



A Brush Above, Muskoka

A REPAINT
THAT LEAVES
YOU HEALTHY

Paint, the Muskoka Way

How A Fresh Start Can Heal

Welcome to a fresh start! Whether it's the peaceful woods or the crystal-clear lakes, Muskokans know that home is where we find comfort. But did you know that the colors and the quality of paint on your walls can have a deep impact on your well-being? A fresh coat of paint isn't just about aesthetics—it's about creating a space where you feel alive, calm, and in control.

At A Brush Above, we believe that your surroundings should inspire your best life. Let's take a look at how a repaint can elevate your home and your health, making your space not only beautiful but also beneficial to your mind, body, and soul.

Why a Repaint Is Healthy for You:

- **Cleaner Air, Safer Home:** Modern paints come with low or zero VOCs (volatile organic compounds), reducing toxic chemicals and improving the air quality in your space. This means you and your family can breathe easier, with fewer pollutants in your environment.
- **Colors that Calm and Inspire:** Different colors impact our mood. Soft blues and greens can calm the mind, while brighter hues like yellows or oranges can energize. A repaint allows you to choose colors that enhance your emotional well-being and create a more balanced living space.
- **A Fresh Space for a Fresh Mind:** Over time, we grow used to our surroundings. A new coat of paint refreshes not just your home but also your mindset, giving you that “clean slate” feeling, which can reduce stress and even boost your mental clarity.
- **Increased Energy and Focus:** The right color palette can stimulate productivity and focus. For home offices or creative spaces, repainting with shades that promote concentration (such as greens or cool tones) can lead to a more efficient and positive working environment.

A better home is just a brushstroke away.

Ready to transform your space and boost your well-being? Give your home or office a fresh start with A Brush Above!

Call us today, and let's make your space healthier, brighter, and perfectly tailored to your life.

Why Choose Us?

At A Brush Above, we believe in more than just painting walls – we believe in creating spaces that reflect your personality and enhance the feeling of home or work.

Our work is backed by a commitment to:

- **Quality Craftsmanship:** Every stroke is done with precision, ensuring durability and beauty.
- **Exceptional Customer Care:** We work closely with you to understand your needs, offering personalized service from start to finish.
- **Local Expertise:** As a locally owned business, we understand the unique needs of Muskoka homes and businesses, especially when it comes to seasonal challenges.

Contact Information

Company Name: A Brush Above

Owner: Noah Rowland

Phone: 705-706-1955

Email: abrushabv@gmail.com

Website: www.brushabove.com

Yours truly,
Noah Rowland