

## Rozumienie tekstów pisanych

### Zadanie 4. (0–5)

Przeczytaj tekst, który został podzielony na cztery części (A–D), oraz pytania go dotyczące (4.1.–4.5.). Do każdego pytania dopasuj właściwą część tekstu. Wpisz rozwiązania do tabeli.

Uwaga: w jednej części tekstu znajdują się odpowiedzi na dwa pytania.

In which paragraph does the author		Answer
4.1.	list the sacrifices sportspersons make to achieve success?	
4.2.	point out the steps that sportspeople should take to enjoy a high standard of living after retiring?	
4.3.	give the reasons why a sportsperson has to abandon their professional career?	
4.4.	mention how a sportsperson can remain involved in sport after retiring?	
4.5.	stress the importance of setting new goals after retiring from professional sport?	

### SPORT AND RETIREMENT?

- A.** For many people, retirement is associated as a time of acute stress. This is especially the case with athletes. This is primarily because sportspeople retire relatively early. Most athletes end their professional careers at the age of forty. A second reason is that retirement brings about considerable lifestyle changes. Most athletes continue being active in sports, even after their career has ended, either competitively, or as coaches to give support to others. Some, however, have a problem adjusting to their new reality as they have no idea what to do with themselves. It seems that not every athlete is able to cope with the fact that retirement will look very different from their professional life.
- B.** Professional sportspeople train for years, frequently devoting the best years of their lives to sport. However, while pursuing dreams of glory, they often neglect family and friends, making huge financial sacrifices or abandoning the idea of getting a university degree. Consequently, many do not give their retirement much thought, focusing instead on their sporting successes. Nevertheless, regardless of whether or not they have achieved the goals they had aspired to, their careers will come to an end sooner or later because of age, injury or physical exhaustion.
- C.** It is common for professional athletes to retire and immediately go on holiday. Whether it's a fashionable destination on a remote island or a country house that's off-the-beaten track, it is important to take some time off and unwind. This might ease the transition into retirement, when they have to establish what the next challenges in life will be. These do not have to be anything big. It might be something as simple as spending more time with the family, investing the money they have made, establishing their own business or completing their education.
- D.** Sport is one of a few professions in which a lot of money can be made early on. However, relatively short careers, possible injuries and an often-lavish lifestyle can easily put those earnings at risk. There are many cases of professional athletes who've squandered millions or made poor investments following a lucrative sporting career. To protect the wealth they have accumulated during their careers, financial advisers recommend taking out life insurance and permanent total disability insurance in order to guarantee financial independence after retiring from professional sport.