Maggages

Swedish 60 min 90 min

A relaxing massage with long strokes for improved circulation and relief from muscle tension...provides feelings of tranquility and a heightened sense of well-being

Deep Tissue 60 min 90 min

A penetrating massage that addresses tight muscle groups...highly beneficial for physical and mental stress reduction

Therapeutic 60 min 90 min

For those who seek deeper pressure with profound, lasting effects...this powerful full body massage is designed to work on tight, sore and fatigued muscles and joints...for chronic pain and limited range of motion...repairs muscles, releases lactic acid, removes toxins and promotes sleep... A blend of modalities from myofacial, neuromuscular, and trigger point therapy, this massage may include stretching, firm strokes and deep pressure point work...for the athlete, those starting on a fitness journey or the massage connoisseur

Marm Stone 90 min

Experience this unique sensation of ultra smooth stones and therapeutic touch while heat deeply penetrates the muscle and eases you into a complete state of deep relaxation...by combining warm stones and massage, this treatment balances energy through the mind/body connection

Couples 60 min 90 min

Share the bliss of massage therapy as you lay side by side...a soothing treatment for the body and mind... a great way to spend some time together.

Massages
60 min
90 min

Aromatherapy 60 min 90 min

A custom designed anti-stress massage with pure essential oils induces relaxation of the nervous system and beautifies the skin... this light, rhythmic massage will ease tired, tense muscles and calm your mind...please chose your aroma when you book your treatment.

Dre-natal 60 min

This customized massage for moms to be is the ultimate relaxation for the perfectly pregnant...a light, soothing, rhythmic touch will ease both mother and baby...this massage relieves lower back pressure and increases blood circulation in the legs and feet...unwind and reenergize...for those in their 2nd and 3rd trimester

Lensitive Thin 60 min

Sensitive skin need not be afraid of a soothing facial...designed for those with irritated or sensitive complexions... Terramar's specially formulated irritation line incorporates Aloe vera, pantenol, allantoin, Vitamin A and E for their moisturizing, cell regenerative properties. Protecting from free radicals... the benefits of papaya which is anti-inflammatory, while the Green Te Delay the aging process with vitamin C and E... Great for after any laser treatments, chemical peels, surgery or sunburns.

Altraluxe oil Control 60 min

A true antidote against the ravages of modern life cause in your skin. This deep facial cleansing incorporates an innovative enzymatic detoxification and stream that opens the pores, purifying them, and a meticulous extraction process.

Facial

## Anti-Aging 60 mir

Anti-aging treatment that improves the appearance of wrinkles and fine lines o the face and neck, this facial will give a new beginning to the skin.

## Anti-Aging Package 4 sesions

Anti- aging and firming treatment with two types of nutrition (caviar or stem cell). Redraw the facial oval, improves density and maintains hydration. Offers an incredible lifting effect and wakes up a skin more smooth and juicy.

Hold Ons

Increase your facial treatments with out caviar or stem cell mask

Body Hands & Feets
Body Treatments 60 min

Nailea's scrubs are designed to polish away dull, dry skin cells and draw out impurities...enjoy while our experts exfoliate your entire body with one of our luxurious scrubs...following the exfoliation is a moisturizing hydration to nourish, hydrate and reveal your skin's natural glow...a combination to induce relaxation of the nervous system and beautify the skin

Manieure & Dedicure