





Hey there, Cyber Explorer!*

Did you know that just like you wear a helmet to stay safe on your bike, you also need tools to stay safe online? That's called cybersecurity!

The internet is like a big playground where you can learn, play games, and chat with friends. But just like in any playground, there are some rules to keep you safe.

In this guide, you will learn you how to spot online dangers and how to be a superhero in your digital kingdom. By the end, you'll be a Cyber Hero, ready to outsmart online villains and protect yourself like a pro!









Imagine you wrote a note and sent it to everyone in your school. Even if you tried to take it back, someone might have already copied it. That's how the internet works—what you share can stay online forever!

ASK YOURSELF THESE QUESTIONS BEFORE POSTING:

- Is it kind? 🌈
- Would I say this in real life?
- Would I want my teacher or parents to see it? 00

REMEMBER:

Once something is online, it's hard to take it back.
It can be copied, saved, or shared by others. So,
think twice before you post!





Never share personal information with strangers or websites you don't trust.

WHAT COUNTS AS PERSONAL INFORMATION?

- Full name
- Address
- Phone number
- School name
- Passwords
- Photos of you or your home

GOOD EXAMPLE: HI, I LOVE DRAWING!

BAD EXAMPLE: HI, MY NAME IS SARAH, I'M 10 YEARS OLD, AND I LIVE AT 123 MAIN STREET.



SUPER TIP:

If anyone online asks for your info, pause and ask a trusted adult for help!







Passwords are like your secret superhero badge, they protect your online world!

ACTIVITY:

Let's create a strong password! Combine:

- 1. Your favorite color: Blue
- 2. An animal: Penguin
- 3. A number: 8
- 4. A symbol: *

FINAL PASSWORD:



BluePenguin8*

Now it's your turn! Practice creating your strong password. Remember: Do not share it.

DO'S AND DON'TS:

- Do: Use long, unique passwords.
- \times Don't: Use '12345' or your name.









Bad guys can pretend to be someone else to trick you, that is called Phishing.

HOW TO SPOT A TRICK:

- Emails with weird spellings
- Messages asking for your password or money
- Links that look strange, offering free games or coins

ACTION TIP: Not sure? Show it to a parent or teacher before clicking













You're playing your favorite game, and it says 'Get free coins!' but instead of coins, you get a virus. Yikes!

TIP: Only download games, updates, or rewards from the official game store or website.

Always check with a parent or teacher if you are not sure.









+ CYBER TIPS FOR HEROES

1. KEEP YOUR DEVICES SUPERCHARGED

Make sure your tablet, phone, or computer gets its updates! Updates are like giving your device superhero powers to stay fast and strong.

TIP: If your device asks for an update, show it to a parent or guardian and ask for help!

2. STAY SAFE WITH AN ONLINE SHIELD

Antivirus software keeps bad guys (like viruses) out of your computer.

TIP: Ask an adult if your computer has antivirus software. It's like a shield that keeps your device safe from bad guys!









If you're using a school or public computer, don't forget to log out when you're done.

TIP: Logging out is like locking the door when you leave a room. Never skip this step!

4. KEEP YOUR PASSWORDS SAFE

Never share your password with anyone except your parents or guardians. Write it down in a secret, safe place if you need to remember it.

TIP: Make a habit of keeping your passwords private, don't even share them with your best friend!





CYBER PLEDGE

- l, _____, promise to:
- Protect my personal information.
- Prink before I click.
- 🌈 Be kind and respectful online.
- Talk to my parents, teachers or a trusted adult if something feels strange.





QUESTION 1:

Which password is better:

12345

or Giraffe9\$

QUESTION 2:

Should you share your address with someone online?





Look for words that represent 6 types of personal information you should never share online with people you don't know. Stay safe and keep your secrets secret!



Z	W	W	V	В	Н	R	W	В	D	K	P	V	X
R	Z	L	U	О	Н	В	I	W	S	A	Н	X	V
M	U	G	Z	О	J	N	Z	С	Т	D	О	Y	R
V	N	В	С	S	J	L	P	Y	С	D	N	О	M
V	J	P	A	X	D	I	A	J	P	R	Е	Y	K
Q	С	Н	О	G	D	N	S	T	Q	Е	N	О	В
О	В	Q	F	Н	G	I	S	M	V	S	U	F	R
P	J	О	P	Е	С	V	W	В	N	S	M	С	G
Н	Α	V	J	О	Q	Н	О	Q	X	U	В	N	M
О	Z	U	О	P	Q	W	R	D	F	L	Е	Т	S
Т	R	K	Q	L	E	L	D	Т	W	P	R	X	Н
О	A	В	G	V	Е	Н	S	О	J	Н	S	Н	Н
S	A	N	Е	S	С	Н	О	О	L	N	A	M	Е
N	G	F	U	L	L	N	Α	M	Е	D	U	P	Y



CONVERSATION STARTERS:

- What's your favorite app or game?
- Has anything online ever made you feel confused or upset?

SAFETY TOOLS:

- Set up parental controls for safe browsing.
- Encourage open communication, kids should feel safe asking for help.

WANT TO LEARN MORE? CHECK OUT THESE AWESOME RESOURCES:

- beinternetawesome.withgoogle.com
- www.netsmartzkids.org

