

Sandwiches

The Caprese

fresh mozzarella, tomatoes & basil drizzled with EVOO & balsamic glaze 12⁹⁹ *w/ prosciutto di parma 13⁹⁹*

The 9 West

chicken salad OR curried chicken salad, mixed greens, tomatoes & red onions 13⁹⁹

The West Beach

sliced all natural turkey with brie, mixed greens, cranberry horseradish sauce & mayo 13⁹⁹

The Hale Street

black forest ham, swiss cheese, lettuce, tomatoes & honey mustard 13⁹⁹

The Utopia

hummus, mixed greens, tomatoes, cukes, red onions, carrots, peppers, celery, sprouts, EVOO 12⁹⁹

The BLT

cherrywood bacon, lettuce & tomatoes with mayo 12⁹⁹

Cove

albacore white tuna, mixed greens, tomato, onion, dill pickles 13⁹⁹

The Jakey Boy

all natural peanut butter with jelly on white or wheat bread 4⁹⁹

The Taylor Girl

grilled cheese served on your choice of bread 5⁹⁹
See add ons for additions



The Donati

capicola, sopressata, mortadella, provolone cheese, prosciutto di parma, mixed greens, tomatoes, red onions & hot peppers, drizzled with evoo & balsamic glaze 14⁹⁹

The Mimi

herbed lemon chicken, arugula, roasted peppers, tomato bruschetta, goat cheese, balsamic glaze, EVOO 14⁹⁹

Anchor

BBQ chicken breast, cheddar, avocado, romaine, bacon, onion, spicy mayo 14⁹⁹

Depot

turkey, ham, swiss, bacon, greens, tomato, spicy mayo 14⁹⁹

Hook

albacore white tuna melt, cheddar, avocado, onion 14⁹⁹

Paninis

Eggplant

roasted eggplant, olive tapenade, roasted red peppers, onions, fresh mozz, lite mayo, basil, balsamic glaze 14⁹⁹

Mushroom

grilled cremini mushrooms, roasted red peppers, red onions, arugula, goat cheese, basil, balsamic glaze, EVOO 14⁹⁹

The Medley

sliced turkey, cheddar, bacon, arugula, onions, honey mustard 14⁹⁹

Salads

Cobb

mixed greens, veggies, bacon, avocado, chicken, fried egg 15⁹⁹

House

mixed greens, veggies, olives, balsamic 9⁹⁹

Field

greens, onions, bleu cheese, dried cranberries, apples, candied walnuts 13⁹⁹

Caesar

romaine, Parmesan, garlic croutons, bacon 12⁹⁹

Sides & Add Ons

Chicken Salad 4⁹⁹

Tuna Salad 4⁹⁹

Grilled Chicken 3⁹⁹

Bacon 2⁵⁰

Turkey 3⁹⁹

Ham 3⁹⁹

Prosciutto 2

Crab Cake 13⁹⁹

Avocado 2

Veggies 1

Hummus 2

Croutons 1

Spicy Mayo 1

Dressing 1

Olives 1

Pickles 1

Brie or Fresh Mozz 1⁵⁰

Bleu Cheese 1⁵⁰

Goat Cheese 1⁵⁰

Cheddar 1⁵⁰

* Note: Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness. Before placing your order, please inform your server if a person in your party has a food allergy.



Sandwiches

Sub Egg Whites 1²⁹ | Extra Cheese 1

The Morning Sandwich

two eggs scrambled or fried, choice of cheese 6⁹⁹
add bacon, ham or sausage 2

Breakfast Burrito

three eggs scrambled, cheddar, salsa, black beans, jalapenos, sour cream, on white, wheat or spinach wrap 10⁹⁹

add bacon, ham or sausage 2

Avocado Toast

smashed avocado, sliced tomato and arugula, lite drizzle evoo, salt and pepper 7⁹⁹

Eggs

Scrambles Sub Egg Whites 1²⁹ | Extra Cheese 1

1. three eggs, jack cheese, bacon, sausage, peppers, onions, smashed avocado, scallions 13⁹⁹

2. three eggs, feta, mushrooms, onions, cherry tomatoes, arugula & EVOO topping 12⁹⁹

Vidalias Omelet

three eggs, choice of cheese, toast 8⁹⁹

looking to add extras? See our Sides & Add Ons

Chef's Board

inquire at the counter for our daily specials!

Frittata of the Day

seasonal flavors 7⁹⁹

Challah French Toast

served with daily toppings and real maple syrup 11⁹⁹

Favorites

Smoked Salmon Bagel

tomatoes, cucumbers, onions, cream cheese, capers 14⁹⁹

Over the Moon

two eggs your way on top of challah french toast, with real syrup 12⁹⁹

Fruit & Yogurt

greek yogurt, sliced fresh fruit and honey 8⁹⁹

Smoothies

fruit, your choice of milk, lite honey 9⁹⁹
oat, almond, whole

Sides & Add Ons

Egg (1) 1

Egg Whites 1

Bacon 2⁵⁰

Sausage 2⁵⁰

Ham 2

Veggies 1

Smoked Salmon 7

Crab Cake 13 (when available)

Pesto 1

Real Syrup 2

Avocado 2

Spicy Mayo 1

Black Beans 1⁵⁰

Peanut Butter 1²⁵

Brown Sugar 1

Raisins 1

Cream Cheese 2

Salsa 1⁵⁰

Sour Cream 1

Sundried Tomato 2

Granola 1⁵⁰

Honey 1

Toast & Cheeses

Wheat 1⁵⁰

White 1⁵⁰

Marble Rye 1⁵⁰

Sourdough 1⁵⁰

English Muffins 1⁵⁰

Ciabatta 2

Gluten Free 1⁵⁰

Wrap 1⁵⁰

Bagel 2

Cheddar 1

Swiss 1

American 1

Provolone 1

Bleu 1⁵⁰

Feta or Brie 1⁵⁰

Goat 1⁵⁰

Ricotta 1⁵⁰

Fresh Mozz 1⁵⁰

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