend myself beyond my own strengths in trying to help others.
- ☐ I look for ways to help others even before the need may be made known.
- ☐ I invest my own personal money to get a job done when necessary.
- ☐ I will work alone if there's no other help available.
- ☐ I like to be appreciated, but do not need to be recognized openly.
- ☐ I have a difficult time saying "no" to those in need.
- ☐ I enjoy adding extras when helping others.

Score for this section #6 _____

Section #7

- ___ I see other's actions as right or wrong.
- ___ I am intolerant with those who cannot readily see the truth.
- ___ I am able to discern the characteristics of others.
- ___ I have a tendency to correct others errors.
- ___ I do not associate with those who will not turn from their self-destructive behaviors.
- ___ I give detailed explanations concerning ideas I wish to promote to others.
- ___ I am very verbal in my support of issues of importance to me.
- ___ I demand honesty from myself and others.
- ___ I judge myself rather harshly when I fall.
- ___ I would be willing to suffer if I was certain what I was doing was right.

Score for this section #7 _____

Add up scores in each section and enter each numbered slot below:

- # 1 ___ mercy/responder
- # 2 ___ administrator/strategist/shaper
- # 3 ___ teacher/thinker/contemplator
- # 4 ___ giving/producer
- # 5 ___ exhorter/encourager
- # 6 ___ service/doer
- # 7 ___ prophet/pioneer/mover

Name _____

Date _____