

Custom Bug-Out Bag Proposal

Designed by a Former Green Beret

John Smith,

Thank you for trusting us with the design and assembly of your custom bug-out bag. As a former Green Beret, I've dedicated my career to mastering survival tactics, resource management, and emergency preparedness under some of the most demanding conditions imaginable. It's a privilege to combine that experience with your specific needs, location, and budget to create a reliable, efficient, and meticulously crafted bug-out bag you can count on when it matters most.

Bag and Organization

5.11 Tactical RUSH72 Backpack (Multicam)

- **Description:** The RUSH72 is a 55L backpack built with high-grade, water-resistant nylon and reinforced stitching. It's designed to withstand harsh environments and offers ample space with organized compartments to house all essential gear.
- **Instructions:** Adjust shoulder and sternum straps for a snug, balanced fit. Use the MOLLE webbing to attach additional pouches or gear as needed.

Hand-Crafted Packing and Layout

- **Personalized Labeling:** Each pocket and compartment will be labeled by hand for quick identification.
- **Laminated Diagram:** You'll receive a durable, laminated reference image showing exactly where each item is located within the bag. This prevents confusion in high-stress situations and helps you quickly re-pack items after use.

Essential Gear

Shelter and Warmth

Snugpak Jungle Bag Sleeping Bag

- **Description:** Lightweight, compact, and treated with antibacterial/antimicrobial finish. Perfect for temperate climates while still providing warmth down to comfortable temperatures.
- **Instructions:** Unroll and shake out before use. Pack in the bottom compartment of the backpack to maintain balanced weight distribution.

SOL (Survive Outdoors Longer) Emergency Bivvy

- **Description:** A reflective, waterproof emergency bivvy sack that helps retain body heat and protect from wind and rain.
- **Instructions:** Keep in an easily accessible pouch for quick deployment in sudden weather changes.

Water Filtration and Storage

Sawyer MINI Water Filtration System

- **Description:** Compact 0.1-micron filter capable of removing bacteria and protozoa from freshwater sources.
- **Instructions:** Attach the filter to the included pouch or a standard water bottle. Squeeze or drink directly through the filter. Backflush after each use to maintain flow rate and function.

Platypus 1L SoftBottle

- **Description:** Collapsible and durable water bottle that rolls up for minimal space usage.
- **Instructions:** Fill from filtered water sources and store in the side pocket for easy access. Always keep at least one liter of purified water ready.

Food Supplies

Mountain House Classic Assortment (Freeze-Dried Meals)

- **Description:** A mix of high-calorie entrées (e.g., Beef Stroganoff, Chicken Teriyaki, Spaghetti with Meat Sauce) designed to provide essential nutrients.
- **Instructions:** Boil water (using your cooking kit), pour into the pouch, stir, reseal, and wait until fully rehydrated. Each pouch is easy to prepare and lightweight for carrying.

Clif Energy Bars

- **Description:** Compact, shelf-stable bars for quick energy boosts.
- **Instructions:** Keep within reach for immediate consumption during physically demanding activities or for on-the-go snacking.

Total Calorie Breakdown

- Mountain House Meals (6 pouches total): ~ 7,200 calories
- Clif Bars (12 bars total): ~ 3,000 calories
- Supplementary Snacks (trail mix, jerky): ~ 1,800 calories
- **Overall Total:** ~ 12,000 calories

This provides enough sustenance for approximately 3–5 days, depending on your personal intake needs.

Fire and Cooking

MSR PocketRocket 2 Stove

- **Description:** A compact, lightweight canister stove for boiling water and cooking meals quickly.
- **Instructions:** Screw onto compatible fuel canister, adjust flame control, and always use in a well-ventilated area.

Light My Fire Swedish FireSteel

- **Description:** A reliable ferro rod that generates sparks in any weather condition.
- **Instructions:** Scrape the rod with the included striker (or the back of a knife) to produce sparks onto tinder or stove.

Light and Navigation

Fenix PD35 V3.0 Tactical Flashlight

- **Description:** High-lumen output (up to 1700 lumens) with multiple brightness modes, waterproof, and rugged design.
- **Instructions:** Keep in the top pocket for easy access. Charge or replace the rechargeable battery as needed.

Suunto A-10 Compass

- **Description:** A reliable, lightweight compass with a clear baseplate for map navigation.
- **Instructions:** Familiarize yourself with local topographical maps. Use the baseplate edges to orient and plot routes accurately.

Medical and Hygiene

Adventure Medical Kits Ultralight/Watertight .9

- **Description:** Contains bandages, antiseptics, and other essentials in a waterproof pouch.
- **Instructions:** Store in an interior pocket to maintain dryness. Replace or replenish supplies after use.

Personal Hygiene Kit

- **Description:** Includes travel-sized soap, toothbrush, toothpaste, and hand sanitizer.
- **Instructions:** Keep items in a separate waterproof pouch to avoid spills and preserve sterility.

Tools and Security

Gerber StrongArm Fixed Blade Knife

- **Description:** Full-tang, high-carbon steel blade with a rubberized handle for a secure grip. Perfect for cutting rope, preparing food, and more.
- **Instructions:** Keep sheathed and secured on the backpack's MOLLE panel for immediate access.

Leatherman Wave+ Multi-Tool

- **Description:** Features pliers, wire cutters, screwdrivers, and knives—an all-in-one tool for repairs, gear adjustments, and everyday tasks.
- **Instructions:** Familiarize yourself with each tool and store it in a dedicated pocket for quick deployment.

Hand-Crafted Packing and Labeling

Every item is carefully packed by hand, labeled, and placed in specific compartments for optimal load distribution and rapid access. You will receive:

1. **A Laminated Inventory Card** that illustrates where each item is stowed inside the bag.
2. **Color-Coded Labels** that match the inventory card, ensuring you can find crucial tools, food, and medical supplies instantly.

Closing and Total Cost

Your safety and preparedness are our top priorities, and this bag has been assembled to ensure you remain confident and secure in any emergency. Should you ever need guidance on practicing with your gear or refreshing supplies, we're here to provide continued support.

The total cost for this custom bug-out bag is \$1743.09. This includes all gear, hand-crafted organization, labeling, and personalized packing.

Thank you once again for the opportunity to serve your preparedness needs. I'm honored to leverage my special operations background to help give you the peace of mind that you and your loved ones deserve.

Stay safe and prepared,

Chris

Former Green Beret & Survival Consultant