

# WOMEN WARRIORS



*“The battle is the Lord’s”*

1 Samuel 17:47

## **"Victory Through Faith: A Study of Women Warriors in the Bible**

### **Lesson One: Called To Battle**

#### **Part 1**

**Women Armed and Ready in the Spirit Ministry, Inc.**

**Compiled By Carlene Pierce**

*"For though we walk in the flesh, we do not war according to the flesh"*  
2 Corinthians 10:3

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Cover /Book Design: Carlene Pierce

March 2025

Unless otherwise indicated all Scripture quotations are taken from the New King James Version of the Bible.



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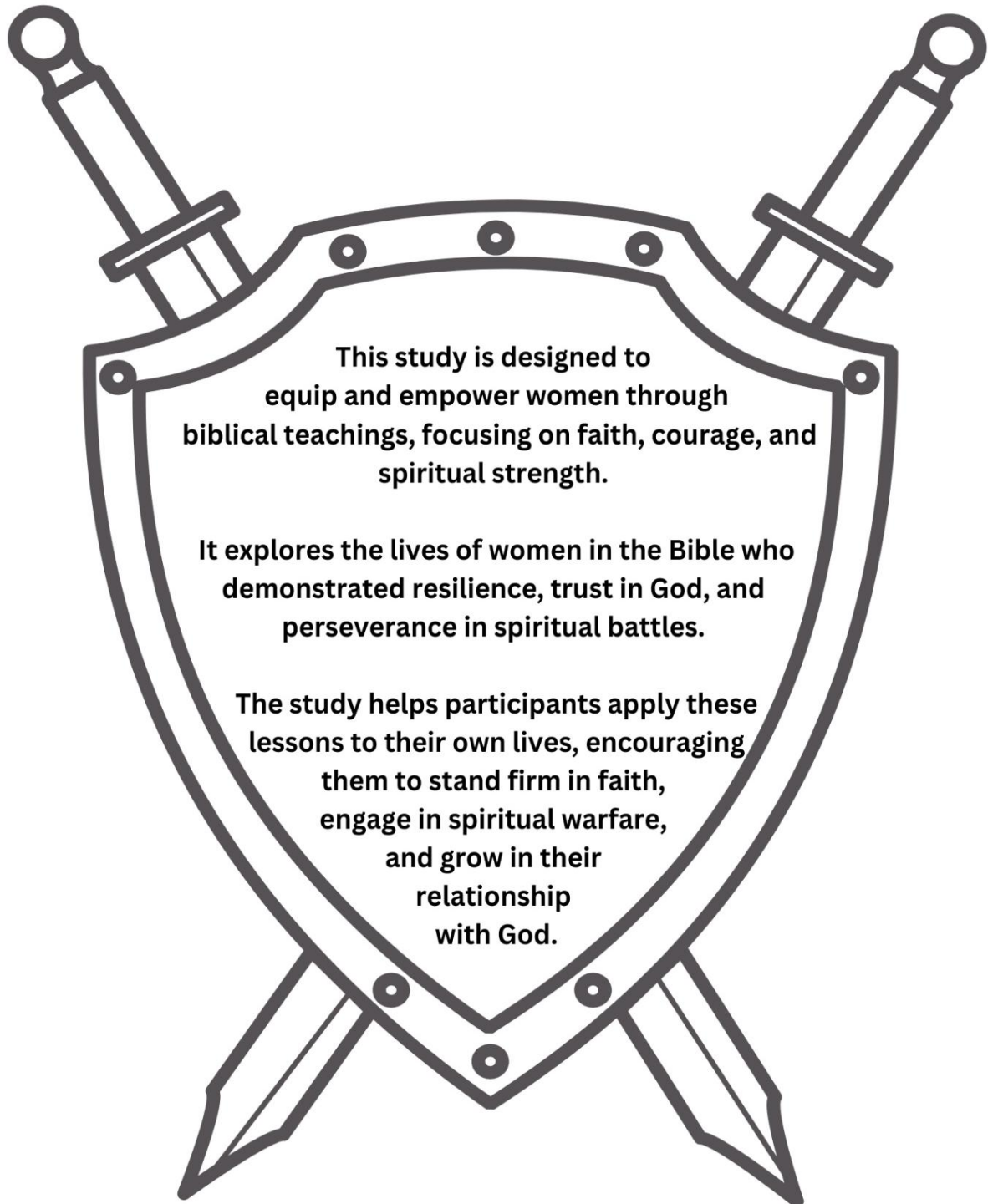
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## Women Warriors Bible Study – Lesson 1: Called to Battle

### Introduction

As people of faith, we are engaged in a spiritual battle every day. The enemy seeks to discourage, deceive, and distract us, but God has given us everything we need to stand firm. This lesson explores what it means to be spiritually equipped for battle and how we can walk in victory through prayer and the Word of God.

Throughout history, God has raised up women as warriors—not just in the physical sense, but in faith, courage, and spiritual battles. Whether leading nations like **Deborah**, striking down the enemy like **Jael**, interceding for her people like **Esther**, or standing firm in faith like **Mary**, these women were warriors in their own right.

1. **What type of battle are believers engaged in every day?**
2. **What does the enemy seek to do in the lives of believers?**
3. **True / False:** God raised up women as warriors only in the physical sense, through battles and wars.
4. **How has God raised up women as warriors throughout history?**
  1. Only in physical battles
  2. Through faith, courage, and spiritual battles
  3. By giving them leadership positions
  4. By teaching them to fight
5. **What** has God provided to help believers stand firm in their spiritual battle?
  1. Physical strength
  2. Financial security
  3. Everything needed, including prayer and the Word of God
  4. Protection from all worldly troubles

## Called to Battle

Being a warrior doesn't always mean wielding a sword. Sometimes, it means standing firm in prayer, speaking truth when it's costly, or trusting God when fear whispers doubts. The Bible is filled with stories of women who fought battles with wisdom, faith, and obedience.

- **Deborah (Judges 4:4-9)** – Led Israel with wisdom and courage when others were afraid.
- **Jael (Judges 4:21)** – Took decisive action to defeat the enemy.
- **Esther (Esther 4:14-16)** – Risked her life to save her people.
- **The Woman of Abel (2 Samuel 20:16-22)** – Used wisdom to protect her city.
- **Priscilla (Acts 18:26)** – Taught the truth of the Gospel with boldness.

Each of these women understood the **power of obedience to God**, and He used them mightily.

## Your Battle Today

The battles we fight today may not be on a battlefield, but they are just as real. Whether it's spiritual warfare, standing in the gap for loved ones, fighting for justice, or remaining steadfast in faith, God has equipped you for victory.

### 6. What does being a warrior in the Bible sometimes mean?

- a) Wielding a sword
- b) Standing firm in prayer, speaking truth, or trusting God
- c) Fighting physical battles only
- d) Avoiding challenges

### 7. What did all these women have in common?

- e) They were all rulers
- f) They understood the power of obedience to God
- g) They were all warriors in physical battle
- h) They were all wealthy

## I. Understanding spiritual warfare

Spiritual warfare is the unseen battle between the forces of God and the enemy. As believers, we are **called to stand firm** against the enemy's attacks. The Apostle Paul reminds us that our struggle is not against flesh and blood, but against spiritual forces of evil (Ephesians 6:12).

Every believer is engaged in spiritual warfare. Whether we recognize it or not, we are in a daily battle against forces that seek to weaken our faith, distort truth, and draw us away from God's purpose. Ephesians 6:10-18 reminds us that our strength comes from the Lord, not from ourselves, and that He has equipped us with divine armor to stand firm.

The enemy's attacks come in the form of deception, doubt, fear, temptation, and distractions. But God has given us everything we need to overcome. The armor of God is not physical but spiritual—designed to protect us as we walk in obedience and faith.

### 8. What is spiritual warfare?

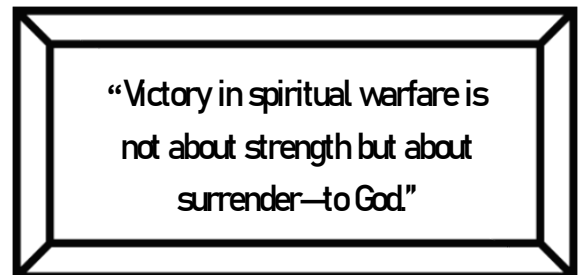
- a) A physical battle against enemies
- b) An unseen battle between the forces of God and the enemy
- c) A psychological struggle within oneself
- d) A debate between different religious groups

### 9. According to Ephesians 6:12, what is our struggle against?

- a) Flesh and blood
- b) Spiritual forces of evil
- c) The world's distractions
- d) Other believers' weaknesses

### 10. Where does our strength come from in spiritual warfare?

- a) Our own efforts and willpower
- b) The Lord
- c) Material wealth and resources
- d) Others' encouragement



**11. Which of the following is NOT a form of the enemy's attack mentioned?**

- a) Deception
- b) Doubt
- c) Physical pain
- d) Temptation

**12. What is the armor of God?**

- a) Physical armor for protection
- b) Spiritual armor designed to protect us in our walk with God
- c) A shield given by others
- d) A set of rules to follow

**13. True or False:** Spiritual warfare is only relevant for believers who are involved in ministry.

**14. True or False:** The enemy's goal is to weaken our faith, distort truth, and lead us away from God's purpose.



A **woman warrior** is a woman who stands strong in faith, fights spiritual battles through prayer and obedience to God, and perseveres through trials with courage and trust in the Lord. She is not just a fighter in the physical sense but a warrior in the spiritual realm—using the Word of God, faith, and prayer as her weapons.

## **II. Read Ephesians 6:10-18 NKJV**

*<sup>10</sup> Finally, my brethren, be strong in the Lord and in the power of His might.*

*<sup>11</sup> Put on the whole armor of God, that you may be able to stand against the wiles of the devil.*

*<sup>12</sup> For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.*

*<sup>13</sup> Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.*

*<sup>14</sup> Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness,*

*<sup>15</sup> and having shod your feet with the preparation of the gospel of peace;*

*<sup>16</sup> above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.*

*<sup>17</sup> And take the helmet of salvation, and the sword of the Spirit, which is the word of God;*

*<sup>18</sup> praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—*

**15. What is the instruction in verse 10?**

**16. What is the instruction in verse 11?**

**a. Why are you to do this?**

**17. What does Ephesians 6:12 encourage us to prepare for?**



**18. What is the instruction in Verse 13?**

a. Why are you to do this?

**19. What are the instructions in verse 14?**

a. \_\_\_\_\_

b. Gird your waist with \_\_\_\_\_

c. Put on the \_\_\_\_\_

**20. What are we instructed to have on our feet according to Ephesians 6:15?**

**21. The "Preparation of the Gospel of Peace" represents which of the following?**

a) Readiness to share the good news

b) Protection against physical harm

c) Strength to walk long distances

d) A shield for the body

**22. According to Ephesians 6:16, what should we take up?**

**23. The "Shield of Faith" is said to help quench what?**

**24. What are we instructed to take as a helmet in Ephesians 6:17?**

**25. What is referred to as the "sword of the Spirit" in Ephesians 6:17?**

**26. What does Ephesians 6:18 emphasize about prayer?**

**27. According to Ephesians 6:18, how should we pray?**

**28. A woman warrior stands strong in \_\_\_\_\_.**

- a) Wealth
- b) Faith
- c) Power
- d) Popularity

**29. How does a woman warrior face trials and challenges?**

- a) With anger and frustration
- b) With courage and trust in the Lord
- c) By avoiding them completely
- d) By relying only on others

**30. What are the primary tools a woman warrior uses in spiritual battles?**


- a) Physical strength and strategy
- b) Wealth and influence
- c) The Word of God, faith, and prayer
- d) Friends and family



### III. How God equips us for battle

We are engaged in a spiritual battle, not against flesh and blood but against spiritual forces. However, God has not left us defenseless—He has provided us with His full armor so that we can stand against the enemy's attacks.

#### A. Be Strong in the Lord (Ephesians 6:10)

 *"Finally, my brethren, be strong in the Lord and in the power of His might.*

To be strong in the Lord and in His mighty power (Ephesians 6:10) means relying on God's strength rather than our own. It is not about physical power or personal ability but about spiritual dependence on Him. This strength comes through faith, prayer, and the Holy Spirit working in us.

It means:

- **Recognizing our weakness** – We cannot stand against the enemy on our own. We need God's strength. (2 Corinthians 12:9-10)
- **Trusting in God's power** – His power is greater than any force we face. (Psalm 46:1)
- **Putting on the full armor of God** – His Word, righteousness, faith, and salvation protect us. (Ephesians 6:11-18)
- **Standing firm in battle** – Spiritual warfare is real, but victory comes through Christ. (Romans 8:37)

Being strong in the Lord is about surrendering to Him, standing firm in faith, and walking in the authority He gives us.

◆ **Key Truth:** Our strength comes from **the Lord**, not ourselves. His power enables us to stand firm against the enemy.

#### 1. According to Ephesians 6:10, where should we find our strength?


- |                         |   |
|-------------------------|---|
| a) In our own abilities | b) In the Lord and the power of His might |
| c) In physical strength | d) In our friends and family              |

#### 2. What is one of the main components of being strong in the Lord?

- |                               |  |
|-------------------------------|--|
| a) Surrendering to God        | b) Always being physically strong        |
| c) Avoiding spiritual battles | d) Ignoring the power of the Holy Spirit |

3. **True/False:** Trusting in God's power means believing that His power is greater than any force we face.
4. **True/false:** Spiritual warfare is only symbolic and has no real effect on our daily lives.

## **B. Put On The Whole Armor of God (Ephesians 6:11)**

 *"Put on the whole armor of God, that you may be able to stand against the wiles of the devil."*

To "put on the whole armor of God" (Ephesians 6:11) means to spiritually equip ourselves with the tools God provides to stand against the enemy's attacks. The Apostle Paul uses the imagery of a Roman soldier's armor to describe how believers must prepare for spiritual warfare. Each piece of armor represents a crucial aspect of our faith and relationship with God.

Every day, we step onto a spiritual battlefield. Whether we recognize it or not, the enemy is constantly devising schemes to weaken our faith, sow doubt, and lead us away from God's truth. That's why God commands us to put on His armor—every piece of it—so we can stand firm against the enemy's attacks.

This verse reminds us that victory does not come from our own strength but from being clothed in God's protection. The "whole armor of God" includes truth, righteousness, peace, faith, salvation, and the Word of God. These are not optional accessories; they are essential defenses against the devil's deception and temptations.

Are you fully dressed for battle today? Have you wrapped yourself in God's truth and stood in the confidence of His righteousness? The enemy's tactics may be subtle, but when we are equipped with God's armor, we can resist his lies and walk boldly in victory.


◆ **Key Truth: The Whole Armor** – Partial protection is not enough; we need the **full** armor of God (truth, righteousness, gospel of peace, faith, salvation, and the Word).

### **5. What does the "whole armor of God" equip us to do?**

**6. How does the enemy attempt to weaken believers?**

**7. What does victory in spiritual battles depend on?**

### **C. Recognizing the Real Battle (Ephesians 6:12)**

 *"For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."*

Life often presents struggles that seem to come from people — difficult coworkers, family conflicts, or even opposition to our faith. But Paul reminds us in Ephesians 6:12 that our true battle is not against people; it's against spiritual forces working behind the scenes. The enemy seeks to deceive, divide, and destroy, using whatever means necessary.

When we recognize the true nature of our battle, we can shift our focus from frustration with people to standing firm in the power of God. Instead of reacting in the flesh, we put on the whole armor of God (Ephesians 6:13-17), standing in truth, righteousness, faith, and the Word of God.

◇ **Key Truth:** Our battle is spiritual, not physical. The enemy works through deception, temptation, and oppression, but God gives us the weapons to overcome.

**8. According to Ephesians 6:12, who or what is our true battle against?**

- b) Physical challenges
- c) Spiritual forces of darkness
- d) The natural world

**9. What are some ways the enemy seeks to attack us?**

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_

**10. How does recognizing the spiritual nature of our battle help us handle life's challenges?**

- a) It allows us to shift focus from frustration with people to reliance on God
- b) It eliminates all difficulties and struggles
- c) It guarantees immediate victories in every area of life
- d) It helps avoid all forms of confrontation

**11. What is the proper response when facing struggles?**

- a) React in the flesh
- b) Avoid dealing with conflicts
- c) Stand firm in God's power and wear His armor
- d) Seek revenge on those who oppose you



**Woman Prayer Warrior**

**Father God,**

I come before You in the name of Jesus. Strengthen me, Lord, with Your mighty power so I may stand firm against the schemes of the enemy. I declare that no weapon formed against me shall prosper, and every tongue that rises against me in judgment, I shall condemn (Isaiah 54:17).

I submit myself to You, O God, resisting the devil so that he must flee (James 4:7). I take up the sword of the Spirit, which is Your Word, and declare victory over every battle I face (Hebrews 4:12). I stand in the gap for my family, my community, and the lost, interceding as You have called me to do (Ezekiel 22:30).

Lord, teach my hands to war and my fingers to fight (Psalm 144:1). Let me be vigilant in prayer, watchful and steadfast in faith (Colossians 4:2). Fill me with boldness to speak Your truth and with wisdom to discern the enemy's tactics (2 Timothy 1:7).

Holy Spirit, lead me and guide me in all truth (John 16:13). Anoint me afresh with Your power so that my prayers will be effective and fervent (James 5:16). Strengthen my heart and mind so that I do not grow weary in intercession (Galatians 6:9).

I declare that I am more than a conqueror through Christ who loves me (Romans 8:37). My victory is assured in You, and I will not fear, for You are with me always (Joshua 1:9). I stand firm in faith, knowing that You hear my prayers and will accomplish all that concerns me (1 John 5:14-15).

In Jesus' mighty name, Amen.



## Women Warriors: Called to Battle

We rise at dawn, our armor bright,  
Clothed in faith, prepared to fight.  
Not with swords of earthly might,  
But truth that shatters dark with light.

Our battle cry is whispered prayer,  
A call to stand, to serve, to dare.  
We wield the Word, both sharp and strong,  
A sword of justice, righting wrong.

Through trials fierce and battles long,  
We march with praise, a victory song.  
For in the storm, though fierce the tide,  
The Lord of Hosts is by our side.

We stand for those too weak to rise,  
We wipe the tears from weary eyes.  
With hands uplifted, hearts made bold,  
We fight for souls, for love untold.

No fear shall shake, no doubt dismay,  
For Christ has led and made the way.  
Women warriors, hear the call—  
Stand in faith, give Him your all!

