

# Victòria Vilalta releases her first Catalan single “Va marxar un dilluns” (They left on a Monday)



Song **out** on **Monday**  
the **14th** of **April**!

Presentation **concert**  
**Friday 11th** of **April**  
at **Orfeó** in Olot  
(hometown in Spain)

**Second single** from her  
upcoming **debut**  
studio album  
“**Out Loud Thoughts**”

**LISTEN HERE**



*Victòria Vilalta*



“He Left on a Monday” is an indie song that narrates a process of change. It explains how in a moment when we feel trapped and lost we can take a break to find ourselves again. Through shifting instrumentation and harmony, it describes a process of transformation and recovery.

This track entails Victòria Vilalta's sonic identity, as she presented it in her first EP “Regalar”, but also expands it with recordings in professional studios and collaborations with other musicians. Her new songs were developed during her studies master's degree in Creative Music Production that she has studied in London.

“He left on a Monday expresses the need to breathe in a moment of overwhelming or to break with a feeling of emptiness. It has accompanied me in moments of difficult reflections or stress. I think it is very positive to be able to find this moment to take a breath before moving on. I perceive this song as a continuation of Arriba l'hora.”

