

EXPERIENCE PROPOSAL

OPERA AND WINE TASTING
SPEAK WITH POWER WORKSHOP
TEAM BUILDING SINGING EXPERIENCE
HEALTHY SPEAKING: THE PUBLIC SPEAKER MASTERCLASS
ONE-ON-ONE COACHING

Empower Your Voice, Empower Your Brand.

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HELLO,

My name is Assumpta, I'm a professional Opera Singer and Vocal Coach and I strive to make opera accessible to everyone.

All my offerings revolve around connecting more with yourself, your voice and with music. Each of these experiences is crafted to leave a lasting impact, empowering participants to connect more deeply with themselves and each other through the transformative power of music and performance.

I look forward to the opportunity to work together and create meaningful experiences for your team!





OPERA AND WINE TASTING



Overview: A unique combination of live opera performance and curated wine tasting, designed to delight the senses and provide an unforgettable evening of cultural enrichment and relaxation.

Details:

Duration: 3 hours

• **Venue:** A refined setting, preferably with good acoustics

• Tailored for: Teams looking to bond over a unique cultural experience

Includes:

- Live opera performance featuring professional singers
- Guided wine tasting led by a certified sommelier
- Gourmet hors d'oeuvres tailored to complement the wines
- Networking opportunities with colleagues in a relaxed atmosphere

- Cultural Enrichment: Exposure to the art of opera enhances appreciation for the arts
- Relaxation: A chance to unwind and enjoy a sophisticated evening away from the office
- Memorable Experience: Creates lasting memories that foster team bonding and camaraderie

TEAM BUILDING SINGING EXPERIENCE



Overview: An interactive and empowering team-building activity where participants collaborate to create and perform a song, fostering teamwork, creativity, and leadership skills.

No previous music skills necessary!

Details:

• Duration: 3 hours

• **Venue:** Open space or corporate event room

• Tailored for: Teams aiming to strengthen leadership abilities and enhance team communication

Includes:

- Group vocal coaching led by experienced facilitators
- Songwriting sessions that encourage collaboration and creativity
- Leadership development exercises within teams
- Public speaking presentation component, where each group presents their song and shares the inspiration behind it
- A digital recording of the final performance for participants to keep
- A post-workshop debrief session to discuss key takeaways and applications in the workplace

- Enhanced team cohesion and collaboration
- Improved communication and active listening skills
- Increased creativity and innovative thinking
- Development of leadership and public speaking skills
- A sense of achievement and pride through a shared creative experience

SPEAK WITH POWER WORKSHOP



Overview: A workshop focused on public speaking skills, helping participants gain confidence and presence through vocal techniques used by professional opera singers.

Details:

• Duration: 2 hours

• Venue: Corporate meeting room or similar setting

• Tailored for: Professionals from various sectors who use their voice extensively in their work (e.g. corporate executives, lawyers, sales representatives, speakers, educators...), who are seeking to improve their vocal presence and confidence

Includes:

- Vocal warm-ups and exercises tailored for effective speaking
- Breath control techniques to manage anxiety and enhance vocal projection
- Posture and projection techniques for impactful presentations
- Individual feedback and personalized coaching for each participant

- Improved Public Speaking Skills: Participants learn techniques to engage and captivate their audience
- Enhanced Confidence: Builds self-assurance in speaking situations
- Practical Tools for Effective Communication: Provides actionable strategies for clear and persuasive communication
- Vocal warm-ups, breath control exercises, posture and projection techniques, and individual feedback

HEALTHY SPEAKING: THE PUBLIC SPEAKER MASTERCLASS



Overview: A dedicated workshop providing practical advice and techniques to maintain and improve vocal wellness, especially beneficial for frequent speakers and presenters.

Details:

- Duration: 1.5 hours
- Venue: Corporate wellness room or similar setting
- Tailored for: Individuals who rely on their voice daily (e.g. teachers, call center agents, healthcare professionals, actors, coaches, public speakers...), who are interested in learning how to protect their vocal health or who already experience vocal strain or fatigue and seek practical strategies to maintain longevity in their career

Includes:

- Vocal warm-ups and exercises to promote healthy vocal habits
- Hydration tips and dietary advice for vocal wellness
- Techniques to avoid vocal strain and maintain vocal health
- Relaxation techniques to reduce stress and tension
- Resources for ongoing vocal care and maintenance

- Improved Vocal Health: Participants learn to care for their voice, reducing strain and fatigue
- Reduced Vocal Strain: Techniques help prevent injuries and maintain vocal quality
- Practical Daily Tips: Provides participants with tools to incorporate vocal care into their routine
- Vocal warm-ups, hydration tips, and relaxation techniques

ONE-ON-ONE COACHING



Overview: A personalized coaching session designed to help individuals discover and refine their unique vocal abilities. Whether you're an emerging singer, a public speaker, or a professional who relies on their voice, these sessions offer tailored guidance to improve vocal technique, confidence, and presence.

Details:

- Duration: Flexible, typically 1 to 2 hours per session
- **Venue:** Virtual or in-person at a convenient location
- **Tailored for:** Individuals who rely on their voice daily (e.g. teachers, actors, coaches, public speakers...) who are interested in learning how to protect their vocal health or who already experience vocal strain or fatigue and seek practical strategies to maintain longevity in their career.

Includes:

- Vocal warm-ups and exercises to promote healthy vocal habits
- Hydration tips and dietary advice for vocal wellness
- Techniques to avoid vocal strain and maintain vocal health
- Relaxation techniques to reduce stress and tension
- Personalized action plan with resources for ongoing vocal care and maintenance

- **Practical Daily Tips:** Provides participants with tools to incorporate vocal care into their routine
- Personalized Attention: Tailored coaching to meet your specific needs and goals
- Enhanced Vocal Skills: Improved technique, range, and vocal health
- Increased Confidence: Gain confidence in your vocal abilities and performance
- Flexible Scheduling: Sessions designed to fit your busy lifestyle

PRICING STRUCTURE

Experience	Price	Offer overview
Opera and Wine Tasting (11-20 people)	€1,800 - €2,700	Live opera performance, Guided wine tasting with a certified Sommelier, Gourmet hors d'oeuvres, Event setup and breakdown
Team Building Singing Experience (up to 30 people)	€3,100 - €4,400	Songwriting workshop materials, Final performance setup, Audio recording of the performance (optional), Refreshments during the workshop
Speak with Power Workshop* (up to 30 people)	€2,500 - €3,500	Vocal warm-up materials, Individual feedback reports, Post-workshop resources, Refreshments during the workshop
Healthy Speaking: the public speaker masterclass* (up to 30 people)	€1,500 - €2,500	Handouts on vocal health, Relaxation and warm-up exercises, Access to online resources for follow-up, Refreshments
One-on-one Coaching* (1h-2h per session)	€150 - €300	Techniques to avoid vocal strain, Relaxation techniques, Personalized action plan with resources for ongoing vocal care and maintenance

^{*}These offers are also available as continuous sessions consisting of 3 to 5 classes each. They are designed to bring about lasting changes and instill habits that help develop new skills. By repeating and delving deeper into the material, participants can enhance the effectiveness of the results, ensuring that the skills learned are not only retained but also integrated into their daily lives.

All experiences can be fully customized to meet your specific needs.

Pricing for larger groups is available upon request.

For inquiries or to explore options for a more exclusive experience, please don't hesitate to contact me: assumpta@thevoiceshop.eu

NEXT STEPS



Schedule a Consultation:

Reach out to discuss your specific needs and how I can **tailor the workshops** to fit your corporate objectives.



Book a Workshop:

Ready to secure a date? Contact me to check availability and book your preferred workshop. I recommend scheduling at least 4-6 weeks in advance to ensure a successful event.



Request a Customized Proposal:

If you have a particular vision in mind, let me know! I can create a **customized proposal** that aligns with your goals and budget.



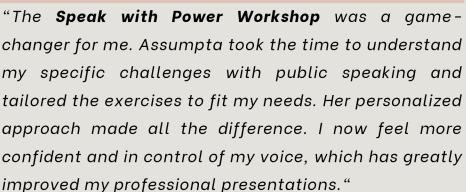
Provide Feedback:

I value your input! If you have any questions or suggestions regarding this proposal, please don't hesitate to reach out.

TESTIMONIALS



Betty K.





John R.

"The **Team Building Singing Experience** was not only fun but transformative for our group. Assumpta created a welcoming and safe environment that encouraged us to step out of our comfort zones. She made sure everyone felt included, and over all that we had fun with it. Our team left feeling more united and inspired."



Sarah T.

"The Opera and Wine Tasting was an unforgettable experience. Assumpta curated the event with such care, ensuring that every detail was perfect. Her passion for opera was so inspiring that I need to take my husband to an opera night soon! She created an evening that felt both intimate and grand."



David J.

"As someone who relies on my voice for work, the Healthy Speaking: the Public Speaker Masterclass was invaluable. Assumpta's expertise was evident as she provided tailored advice that fit my needs perfectly. She had so many tips and exercises I haven't heard of before - I can't wait to put them to practice!"



GET IN TOUCH



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