

WOMEN WARRIORS



"The battle is the Lord's"

1 Samuel 17:47

"Victory Through Faith: A Study of Women Warriors in the Bible

Lesson One: Called To Battle

Women Armed and Ready in the Spirit Ministry, Inc.

Compiled By Carlene Pierce

"For though we walk in the flesh, we do not war according to the flesh"
2 Corinthians 10:3

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Unless otherwise indicated all Scripture quotations are taken from the New King James Version of the Bible.



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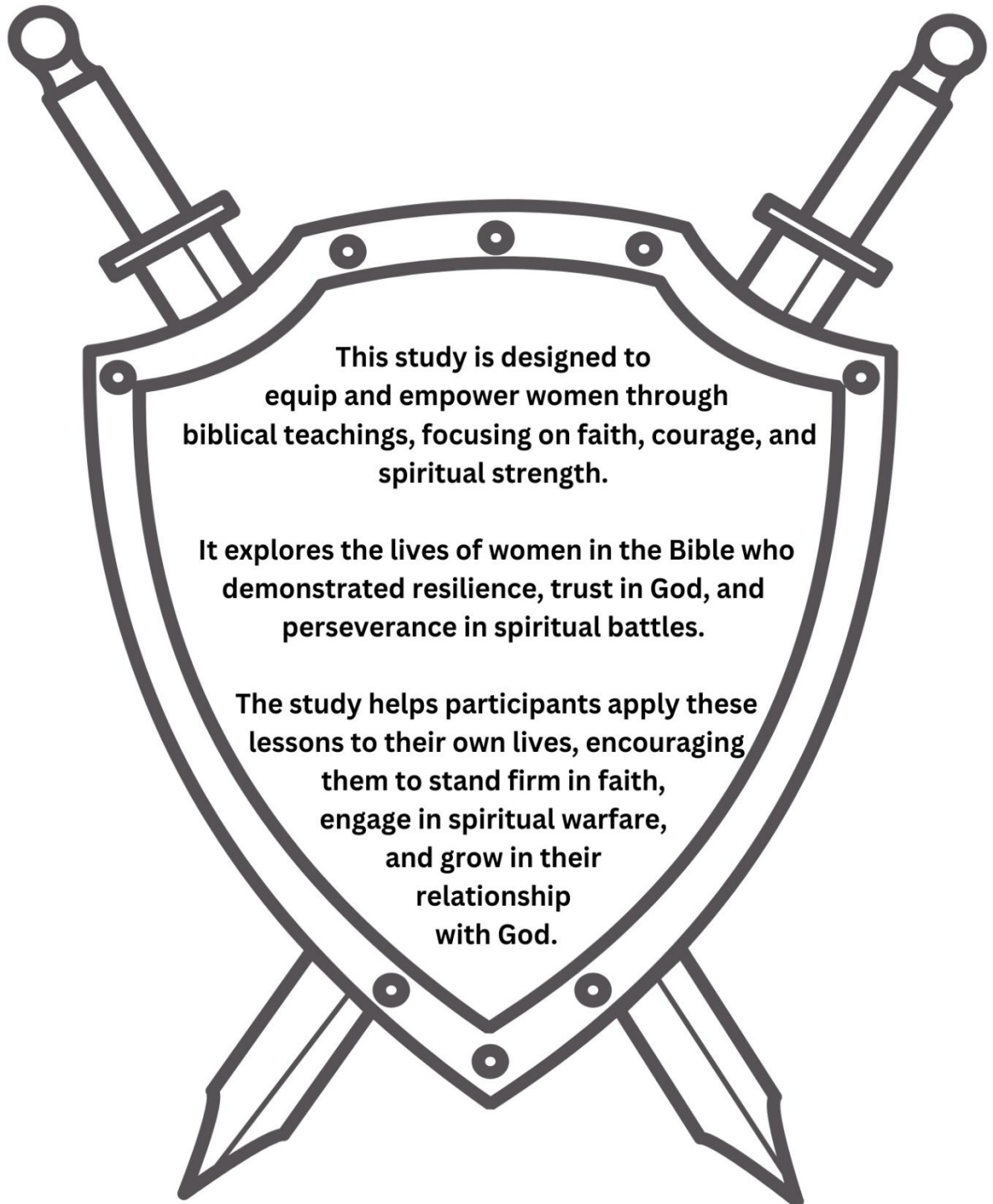
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Women Warriors Bible Study – Lesson 1: Called to Battle

Introduction

As people of faith, we are engaged in a spiritual battle every day. The enemy seeks to discourage, deceive, and distract us, but God has given us everything we need to stand firm. This lesson explores what it means to be spiritually equipped for battle and how we can walk in victory through prayer and the Word of God.

Throughout history, God has raised up women as warriors—not just in the physical sense, but in faith, courage, and spiritual battles. Whether leading nations like **Deborah**, striking down the enemy like **Jael**, interceding for her people like **Esther**, or standing firm in faith like **Mary**, these women were warriors in their own right.

1. **What type of battle are believers engaged in every day?**
2. **What does the enemy seek to do in the lives of believers?**
3. **True / False:** God raised up women as warriors only in the physical sense, through battles and wars.
4. **How has God raised up women as warriors throughout history?**
 1. Only in physical battles
 2. Through faith, courage, and spiritual battles
 3. By giving them leadership positions
 4. By teaching them to fight
5. **What** has God provided to help believers stand firm in their spiritual battle?
 1. Physical strength
 2. Financial security
 3. Everything needed, including prayer and the Word of God
 4. Protection from all worldly troubles

Called to Battle

Being a warrior doesn't always mean wielding a sword. Sometimes, it means standing firm in prayer, speaking truth when it's costly, or trusting God when fear whispers doubts. The Bible is filled with stories of women who fought battles with wisdom, faith, and obedience.

- **Deborah (Judges 4:4-9)** – Led Israel with wisdom and courage when others were afraid.
- **Jael (Judges 4:21)** – Took decisive action to defeat the enemy.
- **Esther (Esther 4:14-16)** – Risked her life to save her people.
- **The Woman of Abel (2 Samuel 20:16-22)** – Used wisdom to protect her city.
- **Priscilla (Acts 18:26)** – Taught the truth of the Gospel with boldness.

Each of these women understood the **power of obedience to God**, and He used them mightily.

Your Battle Today

The battles we fight today may not be on a battlefield, but they are just as real. Whether it's spiritual warfare, standing in the gap for loved ones, fighting for justice, or remaining steadfast in faith, God has equipped you for victory.

6. What does being a warrior in the Bible sometimes mean?

- a) Wielding a sword
- b) Standing firm in prayer, speaking truth, or trusting God
- c) Fighting physical battles only
- d) Avoiding challenges

7. What did all these women have in common?

- e) They were all rulers
- f) They understood the power of obedience to God
- g) They were all warriors in physical battle
- h) They were all wealthy

I. Understanding spiritual warfare

Spiritual warfare is the unseen battle between the forces of God and the enemy. As believers, we are **called to stand firm** against the enemy's attacks. The Apostle Paul reminds us that our struggle is not against flesh and blood, but against spiritual forces of evil (Ephesians 6:12).

Every believer is engaged in spiritual warfare. Whether we recognize it or not, we are in a daily battle against forces that seek to weaken our faith, distort truth, and draw us away from God's purpose. Ephesians 6:10-18 reminds us that our strength comes from the Lord, not from ourselves, and that He has equipped us with divine armor to stand firm.

The enemy's attacks come in the form of deception, doubt, fear, temptation, and distractions. But God has given us everything we need to overcome. The armor of God is not physical but spiritual—designed to protect us as we walk in obedience and faith.

8. What is spiritual warfare?

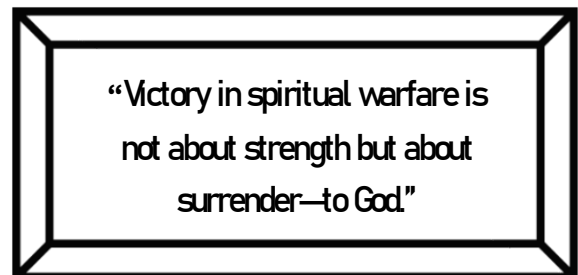
- a) A physical battle against enemies
- b) An unseen battle between the forces of God and the enemy
- c) A psychological struggle within oneself
- d) A debate between different religious groups

9. According to Ephesians 6:12, what is our struggle against?

- a) Flesh and blood
- b) Spiritual forces of evil
- c) The world's distractions
- d) Other believers' weaknesses

10. Where does our strength come from in spiritual warfare?

- a) Our own efforts and willpower
- b) The Lord
- c) Material wealth and resources
- d) Others' encouragement



11. Which of the following is NOT a form of the enemy's attack mentioned?

- a) Deception
- b) Doubt
- c) Physical pain
- d) Temptation

12. What is the armor of God?

- a) Physical armor for protection
- b) Spiritual armor designed to protect us in our walk with God
- c) A shield given by others
- d) A set of rules to follow

13. True or False: Spiritual warfare is only relevant for believers who are involved in ministry.

14. True or False: The enemy's goal is to weaken our faith, distort truth, and lead us away from God's purpose.



A **woman warrior** is a woman who stands strong in faith, fights spiritual battles through prayer and obedience to God, and perseveres through trials with courage and trust in the Lord. She is not just a fighter in the physical sense but a warrior in the spiritual realm—using the Word of God, faith, and prayer as her weapons.

II. Read Ephesians 6:10-18 NKJV

¹⁰ Finally, my brethren, be strong in the Lord and in the power of His might.

¹¹ Put on the whole armor of God, that you may be able to stand against the wiles of the devil.

¹² For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.

¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

¹⁴ Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness,

¹⁵ and having shod your feet with the preparation of the gospel of peace;

¹⁶ above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.

¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God;

¹⁸ praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—

15. What is the instruction in verse 10?

16. What is the instruction in verse 11?

a. Why are you to do this?

17. What does Ephesians 6:12 encourage us to prepare for?

18. What is the instruction in Verse 13?

a. Why are you to do this?

19. What are the instructions in verse 14?

a. _____

b. Gird your waist with _____

c. Put on the _____

20. What are we instructed to have on our feet according to Ephesians 6:15?

21. The "Preparation of the Gospel of Peace" represents which of the following?

- a) Readiness to share the good news
- b) Protection against physical harm
- c) Strength to walk long distances
- d) A shield for the body

22. According to Ephesians 6:16, what should we take up?

23. The "Shield of Faith" is said to help quench what?

24. What are we instructed to take as a helmet in Ephesians 6:17?

25. What is referred to as the "sword of the Spirit" in Ephesians 6:17?

26. What does Ephesians 6:18 emphasize about prayer?

27. According to Ephesians 6:18, how should we pray?

28. A woman warrior stands strong in _____.

- a) Wealth
- b) Faith
- c) Power
- d) Popularity

29. How does a woman warrior face trials and challenges?

- a) With anger and frustration
- b) With courage and trust in the Lord
- c) By avoiding them completely
- d) By relying only on others

30. What are the primary tools a woman warrior uses in spiritual battles?


- a) Physical strength and strategy
- b) Wealth and influence
- c) The Word of God, faith, and prayer
- d) Friends and family



III. How God equips us for battle

We are engaged in a spiritual battle, not against flesh and blood but against spiritual forces. However, God has not left us defenseless—He has provided us with His full armor so that we can stand against the enemy's attacks.

A. Be Strong in the Lord (Ephesians 6:10)

 *"Finally, my brethren, be strong in the Lord and in the power of His might."*

To be strong in the Lord and in His mighty power (Ephesians 6:10) means relying on God's strength rather than our own. It is not about physical power or personal ability but about spiritual dependence on Him. This strength comes through faith, prayer, and the Holy Spirit working in us.

It means:

- **Recognizing our weakness** – We cannot stand against the enemy on our own. We need God's strength. (2 Corinthians 12:9-10)
- **Trusting in God's power** – His power is greater than any force we face. (Psalm 46:1)
- **Putting on the full armor of God** – His Word, righteousness, faith, and salvation protect us. (Ephesians 6:11-18)
- **Standing firm in battle** – Spiritual warfare is real, but victory comes through Christ. (Romans 8:37)

Being strong in the Lord is about surrendering to Him, standing firm in faith, and walking in the authority He gives us.

◆ **Key Truth:** Our strength comes from **the Lord**, not ourselves. His power enables us to stand firm against the enemy.

1. According to Ephesians 6:10, where should we find our strength?


- | | |
|-------------------------|---|
| a) In our own abilities | b) In the Lord and the power of His might |
| c) In physical strength | d) In our friends and family |

2. What is one of the main components of being strong in the Lord?

- | | |
|-------------------------------|--|
| a) Surrendering to God | b) Always being physically strong |
| c) Avoiding spiritual battles | d) Ignoring the power of the Holy Spirit |

3. **True/False:** Trusting in God's power means believing that His power is greater than any force we face.
4. **True/false:** Spiritual warfare is only symbolic and has no real effect on our daily lives.

B. Put On The Whole Armor of God (Ephesians 6:11)

 *"Put on the whole armor of God, that you may be able to stand against the wiles of the devil."*

To "put on the whole armor of God" (Ephesians 6:11) means to spiritually equip ourselves with the tools God provides to stand against the enemy's attacks. The Apostle Paul uses the imagery of a Roman soldier's armor to describe how believers must prepare for spiritual warfare. Each piece of armor represents a crucial aspect of our faith and relationship with God.

Every day, we step onto a spiritual battlefield. Whether we recognize it or not, the enemy is constantly devising schemes to weaken our faith, sow doubt, and lead us away from God's truth. That's why God commands us to put on His armor—every piece of it—so we can stand firm against the enemy's attacks.

This verse reminds us that victory does not come from our own strength but from being clothed in God's protection. The "whole armor of God" includes truth, righteousness, peace, faith, salvation, and the Word of God. These are not optional accessories; they are essential defenses against the devil's deception and temptations.

Are you fully dressed for battle today? Have you wrapped yourself in God's truth and stood in the confidence of His righteousness? The enemy's tactics may be subtle, but when we are equipped with God's armor, we can resist his lies and walk boldly in victory.


◆ **Key Truth: The Whole Armor** – Partial protection is not enough; we need the **full** armor of God (truth, righteousness, gospel of peace, faith, salvation, and the Word).

5. What does the "whole armor of God" equip us to do?

6. How does the enemy attempt to weaken believers?

7. What does victory in spiritual battles depend on?

C. Recognizing the Real Battle (Ephesians 6:12)

 *"For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."*

Life often presents struggles that seem to come from people — difficult coworkers, family conflicts, or even opposition to our faith. But Paul reminds us in Ephesians 6:12 that our true battle is not against people; it's against spiritual forces working behind the scenes. The enemy seeks to deceive, divide, and destroy, using whatever means necessary.

When we recognize the true nature of our battle, we can shift our focus from frustration with people to standing firm in the power of God. Instead of reacting in the flesh, we put on the whole armor of God (Ephesians 6:13-17), standing in truth, righteousness, faith, and the Word of God.

♦ **Key Truth:** Our battle is spiritual, not physical. The enemy works through deception, temptation, and oppression, but God gives us the weapons to overcome.

8. According to Ephesians 6:12, who or what is our true battle against?

- b) Physical challenges
- c) Spiritual forces of darkness
- d) The natural world

9. What are some ways the enemy seeks to attack us?

- a) _____
- b) _____
- c) _____
- d) _____


10. How does recognizing the spiritual nature of our battle help us handle life's challenges?

- a) It allows us to shift focus from frustration with people to reliance on God
- b) It eliminates all difficulties and struggles
- c) It guarantees immediate victories in every area of life
- d) It helps avoid all forms of confrontation


11. What is the proper response when facing struggles?

- a) React in the flesh
- b) Avoid dealing with conflicts
- c) Stand firm in God's power and wear His armor
- d) Seek revenge on those who oppose you

D. The Full Armor of God (Ephesians 6:13-17)

 *"Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand."*

❖ The Belt of Truth (Ephesians 6:14a)

 *"Stand therefore, having girded your waist with truth."*

In ancient times, a soldier's belt secured his tunic and provided a place to fasten his weapons. Without it, he would be unprepared for battle.

Likewise, as believers, we must gird ourselves with truth—God's truth. The enemy, Satan, is the father of lies (John 8:44). He seeks to deceive, distract, and discourage us. But when we cling to the truth of God's Word, we stand firm. Truth strengthens us, holds everything together, and keeps us from being tossed by every wind of doctrine (Ephesians 4:14).

♦ **Key Truth:** Truth holds everything together. Knowing God's truth protects us from lies and deception.

12. In ancient times, what was the primary function of a soldier's belt?

- a) To provide protection for the legs
- b) To secure his tunic and hold his weapons
- c) To display his rank in the army
- d) To keep him warm during battle

13. What does "girding your waist with truth" symbolize for believers?

- a) Physical preparation for battle
- b) Clinging to God's truth to stand firm against lies and deception
- c) A metaphor for gathering worldly possessions
- d) Avoiding conflict through silence

14. According to John 8:44, who is described as the father of lies?

15. How does truth help believers in their spiritual walk?

- a) It makes them immune to temptation
- b) It strengthens them and keeps everything together
- c) It eliminates all struggles
- d) It guarantees material blessings

16. What happens when we don't gird ourselves with truth?

- a) We become physically weak
- b) We are tossed by every wind of doctrine and vulnerable to deception
- c) We lose all sense of identity
- d) We become overly confident in ourselves

17. Why is truth considered an essential part of the "armor of God"?

- a) It is a symbolic accessory for mature believers
- b) It prepares believers to stand firm against the enemy's schemes
- c) It guarantees instant victory over all challenges
- d) It replaces the need for other parts of the armor

❖ **The Breastplate of Righteousness (Ephesians 6:14b)**

📖 *"Having put on the breastplate of righteousness."*

In the battle of life, righteousness serves as our spiritual protection, just like the breastplate protects the vital organs of a soldier in combat. Paul, in his letter to the Ephesians, urges us to put on the *breastplate of righteousness* as part of the whole armor of God. This piece of armor is critical in defending against the attacks of the enemy, as it guards our hearts—the very center of our lives.

◇ **Key Truth:** The Breastplate of Righteousness is a powerful symbol of God's protection over our lives. It reminds us of the righteousness we receive from Christ and the call to live out that righteousness daily.

18. What does the breastplate of righteousness symbolize in a Christian's spiritual life?

- a) Wealth and prosperity
- b) Physical health
- c) God's protection and righteousness through Christ
- d) Social status

19. What does the breastplate protect in a soldier's armor?

- a) The feet
- b) The head
- c) The vital organs, especially the heart
- d) The hands

20. Which of the following is a way to "put on" the Breastplate of Righteousness?

- a) Trusting in our own good works
- b) Living according to God's Word and walking in obedience
- c) Ignoring sin in our lives
- d) Depending solely on emotions for guidance

21. According to Scripture, whose righteousness are we clothed in?

- a) Our own righteousness
- b) The righteousness of Christ
- c) The righteousness of angels
- d) The righteousness of the law

22. What is one of the enemy's tactics against a believer's righteousness?

- a) Encouraging them to read more Scripture
- b) Accusing them and leading them into condemnation
- c) Strengthening their faith
- d) Protecting them from trials

❖ **The Shoes of the Gospel of Peace (Ephesians 6:15)**

📖 *"And having shod your feet with the preparation of the gospel of peace."*

Shodding your feet with the preparation of the gospel of peace means being spiritually ready to stand firm, walk in peace, and share the message of reconciliation with others through the gospel. It's about being grounded in the peace that Jesus offers, which strengthens us in our faith and in our mission to spread His truth.

Just as soldiers wear sturdy footwear to ensure they can stand firm and move effectively in battle, believers are called to be prepared with the gospel. The **gospel of peace** gives us the spiritual stability and readiness to face trials, temptation, and spiritual warfare with confidence. It's a firm foundation that keeps us steady when life gets difficult.

◊ **Key Truth:** The gospel gives us firm footing to stand strong and move forward in faith.

23. What does it mean to shod your feet with the preparation of the gospel of peace?

- a) To be physically prepared for battle
- b) To be spiritually ready to stand firm and share the gospel
- c) To walk barefoot as a sign of humility
- d) To avoid difficult conversations

24. How does the gospel of peace help believers face trials and temptations?

- a) It makes problems disappear
- b) It provides inner peace, stability, and confidence in Christ
- c) It gives supernatural strength to fight physically
- d) It prevents difficulties from happening

25. What is a key aspect of being prepared with the gospel of peace?

- a) Knowing how to argue effectively
- b) Memorizing every Bible verse
- c) Trusting in God's peace and being ready to share His message
- d) Avoiding spiritual battles altogether

26. How can we actively "shod our feet" with the gospel of peace in daily life?

- a) By being intentional in studying and applying God's Word
- b) By isolating ourselves to avoid conflict
- c) By relying only on our feelings
- d) By ignoring spiritual warfare

27. What should be our response to the gospel of peace?

- a) Keep it to ourselves
- b) Share it boldly with others and live it out daily
- c) Only talk about it in church
- d) Wait for others to ask before mentioning it

❖ **The Shield of Faith (Ephesians 6:16)**

📖 *"Above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one."*

The phrase "above all" emphasizes the supreme importance of the shield of faith in our spiritual armor. It's not that the shield of faith is more important than the other pieces of armor, but rather that it is foundational and essential to our ability to stand firm against the attacks of the enemy.

The shield of faith is described as being able to *"quench all the fiery darts of the wicked one."* The "above all" suggests that faith is the most powerful defense we have to protect us from the enemy's attacks—whether those attacks are temptations, doubts, or fears. It's faith that extinguishes the lies and deceptions of the enemy.

◇ **Key Truth:** Faith blocks the enemy's attacks of doubt, fear, and discouragement.

28. What does the phrase "above all" in Ephesians 6:16 emphasize about the shield of faith?

- a) It is the most important piece of armor
- b) It is foundational and essential in standing firm
- c) It is only needed in certain battles
- d) It is optional for believers

29. What does the shield of faith do against the attacks of the enemy?

- a) Absorbs them but does not stop them
- b) Reflects them back at the enemy
- c) Quenches all the fiery darts of the wicked one
- d) Makes the believer immune to struggles

30. True/False: The shield of faith only protects us from physical injuries.

❖ **The Helmet of Salvation (Ephesians 6:17a)**

📖 *"And take the helmet of salvation."*

The *helmet of salvation* stands as a powerful symbol of protection for our minds and hearts. The helmet is the final defense, guarding the most vulnerable part of our bodies: our heads. Just as a helmet protects a soldier in battle, the helmet of salvation shields our thoughts and the core of our identity in Christ.

◇ **Key Truth:** Salvation guards our minds against fear, lies, and condemnation.

31. What does the Helmet of Salvation primarily protect?

- e) Our hands and feet
- b) Our hearts and emotions
- c) Our minds and identity in Christ
- d) Our ability to serve others

32. The enemy often attacks our minds with: (Choose the best answer)

- a) Encouragement and truth
- b) Fear, doubt, and deception
- c) Peace and assurance
- d) Wisdom and knowledge

33. Why is the helmet referred to as the "final defense"?

- a) It is the heaviest piece of armor
- b) It guards the most vulnerable part of our bodies
- c) It signifies the end of the battle
- d) It is the most decorative part of the armor

34. True/False: Without the helmet of salvation, fear and lies can infiltrate our hearts and minds.

35. Fill in the Blank: The helmet of salvation is a symbol of _____ for our minds and hearts.

❖ **The Sword of the Spirit—The Word of God (Ephesians 6:17b)**

📖 *"And the sword of the Spirit, which is the word of God."*

The Sword of the Spirit serves several purposes:

- a. **Defensive Weapon:** When the enemy attacks us with lies or temptation, the truth of God's Word can protect us and help us stand firm in our faith.
- b. **Offensive Weapon:** We can also use Scripture to advance God's Kingdom, sharing His truth with others, and spreading the Gospel.
- c. **Discernment:** The Word helps us discern what is true and what is false. It cuts through confusion and guides our decisions.

◇ **Key Truth:** To be effective in this warfare, we must be grounded in God's Word and actively use it to combat the enemy and advance God's Kingdom.

36. What is the Sword of the Spirit?

- a) Faith
- b) The Word of God
- c) Prayer
- d) Righteousness

37. How does the Sword of the Spirit serve as a defensive weapon?

- a) It physically shields us from harm
- b) It helps us hide from the enemy
- c) It protects us from lies and temptation with God's truth
- d) It allows us to escape spiritual battle

38. In what way is the Word of God an offensive weapon?

- a) It destroys our enemies physically
- b) It allows us to win arguments
- c) It advances God's Kingdom and spreads the Gospel
- d) It guarantees an easy life

39. How does the Sword of the Spirit help with discernment?

- a) It reveals what is true and what is false
- b) It gives us dreams and visions
- c) It eliminates all problems in life
- d) It ensures everyone will agree with us

IV. The Power of Prayer And The Word (Ephesians 6:18)

📖 *"Praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints."*



"Praying Always"

To pray always means we're staying connected to God throughout the day, regardless of what we're doing. It's not just about setting aside time for prayer, but living in a state of prayerfulness—constantly aware of God's presence and seeking His guidance in all circumstances.

- **"With All Prayer and Supplication"**

This phrase encompasses all kinds of prayer—praise, thanksgiving, petition, intercession, and surrender. "Supplication" implies earnest, humble requests, acknowledging God as the one who provides for our needs and

- **"In the Spirit"**

Praying in the Spirit means aligning our prayers with the Holy Spirit's guidance. The Spirit helps us in our weakness and intercedes for us when we don't know how to pray (Romans 8:26). It's a partnership—our spirit with His, bringing our concerns to the Father.

- 1. What does it mean to "pray without ceasing"?**

- a) Praying at scheduled times only
- b) Living in a state of constant awareness of God's presence
- c) Only praying when facing difficulties
- d) Reciting prayers all day without stopping

2. According to Ephesians 6:18, how should we pray?

- a) Only when in trouble
- b) With all kinds of prayers and requests, staying alert and persistent
- c) Only in the morning and before meals
- d) Using scripted prayers only

3. In Luke 18:1, Jesus told a parable to teach that we should always pray and not...

- a) Doubt
- b) Sleep
- c) Complain
- d) Give up

4. What role does the Holy Spirit play in our prayers? (Romans 8:26)

- a) He corrects our prayers if we say the wrong words
- b) He intercedes for us when we don't know what to pray
- c) He ensures our prayers are answered immediately
- d) He prevents us from making mistakes in prayer

▪ **"Being Watchful"**

Prayer isn't just about asking for things; it's about being vigilant, discerning what is happening around us, and being alert to the enemy's attacks. Watchfulness involves guarding our hearts, minds, and relationships as we stand firm in prayer.

▪ **"With All Perseverance"**

Perseverance in prayer reflects our trust in God's timing and faithfulness. There will be times when prayers are not immediately answered, but we are encouraged to keep praying, confident that God hears and will respond according to His will.

▪ **"For All the Saints"**

Our prayers are not only for ourselves but also for the entire body of Christ. Interceding for others, especially our fellow believers, strengthens the unity of the church and empowers us all to stand firm against spiritual attacks.

◇ **Key Truth:** Prayer is essential in spiritual warfare. It connects us with God's power and helps us stay vigilant.

5. What does being watchful in prayer involve?

- a) Simply reciting memorized prayers
- b) Guarding our hearts, minds, and relationships while staying alert to the enemy's attacks
- c) Only praying when we need something from God
- d) Avoiding prayer unless we are in a crisis

6. Why is perseverance important in prayer?

- a) Because God only hears us if we pray long enough
- b) It reflects our trust in God's timing and faithfulness
- c) It forces God to act according to our desires
- d) Praying once is enough for all situations

7. According to Ephesians 6:18, who should we be praying for?

- a) Only ourselves
- b) Only our family and friends
- c) All the saints (fellow believers)
- d) Only pastors and church leaders

8. What is one reason prayers might not be answered immediately?

- a) God is testing our patience and doesn't want to respond
- b) Spiritual warfare and God's perfect timing are at work
- c) We need to pray in a specific way to be heard
- d) God does not care about every prayer

9. How does interceding for others in prayer impact the church?

- a) It strengthens unity and helps believers stand firm
- b) It replaces personal prayer time
- c) It is only necessary when someone asks for prayer
- d) It has no real effect on spiritual warfare

10. What is a key truth about prayer in spiritual warfare?

- a) It connects us with God's power and helps us stay vigilant
- b) It is only useful when facing major challenges
- c) It is optional for believers
- d) It should be a last resort when all else fails

11. How can we practice being watchful in our daily prayer life?

- a) By staying alert to spiritual attacks and seeking discernment
- b) By praying only at set times each day
- c) By focusing only on our personal needs in prayer
- d) By relying on others to pray for us

A Morning Prayer for the Woman Warrior



Father God, I rise this morning with a heart full of gratitude, knowing that Your mercies are new every morning (Lamentations 3:22-23). Thank You for waking me up with breath in my lungs and strength in my body. I dedicate this day to You, Lord, and ask that You guide my steps according to Your will (Proverbs 3:5-6).

Strengthen me for the battles ahead, and give me discernment to recognize the schemes of the adversary. Let my prayers be powerful and effective, tearing down strongholds and advancing Your kingdom (2 Corinthians 10:4). Let my

words carry life and my prayers bring breakthrough. Teach my hands to war and my fingers to fight in the spirit (Psalm 144:1).

Use me today, Lord, as a vessel of Your power, love, and truth. Let my faith not waver but be steadfast, knowing that greater is He who is in me than he who is in the world (1 John 4:4). May I walk in victory, bringing light to the darkness and hope to the weary.

I declare that this is the day You have made, and I will rejoice and be glad in it (Psalm 118:24). In Jesus' mighty name, I pray, Amen.

Characteristics Of A Woman Warrior

Faithful

She trusts God wholeheartedly, even in adversity.

Courageous

She faces trials with boldness, knowing God fights for her.

Prayerful

She understands the power of intercession
and spiritual warfare.

Obedient

She follows God's calling, even when it requires
great sacrifice.

Resilient

She does not give up, knowing that her strength
comes from the Lord.

