

The Northern California Interscholastic Cycling League Presents

Race 2 Exchequer XC

March 14
Central and
East Bay

March 21
Redwood
and Repack



www.norcalmtb.org

What to know for Exchequer

Register online by midnight on Sunday before race weekend

Number plates can be picked up at the registration tent Friday and Saturday. Replacement plates can be purchased for \$20. Please contact jen@norcalmtb.org with any registration questions.

Volunteers - we need your help

Our races are made possible because of all the support we receive from our volunteers. We appreciate your help! Exchequer is a volunteer-heavy venue, so please rally some troops and [sign up here](#). Thank you!

Directions - bring \$10 bill for parking - sign waiver in advance

Follow your map to Barrett Cove Recreation Area: [3100 Barrett Cove Rd, La Grange, CA 95329](#). In order to make entry to the venue as smooth as possible, the park is asking that you bring \$10 exact change for parking (ideally a \$10 bill). **Print and sign this waiver**. Team directors or head coaches will need to bring all rider waivers to registration for your team to participate.

[Pay for parking in advance here](#). Select Merced Irrigation District and purchase a parking pass.

Lodging

Secure a campsite at Barrett Cove as soon as possible. [Link to make a reservation here](#). The next closest campsite is McClure Point Campground. [Here's a link to McClure Point](#). The closest hotels are about an hour away.

More Important Information

- We will not have a food vendor and food nearby is limited, if not unavailable. Please come prepared with all the food you'll need for the weekend
- Mike's Bikes will be providing neutral support (for free!)
- Dogs are ok at this venue as long as they are on a leash and you clean up after them
- No in and out of camp area during races. You must be at your campsite before 9am. You will be able to exit camp area after 1pm. If you plan to leave your campsite you must do so before 9am or after 1pm
- We try to host leave-no-trace events, so please be prepared to pack out what garbage you create over the weekend
- Please no RV parking outside of designated campsites
- Cell service is spotty, you can find a signal at the top of the campgrounds.
- No unauthorized motorized vehicles are allowed at our events. Please email us for authorization.
- We try to host leave-no-trace events, so please help by being prepared to pack out as much of the waste that you generate as possible.

Weekend Schedule

FRIDAY

12pm and later: trailer drop-off ok
2 - 6p: Pre-ride open
4:30 - 5:30p: NorCal GRiT Pre-ride
4:30 - 5:30p: Adventure Ride
4:30 - 6p: Moms on Bikes Tent
Activity and Ride

SATURDAY

6:45 - 7:45a: Pre-ride open
7:15a: Coaches meeting
8a - 2:00p: High school racing
12p: Jr. devo coach meeting
2:05 - 2:45p: Jr. devo pre-ride
2:50 - 5:25p: Jr. devo racing
2:30(ish): High school podium
5:55(ish): Jr. devo podium

THE SUNDAY SCHEDULE WILL BE THE SAME AS SATURDAY IF WE MOVE THE RACE DAY TO SUNDAY

Attention Pre-Riders:

- All pre-riders must have their assigned NorCal plate fixed to their handlebars and be accompanied by a coach while on course (Coaches must have Coach Plate)
- Only coaches and student-athletes are allowed to pre-ride
- No pre-riding outside of the designated times mentioned above
- We reserve the right to cancel or postpone pre-ride if weather necessitates it, in order to preserve the trails

Coaches Meeting:

- This is where you'll receive vital information about race day
- It is mandatory that all teams have at least one coach attend the meeting, so that important information can be communicated to the team
- Coaches meetings will be held at the registration tent

High School Course Info

Course Description: This is arguably the most fun lap of the season, with a fast start onto a doubletrack climb, leading to a short descent with a fun loop that brings you to the fireroad climb that takes you to the top of the campground for a sweet descent to finish the lap. [Link to Strava.](#)

Course Length and Elevation: ~5.8 miles and ~700ft elevation gain.



Jr. Devo Course Info

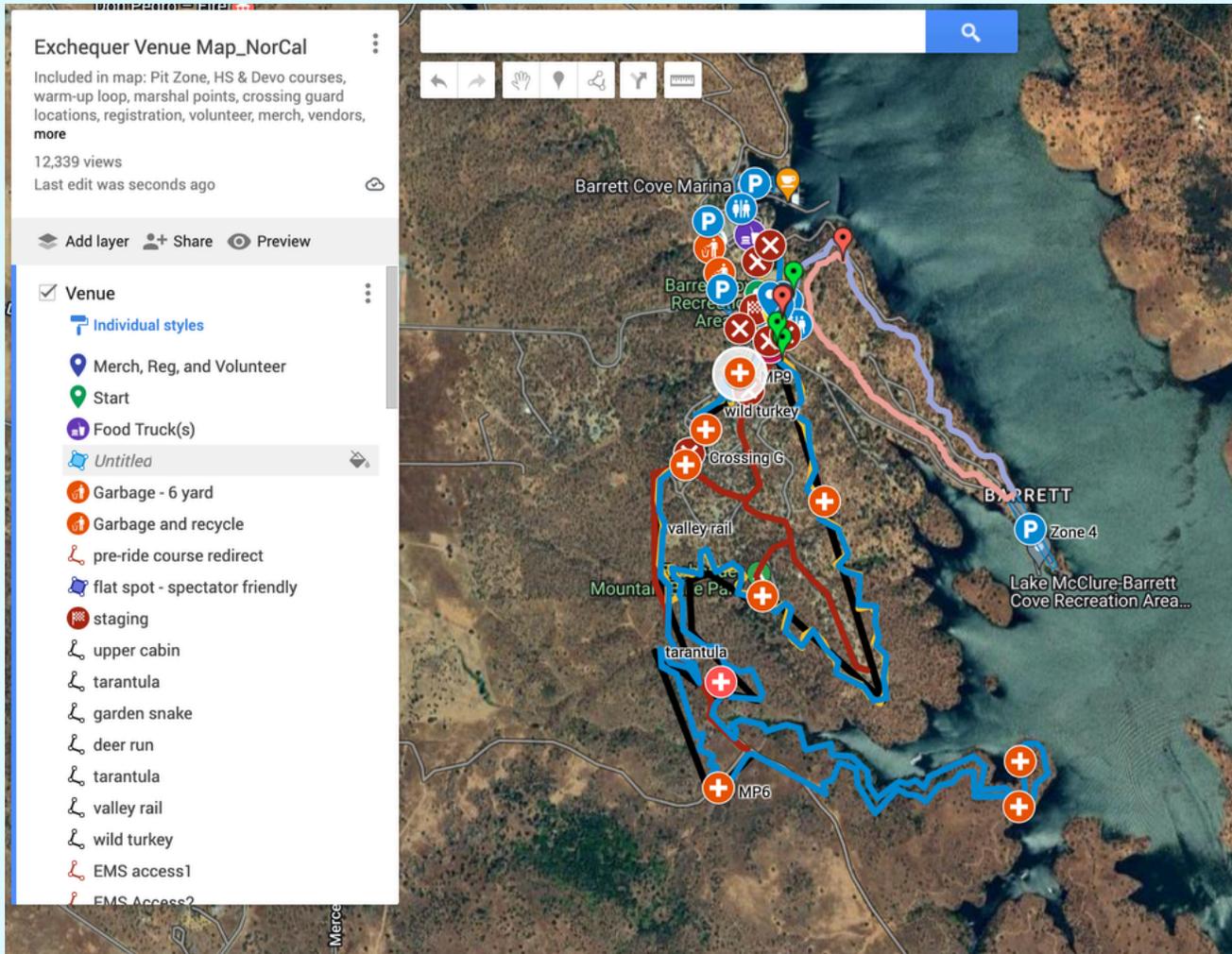
Course Description: This course is a super fun and fast lap with a solid amount of climbing rewarded by some sweet descents. [Link to Strava.](#)

Course Length and Elevation: ~3.3 miles and ~444ft elevation gain.



Venue Map

[Use this link to view our Google Map.](#)



We are working on adding the Pit Priority information to the Google Map. Check back later.

Race Schedule - High School

Please arrive at staging 15 minutes before your wave starts. Start times subject to change.

Category	Start Time	Lap Count	Race Plate #
<u>Wave 1</u>			
Varsity Boys	8:00	3	1000's
Varsity Girls	8:03	3	100's
<u>Wave 2</u>			
JV1 Girls	9:20	2	200-399
JV2 Girls	9:23	2	400-599
Frosh Girls	9:26	2	600-799
<u>Wave 3</u>			
JV2 Boys D2	10:25	2	3500-3999
JV2 Boys D1	10:33	2	3000-3499
<u>Wave 4</u>			
Frosh Boys D2	11:30	2	4500-4999
Frosh Boys D1	11:36	2	4000 - 4499
<u>Wave 5</u>			
JV1 Boys D2	12:25	3	2500-2999
JV1 Boys D1	12:31	3	2000-2499

Race Schedule - Junior Development

Please arrive 15 minutes before your wave starts. Actual start time subject to change.

Category	Start Time	Lap Count	Race Plate #
<u>Wave 1</u>			
8th Grade Girls	2:50	2	8000-8499
7th Grade Girls	2:53	2	7000-7499
6th Grade Girls	2:56	2	6000-6499
<u>Wave 2</u>			
8th Grade Boys	3:35	2	8500-8999
<u>Wave 3</u>			
7th Grade Boys	4:10	2	7500-7999
6th Grade Boys	4:15	2	6500-6999

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