

## Consent Form for Mindfulness Tarot Reading



### Client Information:

Name:

**Purpose of the Reading:** The purpose of this Mindfulness Tarot Reading is to explore guidance, insight, and reflections on personal experiences or questions in a calm, focused, and mindful manner. The reading is designed to promote mindfulness and self-awareness through the symbolism and messages within the tarot cards.

**Consent:** By signing below, you acknowledge and give consent to the tarot reading session, which may involve discussing personal thoughts, emotions, and life experiences. The reading is meant to offer guidance, reflection, and mindfulness, but it is not intended to provide any form of professional mental health support or therapy.

### **Disclaimer:**

1. **Not a Substitute for Professional Help:** The Tarot reading is not a substitute for mental health care, therapy, or professional counseling. If you are experiencing mental health concerns, please consult with a licensed therapist, counselor, or other mental health professional.
2. **Interpretation:** Tarot readings are interpretive and may involve symbolism, intuition, and personal reflection. The insights provided are not definitive predictions or medical advice and should be used as a tool for self-reflection and mindfulness.
3. **Personal Responsibility:** You are responsible for your own decisions and actions following the reading. The reader is not liable for any outcomes or decisions you make based on the reading.
4. **Confidentiality:** All information shared during the reading will be kept confidential, except in cases where disclosure is required by law.

**Voluntary Participation:** Participation in this mindfulness tarot reading is entirely voluntary. You may discontinue the reading at any time, with no penalty or judgment.

**Consent Acknowledgment:** By signing this form, you acknowledge that you have read, understood, and agree to the terms outlined above. You give your consent to participate in the Mindfulness Tarot Reading and understand its purpose and limitations.

Signature of Client:

Date:

Signature of Tarot Reader:

Date:

Client Email:

Client Phone: