

BASIC AMERICAN SIGN LANGUAGE SIGNS

SHEET 1 (MAIN SHEET)



YOU



ME



HELP



HELLO



GOODBYE



HUNGRY



STOP



PLEASE



THANK YOU



BATHROOM



WATER



YES



NO



FAMILY



CALL

DIRECTIONS:

You: Point your index finger straight at the person.

Me: Point your index finger to your chest.

Help: Make a thumbs-up with one hand, place it on your other flat hand, and lift both upward.

Hello: Touch your fingers to your forehead in a flat hand shape, then move your hand outward (like a salute).

Goodbye: Wave your hand like you're saying bye.

Hungry: Place your hand in a "C" shape at your chest and move it straight down.

Stop: Hold one hand flat, then bring your other hand down onto it like a chopping motion.

Please: Place your flat hand on your chest and move it in a circle.

Thank you: Place your fingers at your chin and move your hand forward.

Bathroom: Make a fist with your thumb between your index and middle finger, and shake it side to side.

Water: Make a "W" with your fingers and tap your chin.

Yes: Make a fist and nod it up and down (like a head nod).

No: Put your index and middle finger together with your thumb, then tap them shut (like a mouth saying "no").

Family: Make an "okay" sign with both hands (thumb and index finger touch to make a circle, the other three fingers stick up). Touch the circles of both hands together in front of you, then move your hands around in a circle so the pinky fingers touch — it looks like you're showing a group all together.

Call: Hold your hand to your ear like a phone and move it outward.