

# FEBRUARY 2026

## COMMUNITY CONNECTIONS

“WE ARE NOT JUST CAREGIVERS, WE ARE EXTENDED FAMILY. WE SUPPORT OUR CLIENTS, EACH OTHER, AND THE FAMILIES WE SERVE. WE ARE IMPACTING THE WORLD PIECE BY PIECE, LEAVING OUR MARK OF KINDNESS.” - NANA’S HOME HEALTHCARE



### ACTIVITIES DESCRIPTIONS

#### GAME NIGHT

A SOCIAL HOUR FILLED WITH LAUGHTER, & FRIENDLY COMPETITION. NO EXPERIENCE NEEDED – JUST COME AS YOU ARE AND ENJOY THE FUN. PRIZES AND LIGHT REFRESHMENTS SERVED.

#### HEALTH HOUR

A SUPPORTIVE HOUR FOCUSED ON WELLNESS. HELPFUL DISCUSSIONS, LIGHT MOVEMENT AND GROUP WALKS WHEN WEATHER PERMITS.

#### TECH & RESOURCE HELP

NEED HELP WITH YOUR PHONE OR FINDING HELPFUL COMMUNITY RESOURCES?  
GET ONE-ON-ONE ASSISTANCE WITH BASIC TECH QUESTIONS AND HELPFUL TOOLS.  
BRING YOUR QUESTIONS, WE’RE HAPPY TO HELP!

We may cancel due to weather . We will post cancellations on on our social media and contact the Property Manager.

### SENIOR CENTERS

#### \*St. Martin de Porres Community Center (Sazzy Seniors)

2111 Emmet Street, Omaha, NE 68110 | 402-554-0520

Monday–Friday | 9:00 a.m. – 1:00 p.m.

Daily lunch, programs, and activities

#### \*Intercultural Senior Center

5545 Center Street, Omaha, NE 68106 | 402-444-6529

Monday–Friday | 9:00 a.m. – 4:00 p.m.

Daily meals, transportation, classes, activities and outings

### FOOD PANTRIES

\*Intercultural Senior Center -provides food assistance for adults 50+ through local partners. Call 402-444-6529 to request pickup or delivery.

\*Meals on Wheels Home-delivered meals for adults 60+ who need help preparing food. Meals are delivered weekdays. Call 402-444-6536 to learn more or request service.

#### \*Heart Ministry Center-Free grocery-style food pantry.

Shop for fresh foods and pantry items. 2222 Binney St., Omaha |  402-451-2321

Open Tues, Wed & Fri 10am–1pm • Sat 10am–12pm (Drive-Thru) • Senior Day: Tues 10am–1pm

### IN-HOME SUPPORT

\*ENOA- Free, confidential help connecting you to services and supports. Call 402-444-6444 for guidance and resources.

\*Nana’s Home Healthcare- Compassionate care including bathing support, meal preparation, light housekeeping, deep cleaning, errands, pet care transportation and companionship all designed to help clients stay safe and comfortable at home. Call or text 402-218-4600 for more information.

### VOLUNTEER OPPORTUNITIES

\*ENOA- Give back by helping older adults in your community through meaningful volunteer opportunities Call 402-444-6536 to learn how to get involved.

\*Heart Ministry Center-Help support your community! Sign up online or call 402-702-2261.

# CONCORD SQUARE

# FEBRUARY 2026



*Nana's*  
Home Healthcare  
*Kindness Cures All*

A MONTH OF CONNECTION, COMPASSION, AND CARE. FEBRUARY REMINDS US THAT LOVE SHOWS UP IN MANY WAYS. THROUGH FRIENDSHIP, SERVICE, AND SIMPLE KINDNESS. LET'S SHARE WARMTH, SMILES, AND COMMUNITY.

Suggestions or Grievance



| MON   | TUE   | WED  | THU | FRI   | SAT  | SUN |
|---|---|--|-----|---|--|-----|
| Happy Black History Month!  |   |  |     |    |  | 01  |
| 02<br>Groundhog Day<br> | 03  | 04<br>National Soup Day<br>           | 05  | 06<br>Health Hour<br>11:30am - common area<br> | 07   | 08  |
| 09  | 10  | 11<br>National Make a Friend Day<br> | 12  | 13  | 14<br><br><i>Valentines day</i>              | 15  |
| 16  | 17<br>Random Acts of Kindness Day<br>perfect for cards or gratitude notes!                  | 18   | 19  | 20  | 21<br>Game Day!<br>1:00pm - common area<br> | 22  |
| 23  | 24<br> | 25   | 26  | 27<br>                                       | 28   |     |

CONTACT NOLA WITH ANY QUESTIONS AT (402) 218-4600