

Sea Salt Studios & Cottages

Sea Salt Go™

Plan your perfect stay.

📞 | 246-241-8484

✉ | hello@seasaltbarbados.com

📞 | 1-246-241-8484



Welcome to Sea Salt Go™

Sea Salt Go™ Mobile Book



Welcome to **Sea Salt Go™**, our exclusive mobile guide to Sea Salt Studios and Holetown, Barbados. We've packed it with important details about your stay with us, and we've added tons of insider tips on where to go and what to eat. Forget random recommendations from people online. Your hosts live, eat and play in Holetown, we know what's hot (and what's not!)

Take **Sea Salt Go™** with you everywhere by adding the app to your home screen. It's even accessible offline, so you can use it to find the best lunch spot while you're lounging on the beach. And don't forget to share the link with your travel buddies - they'll thank you for it! Tell them to visit www.seasaltgo.com.

Can't find what you're looking for? No problem - just use the search function on the bottom right. Type in a keyword (like "walking"), and it'll pull up everything within walking distance of our studios. We've spent months developing **Sea Salt Go™** to save you precious hours of planning. Guests rave about it in our reviews!

So what are you waiting for? Let's start planning an unforgettable stay at [**Sea Salt Studios**](#) in beautiful Holetown, Barbados!

Pictured above: [Limegrove Lifestyle Center](#) in Holetown

Free WiFi

Free WiFi

Connecting to our WiFi is a breeze! The name of the network is the same as your studio or cottage, and the password is posted near the entrance in a picture frame. We've made our passwords super simple so you can connect fast and let the world know you've landed in paradise!

Fear not, we have the fastest WiFi on the island, and every studio and cottage has its own network. This ensures that your streaming experience will never be interrupted by others on the property.

Once you're connected, don't forget to tag us in your adventures at [@sea_salt_studios](#). We love seeing our guests having a great time in Holetown, and we might even feature you on our page! So go ahead, connect to our WiFi and start sharing your dream holiday with the world.

Directions & Numbers

Find Your Studio or Cottage

Read this section or you might end up at the wrong location

At Sea Salt Studios, we don't have a front desk and we offer a contactless check-in process. Our studios and cottages are divided between two properties located one block apart, so it's important to make sure you have the correct information. Click on your studio or cottage (or scroll down) to jump to your directions.

[Sea Spray Studio \(1\)](#)

[Ocean Pearl Studio \(2\)](#)

[Driftwood Studio \(3\)](#)

[Coco Teal Studio \(4\)](#)

[Blue Dawn Studio \(5\)](#)

[White Cap Studio \(6\)](#)

[The Monkey Studio \(C\)](#)

[Sea Salt Cottage \(A\)](#)

[Sea Salt Cottage \(B\)](#)

Sea Spray Studio (1)



Welcome to **Sea Spray Studio (1)** at Sea Salt Studios! Take a minute to locate your studio in the diagram above. Yours is facing the driveway, so no need to cross any gates.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Sea Spray Studio (1)
229 Flamboyant Avenue
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Sea Salt Studios in Sunset Crest in St. James. The apartment is on Flamboyant Avenue which runs between Sandy Crest Medical and the Cave Sheppard Complex. It's right in the middle of that street (229 Flamboyant) and it's the nice white building that says Sea Salt Studios right across it."

If you prefer, you can also arrange for a pick-up from Sea Salt Rides™. Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios or 229 Flamboyant will be useless information to them. That's why we provide you with the **verbal directions above.**



Ocean Pearl Studio (2)



This information is crucial. Please print it.

Welcome to **Ocean Pearl Studio (2)** at Sea Salt Studios! Take a minute to locate your studio in the diagram above. Yours is accessed via the gate on the right side of the driveway (your own private path).

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Ocean Pearl Studio (2)
229 Flamboyant Avenue
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Sea Salt Studios in Sunset Crest in St. James. The apartment is on Flamboyant Avenue which runs between Sandy Crest Medical and the Cave Sheppard Complex. It's right in the middle of that street (229 Flamboyant) and it's the nice white building that says Sea Salt Studios right across it."

If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios or 229 Flamboyant will be useless information to them. That's why we provide you with the **verbal directions above.**



Additional details about this place are available in the digital version of this guide.

Driftwood Studio (3)



This information is crucial. Please print it.

Welcome to **Driftwood Studio (3)** at Sea Salt Studios! Take a minute to locate your studio in the diagram above. Yours is accessed via the larger gate on the left side of the driveway.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Driftwood Studio (3)
229 Flamboyant Avenue
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Sea Salt Studios in Sunset Crest in St. James. The apartment is on Flamboyant Avenue which runs between Sandy Crest Medical and the Cave Sheppard Complex. It's right in the middle of that street (229 Flamboyant) and it's the nice white building that says Sea Salt Studios right across it."

If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios or 229 Flamboyant will be useless information to them. That's why we provide you with the **verbal directions above.**



Coco Teal Studio (4)



This information is crucial. Please print it.

Welcome to **Coco Teal Studio (4)** at Sea Salt Studios! Take a minute to locate your studio in the diagram above. Yours is accessed via the larger gate on the left side of the driveway, first door to your right.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Coco Teal Studio (4)
229 Flamboyant Avenue
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Sea Salt Studios in Sunset Crest in St. James. The apartment is on Flamboyant Avenue which runs between Sandy Crest Medical and the Cave Sheppard Complex. It's right in the middle of that street (229 Flamboyant) and it's the nice white building that says Sea Salt Studios right across it."

If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios or 229 Flamboyant will be useless information to them. That's why we provide you with the **verbal directions above.**



Blue Dawn Studio (5)



This information is crucial. Please print it.

Welcome to **Blue Dawn Studio (5)** at Sea Salt Studios! Take a minute to locate your studio in the diagram above. Yours is accessed via the larger gate on the left side of the driveway, first door to your left.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Blue Dawn Studio (5)
229 Flamboyant Avenue
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Sea Salt Studios in Sunset Crest in St. James. The apartment is on Flamboyant Avenue which runs between Sandy Crest Medical and the Cave Sheppard Complex. It's right in the middle of that street (229 Flamboyant) and it's the nice white building that says Sea Salt Studios right across it."

If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios or 229 Flamboyant will be useless information to them. That's why we provide you with the **verbal directions above.**



White Cap Studio (6)



This information is crucial. Please print it.

Welcome to **White Cap Studio (6)** at Sea Salt Studios! Take a minute to locate your studio in the diagram above. Yours is accessed via the larger gate on the left side of the driveway. Cross that gate and follow the dozen steps up to your private oasis.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: White Cap Studio (6)
229 Flamboyant Avenue
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Sea Salt Studios in Sunset Crest in St. James. The apartment is on Flamboyant Avenue which runs between Sandy Crest Medical and the Cave Sheppard Complex. It's right in the middle of that street (229 Flamboyant) and it's the nice white building that says Sea Salt Studios right across it."

If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios or 229 Flamboyant will be useless information to them. That's why we provide you with the **verbal directions above.**



The Monkey Studio (C)



This information is crucial. Please print it.

Welcome to The Monkey Studio (C) at Sea Salt Cottages! Take a minute to locate your studio in the diagram above. Yours is accessed by walking down the garden steps and to your left.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: The Monkey Studio (C)
32 Cashew Row
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Cashew Row in Sunset Crest in St. James. It's one street past the All Seasons Europa Hotel. Turn right onto Cashew Row and drive to the end of the cul-de-sac. You'll see two white villas, my apartment is there." You don't need to tell the driver that your apartment is down the garden steps unless you need assistance with your luggage. Never share your door code with a taxi driver.

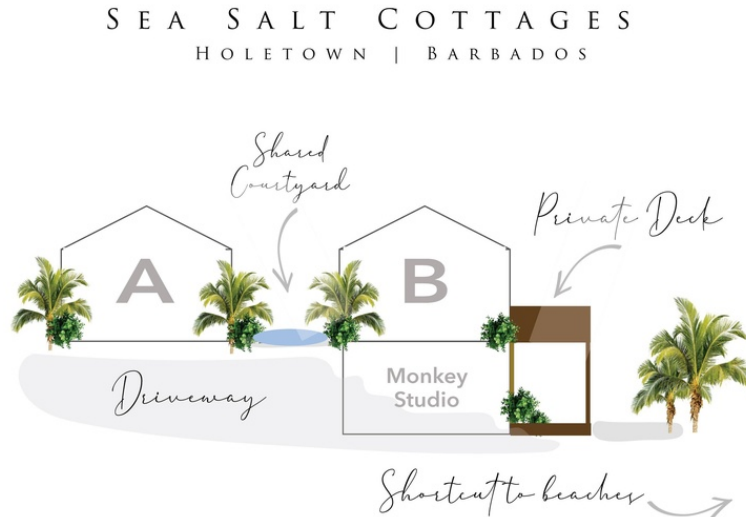
If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios and Cottages or 32 Cashew Row will be useless information to them. That's why we provide you with the **verbal directions above.**



Sea Salt Cottage (A)



This information is crucial. Please print it.

Welcome to Sea Salt Cottage (A) at Sea Salt Cottages! Take a minute to locate your Cottage in the diagram above. Yours is Cottage A.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Sea Salt Cottage (A)
32 Cashew Row
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Cashew Row in Sunset Crest in St. James. It's one street past the All Seasons Europa Hotel. Turn right onto Cashew Row and drive to the end of the cul-de-sac. You'll see two white villas, mine is the first one."

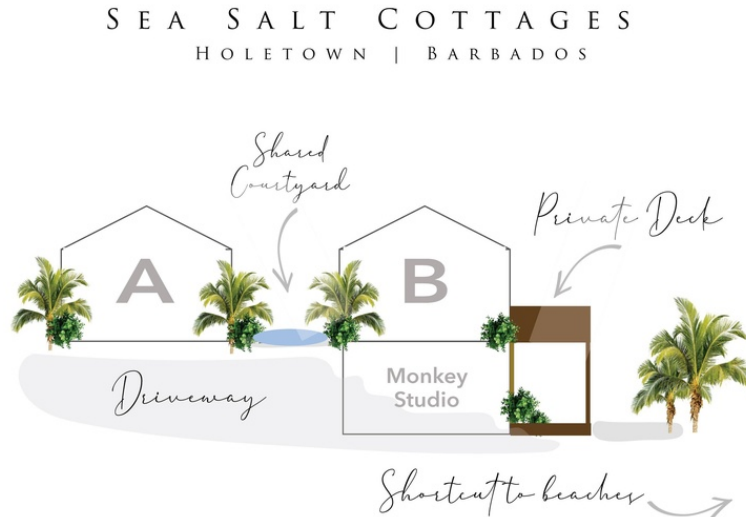
If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios and Cottages or 32 Cashew Row will be useless information to them. That's why we provide you with the **verbal directions above.**



Sea Salt Cottage (B)



This information is crucial. Please print it.

Welcome to Sea Salt Cottage (B) at Sea Salt Cottages! Take a minute to locate your Cottage in the diagram above. Yours is Cottage B.

Your **keyless entry code** will be sent to you the day before your scheduled arrival, for security reasons. *(If you're already on island, the code will be sent to you at 11am on the day of check-in).*

Immigration Information (Important)

Sea Salt Studios & Cottages
Apartment: Sea Salt Cottage (B)
32 Cashew Row
Holetown, Sunset Crest, St. James
Emergency contact for immigration only:
James Johnson: +1 246-241-8484

Verbal Directions for Taxi Drivers

"I'm going to Cashew Row in Sunset Crest in St. James. It's one street past the All Seasons Europa Hotel. Turn right onto Cashew Row and drive to the end of the cul-de-sac. You'll see two white villas, mine is the second one."

If you prefer, you can also arrange for a pick-up from [Sea Salt Rides™](#). Please check the relevant section to obtain a quote and make a reservation well ahead of time.

Important Facts about Barbados:

- Government officials will send you to the back of the line for having one missing detail. If you print this page, **you'll have all the details.**
- Taxi drivers in Barbados don't use GPS so saying Sea Salt Studios and Cottages or 32 Cashew Row will be useless information to them. That's why we provide you with the **verbal directions above.**



How to Call or Message Us

How to Call or Message Us

We're always here to help, so please don't hesitate to reach out to us if you have any questions or concerns. We want to make sure you have a comfortable and enjoyable stay with us!

If you booked directly with us, please use [WhatsApp](#) to contact us during your stay. You can launch a WhatsApp message to us by clicking here. It's the same number displayed on the home page of the app.

If you booked through Airbnb, we kindly ask that all communication remains on the [messaging system](#) for insurance reasons. Don't worry, we get pop-ups on our phones when you write to us through Airbnb, so we'll respond just as quickly as we would any other guest. We love Airbnb guests and are always happy to assist you!

Emergency Numbers

Police, Fire, Ambulance, First Aid

In case of an emergency, please remember that the police can be reached at **211**, the fire department at **311**, and the ambulance service at **511**.

If you need first aid supplies or assistance, you can call an ambulance at 511 or take a short walk to the **Sandy Crest Medical Clinic**. The clinic is located at Sandy Crest, Sunset Crest, Holetown, and their medical staff can be reached at **+1 (246) 419-4911**.

If you're in need of first aid supplies, you can find them at the pharmacy window at Sandy Crest Medical, Massy Supermarket, or the 24-hour Rubis Petrol Station in Holetown.

Power & Internet Outage

Uh oh, power or internet outage? No worries, we've got you covered! We can find out what's going on and how long it should take to get back up and running. And let's be real, **99%** of the time it's just a temporary, area-wide outage. Time to pour a rum punch and enjoy the island life!

For updates on service issues in Barbados, check out these websites:

- For power outages in Holetown: The BL&PC posts notices about area-wide outages and estimated restoration times [on their Facebook page](#). We'll be checking it too, because let's face it, calling their call centre is a snooze fest.
- For internet outages: Flow Barbados shares updates [on their Instagram](#) and Facebook pages. This is where we check for estimated restoration times. This rarely happens and usually only after torrential downpours (also rare).

Remember, if you have any concerns or questions, don't hesitate to reach out to us. We're here to make sure your stay is smooth sailing.

The Ground Rules

The Ground Rules

Dear beach lovers,

If you've booked your stay through **AirBnb**, congratulations! We kindly ask that you take a moment to read and follow [AirBnb's Ground Rules for Guests](#) as you're bound to those rules. Additionally, we have a few house rules of our own at Sea Salt that we ask you to abide by during your stay with us.

Firstly, we want to remind you that we're not just robots behind a screen. We're a friendly local couple with a toddler who live up the road from you, so if you need anything, please don't hesitate to reach out to us. We'll be there before you can mix a rum punch (or within a reasonable time frame).

We kindly ask that you treat our space with respect during your stay. This includes keeping the space clean, reporting any damage, and disposing of trash properly. We want to avoid any unwanted guests like ants or other critters, and we don't want to make our housekeeper cry either. Please respect our check-in/out times, refrain from smoking indoors, and keep noise levels down after 9pm. We don't want any complaints from our neighbors about "crazy tourists" next door.

We have a strict no-party policy and ask that you do not invite any unregistered guests onto the property. This is important for many reasons, including the fact that your insurance is void as soon as someone crosses our front gate. If you're looking for great places to meet new and old friends, please don't hesitate to ask us.

If anything is bothering you during your stay, please let us know. We'll do our best to resolve any issues that may arise. If an accident occurs, please report it to us immediately so that we can clean it up or fix it before it becomes permanent damage.

Lastly, we kindly ask that you refrain from leaving trash on the floors or between mattresses. We have plenty of trash bins available for your use. Additionally, please do not feed any stray cats or monkeys in the gardens. If you'd like to help out stray animals in Barbados, please contact www.arkanimalwelfarebarbados.com.

Thank you for taking the time to read through our house rules. We hope you have a wonderful stay with us!

Weekly Linen Refresh

Weekly Linen Refresh

Our linen service will swing by **once a week** to keep your sheets and towels fresh! Now, we do want to clarify that this isn't a full-on cleaning visit. If you're feeling particularly tidy and want to do your own cleaning, you'll find all the supplies you need under your kitchen sink. But if you'd rather leave the cleaning to us, just send us a request below to purchase additional cleaning visits during your stay.



SEND REQUEST

Cleaning Visits (\$)

Cleaning Visits (\$)

To keep your Sea Salt abode as comfy and clean as possible, we recommend purchasing cleaning visits during your stay. For your comfort and well-being, we suggest scheduling a visit at least every three days. You'll find a cleaning kit under the kitchen sink if you'd like to tidy up in between visits.



SEND REQUEST

Wash & Fold

Wash & Fold (\$)

Hey there! We know that packing for a trip can be a bit of a hassle, and that's why we want to make things a bit easier for you. If you need to freshen up your personal clothes during your stay, we offer a wash and fold service **starting at just BBD30 per load** - that's a steal compared to the local laundromat! If we're not free, there's a laundromat just around the corner, across from the [ATM](#). Just send us a quick request and we'll get back to you ASAP with a date and quote. Thanks for choosing Sea Salt Studios for your Barbados adventure - we're here to make your stay as comfortable as possible!



SEND REQUEST

Sea Salt Rides (\$)

Sea Salt Rides (\$)

Hey sun worshipers! If you need transportation to the airport or around town, we're happy to help! Just fill out the form below and we'll get back to you with **availability and a quote**. Thanks for choosing Sea Salt Studios for your Barbados adventure - we're here to make your stay as comfortable as possible!



SEND REQUEST

Rent a Car

Rent a Car

Hey there, beach bums! We've got a hot tip for you - our guests have been known to score a **10% discount** from **Go Rent a Car** or **Stoutes** by mentioning that they're staying with **The Johnsons at Sea Salt Studios**. But remember, kindness is currency on this island - these guys can retract their offer if our guests come across as entitled. You'll have to phone them and ask nicely. There's no guarantee that cars will be available, and pricing can vary depending on the season. That's all the car rental advice we've got for you, but don't worry - we've got plenty of other transportation options.

- [Go Rent a Car](#)
- [Stoutes Car Rental Ltd.](#)
- [Call a Taxi or Van](#)
- [Taking the Bus](#)
- [Sea Salt Rides](#)

Sea Salt Studios

Welcome to Sea Salt Studios



If you're staying in Sea Spray, Ocean Pearl, Driftwood, Coco Teal, Blue Dawn or White Cap, here are your arrival instructions!

This section contains all you need to ensure your smooth arrival. **Be sure to read through each section.** While we do our best to be by the phone, we're usually in bed by 8pm. **An address is not sufficient** to get around in a taxi. Drivers don't use GPS on the island, they'll want ***old fashioned*** verbal directions. You'll find all this below!

Driving Directions

If you're staying in Sea Spray, Ocean Pearl, Driftwood, Coco Teal, Blue Dawn or White Cap, here are your arrival instructions!

Sea Salt Studios

229 Flamboyant Avenue
Sunset Crest, St. James
Barbados 22030

In an emergency where you can't find us, [please contact us](#).

Scroll down to the pin to launch a map.

By Taxi

Taxis are arranged at Grantley Adams Airport and are safe. There's no need to arrange a transfer ahead of time.

The studios are located at **229 Flamboyant Avenue in Sunset Crest, Holetown, St. James**. Flamboyant is the street that connects **Sandy Crest Medical Clinic** and **Italia Coffee House**. Taxi drivers are familiar with Holetown and by giving them that simple guidance, you'll get here in no time.

Locate Your Studio



Here's a top view layout showing the location of each studio on our property. Sea Spray (Studio 1) is accessed from the front of the driveway. Ocean Pearl (Studio 2) is accessed from the South gate (right of the driveway). All others are accessed through the North gate (left) of the driveway. White Cap (Studio 6) is the only studio located on the second floor and has a dedicated stairway past the North gate (left).

Please take a moment to jot this down ahead of your arrival. Your studio name is on your reservation.

Check-In Time

Check-in time is 3pm or later. An early check-in is not possible for insurance reasons. The only way to ensure access our property beyond the times noted in your booking confirmation is to **purchase an additional night** in advance. We don't provide luggage storage **for insurance reasons**. Your stay begins and ends at the exact times noted on your booking confirmation.

Keyless Entry Code

We'll provide you with an access key code before arrival. This will allow you to check yourself in to the property. **Please ensure you have the code before you travel. If not, please contact us.** In an emergency where you can't find the code or the lock malfunctions, please message or WhatsApp call us at [WhatsApp](#).

Sea Salt Cottages

Welcome to Sea Salt Cottages

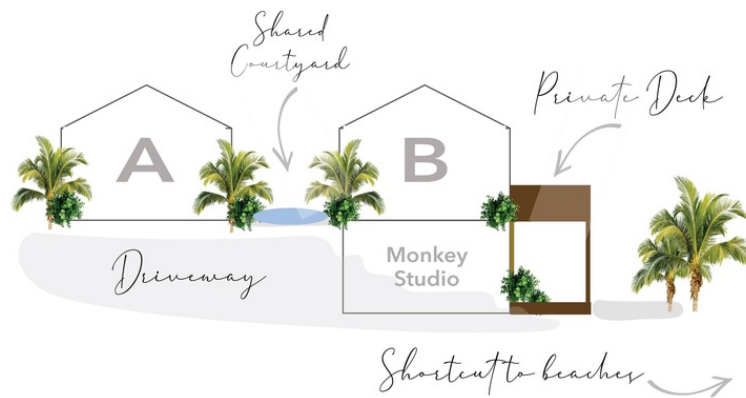


If you're staying in Sea Salt Cottage A or B (or both), here are your arrival instructions!

This section contains all you need to ensure your smooth arrival. **Be sure to read through each section.** While we do our best to be by the phone, we're usually in bed by 8pm. **An address is not sufficient** to get around in a taxi. Drivers don't use GPS on the island, they'll want ***old fashioned*** verbal directions. You'll find all this below!

Driving Directions

SEA SALT COTTAGES HOLETOWN | BARBADOS



If you're staying in Sea Salt Cottage A, or B (or both), here are your instructions.

Sea Salt Cottages

283 Cashew Row
Sunset Crest, St. James
Barbados 22030

In an emergency where you can't find us, [please contact us](#).

Scroll down to the pin to launch a map.

Locate Your Cottage

There are three units on the property: Sea Salt Cottage (A), Sea Salt Cottage (B) and The Monkey Studio (C). Refer to the image above to situate yours on the property. Both cottages are marked. The Monkey Studio is located down the garden steps and to the left.

By Taxi

Taxis are arranged at Grantley Adams Airport and are safe. There's no need to arrange a transfer ahead of time.

Cashew Row is located in **Sunset Crest near the Cave Shepherd Plaza**. The street is "the first right turn after the [All Seasons Europa Hotel](#)". You should recognize our two white villas at the end of the cul-de-sac of Cashew Row. **The Monkey Studio (C) is on the lower level of the property.** Simply follow the garden steps down to the studio area.

Check-In Time

Check-in time is 3pm or later. An early check-in is not possible for insurance reasons. The only way to ensure access our property beyond the times noted in your booking confirmation is to **purchase an additional night** in advance. We don't provide luggage storage **for insurance reasons**. Your stay begins and ends at the exact times noted on your booking confirmation.

Keyless Entry Code

We'll provide you with an access key code before arrival. This will allow you to check yourself in to the property. **Please ensure you have the code before you travel. If not, please contact us.** In an emergency where you can't find the code or the lock malfunctions, please message or WhatsApp call us at [WhatsApp](#).

The Monkey Studio

Welcome to The Monkey Studio



If you're staying in **The Monkey Studio**, here are your arrival instructions!

This section contains all you need to ensure your smooth arrival. **Be sure to read through each section.** While we do our best to be by the phone, we're usually in bed by 8pm. **An address is not sufficient** to get around in a taxi. Drivers don't use GPS on the island, they'll want ***old fashioned*** verbal directions. You'll find all this below!

Driving Directions



If you're staying in The Monkey Studio, here are your instructions.

Sea Salt Cottages and Monkey Studio

283 Cashew Row
Sunset Crest, St. James
Barbados 22030

In an emergency where you can't find us, [please contact us](#).

Scroll down to the pin to launch a map.

Locate Your Studio

There are three units on the property: Sea Salt Cottage (A), Sea Salt Cottage (B) and The Monkey Studio (C). Refer to the image above to situate yours on the property. Both cottages are marked. The Monkey Studio is located down the garden steps and to the left.

By Taxi

Taxis are arranged at Grantley Adams Airport and are safe. There's no need to arrange a transfer ahead of time.

Cashew Row is located in **Sunset Crest near the Cave Shepherd Plaza**. The street is "the first right turn after the [All Seasons Europa Hotel](#)". You should recognize our two white villas at the end of the cul-de-sac of Cashew Row. **The Monkey Studio (C) is on the lower level of the property.** Simply follow the garden steps down to the studio area.

Check-In Time

Check-in time is 3pm or later. An early check-in is not possible for insurance reasons. The only way to ensure access our property beyond the times noted in your booking confirmation is to **purchase an additional night** in advance. We don't provide luggage storage **for insurance reasons**. Your stay begins and ends at the exact times noted on your booking confirmation.

Keyless Entry Code

We'll provide you with an access key code before arrival. This will allow you to check yourself in to the property. **Please ensure you have the code before you travel. If not, please contact us.** In an emergency where you can't find the code or the lock malfunctions, please message or send us a message on [WhatsApp](#).

Check-Out Instructions

Instructions to Follow

Follow these simple steps to ensure your smooth departure from our home and our beautiful island. If you have any questions, please don't hesitate to contact us!

Report Damaged Items

Take a moment to [let us know](#) if anything was broken or damaged during your stay, especially broken glass that can pose a safety risk. *Please don't replace items (ex: replacing a broken coffee mug with a random one from the supermarket.)*

Organize Your Taxi

Remember, we're on island time and taxis can take one hour or more to arrive. You'll want to arrange your taxi well ahead of time. Please see our [Take a Taxi](#) section.

Return Borrowed or Rented Items

Please return all borrowed or rented items to reclaim your deposits. Make sure these are clean and in the same condition as when borrowed.

Check-Out Instructions

- Leave the beds unmade, no need to strip them.
- Place used towels in the hamper or in the shower.
- Clean the dishes and leave to dry on the mat.
- Return any furniture or items moved to their original positions.
- Place the TV remote near the television.
- Turn off the air conditioner(s).
- Turn off all ceiling lights and fans.
- Close and lock all doors on your way out.

Donate Items

Please consider donating the following items you may no longer need upon your departure:

- Bajan coins for the housekeeper;
- Non perishable, unopened food items or eggs;
- Sunscreens and toiletries;
- Books and magazines;
- Old beach towels for animal shelters;
- Any other useful item our community may need.

We have a program in place to make sure any and all items find a much-needed home.

Safe Travels!

Early or Late Flight

Thanks for planning in advance!

Please see our section [Early or Late Flight](#) for ideas of things to do after check-out time.

A late check-out isn't possible as our handful of studios and cottages are serviced **immediately** and readied for the next guests or last-minute bookings.

The only way to ensure access our property beyond the times noted in your booking confirmation is to **purchase an additional night** well in advance.

We don't hold luggage **for insurance reasons**. We recommend that you [Rent a Car](#) with a boot to store your personal items before or after your stay.

Things to do After Check-out

Things to do after check-out



If you have a late flight, we recommend planning a [long lunch](#) or a day pass at a club or spa with locker rooms and showers.

If you have an early flight and need a place to store luggage, consider [Renting a Car](#) and storing your belongings in the boot ahead of your check-in time of **3pm**.

Please inquire directly with venues about costs of day passes, amenities and availability.

Late check-out isn't possible. Our properties are serviced **immediately** for our next guests or last-minute bookings.

We don't supervise or store any luggage or personal items **for strict insurance and liability reasons**. *Our housekeeper and maintenance man are forbidden from supervising your belongings.*

Singita Wellness Day Pass (Mullins)



Additional details about this place are available in the digital version of this guide.

All Seasons Resort (Holetown)

Additional details about this place are available in the digital version of this guide.

Fairmont Royal Pavilion

Additional details about this place are available in the digital version of this guide.

Calma Beach Club (Holetown)

Additional details about this place are available in the digital version of this guide.

Sandals Day Pass (South)

Please inquire directly for cost of passes and availability.

Additional details about this place are available in the digital version of this guide.

Nice Places for Long Lunches

Calma Beach Club

Additional details about this place are available in the digital version of this guide.

La Cabane (Towards Airport)

Additional details about this place are available in the digital version of this guide.

Request a Safe Key

Request a Safe Key



Safe keys are expensive to replace, so they need to be signed out from our office via this quick mobile form. Once we receive your request via this form, we'll arrange to bring it over as quickly as possible.



SEND REQUEST

What to Pack for Barbados

Things To Bring



First, What Not to Bring

Before we recommend what to bring, we should mention what you shouldn't bring:

- **Camouflage or "camo"** clothing items or gear are illegal in Barbados and locals will be quick to point this out!
- **Avoid packing black clothing** (and hats, and sunglasses) which attract mosquitos, especially at dawn and dusk. If you must, then we suggest bringing lots of mosquito repellent to wear with black colours.

What to Pack for Barbados

- Turkish-style beach towels that pack small
 - See our section on [Beach Towels](#).
- US dollars! Accepted everywhere **except on city buses**
 - *Note: All change will be returned to you in Barbados dollars*
 - See our section on [Tipping in Barbados](#) and [Which Currency is Best](#)
- Photocopy of passport with your return flight number to take advantage of duty-free prices in Holetown (see our section about [Retail Shops & Duty-Free](#))
- **Compact umbrellas** for brief rain showers (especially June to November)
 - *Consider a few compact disposable water ponchos as well*
- Your favorite ground (drip) coffee or tea (these are *very* expensive here)
- Delicate soap for hand washing the sea salt off your beautiful swimwear (we provide racks or hooks for drying)
- Make-up wipes to protect our towels from permanent damage
- Antibiotic creams and Band-Aids to treat minor scrapes and blisters
- Mosquito repellent **with deet** (especially June to November)
 - See [Packing for Storm Season](#)
- Mosquito relief ointment (certain people react more to bites)
- Over-the-counter medications (like Advil or Tylenol)
- Un-tinted Sunscreens of various strengths
- Sunburn remedies or after sun gels (we recommend [Sudocrem](#) for sunburns)
- Waterproof phone case for swimming with turtles
 - *Swim with turtles on a [Cool Runnings Catamaran Cruise](#)*
- UK power adapters and extension chord for phone chargers to reach the bed
- **Insulated travel cups to keep your drinks cold** (thank us later)
- A data roaming plan for access to WIFI around the island (most establishments offer free WIFI, but *not the beaches*)
- Quality feminine hygiene products (variety is limited and oddly old-fashioned *cardboard* over here)
- A sleep aid if you'll be jet lagged ([this sleep gummy is our favourite](#)).

You can expect to pay up to **300%** more things in Barbados. The only cheap things are made or produced locally, such as rum!

Remove your trash regularly!

Remove your trash regularly!

During your stay, you're responsible for removing your trash as often as required to **prevent flies, lingering odours and other unpleasanties** (every couple of days). The exterior trash bins are located **at the edge of the driveway** and we've left you extra bags under the kitchen sink. Your empty bottles should be rinsed out, gathered in bags and placed neatly (unbroken) beside the exterior garbage bins.

Remember, odour and pest removal isn't covered during your stay, and insects can breed very quickly in the Barbados humidity. Don't let your trash accumulate, remove it regularly. Ask us if you need additional bags during your stay.

If you're concerned with keeping the space free of smells and critters, schedule a paid cleaning visit every couple of days by clicking below:



Starter Supplies

Starter Supplies



Here's what you can expect to find in your studio or cottage on arrival in addition to a couple of seasonal special touches from your hosts:

- Starter supply of bathroom tissue
- Hand soap in the bathroom(s)
- Dish soap and one new dish sponge
- Household cleaners and disposable cloths
- Starter supply of dinner napkins
- A sample of body soap and shampoo
- Extra garbage bags to manage your trash

Special note: Bathroom tissue and special touches such as our sample of local roasted coffee are only replenished with paid cleaning visits. [Schedule them here.](#)

Special Tips:

- Check out [Shop Massy](#) to preview our local supermarket prices ahead of arrival.
- You can [Pre-Order Wines](#) and we'll place them in your studio or cottage.
- [Shopping Concierge](#) can do your shopping for a fee and deliver it to your studio or cottage.
- [Hopscotch Fetch](#) is like the "Uber Eats" of Barbados if you'd like to order in food.

Holetown Supermarkets

Massy Supermarket



The local [Massy Supermarket](#) is located a short walk from your accommodation, off the main highway, in the heart of Holetown.

It's the most modern and beautiful supermarket on the island, great for small items which you'll need during your stay and with many Waitrose brand products. You'll also find a convenient pharmacy section with health and beauty products for your stay.

Additional details about this place are available in the digital version of this guide.

Clifton Market (Upscale)



Additional details about this place are available in the digital version of this guide.

Health Food Store

For health food products, we recommend stopping by [Body Restoration](#) in Holetown, behind the Rubis gas/petrol station, next to the large Massy Supermarket. Here, you'll find a lot of keto-friendly and gluten-free snacks and products great for the beach or meal preparation.

Additional details about this place are available in the digital version of this guide.

Food & Wine Delivery

A note about deliveries...

There are many conveniences on the island but it's always best to plan ahead if you think you'll be ordering food in, or wanting better wines delivered for your stay. We recommend creating your accounts with these vendors ahead of arrival to maximize your beach time.

Please note that we only accept deliveries of [Trident Wines](#) or (frozen) [Clifton Fine Meats](#) on your behalf, since these can be received during office hours, stored properly and then placed in your refrigerator or accommodation on the morning of your arrival (or while you're at the beach).

We receive zero commission from the vendors we recommend. Their prices are fair, and we personally use them on a regular basis.

Restaurant Delivery



HOPSCOTCH

Our favorite restaurant delivery service in Holetown is [Hopscotch Fetch](https://www.hopscotchfetch.com). For a small delivery fee (about BBD\$10/US\$5), you can have food delivered to your door from various local restaurants ranging from fast food to fancy feasts. *You must be home to accept your delivery.*

How to Use Hopscotch Fetch

- Create an account at www.hopscotchfetch.com;
- Verify your email address;
- Login again;
- You will be prompted to enter your address;
- Click "Find Me!" and then scroll below to add your specific address:

Sea Salt Studios 229 Flamboyant Avenue Parish of St. James Delivery
Instructions: *Please contact me on Whatsapp at +1.... when you arrive. I will meet you in the driveway to collect my order.*

- A list of restaurants will appear;
- Check delivery fees and average delivery times;
- Browse restaurants and menus and add selections to cart;
- Continue to Checkout;
- Enter desired delivery time [must be same-day for our studios];

- Enter your Whatsapp number as the contact number;
- Review your order (prices are in Barbados dollars*)
- Follow check-out instructions for payment and confirmation;
- Check your email for confirmation receipt;
- Receive text updates when your order is collected, almost there and when the driver is at the driveway;
- Greet the driver in the driveway to collect your order;
- Tips are always appreciated across the island.

Our Favourite Delivery Restaurants

- [Rustic Chef](#)
We just love their authentic local hamburgers with sweet potato fries. Check our [Instagram](#) for our favorite items from this spot.
- [Pepenero](#)
A mix of their pizza and pasta is perfect for a cozy evening of Netflix. Check our [Instagram](#) for our favorite items from this spot.

Fine Wine Delivery



TRIDENT  WINES

While you can find basic, affordable wines at the local [Massy Supermarket](#), if you're a wine lover who wants to enjoy a few toasts in your studio, you may want to place an order for finer wines through [Trident Wines](#). A minimum order of US\$50 (BBD\$100) applies for free delivery to the studio. Orders must be prepaid by guests by credit card are usually delivered within 24 hours.

To place your order:

- Browse their [catalogue here](#);
- Call or Whatsapp [Trident Wines](#) at [\(246\) 228-5261](#), or
- [Email your order](#) to them with the following details:

Your contact information:

- Your full name, email and Whatsapp number;
- Your desired selection of wines;
- Your request for a total quote in BDS or USD;
- Your local delivery address: **Sea Salt Studios Office, 229 Flamboyant Avenue, Sunset Crest, St. James**, and
- Instructions to deliver the wines on your specified date, **between 9am and 12pm**.

After doing so:

- You'll be contacted with a quote and instructions for payment directly to [Trident Wines](#);
- Proceed with your payment if you desire;

When we receive your delivery:

- We will send you a note confirming receipt of your box, and
- We will store them appropriately and place them in your studio prior to your arrival (or while you're at the beach).

Our personal favorites

A crisp and cold Rosé is what we enjoy in the heat of Barbados. Here's what we order for ourselves and to serve friends when entertaining at home:

- [Léoube La Londe](#) (Rosé, Côtes de Provence)
- [Minuty M Rosé](#) (Rosé, Côtes de Provence)
- [Whispering Angel](#) (Rosé, Côtes de Provence)

Ask [Trident Wines](#) for recommendations based on how you wish to spend your holiday at Sea Salt Studios, they're your Bajan *sommeliers*.

Gas/Petrol Station

Local Gas/Petrol Station

The nearest gas/petrol station is called [Rubis Holetown](#), open **24 hours**. It's located just a couple of blocks away from your accommodation, beside the large [Massy Supermarket](#).

What you'll find at our local Rubis:

- Full-Service Gas/Petrol;
- [Burger King](#) kiosk and drive-through;
- Pharmacy (iMart)
- Hot foods ("7-Eleven" style);
- Cheap local beer (by the bottle),
- Expensive imported snacks;
- Cheap local sweets;
- Over-priced wines and
- Tobbaco, batteries, sunscreen, etc.

You'll find most of what you need here in an emergency, but you can also find most of these items during regular hours at the [Massy Supermarket](#).

Rubis Holetown

Additional details about this place are available in the digital version of this guide.

Retail Shops & Duty-Free

Cave Shepherd Duty-Free Plaza

Additional details about this place are available in the digital version of this guide.

Limegrove Lifestyle Centre



Additional details about this place are available in the digital version of this guide.

The Chattel Village



Additional details about this place are available in the digital version of this guide.

Local Beaches

Holetown Beach (Closest)

Accessed via the parking lot of the Holetown Police Station, across the street from Massy Supermarket. Access to beach front restaurants and bars. Nearest public restroom is at [Surfside Bar & Grill](#). Two sun loungers with a parasol for about BBD40 (US20). Surfside offers pub-style Bajan food at a reasonable price with great rum punch.

Additional details about this place are available in the digital version of this guide.

Sandy Lane Beach (West Coast, 750m)

This is a beautiful white sand beach but please note, **it's a bit of a hike and no loungers available**. Public access is on the right hand side of One Sandy Lane (fancy condo building), turning right and walking through the water. For those seeking access to beach front restaurants and bars, head to **Holetown Beach** or **Paynes Bay**.

Additional details about this place are available in the digital version of this guide.

Paynes Bay Beach (West Coast, 2km)

Catch a yellow bus heading South (marked **B'Town**) for this one and ask to stop at **Paynes Bay Beach**. Busses only accept BBD and current fare is BBD3/ adult. Beautiful long sandy beach. Lovely swimming, snorkelling and some water sports. Two sun loungers and a parasol for about BBD40 (US20). There's a beach bar which does snacks at reasonable prices and great rum punch.

Additional details about this place are available in the digital version of this guide.

Gibbes Beach (West Coast, 6km)

The beach here is considered one of the most unpopulated on the island and is perfect for relaxing in a quiet and peaceful atmosphere. Gibbes beach is also great for snorkeling. [Holetown](#) and [Speightstown](#) are both quite near to the beach and you can find a range of restaurants and bars, shops and supermarkets.

Additional details about this place are available in the digital version of this guide.

Miami Beach (South Coast, 20km)

Additional details about this place are available in the digital version of this guide.

WiFi / Internet Details

WiFi / Internet



Gazebo WIFI at Sea Salt Studios

The back garden at our Sea Salt Studios has power outlets for laptops or phone charging and a separate WIFI network:

Network Name: Sea Salt Garden

Network Password: barbados (lowercase)

Indoor WIFI

Your Wi-Fi information will be noted in a visible area in your space. Service interruptions are common on remote islands but don't typically last more than a few hours. *The wifi speed in our units is the fastest on island so you can FaceTime and stream Netflix simultaneously.*

Holetown, Barbados

Holetown, Barbados

Local News | Barbados

Local News | Barbados

It's good to stay informed about local news that may affect your holiday. Whenever possible, we'll send out alerts about bad weather or protocols that may affect travel plans. Outside of that, here's where we recommend getting your daily dose of Barbados news.

Daily News Sources

[NationNews Barbados](#)
[Loop News Barbados](#)

COVID-19 Protocols

[COVID-19 Government Protocols and Regulations](#)
[Barbados Travel Entry Requirement Updates](#)

West Coast Taxi

West Coast Taxi Service

All taxi arrangements are made **directly by guests**. Here's the company we recommend, but it's probably easier to flag a taxi along the coastal road or in the parking lots of Sunset Crest Plaza, Just Grilling or Massy Supermarket.

West Coast Taxi Company

Arrange a taxi by sending a **Whatsapp** message to the local West Coast Taxi Company. Their preferred method of contact is Whatsapp, click here to [launch your message](#).

If this seems too slow or complicated, please walk to the parking lots mentioned above where you'll typically find several taxis waiting for fares.

Negotiate a Fair Rate

Always negotiate a price ahead of your ride. A good frame of reference is that it's typically **US60/BBD120** from Holetown to the airport (**26km**).

Taxis accept both US dollars and Barbados dollars.

Getting Around in Barbados

Airport Taxi

It's not necessary to plan your transportation ahead of arrival. Taxis are readily available at the airport on arrival in Barbados. A fair taxi rate from the airport to our accommodations is approximately **US\$50/BBD100** which could increase during winter season based on demand. This is just a guideline.

Remember to have your taxi directions handy for your driver. **Taxis here don't use GPS** so a street number and address isn't sufficient to guide your driver. Please see [Checking In](#) for old-fashioned directions to quote to your driver.

Walking around



Holetown is a very safe area to walk around during the day or to stroll around in the evening. In fact, most of our guests choose to explore the area by foot and where necessary, by bus or taxi.

The locals really value your visit to the island, which we rely upon as the country's main industry. In fact, you'll find locals are more than happy to point you in the right direction around Holetown.

Use the **Map** section to view an interactive list of our favorite beaches, restaurants and shops in Holetown, and a handy reference of where you're staying.

Taking the bus



It's quite easy to get around Barbados by public transport as there is a well established public transportation with several bus stops within steps of your accommodation, on the main highway in Holetown. Look for yellow buses with marked destinations.

The standard bus fare in Barbados is **BDS\$3.50**. This is the equivalent of US\$1.75, but use local currency; **no foreign coins are accepted** on the Transport Board buses.

Beach Towels

Beach Towels



Guests should pack or purchase their own beach towels for outdoor use. If you forget to bring your towels, there are plenty of options within a five-minute walk. *Our bathroom towels can't leave the apartment.*

Borrow from our Office

Guests can sign out beach towels from our office. However, it's best to bring or purchase your own, as our towels are imported and more expensive to replace if lost or damaged.

Purchase from Shops

US\$12.50 (BBD\$25) and up

You can purchase beach towels from the many local duty-free shops within walking distance from the studios.

- [Cave Shephard Duty-Free Gifts](#) (170m)
- [The Chattel Village Ganzee Duty-Free Shop](#) (400m)
- [Limegrove Lifestyle Centre](#) (850m)

Bring a **copy of your passport** and your return flight number for duty-free pricing in most shops around Holetown.

Purchase from our office

US20/BBD40

We sometimes carry the towels pictured above for sale in our office. These have been washed/sterilized and packaged so they're ready for use. Send us a note if you'd like to purchase these towels.

Borrow From Our Office

Beach towels are costly to replace. If available, guests can sign out one beach towel each by agreeing to its replacement value if lost or damaged during the stay. Please contact us for this option. The replacement value of our house beach towels is **US\$30** each, much higher than purchasing an option above.

Beach Club Towel Rule

Guests using our [Beach Club Membership](#) must bring a beach towel **long enough to cover the entire sun lounger (7 feet)**. This policy is to protect the loungers from sunscreen damage.

About the Beach Club Membership

Beach Club Membership

About the Beach Club Membership

Your stay with us includes **complimentary access** to our Beach Club Membership. The Beach Club is a beautiful ocean-front pool with lounge chairs, changing rooms, exterior shower and beach and boardwalk access. Take a minute to review our special walk-through video above and read the important information below to ensure your smooth access to the Club.

The Beach Club is a private, members-only club. As members, we have permission to extend our privileges to you, the guests in our home. We expect guests to be courteous to staff and follow the rules at all times. *Your complimentary membership will be revoked if we receive any complaints from the Club.*

Beach Club Access Card and Towel Policy

Please read this carefully before heading out to the Beach Club. Make sure you have your access card and 7' beach towels.

An access card is needed to open the gate to the private Beach Club. Your access card is **attached to the master key chain** in your room. Please **leave it attached** as guests sometimes leave the island with the card in their wallet. The replacement fee for a club card is immediate, and **US100**.

Pack an oversized beach towel for each guest. The club requires that loungers be **fully covered with towels** (skin can't touch the lounger). Towels can be purchased in our office (pre-washed) or from the Chattel Village or Duty Free Shop, starting at US12.50 (BBD25).

Location and Hours

The Beach Club is open **seven days a week** and on most holidays, from **8am** up to **6pm**. The club can close earlier during slow season (June to November). Check the Club Bulletin Board at the entrance for current hours and upcoming closures. *We extend our membership to our guests **free of charge**; therefore, no refunds for closures.*

The Beach Club is located a short walk away. The club is attached to **Paul Owens at the Beach House** (a nice restaurant). From the outside, the Beach Club has two blue doors with card access (see our video above for a demonstration of how to open the gate). That's because this is a private club not open to the public. If there's an issue with your card, knock on the gates or enter through the restaurant. Glitches happen, please be patient and notify us technical issues.

Restaurant and Bar

The [Paul Owens](#) restaurant may offer poolside food and beverage service at their discretion. Hours vary based on the season, but they're typically open after 12pm. Please check their website for a full menu, prices and current hours.

Indoor and Outdoor Showers

The Club has beautiful and clean indoor shower facilities and an outdoor shower. Please use these facilities to rinse off sand prior to returning to your room. Removal of sand isn't included in our cleaning fee, so let's do our best to keep it outside.

Rules to Follow at the Club

- No lifeguard on duty, swim at your own risk.
- No diving allowed.
- Towels must cover the entire lounge.
- No floaties allowed in the pool for users over age 6.
- Shower before entering the pool.
- Always swim with a buddy.
- Children under 12 must be accompanied by an adult.
- No running around the pool area, mind your children.
- No use while under the influence of alcohol or drugs.
- No use by anyone who is ill or possibly contagious.
- Unattended personal items are removed after one hour.
- Food and drink are not permitted in the pool.
- No glass containers are allowed on the pool deck.
- Diapers must have a protective garment.
- Diapers must be changed in change rooms only.
- The club (and we) are not responsible for your valuables.

Terms of Use

By using our **complimentary** Beach Club Membership, you release us, your hosts, of any responsibility related to your experience of Club facilities, including the loss, damage or theft of your property.

The Club can close for renovations or by government order at any time. The membership is provided free of charge. There are no refunds for partial or full closures of the Club, as these are outside of our control.

For concerns regarding the Beach Club facilities, please visit their office beside the pool. For questions regarding the restaurant, please contact Paul Owens at the Beach House.

COVID-19 Update (Winter 2022)

The Beach Club may limit the number of guests in the Club and in the pool to allow for social distancing.

Additional details about this place are available in the digital version of this guide.

New! Starbucks in Massy Lobby

Starbucks Holetown

Just opened **January 2023** in the lobby of the Massy Holetown Supermarket, a short walk from our studios and cottages.

Additional details about this place are available in the digital version of this guide.

Our Favourite Restaurants

Please Read

Dear guests,

Here's our host insider tips for dining on the West coast of Barbados in 2023:

- These are our favourites and we've limited our list to the West coast.
- All are either walking distance or a short car or taxi ride away (see [Private Rides \(\\$\)](#))
- Listed in order of our top favourites (we update this list regularly as new restaurant open)
- Check menus and prices online before making reservations. The top three are very expensive.
- You will absolutely need reservations to get into any of these places.
- We don't make reservations for guests (unless you're inviting us!)
- Instagram is where restaurants post their updates most frequently.

The Cliff (Car or Taxi)

Most expensive restaurant on the island. We recommend checking menu prices online to make sure it's in the budget.

Additional details about this place are available in the digital version of this guide.

Baia Barbados (Car or Taxi)

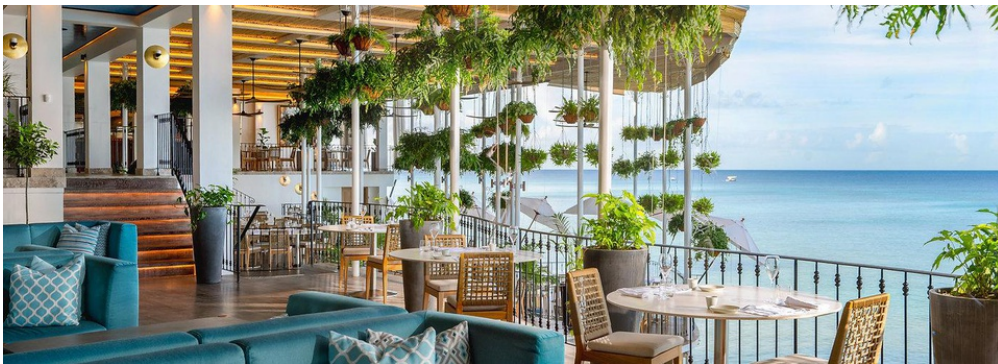
This is currently **the hottest place on the island** as of January 2023. We recommend checking menu prices online to make sure it's in the budget.

Additional details about this place are available in the digital version of this guide.

Calma Beach Club (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Quatro Paci Bistro (Car or Taxi)



This is currently the second hottest place to be in Barbados and just a short ride from our studios and cottages. *We recommend checking menu prices online to make sure it's in the budget.*

Additional details about this place are available in the digital version of this guide.

Local & Co (Car or Taxi)

Additional details about this place are available in the digital version of this guide.

Sea Shed (Car or Taxi)

Additional details about this place are available in the digital version of this guide.

La Cabane (Car or Taxi)

Additional details about this place are available in the digital version of this guide.

The Tides Barbados (Walking Distance)

This is usually where we take our returning guests for lunch. Convenient, beautiful, what more can you ask for!

Additional details about this place are available in the digital version of this guide.

Paul Owens At The Beach House (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Fusion Rooftop (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Nishi Sushi (Walking Distance)

Additional details about this place are available in the digital version of this guide.

The Horny Ram (Walking Distance)



Additional details about this place are available in the digital version of this guide.

The Bearded Rose (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Local Specialties

Local Specialties

Local drinks to try...

- Locally beer such as Banks or Depute
 - *James and Roxanne prefer Depute*
- Local rum and rum punch
 - *James drinks Mount Gay Black Barrel*
- [Sorrel](#) (a Christmas time beverage)
 - *Not our favorite but still a must-try*

Popular local foods to try...

- Pudding and souse (pickled pork)
 - *Traditionally enjoyed on Saturdays, available in "lean" or "fatty"*
- Fried [flying fish](#)
- Fried chicken, such as [Chefette](#)
 - *There's no McDonald's here, Chefette is the go-to fast food*
- [Saltfish](#) Buljol
 - *Picture tuna salad on crackers, but with saltfish*
- Pepperpot (a local spicy and sweet beef stew)
- Cutters (sandwiches) with ham or fried [flying fish](#)
- [Fishcakes](#) (like a fish doughnut hole)
- Roti with beef, chicken and potatoes (or vegetarian)

Delicious sides to try...

- [Macaroni pie](#) (the national dish)
- [Cou-Cou](#) (a mash of cornmeal and okra)
- Fried [Plantain](#)
- [Breadfruit](#) grilled or fried

We're also famous for....

- [Bajan pepper sauce](#)
- Bajan rum cake (sold in most shops)

Coffee Shops

Starbucks Holetown

New in 2023! In the lobby of the local Massy supermarket.

Additional details about this place are available in the digital version of this guide.

Buzz Box Health Bar

Additional details about this place are available in the digital version of this guide.

Always Summer

Additional details about this place are available in the digital version of this guide.

Breakfast & Brunch

Bean & Bagel (Nearest)

Additional details about this place are available in the digital version of this guide.

Cafe Bar Carizma (Open Air)

Additional details about this place are available in the digital version of this guide.

The Orange Street Grocer (Speightstown)



Additional details about this place are available in the digital version of this guide.

La Baguette French Bakery



La Baguette French Bakery now has a pop-up stand at [Paul Owens at The Beach House](#) (next to our Beach Club) on the following days:

Wednesday to Saturday - 8am-1:30pm

Sunday: 8am-12pm

Additional details about this place are available in the digital version of this guide.

Bars & Nightlife

Holetown Sunday Street Party



A stay in Holetown isn't complete without a Sunday night at the **Holetown Street Party**. Don't be surprised if you run into us, or our staff! There is no one spot for this event, it's a weekly street festival of live music, bars and street karaoke, sure to make you feel part of the local pulse without the tourist debauchery of *The Gap*. These small streets are located right across from the [Limegrove Lifestyle Centre](#). Immerse yourself in Bajan West Coast culture, song and drink, then stroll back to your studio humming "One love.... one life...."

La Cabane (Car or Taxi)

Additional details about this place are available in the digital version of this guide.

Quatro Paci Bistro (Car or Taxi)



Additional details about this place are available in the digital version of this guide.

Fusion Rooftop (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Red Door Lounge (Walking Distance)

Additional details about this place are available in the digital version of this guide.

The Mews (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Surfside Beach Front Bar (Walking Distance)

Additional details about this place are available in the digital version of this guide.

Zaccios | Ocean Front (Walking Distance)

Additional details about this place are available in the digital version of this guide.

The Bearded Rose Barbados

Additional details about this place are available in the digital version of this guide.

Entertainment & Activities

Animal Flower Cave & Restaurant

Additional details about this place are available in the digital version of this guide.

Horse Ride Boardwalk Holetown



You can arrange for a beautiful morning horse back riding session right in our neighbourhood with [Steve's Stables](#). He may even pick you up with your horse from our front door!

Silver Moon Catamaran (Luxury)

This is the one we prefer and take friends on when they visit.

Additional details about this place are available in the digital version of this guide.

Cool Runnings Catamaran (Basic)



St. Nicholas Abbey and Steam Railway

Additional details about this place are available in the digital version of this guide.

Oistins Friday Night Fish Fry



On Friday night particularly, the big thing to do is go to the fish fry at Oistins Bay Gardens. The food is the main draw - excellent fish, (tuna, swordfish, marlin, mahi-mahi, flying fish), lobster, chicken and more served in an extremely informal setting. You can get your fish grilled or fried depending on which vendor you choose from. It's all cooked on the spot in front of you.

A plate of fish (and there's plenty fish on it) and a beer will cost you about BBD30/USD15.

Arrange a taxi to take you to Oistins in the parking lot of the local [Massy Supermarket](#). You can expect to pay around BBD60/USD30 for a ride to the fish fry.

We suggest splitting the rides with fellow guests since most visitors spend Friday nights here!

Scuba Diving Academy



The nearest scuba diving academy we recommend is [High Tides Water Sports](#) which is a 25-minute walking distance from our apartments at Coral Reef Club Hotel. This is where our friends learn to scuba dive on their trips to Barbados.

Banks Beer Brewery Tour

Additional details about this place are available in the digital version of this guide.

Barbados Wildlife Reserve

Additional details about this place are available in the digital version of this guide.

The Boatyard Club

Additional details about this place are available in the digital version of this guide.

Harbour Lights Barbados

Additional details about this place are available in the digital version of this guide.

Mount Gay Rum Tours



Visit the original landscape and buildings where it all began, back in 1703. These [Historic Distillery Tours](#) take you through Mount Gay's fully-operational rum making headquarters. Steeped in over 300 years of heritage and expertise, the experiences are tales to be told forever and a rum-lover's paradise. This is the heart of Mount Gay. This is more than a rum.

Harrison's Cave

Additional details about this place are available in the digital version of this guide.

Shopping Concierge

Shopping Concierge



For personal shopping, errands and courier services, we recommend [Shopping Concierge](#) (@shoppingconciergebb on Instagram). This is the company we use to run some of our business errands. You can reach them on WhatsApp by [clicking here](#). Online payments are arranged directly between guests and Shopping Concierge.

Spas and Wellness

Singita Wellness



Additional details about this place are available in the digital version of this guide.

Coral Reef Club



Additional details about this place are available in the digital version of this guide.

Body Magic Day Spa, Barbados

Additional details about this place are available in the digital version of this guide.

Gym and Yoga

Level Up (Gym)



The nearest gym is [Level Up Barbados](#).

Note: This information is provided as a courtesy, we have no affiliation or discounts, we don't coordinate access or payments on behalf of guests.

Additional details about this place are available in the digital version of this guide.

Sunshine Kula Yoga Studio



The nearest yoga studio is [Sunshine Kula Yoga Studio](#).

Note: *This information is provided as a courtesy, we have no affiliation or discounts, we don't coordinate access or payments on behalf of guests.*

Which Currency is Best

BBD vs. USD

The best currency to take to Barbados is the **Bajan dollar** (BBD). American dollars are accepted almost everywhere (except for the city bus) and your change will be always be returned in Bajan dollars.

\$1 Bajan dollar equals \$0.50 United States Dollar.

You can withdraw Bajan dollars from any of the local ATM machines, though we recommend First Caribbean Bank, a few meters from your door.

Closest Banks and ATMs

First Caribbean Bank

Additional details about this place are available in the digital version of this guide.

Republic Bank

Additional details about this place are available in the digital version of this guide.

Royal Bank

Additional details about this place are available in the digital version of this guide.

Tipping Culture in Barbados

How to Tip in Barbados

A **service charge** of between 10–15 percent is typically added to your bill at restaurants. Any additional tipping is at your discretion and should reflect the quality of the service you received. Tipping is always appreciated and the standard rate of tipping in Barbados is around 10%.

How to Save on Food

How to Save on Food



Research and Set a Budget

The best way to save on restaurants and the supermarket is to do a bit of **planning ahead** of your stay in Barbados.

1. Check restaurant menus and prices online (see [Dinner Restaurants](#))
2. Check our local supermarket's website for an idea of prices ([Massy Holetown](#))
 - Consider making a practice shopping card for an idea of prices

Avoid the Tipping Trap

A **Service Charge** (gratuity) of 10% or more is added to most restaurant and bar bills so please look for this charge and tip accordingly. It will **never be mentioned** to you that a tip has been included on your bill but it will appear under **Service Charge**.

Buy Local Food and Drinks

- Buy from roadside produce stands
 - *Coconut water, local fruit and vegetables are cheaper roadside*
- Drink local beer and rum during your stay (the rest is imported and expensive)
 - *We recommend Depute Beer and Mount Gay Rum*

Shop Where Locals Shop

- Local residents shop at [Jordan's](#) (4km) or [Cost-U-Less](#) (6km)
 - *Massy Hometown is convenient but expensive*

Eat Where Locals Eat

- *Try street food (white vans parked roadside) van for the most authentic Bajan food at affordable prices (we recommend sandwiches or "cutters", as we call them)*

Make Meals and Snacks at Home

- Enjoy some meals and snacks at home
 - *The average English Breakfast costs BBD40(US20)*
- Pack a beach cooler with drinks and snacks
 - *Sign out a cooler from our office for a small cleaning fee*
- Pack some coffee and/or tea and a travel mug
 - These are 300% more at our supermarkets
 - The few good coffee shops are very expensive
- Buy local bread rather than imported name-brand breads
 - The difference in price can be up to US10
- Pack some nut butter
 - A small jar of almond butter is US12 at our local supermarket

Traps to Avoid in Barbados

Avoid Tourist Prices



Negotiate Fares with Taxis

Negotiate a fair fare with taxis ahead of your journey. As a great point of reference, a taxi from Hometown to Grantley Adams is about BBD120 for a 25km journey. Check the distance online and try and negotiate a rate of about BBD5 per kilometer (for example, from Hometown to Speightstown would be about BBD30).

Souvenir Shops

Whether you're in Hometown or at Grantley Adams Airport, we recommend avoiding souvenir shops with overpriced products that are often made in China. When shopping these stores, make sure the item is made in Barbados and see if it's cheaper to purchase it directly from the vendor (for example, [EarthWorks](#) pottery). The best place to purchase authentic souvenirs made in

Barbados is at [Piece of Barbados](#), steps from our studios and a short walk from our cottages. Here, you can guarantee items were indeed handmade in Barbados.

Beach Vendors (Towels, Necklaces, Trinkets, etc.)

Don't fall for beach vendors who claim to have "hand made" items that are actually mass-manufactured for souvenir shops such as little bracelets. We especially recommend avoiding "massages" on the beach or purchasing beers from men with coolers. Again, the best place to purchase authentic souvenirs made in Barbados is at [Piece of Barbados](#), steps from our studios and a short walk from our cottages. Here, you can guarantee items were indeed handmade in Barbados.

Sea Salt Studios on Spotify

Sea Salt Studios on Spotify

Want a truly authentic experience of our island? Start with the right beats! Click below to launch our [Sea Salt Studios Playlist](#) on **Spotify** with over **fifty hours** of chill and "soca" beats for your trip to Barbados. Don't have Spotify? [Download it here](#).



Wildlife on Property

Mosquitos

The neighbourhood is regularly fogged for mosquitos. Here's what you can do to stay comfortable during your stay:

- Bring premium repellents;
- Bring Tea Tree Oil or other after-bite;
- Close windows at 4pm or before dinner.

Mosquitos are attracted to black clothing, black shoes and black keyboards.

The Green Lizard

Chances are you will see lizards on your walls. That is ground-floor living in Barbados. These tiny creatures are important to our ecosystem. They eat mosquitos so we welcome their presence and never kill them. In fact, they are known on the island as a sign of fertility. Respect the lizard!

The Green Monkeys

We have large mango trees on our properties which means you'll likely see monkeys during your stay with us. Please watch and photograph from a respectful distance of at least ten (10) feet. While they're not known to be dangerous, it's best not to interfere with their commute.

The Tree Frog

In the evening, you'll hear some very loud "crickets". These are actually very tiny **tree frogs**, measuring about one centimeter and unique to the island. In fact, some of our guests report the sound of a "**car alarm**" if these frogs get into their space. It's all part of island life and will soon become tropical white noise. Contact us if you need complimentary **ear plugs**.

Stay in Touch

Follow us on Instagram

Follow us on Instagram [@sea_salt_studios](#) and please tag us in your pictures! We use Instagram to feature what we're up to in Holetown including new restaurants, upcoming events, bank holidays, we even feature our little family and dogs and general "island life".

About James and Roxanne

About Our Team

About James and Roxanne

We're the couple at the core of your experience and pull all of the strings that make it happen. That means employing a small team of passionate locals to help us craft this unique holiday experience. Here's a little about us.

James was born in Barbados but attended boarding school in England. Following that, he had a scholarship at [East Tennessee State University](#) where he also graduated with a B.A. in Marketing. James travels the world representing Barbados in golf championships and is known as the best golfer on the island. He's also known as the nicest guy around so you're in safe hands with us! James has many ties on the island so chances are if you meet a local they'll have some kind of connection to him or the Johnsons in general.

Roxanne is French Canadian and an award-winning pastry chef and social worker. Her cakes were featured in dozens of magazines and on television, including Elle, Real Simple, Fashion Magazine and Property Brothers (twice!) She's also earned awards for her community work with at-risk youth including the Heart and Spirit Award, Ontario Service Award and Etobicoke Children's Centre award.

Roxanne met James on one of her trips to Barbados to visit her sister who lives on the island with her husband and children. A mutual friend set them up on a "blind date" and it was a perfect match. The same friend, a local realtor, later sold them the site of **Sea Salt Studios** (small world).

When Roxanne first moved to the island to be with James, she couldn't work legally so James gave her a property to AirBnb. They were both new to hosting and that was four years ago. The one property grew into nine that are now branded, [Sea Salt Studios & Cottages](#).

Roxanne and James live beside a golf course a couple minutes up the road from Sea Salt Studios & Cottages. If you're staying longer than a week you'll likely run into them (or even get an invitation for a drink at their Caribbean

house). They have a toddler, Ralphie, named after his late grandfather, Ralph “Bruggadung” Johnson, a local legend known for his generosity, sports and sailing initiatives on the island. They also have two rescue dogs, Birdie and Bullet, who are often featured on [Sea Salt's Instagram Stories](#).

Our Team

We employ a very small team of passionate locals and have spent two years building up their skills and experience. Through that process, they've become family to us and often become local friends to our guests. You may come across our team members while staying with us. If anyone makes your stay extra special, please mention it in your review so we can reward them!

Items to Borrow or Rent

Hobs, Pots, Pans, Blenders (STUDIOS ONLY)



For longer stays, you may want to borrow or rent certain items (inquire for availability and fees). ***Credit card deposits are required for items that are easily lost, such as umbrellas and portable electronics.***

- Blender
- Slow Cooker
- Electric Burner (Small Hob)
- Pot, Pan, Colander
- Countertop Ice Machine
- Fresh Fruit Juicer
- Kitchen Gadgets (Citrus Press, etc.)
- Yoga Mats
- Beach Coolers or back packs
- Beach Bags
- Portable Insulated Lunch Bags

To keep rates low, we keep items in storage and allow guests to sign them out if needed with a small sanitation fee and in some cases, a credit card pre-approval for the replacement value. Please note that when it comes to these

expensive non-essentials, guests are completely responsible for their mindful care and returning them in the **exact same condition**.

These services can be coordinated through our office **after your arrival**. [Send us a note](#) to inquire about available items. *Nearly any additional item can be rented (extension chords, chargers, kindle readers, just ask!)*

Grill Access (STUDIOS ONLY)

BBQ/Grill Access



Our studios have a **Gas Grill** and a **Charcoal Grill** available for use during your stay located in the guest gazebo at the back of the property.

What to Grill

The brand new **Clifton Market** in [Limegrove](#) (which is like the *Wholefoods* of Barbados) sells the highest quality meats and proteins on the island (vegan choices too). We're also located very close to [Paynes Bay](#) fish market where locals go to get *fresh caught fish*. *Note that you'll need foil to grill fish (ask us for samples ahead of time).*

How to Reserve The Grill

[Send us a note](#) at least one business day ahead of time. A small **gratuity** applies for Anthony who will ensure it's ready for you and *scrub and sanitise* it afterwards (health and safety protocol). The gratuity is **BBD10** unless you also need a tutorial; in which case, we ask that you tip him **BBD20** for both the cleaning and tutorial.

Pre-Order Wines

Order Wines



This has been very popular in 2023!

If you're a wine lover, consider ordering your wines in advance. Barbados is a **rum** and **beer** drinking culture so you won't find **good wines** at the local supermarket or gas station. [Trident Wines](http://www.tridentwines.com) has a lovely catalogue of fine wines and deliver for free over a certain amount (this is where we order wines for our personal needs).

www.tridentwines.com

This is arranged directly between you and Trident Wines (we don't accept any deliveries that aren't paid in full, and they accept payment over WhatsApp.) Please use the name of **the guest on the reservation** so we can identify who the box belongs to, and use our **office address** for delivery regardless of which studio or cottage you're staying in:

Sea Salt Studios Office

229 Flamboyant Avenue

St. James, Holetown

Your Reservation Name

Your Studio or Cottage

Your WhatsApp Number

Add this delivery note: *Ring the video doorbell on arrival and indicate the name of the guest and their unit number (otherwise will be turned away). If the guest isn't home, we'll provide the **code for a delivery locker** in our back garden.*

Note: For safety reasons, we only provide **acrylic** wine and drinking glasses in our studios.

Additional details about this place are available in the digital version of this guide.

What to Expect

When is Storm Season?

Low Season (June to early November)

Guests can expect hot sunny days and tropical rain showers in the summer months, especially during the **storm season** which typically runs June to November. This doesn't make it a bad time to come; in fact, many guests appreciate the quiet and low prices.

Storm Season in Barbados (June to November)

Most storms occur from August to late October. If you're visiting Barbados during the storm season the odds are still excellent that you'll have a storm-free vacation. Due to our geographical location outside of the hurricane belt, Barbados typically experiences tropical depressions or storms which then gain strength and become hurricanes as they travel up the belt.

What to Expect During Storm Season

- Closures of some businesses for renovations;
- Intermittent closures of our Beach Club for repairs;
- Hot and humid weather (over 30°C / 86°F);
- Some overcast periods during the day;
- Scattered showers mixed with sunny periods;
- Short power outages during rainstorms;
- Heavier presence of mosquitos and flies.

Generally the least expensive time to visit Barbados and our apartments due to these real possibilities.

Packing for Storm Season

How to Pack for Storm Season

- Compact umbrellas and water ponchos;
- Plenty of mosquito repellant with deet;
 - *Note: black and darker clothing and shoes attract mosquitos*
- Portable cell phone power bank in case of power outage;
- Loose, light and breathable clothing.

Mosquito Management

Mosquito Management at our Villa and Cottage

Our villa and cottage feature open-air designs with French doors. During storm season, guests will need to pack **plenty of mosquito repellant**. As islanders, we start our mornings and evenings by spraying our legs, and guests must know that this is simply **#islandlife**. The presence of mosquitos is not unique to the home, to Holetown, to the West coast, it is a **Caribbean-wide reality during storm season**.

To prevent mosquitos and flies:

- Spray yourself in the morning and early evening;
- Keep your bedroom door and windows closed at all times;
- Avoid dark-colored clothing, hats and masks;
- Do not leave wet dishes or water in the sink.

You can expect mosquitos to strike under restaurant tables and inside rental cars or buses, it's best to carry a mosquito repellant with you at all times.

Power and Water Outages

Power and Wi-Fi outages are part of island life during storm season. Prices are lower during storm season to account for these occasional inconveniences.

Luckily, due to the heavy volume of visitors in Holetown, this area is usually prioritized by the Barbados Light and Power Company; therefore, your power will be restored before others on the island.

During an outage, you won't have access to WIFI and in some cases, running water. In these cases, here's what to do:

- Activate the LED lantern or candles;
- If you have phone data and power, follow [Barbados Light and Power Company](#) for updates;
- Keep refrigerator door closed. If outage lasts more than four hours, we'll try and arrange a cooler and ice for your perishables.

COVID Cancellations & Travel Insurance

COVID-19 & Travel Insurance

What's the COVID-19 status in Barbados?

Restrictions have been lifted in Barbados. However, for up-to-date information on COVID-19 restrictions in Barbados, follow the [Barbados Government Information Service](#) on Facebook and [Instagram](#). During the pandemic, you'll want to follow them closely both before arrival and during your stay as we know things can change.

Will I Get a Refund If I Can't Travel Due to Covid?

Covid-related cancellations are no longer covered by AirBnb and our direct booking website, as the foreseeable risk is too great. Please purchase travel insurance with Covid-19 coverage.

Purchase Travel Insurance

Please consider purchasing travel insurance for your stay as this will be your fallback should you suffer any travel disruptions. We recommend [World Nomads](#)™ for global travelers, or [Staysure](#)™ for UK residents.

What's Your Cancellation Policy?

Cancellation Policy

Our policy is strict and travel insurance is the only way to protect yourself against costly trip interruptions. Our cancellation policy ensures we can reserve our place for you while declining all other opportunities.

The cancellation policy ensures we'll both take the booking seriously.

Can I Change My Dates To Later?

A change of dates is *sometimes* possible if it's to arrive **a day or two earlier, or later**, if the dates are available. A change of dates to another week, month or year is a cancellation.

Netflix & FireStick™

Entertainment Options

All of our televisions are programmed with guest **Netflix** accounts named after each studio or cottage. Please select your studio or cottage and refrain from logging out as it would cause an inconvenience to our next guests (*or, they'll be using your account!*)

*There's no Caribbean Cable TV in our modern studios and cottages. [Surfside](#) and [Zacchios](#) are the best places in Holetown to watch live streaming **sports events**. For [Local News Barbados](#), please visit that section of our guide.*

TV Remote Instructions

Lost and Found

Lost and Found (2023)



Below are objects that our housekeepers have found in **2023**. To claim the item, send us a note with the dates of your trip and in which unit we would have found it, for verification. *We'll hold these for up to **three months** before donating them to local shelters.*

April 2023

- Ladies Sunglasses Large Brown Frame
- iPhone Rose Gold (guest name is on file)

Sea Salt Souvenirs

Sea Salt Souvenirs

Introducing Our Handmade Creations

Every item in our collection is lovingly crafted by our skilled team. Our talented staff learns new skills in baking and crafting during quiet periods. Each piece is a true labor of love. From intricate details to flawless finishing touches, every step of the design and packaging process is a team effort at **Sea Salt Studios**.

Support Our Staff and Community

By purchasing our handcrafted treasures, you become a part of our **#dreamteam**. You help us keep our valuable team employed year-round, enabling us to provide livelihoods even during our off-peak season. With each purchase, you make a positive impact on both our team and the local community.

Where and How to Purchase

Our staff creations are featured in our small office at **Sea Salt Studios**, 229 Flamboyant Avenue (for those staying in cottage or the Monkey Studio, please check the location pin below for directions to our office). Our office is open by appointment and staff would be more than happy to give you a tour of our shelf of creations. You can also browse our [Instagram @sea_salt_studios](#) to see our latest creations and inquire directly about stock.

Capture the Essence of Barbados

Indulge in the charm of Barbados with our unique collection. From intricately designed souvenirs to delightful gifts inspired by our island's rich culture, each piece carries the warmth and vibrancy that makes Barbados special.