

40 I can describe outdoor activities

A A walk in the country

I can't **keep up with** Josh – I just get **out of breath** – so when he suggested going for a walk, I only agreed to go if we could take my sister Michelle along as well, knowing she would **slow us down**. Anyway, we set off, and **sure enough**, after about ten minutes, Michelle started **falling behind**, and Josh was shouting at her, 'Come on! **Get a move on!** You're **holding us up!**' She tried to **run after** us and **catch us up**, but eventually she shouted that she'd **had enough of** Josh's military march, and **all of a sudden** she **turned round** and headed home. I was quietly pleased.



Glossary

keep up (with sb)

out of breath

slow sb down

sure enough

fall behind (sb/sth)

get a move on

hold sb/sth up

run after sb/sth

catch sb up / catch up with sb

have had enough of sth

all of a sudden

turn round/around

move at the same speed as sb else.

breathing fast and with difficulty.

make sb go/walk more slowly.

used to say that sth happened as expected.

move more slowly than other people you are with.

INF = hurry up.

cause a delay or make sb/sth late.

run to try to catch sb/sth.

reach sb who is ahead of you by going faster.

used when sth is tiring or annoying you, and you want it to stop

enough of this terrible weather!

quickly and unexpectedly.

change direction and face the other way.

1 Match 1–8 with a–h.

1 This weather's awful. I've had

2 We ran to catch

3 Sorry I'm late; I was held

4 I heard a shout, so I turned

a round and then I saw the man fall.

b a move on.

c enough of it.