

NOVENA
FOR THE
SEVEN GIFTS
OF THE
HOLY
SPIRIT

The "Novena to the Holy Spirit" is the oldest of all novenas since it was first made at the direction of Our Lord when He sent His apostles back to Jerusalem to await the coming of the Holy Spirit on the First Pentecost.

"He commanded them that they should not depart from Jerusalem, but should wait for the promises of the Father, which you have heard (saith he) by my mouth. For John indeed baptized with water, but you shall be baptized with the Holy Ghost not many days hence...But you shall receive the power of the Holy Ghost coming upon you, and you shall be witnesses unto me in Jerusalem, and in all Judea and Samaria, and even to the uttermost part of the earth." (John 1:4-5, 8)

It is still the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light, strength and love so sorely needed by every Christian.

This Novena begins on the Friday after Ascension Thursday (regardless of when your diocese celebrates the Feast of the Ascension)...that would be nine days before Pentecost Sunday.

NOVENA FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

1 FIRST DAY

Friday after the Ascension

Holy Spirit! Lord of Light!
From Thy clear celestial height,
Thy pure beaming radiance give!

THE HOLY SPIRIT:

Only one thing is important - eternal salvation. Only one thing, therefore, is to be feared- sin. Sin is the result of ignorance, weakness, and indifference. The Holy Spirit is the Spirit of Light, of Strength, and of Love.

With His sevenfold Gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought – but the Spirit Himself asketh for us."

PRAYER:

Almighty and eternal God, Who has vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness of all sins, vouchsafe to send forth from heaven upon us Thy sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear (reverence). Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).

Act of Consecration (below)

Prayer for the Seven Gifts (below)

2 SECOND DAY

Saturday after the Ascension

Come, Thou Father of the poor!
Come, with treasures which endure!
Come, Thou Light of all that live!

THE GIFT OF FEAR:

The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from the worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

PRAYER:

Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set Thee, my Lord and God,
before my face forever, help me to shun all things that can offend Thee,
and make me worthy to appear
before the pure eyes of Thy Divine Majesty in heaven, where Thou livest
and reignest in the unity of the
ever Blessed Trinity, God, world without end. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).
Act of Consecration (below)
Prayer for the Seven Gifts (below)

3 THIRD DAY

Seventh Sunday of Easter

Thou, of all consolers best,
Visiting the troubled breast,
Dost refreshing peace bestow.

THE GIFT OF PIETY:

The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

PRAYER:

Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).
Act of Consecration (below)
Prayer for the Seven Gifts (below)

4 FOURTH DAY

Monday, Seventh Week of Easter

Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.

THE GIFT OF FORTITUDE:

By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

PRAYER:

Come, O Blessed Spirit of Fortitude uphold my soul in time of troubles and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good.
Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).
Act of Consecration (below)
Prayer for the Seven Gifts (below)

5 FIFTH DAY

Tuesday, Seventh Week of Easter

Light immortal! Light Divine!
Visit Thou these hearts of Thine,
And our inmost being fill!

THE GIFT OF KNOWLEDGE:

The gift of Knowledge enables the soul to evaluate created things at their true worth - in their relation to God. Knowledge unmask the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

PRAYER:

Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).

Act of Consecration (below)

Prayer for the Seven Gifts (below)

6 SIXTH DAY

Wednesday, Seventh Week of Easter

If Thou take Thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.

THE GIFT OF UNDERSTANDING:

Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

PRAYER:

Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light of Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).

Act of Consecration (below)

Prayer for the Seven Gifts (below)

7 SEVENTH DAY

Thursday, Seventh Week of Easter

Heal our wounds - our strength renew;
On our dryness pour Thy dew;
Wash the stains of guilt away!

THE GIFT OF COUNSEL:

The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all things, pray to the Most High, that He may direct thy way in truth."

PRAYER:

Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).

Act of Consecration (below)

Prayer for the Seven Gifts (below)

8 EIGHTH DAY

Friday, Seventh Week of Easter

Bend the stubborn heart and will;
Melt the frozen; warm the chill;
Guide the steps that go astray!

THE GIFT OF WISDOM:

Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of Wisdom it is written "all good things come to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Savior: "Take up thy cross and follow me, for my yoke is sweet and my burden light."

PRAYER:

Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).

Act of Consecration (below)

Prayer for the Seven Gifts (below)

9 NINTH DAY

Saturday,

Seventh Week of Easter, Eve of Pentecost

Thou, on those who evermore
Thee confess and Thee adore
In Thy sevenfold gifts, descend:
Give them comfort when they die;
Give the life with Thee on high;
Give them joys which never end. Amen.

THE FRUITS OF THE HOLY SPIRIT:

The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue becomes more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

PRAYER:

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary on the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

Our Father; Hail Mary; and Glory Be to the Father (seven times each).

Act of Consecration (below).

Prayer for the Seven Gifts (below).

ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body, to Thee, Eternal Spirit of God.

I adore the brightness of Thy purity, the unerring keenness of Thy justice, and the might of Thy love. Thou art the Strength and Light of my soul. In Thee I live and move and am.

I desire never to grieve Thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against Thee.

Mercifully guard my every thought and grant that I may always watch for Thy light, and listen to Thy voice, and follow Thy gracious inspirations.

I cling to Thee and give myself to Thee and ask Thee, by Thy compassion, to watch over me in my weakness.

Holding the pierced Feet of Jesus, and looking at His five wounds, and trusting in His Precious Blood, and adoring His opened side and stricken Heart, I implore Thee, Adorable Spirit, Helper of my infirmity, so to keep me in Thy grace that I may never sin against Thee.

Give me grace, O Holy Spirit, Spirit of the Father and the Son, to say to Thee always and everywhere, "Speak Lord, for Thy servant heareth."
Amen.

PRAYER FOR THE SEVEN GIFTS OF THE HOLY GHOST

O Lord Jesus Christ Who, before ascending into heaven, didst promise to send the Holy Spirit to finish Thy work in the souls of Thy Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul the work of Thy grace and Thy love.

Grant me

the **SPIRIT OF WISDOM** that I may despise the perishable things of this world and aspire only after the things that are eternal;

the **SPIRIT OF UNDERSTANDING** to enlighten my mind with the light of Thy divine truth;

the **SPIRIT OF COUNSEL** that I may ever choose the surest way of pleasing God and gaining heaven;

the **SPIRIT OF FORTITUDE** that I may bear my cross with Thee and that I may overcome with courage all the obstacles that oppose my salvation;

the **SPIRIT OF KNOWLEDGE** that I may know God and know myself and grow perfect in the science of the Saints;

the **SPIRIT OF PIETY** that I may find the service of God sweet and amiable;

the **SPIRIT OF FEAR** that I may be filled with a loving reverence towards God and may dread in any way to displease Him.

Mark me, dear Lord, with the sign of Thy true disciples and animate me in all things with Thy Spirit. Amen.

ADDITIONAL PRAYERS TO THE HOLY SPIRIT

INVOCATION TO THE HOLY SPIRIT

Come, O Holy Spirit, fill the hearts of Thy faithful, and kindle in them the fire of Thy love.

V. Send forth Thy Spirit, and they shall be created;

R. And Thou shalt renew the face of the earth.

LET US PRAY

Oh God, Who didst teach the hearts of Thy faithful by the light of Thy Holy Spirit, grant us by the same Spirit, to be truly wise and ever rejoice in His consolations, through Jesus Christ Our Lord. Amen.

ACT OF FILIAL SUBMISSION

O Holy Spirit, beloved of my soul, I adore You. Enlighten me, guide me, strengthen me, console me. Tell me what I should do, give me Your orders. I promise to submit myself to all that You desire of me and to accept all that You permit to happen to me. Let me only know Your will. Amen.

SEQUENCE FOR PENTECOST

Come, Thou Holy Paraclete,
And from Thy celestial seat
Send Thy light and brilliancy.
Father of the poor, draw near,
Giver of all gifts, be here,
Come, the soul's true radiancy.
Come, of comforters the best,
Of the soul the sweetest guest,
Come in toil refreshingly.
Thou in labor, rest most sweet,
Thou art shadow from the heat,
Comfort in adversity.
O Thou light, most pure and blest,
Shine within the inmost breast
Of Thy faithful company.
Where Thou art not, man hath naught;
Ev'ry holy deed and thought
Comes from Thy divinity.
What is soiled, make Thou pure;
What is wounded, work its cure;
What is parched, fructify.
What is rigid, gently bend;
What is frozen, warmly tend;
Strengthen what goes erringly.
Fill Thy faithful, who confide
In Thy power to guard and guide,
With Thy sevenfold mystery.
Here Thy grace and mercy send;
Grant salvation in the end,
And in heaven felicity. Amen.

(From the Roman Missal. An indulgence of 5 years. A plenary indulgence once a month, on the usual conditions, for its daily devout recitation.)

INDULGENCED INVOCATIONS

O Holy Spirit, Spirit of truth, come into our hearts; shed the brightness of Thy light upon the nations, that they may please Thee in unity of faith. Amen.

(From the Raccolta. An indulgence of 300 days.)

O Holy Spirit, sweet guest of my soul, abide in me and grant that I may ever abide in Thee. Amen.

(From the Raccolta. An indulgence of 300 days.)

God the Holy Ghost, have mercy on us. Amen.

(From the Raccolta. An indulgence of 500 days. A plenary indulgence, on the usual conditions, if the daily devout recitation of this invocation is continued for a month.)

May our hearts be cleansed, O Lord, by the inpouring of the Holy Spirit, and may He render them fruitful by watering them with His heavenly dew. Amen.

(From the Roman Missal. An indulgence of 500 days. A plenary indulgence, on the usual conditions, for the daily recital of this invocation for a month.)

May the grace of the Holy Spirit enlighten our senses and our hearts. Amen.

(From the Roman Breviary. An indulgence of 500 days. A plenary indulgence, on the usual conditions, provided that this invocation is recited daily with sentiments of devotion for a whole month.)

