



NOVENA TO THE HOLY SPIRIT

Life In the Spirit Version - 2026

EACCR Ministries, Columbus Catholic Diocese

Theme | Infusion | Consecration | Litany
D1 D2 D3 D4 D5 D6 D7 D8 D9

2026 Theme: Healing of the Spirit Man (Inner Healing)

Reflection:

“Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.” (John 14:27, NASB)

The essence of Inner Healing by the Holy Spirit is the deep restoration of the 'Spirit Man.' While the world offers temporary distractions and superficial comfort, the Holy Spirit offers True Peace—the Biblical Shalom that signifies wholeness and completeness. This year, we invite the Spirit of Peace to touch the hidden chambers of our hearts, healing

wounds of the past, anxieties of the present, and fears of the future. By His divine touch, we are not just comforted but transformed, becoming resilient vessels of His grace.

~Br. Bryan B Bezeazu-uh



The Pentecost Experience: Infusion Fellowship

To conclude the "Life in the Spirit" Novena to the Holy Spirit, the last day (Day 9) is optionally melded into a Pentecost Prayer Experience also known as Infusion or Baptism of the Holy Spirit Fellowship. The Infusion Fellowship can be scheduled on a later day as convenient to the organizers. This year, we would be having the Infusion Fellowship. Contact the EACCR Leadership for details.

This is a coordinated and intensive worship session during which participants who have prayerfully completed the novena and are fervently eager to receive and manifest the gifts of the Holy Spirit are being led into Prayer for Outpouring. While being led to surrender fully to the will of God in meditation and worship, commissioned leaders pray and lay hands over the expectant worshipers, invoking the Holy Spirit upon them.

The Impartation of the Holy Spirit: Anointed and Empowered!

The above subject may sound "unorthodox" to many, but you really don't want to miss this experience! The impartation of the Holy Spirit is a truly profound and life-changing encounter! It's that supernatural moment when The Holy Spirit engulfs the 'expectant' believer and brings to life supernatural gifts, deep revelation, and a powerful sense of personal calling manifested through an irresistible prompting to love and serve the Lord and His Church. By faith through the laying on of hands or by mere desire worshipers receive an impartation from a spiritually gifted minister. We must remind participants that this is neither a Sacrament, nor does it replace or is intended to mimic the sacrament of Confirmation!

How does this happen? Based on the Sacred scriptures those who believe and yearn for the Holy Spirit may receive an impartation through the powerful laying on of hands, fervent prayer, prophetic declaration, or the vibrant teaching (hearing and believing) of God's Living Word!

When the worshiper is imparted by the Holy Spirit, it's not just a nice feeling, it unleashes spiritual life, divine guidance, incredible comfort, explosive power, and the glorious, tangible manifestation of God's very presence! This isn't just for the Sabbath, it's what guides our daily decisions and shapes our deepest convictions as authoritative believers.

When you look at the early church, you would notice how radically transformed the believers were from the inside out and empowered for a new and exciting life. They received the baptism of the Holy Spirit on the Day of Pentecost, and it kept flowing, a continuous experience through prayer, exhortation and the laying on of hands.

Act of Consecration to the Holy Spirit

On my knees before the great multitude of heavenly witnesses, I offer myself soul and body to Thee, Eternal Spirit of God. I adore the brightness of Thy purity, the unerring keenness of Thy justice, and the might of Thy love. Thou art the Strength and Light of my soul. In Thee I live and move and am. I desire never to grieve Thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against Thee. Mercifully guard my every thought and grant that I may always watch for Thy light and listen to Thy voice and follow Thy gracious inspirations. I cling to Thee and give myself to Thee and ask Thee by Thy compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore Thee Adorable Spirit, helper of my infirmity, so to keep me in Thy grace that I may never sin against Thee. Give me grace O Holy Spirit, Spirit of the Father and the Son, to say to Thee always and everywhere, Speak Lord, for Thy servant heareth. Amen.

Prayer for the Gifts of the Holy Spirit (Days 1 & 9 ONLY)

Holy Spirit, divine Consoler, I adore You as my true God, with God the Father and God the Son. I adore You and unite myself to the adoration You receive from the angels and saints. I give You my heart and I offer my ardent thanksgiving for all the grace which You never cease to bestow on me. O Giver of all supernatural gifts, who filled the soul of the Blessed Virgin Mary, Mother of God, with such immense favors, I beg You to visit me with Your grace and Your love and to grant me the gift of holy fear, so that it may act on me as a check to prevent me from falling back into my past sins, for which I beg pardon. Grant me the gift of piety... Grant me the gift of knowledge... Grant me the gift of fortitude... Grant me the gift of counsel... Grant me the gift of understanding... Grant me the gift of wisdom, so that I may rightly direct all my actions, referring them to God as my last end; so that, having loved Him and served Him in this life, I may have the happiness of possessing Him eternally in the next. Amen.

Prayer for the Indwelling of the Spirit

Holy Spirit, powerful Consoler, sacred Bond of the Father and the Son, Hope of the afflicted, descend into my heart and establish in it your loving dominion. Enkindle in my tepid soul the fire of your Love so that I may be wholly subject to you. We believe that when you dwell in us, you also prepare a dwelling for the Father and the Son. Deign, therefore, to come to me, Consoler of abandoned souls, and Protector of the needy. Help the afflicted, strengthen the weak, and support the wavering. Come and purify me. Let no evil desire take possession of me. You love the humble and resist the proud. Come to me, glory of the living, and hope of the dying. Lead me by your grace that I may always be pleasing to you. Amen.

Prayer for the Seven Gifts of the Holy Spirit (Days 2 - 8)

O Lord Jesus Christ, Who, before ascending into heaven, didst promise to send the Holy Spirit to finish Thy work in the souls of Thy Apostles and Disciples, deign to grant the same Holy Spirit to me, that He may perfect in my soul the work of Thy grace and Thy love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Thy divine truth, the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining Heaven, the Spirit of Fortitude that I may bear my cross with Thee, and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, the Spirit of Fear that I may be filled with a loving reverence towards God, and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Thy true disciples and animate me in all things with Thy Spirit. Amen.

Prayer for Renewal

Come among us as wind and fire and ignite our lives with renewed faith. Help us grow in the life of grace and reflect Your presence in our lives. Give us courage and faith to use our gifts in the service of the church and Your people. Enable our parish, our families, and our

communities to respond to the challenge of the Gospel. Bless the young, support the old, and sustain all those who minister to Your people. Be the wind and fire that brings new life to Your church. Renew the Church and society in Africa, in America, in Europe, and throughout the world. Help us and our leaders to bring unity to all Christians and to work for peace in our world. And open our minds and hearts to Your presence among us. May our prayer help us embrace the call You give us, to be holy people in the service of God and one another. Come, Holy Spirit, fill the hearts of Your faithful. Amen.

Litany of the Holy Spirit

Lord, - have mercy on us.
Christ, - have mercy on us.
Lord, - have mercy on us.
Father all powerful, - have mercy on us.
Jesus, Eternal Son of the Father, Redeemer of the world, - save us.
Spirit of the Father and the Son, boundless life of both, sanctify us.
Holy Trinity, - hear us.
Holy Spirit, Who proceedest from the Father and the Son, enter our hearts.
Holy Spirit, Who art equal to the Father and the Son, enter our hearts.
Promise of God the Father, have mercy on us.
Ray of heavenly light, have mercy on us.
Author of all good, have mercy on us.
Source of heavenly water, have mercy on us.
Consuming fire, have mercy on us.
Ardent charity, have mercy on us.
Spiritual unction, have mercy on us.
Spirit of love and truth, have mercy on us.
Spirit of wisdom and understanding, have mercy on us.
Spirit of counsel and fortitude, have mercy on us.
Spirit of knowledge and piety, have mercy on us.
Spirit of the fear of the Lord, have mercy on us.
Spirit of grace and prayer, have mercy on us.
Spirit of peace and meekness, have mercy on us.
Spirit of modesty and innocence, have mercy on us.
Holy Spirit, the Comforter, have mercy on us.
Holy Spirit, the Sanctifier, have mercy on us.
Holy Spirit, Who governest the Church, have mercy on us.
Gift of God, the Most High, have mercy on us.
Spirit Who fillest the universe, have mercy on us.
Spirit of the adoption of the children of God, have mercy on us.
Holy Spirit, inspire us with horror of sin.
Holy Spirit, come and renew the face of the earth.
Holy Spirit, shed Thy light in our souls.

Holy Spirit, engrave Thy law in our hearts.

Holy Spirit, inflame us with the flame of Thy love.

Holy Spirit, open to us the treasures of Thy graces.

Holy Spirit, teach us to pray well.

Holy Spirit, enlighten us with Thy heavenly inspirations.

Holy Spirit, lead us in the way of salvation.

Holy Spirit, grant us the only necessary knowledge.

Holy Spirit, inspire in us the practice of good.

Holy Spirit, grant us the merits of all virtues.

Holy Spirit, make us persevere in justice.

Holy Spirit, be Thou our everlasting reward.

Lamb of God, Who takest away the sins of the world, Send us Thy Holy Spirit.

Lamb of God, Who takest away the sins of the world, Pour down into our souls the gifts of the Holy Spirit.

Lamb of God, Who takest away the sins of the world, Grant us the Spirit of wisdom and piety.

V. Come, Holy Spirit! Fill the hearts of Thy faithful,

R. And enkindle in them the fire of Thy love.

Amen.

DAY 1

“In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words.” (Romans 8:26, NASB)

Meditation: Repentance and Salvation

Only one thing is important - eternal salvation. Only one thing, therefore, is to be feared - sin. Sin is the result of spiritual ignorance, weakness, and indifference. The Holy Spirit is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily.

Prayer: Almighty and eternal God, Who has permitted to regenerate us by water and the Holy Spirit, and has given us forgiveness of all sins, permit to send forth from heaven upon us your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 2

“Those who fear the Lord will prepare their hearts, and will humble themselves before him. Let us fall into the hands of the Lord, but not into the hands of mortals; for equal to his majesty is his mercy.” (Sirach 2:17-18, NRSV)

Meditation: The Gift of FEAR OF THE LORD

The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God.

Prayer: Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set you, my Lord and God, before my face forever, help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God world without end. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 3

**“Is not your piety your confidence, and the integrity of your ways your hope?”
(Job 4:6, NRSV)**

Meditation: The Gift of PIETY

The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority: His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers, etc. He who is filled with the gift of Piety finds the practice of his faith, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

Prayer: Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 4

“Because of the increase of wickedness, the love of most will grow cold, but the one who stands firm to the end will be saved.” (Matthew 24:12-13, NIV)

Meditation: The Gift of FORTITUDE

By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitation the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation.

Prayer: Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from You, my God and greatest Good. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 5

**“A wise man is strong, And a man of knowledge increases power.”
(Proverbs 24:5, NASB)**

Meditation: The Gift of KNOWLEDGE

The gift of Knowledge enables the soul to evaluate created things at their true worth--in their relation to God. Knowledge unmask the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else.

Prayer: Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Your glory and my own salvation, looking ever beyond them to You, and Your eternal rewards. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 6

“Who is wise? Let them realize these things. Who is discerning? Let them understand. The ways of the LORD are right; the righteous walk in them, but the rebellious stumble in them.” (Hosea 14:9, NIV)

Meditation: The Gift of UNDERSTANDING

Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to walk worthy of God, pleasing Him in all things, and increasing in His knowledge.

Prayer: Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Your Light; and in the light of glory to have a clear vision of You and the Father and the Son. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 7

**“And besides all this, pray to the Most High, that he may direct your way in truth.”
(Sirach 37:15, NRSV)**

Meditation: The Gift of COUNSEL

The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation.

Prayer: Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Your holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Your commandments to that goal of eternal life for which I long. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 8

“For the LORD gives wisdom; From His mouth come knowledge and understanding. He stores up sound wisdom for the upright; He is a shield to those who walk in integrity.” (Proverbs 2:6-7, NASB)

Meditation: The Gift of WISDOM

Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish divine things, in the appreciation of which earthly joys lose their savor, while the Cross of Christ yields a divine sweetness according to the words of the Saviour: "Take up your cross and follow me, for my yoke is sweet and my burden light."

Prayer: Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

Sequence: [Act of Consecration](#) | [Prayer for Seven Gifts](#) | Intercessions | Worship | [Prayer for Indwelling](#) | [Litany](#) | 3x Glory Be.

DAY 9

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.” (Galatians 5:22-23, NASB)

Meditation: The FRUITS OF THE HOLY SPIRIT

The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

Prayer: Come, O Divine Spirit, fill my heart with Your heavenly fruits, Your charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never grow weary in the service of God, but by continued faithful submission to Your inspiration may merit to be united eternally with You in the love of the Father and the Son. Amen.

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