



**ATHLETES
PEAK
ACADEMY**

APRIL TERM BREAK CAMP

Explore, Learn, and Play at Our Ultimate Education, Multi-Sport & Outdoor Activity Camp!

UNLEASH YOUR POTENTIAL

FROM 6 – 13 YEARS OLD



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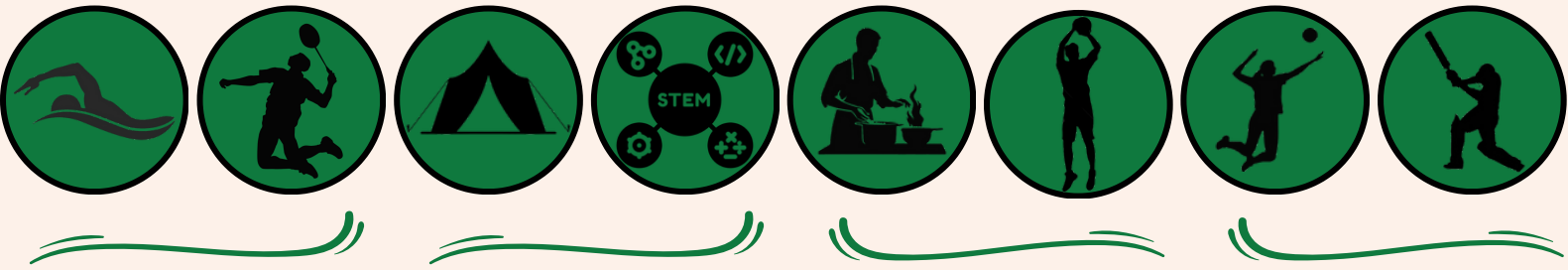
Athletes Peak Academy



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ABOUT US

Welcome to Athletes Peak Academy, where we believe in nurturing talent and fostering a love for sports through expert coaching and personalized training. Our academy offers a wide range of sports disciplines, including cricket, swimming, netball, volleyball, football, tee-ball, basketball, badminton, muay thai, HIIT fitness, dodgeball, and many more to come.



SINCE 2023

MISSION:

Bridge the gap between ambition and achievement by offering tailored training programs, one-on-one mentorship, and access to educational resources.

VISION:

Empowering athletes to achieve their full potential through great experience and education.



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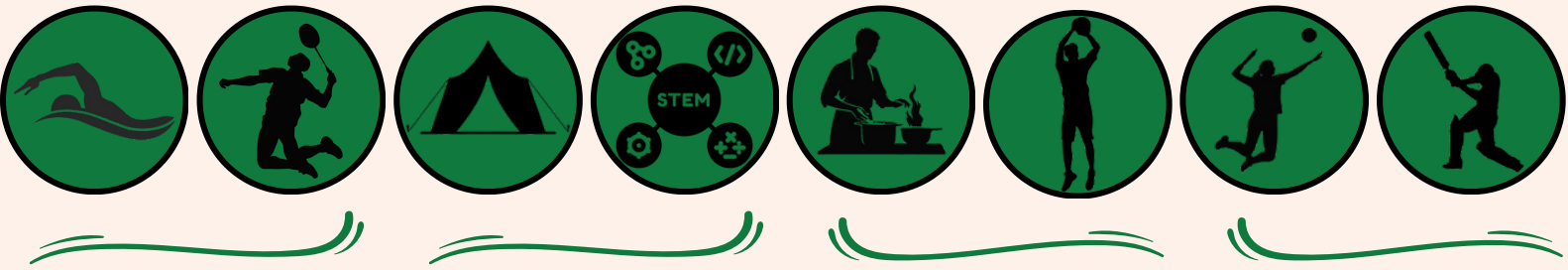
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WHY CHOOSE US

Global Discipline & Excellence

We believe that discipline is not just about physical training. It is about cultivating the focus and dedication required to excel in all aspects of life. Students will learn to manage their time, prioritize their commitments & push themselves to achieve their personal best, both in sports & academics. Success is built through consistent effort, responsibility & an unwavering work ethic.

Cross-Cultural Teamwork & Collaboration

In a truly international environment, collaboration extends beyond language and borders. Whether on a team or competing individually, student will work with peers from diverse backgrounds, learning the power of teamwork, mutual respect & communication. The experience will enhance their ability to collaborate across cultures, fostering understanding & building lasting relationships that will serve them in global settings.

Resilience & Mental Agility

Resilience is key to thriving in the face of challenge, whether overcoming a tough competition or navigating the pressures of international school life. Student will learn to turn setbacks into stepping stones, understanding that growth often comes from pushing past failure. Mental toughness, adaptability & perseverance are core values that will empower students to succeed in both their athletic & academic pursuits.

Holistic Personal Growth & Leadership

APA mission is not only to develop world-class students but also global citizens. Our program focuses on holistic development such as building leadership skills, confidence & self-esteem that extend beyond athletics. By taking on leadership roles, mentoring others & engaging in self-reflection, students become empowered individuals, ready to face challenges in any arena, whether in sports, academics or community leadership.

Health, Well-Being & Balance for Global Minds

APA promotes a balanced approach to physical health, mental resilience & emotional well-being. International students often juggle academics, athletics & social adjustment, so our program places a strong emphasis on self-care, recovery & nutrition. We guide students in managing stress, balancing their personal & academic lives & maintaining a positive mindset.

Inclusive Leadership for a Global Future

Leadership at APA is about empowering students to make a difference in their communities, whether at school, on the sports field or in the world at large. We cultivate leaders who value inclusivity, who lead by example & who inspire others to achieve their potential. Our leadership development program focuses on both self-leadership & the ability to inspire & guide teams in diverse & dynamic environments.

Embracing Diversity & Cultural Understanding

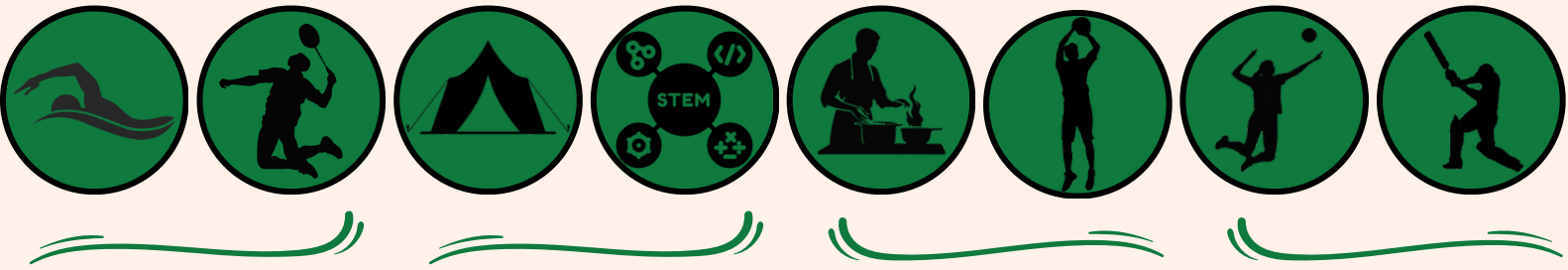
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Passion, Motivation & Global Student's Mindset

In a truly international environment, collaboration extends beyond language and borders. Whether on a team or competing individually, student will work with peers from diverse backgrounds, learning the power of teamwork, mutual respect & communication. The experience will enhance their ability to collaborate across cultures, fostering understanding & building lasting relationships that will serve them in global settings.

Safety, Well-Being & Care

Resilience is key to thriving in the face of challenge, whether overcoming a tough competition or navigating the pressures of international school life. Student will learn to turn setbacks into stepping stones, understanding that growth often comes from pushing past failure. Mental toughness, adaptability & perseverance are core values that will empower students to succeed in both their athletic & academic pursuits.



CURRICULUM

We believe in nurturing well-rounded individuals. That's why we've carefully chosen a mix of sports and educational activities like Master Chef, STEM, Art, and Outdoor Adventure Activities. These activities not only keep campers active and engaged but also build essential life skills like teamwork, leadership, problem-solving, creativity, and resilience. Whether on the court or in the kitchen, our winter camp is designed to help each camper grow, learn, and thrive – both in sports and in life!

1. Sports

BADMINTON | BASKETBALL |
VOLLEYBALL | NETBALL | TEEBALL
CRICKET | DODGEBALL

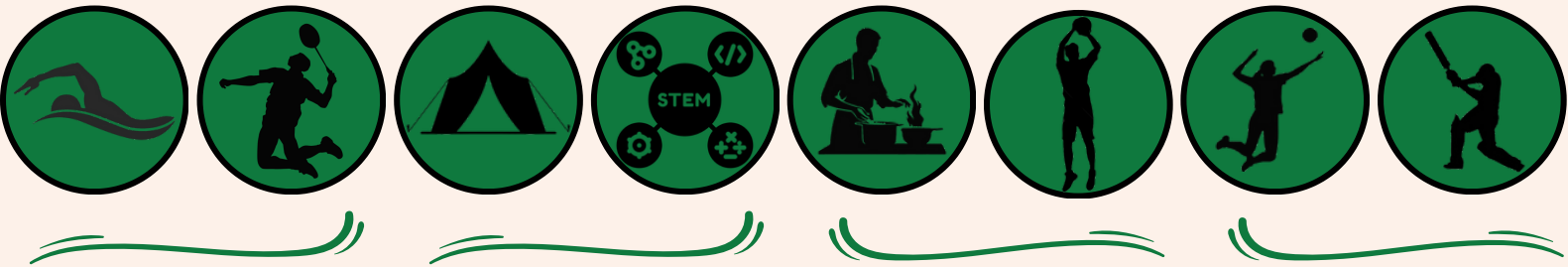
These sports are more than just games; they are opportunities for our campers to develop skills, build confidence, and work as a team. They align perfectly with our values of excellence, teamwork, discipline, and personal growth.



2. Skills

MASTER CHEF | STEM | ART | OAA

This bundle offers more than just fun activities – it's an investment in your child's education, leadership, and life skills. Through these engaging activities, campers will develop essential skills like critical thinking, teamwork, resilience, creativity, and leadership that will serve them both in school and beyond.



TIMETABLE

| TIME / DAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------|----------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| 8.30AM - 9.30AM | REGISTRATION & BREAKFAST | | | | |
| 9.00AM - 10.00AM (SPORT 1) | STRIKING & FIELDING | BASKETBALL | VOLLEYBALL | NETBALL | DODGEBALL |
| 10.00AM - 11.00AM (SPORT 2) | BADMINTON / RACKET SPORT | | | | |
| 11.00AM - 11.15AM | SNACK TIME | | | | |
| 11.15AM - 12.15PM (SPORT 3) | DODGEBALL | NETBALL | BASKETBALL | VOLLEYBALL | STRIKING & FIELDING |
| 12.15PM - 2.15PM | MASTERCHEF & LUNCH | | | | |
| 2.15PM - 4.15PM (SKILLS) | STEAM / EAL / OAA / SPORT | STEAM / EAL / OAA / SPORT | STEAM / EAL / OAA / SPORT | STEAM / EAL / OAA / SPORT | STEAM / EAL / OAA / SPORT |
| 4.15PM - 4.30PM | END OF THE DAY - PARENTS PICK UP | | | | |



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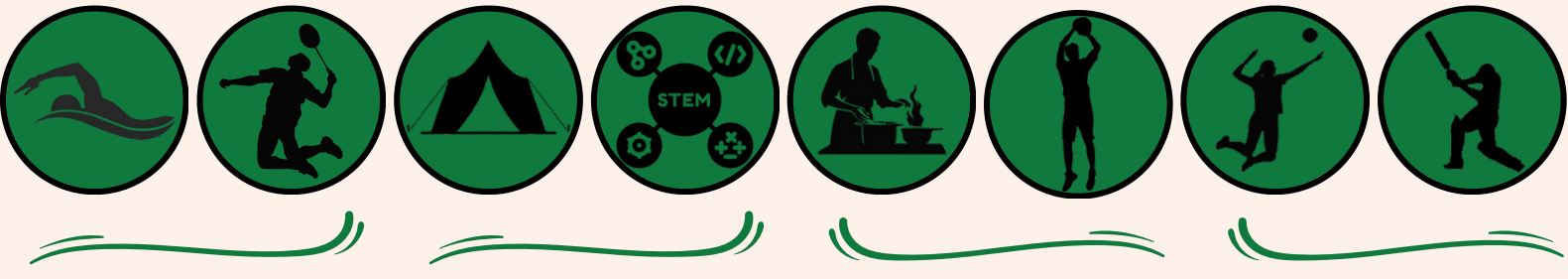
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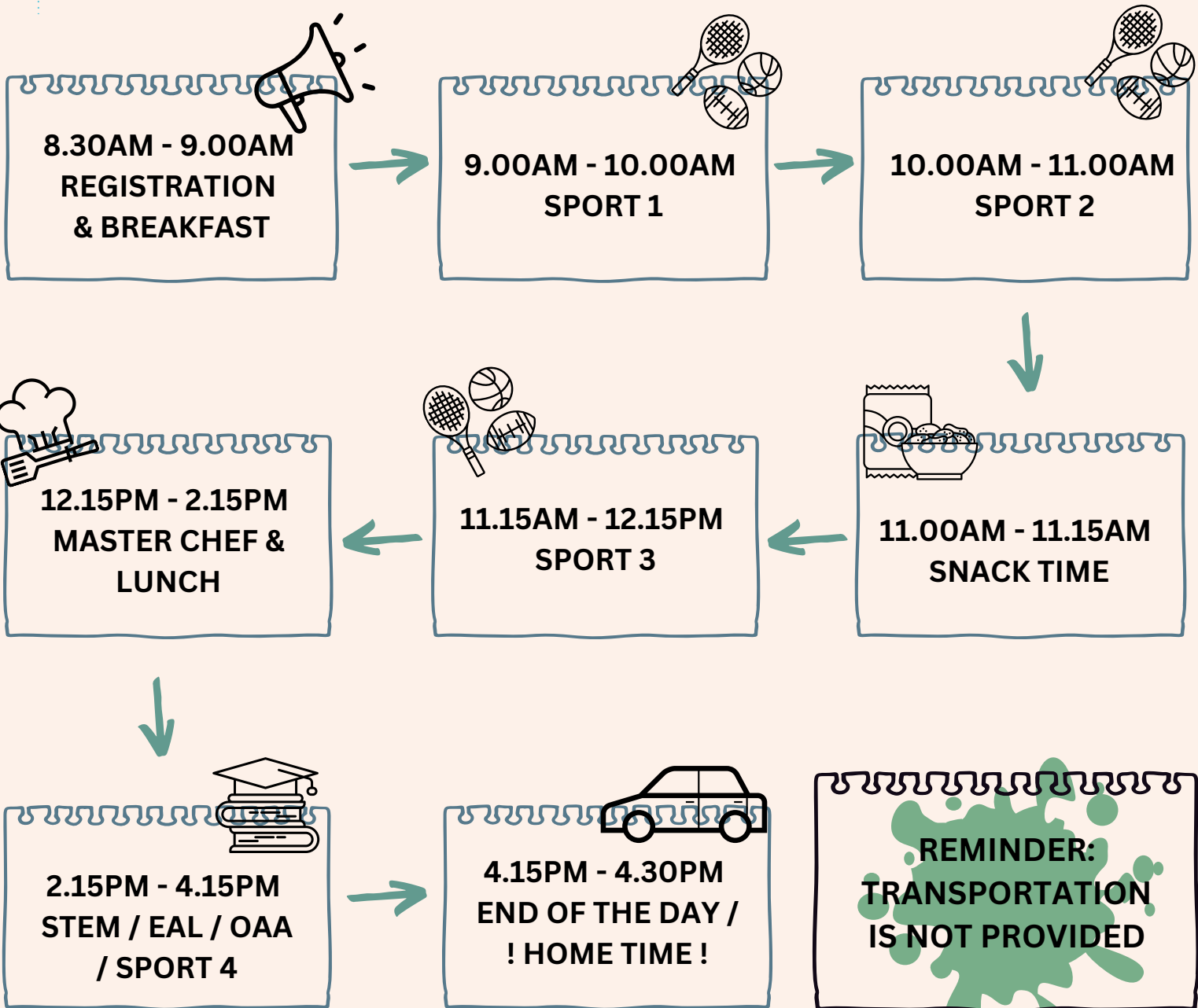
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A DAY IN APA CAMP



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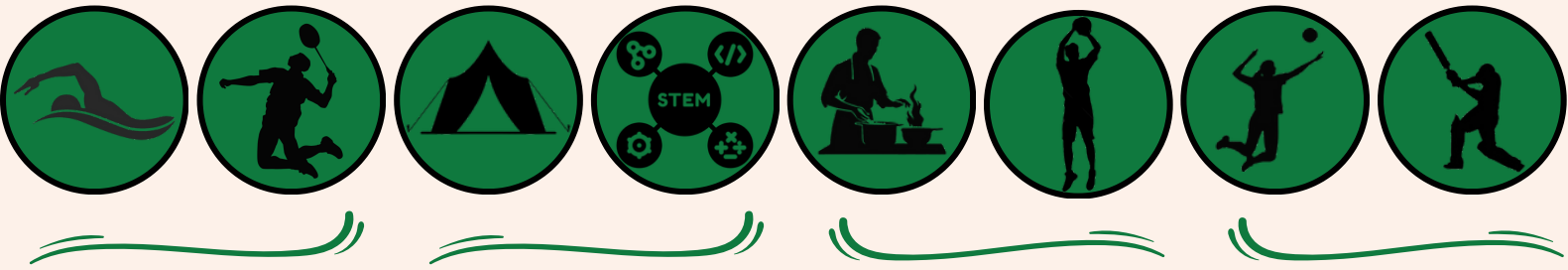
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DROP OFF & PICK UP

DROP OFF PROCEDURE



Drop-off begins at 8.30am.
Please aim to arrive promptly to allow time for check-in and to settle your child in



POWIS Tanjung Bungah, Penang, Malaysia drop-off at the lobby.



Upon arrival, please check in with our staff. We will have a brief orientation and ensure that all necessary form is completed

PICK UP PROCEDURE



Half day camps end at 12.15pm. Full day camps end at 4.30pm.
Please arrive on time for pick-up to collect your child promptly.



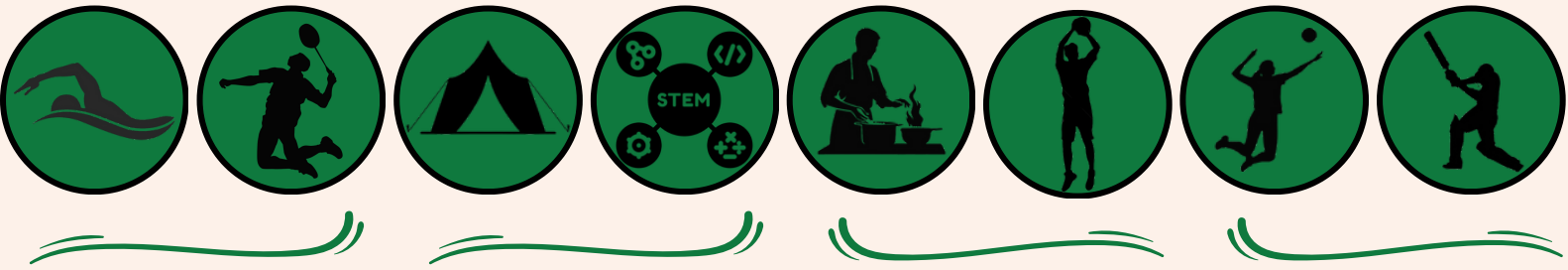
POWIS Tanjung Bungah, Penang, Malaysia pick-up at the lobby.



When picking up your child, please check out with our staff. It's essential for the safety and accountability of all campers

ADDITIONAL INFORMATION:

1. AUTHORIZED PICK-UP: ONLY INDIVIDUALS LISTED ON YOUR CHILD'S AUTHORIZED PICK-UP LIST WILL BE ALLOWED TO PICK UP YOUR CHILD. PLEASE INFORM US IN ADVANCE OF ANY CHANGES.
2. LATE PICK-UP: WE UNDERSTAND THAT UNFORESEEN CIRCUMSTANCES CAN ARISE. PLEASE NOTIFY US IMMEDIATELY IF YOU ANTICIPATE BEING LATE FOR PICK-UP.



PREPARATION FOR THE CAMP



CLOTHING

Athletic Attire: Please dress your child in comfortable athletic clothing suitable for physical activities. This includes shorts, t-shirts, sports jerseys, and athletic socks.

Proper Footwear: Athletic shoes with good support and grip are essential. Make sure they are broken in and comfortable for running and playing indoors.

Weather-appropriate Clothing: While our camp is indoors, please check the weather forecast daily and dress your child accordingly. Layers are recommended for cooler mornings and warmer afternoons.

Extra Clothes: Since there will be physical activities like sports and cooking, it's a good idea to pack extra clothing in case your child gets sweaty. A change of clothes can keep them comfortable throughout the day.

GEAR & EQUIPMENT

Sports Equipment: If your child has their own sports equipment (e.g. badminton racket), please label it with their name and ensure they bring it.

Water Bottle: Hydration is crucial during physical activities. Provide a refillable water bottle labeled with your child's name.

Sun Protection: All activities are indoor but you can also bring your sunscreen with you.

Snacks: Even though snacks and lunch is provided, feel free to bring healthy snacks that will keep your child energized throughout the day. Avoid sugary snacks that may cause energy spikes and crashes. (no nuts on site)



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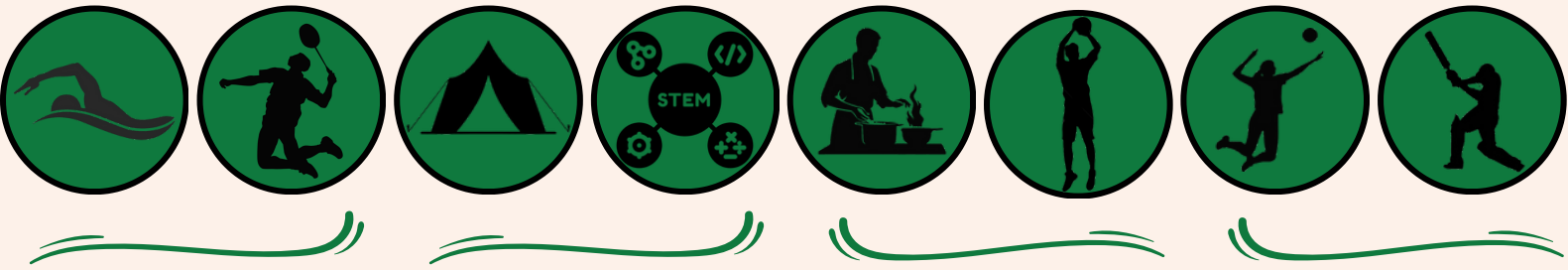
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IMPORTANT INFORMATION

Safety and Child Protection:

The safety and well-being of your child are our utmost priorities. We have implemented comprehensive safety measures and strict protocols to ensure a secure environment throughout the summer camp.

Trained Staff:

Trained coaches will lead all the activities, prioritizing the safety of all participants.

Secure Venue:

Our sports venue is equipped with necessary safety features, including appropriate fencing and controlled access points, to ensure the protection of all attendees.

Drop-off and Pick-up Procedures:

Parents and guardians are kindly requested to drop off and pick up their children at the designated times and locations (near the guard house). A staff member will receive them. Unfortunately, we are unable to accommodate parents' presence during the training sessions as it may cause distractions for the participants and disrupt the planned activities. Additionally, this policy is in place to address safety and safeguarding concerns. Please ensure that you adhere to these guidelines for the well-being of all participants.

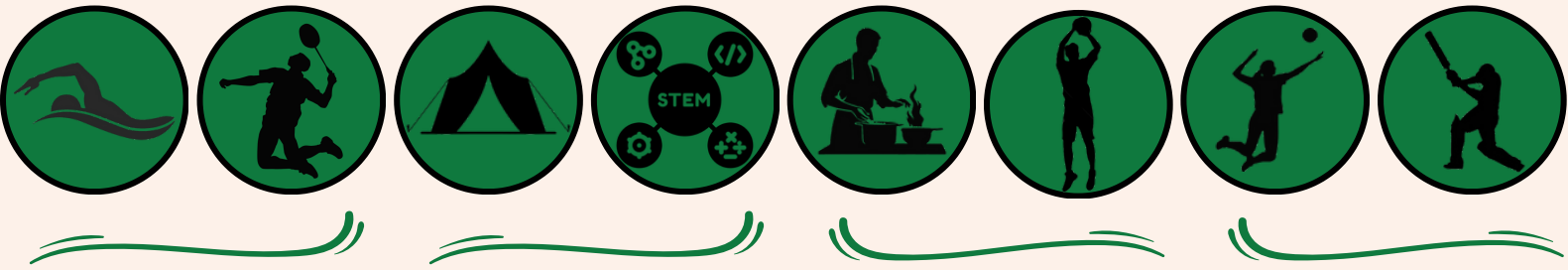
Photography and Media Policy:

To respect the privacy of all participants, we offer you the option to choose whether you want your child's photo to be taken and posted in the media, or if you prefer that your child's photo not be taken or published. However, if you do not provide prior consent, your child's photo and video will not be used for media-related activities associated with Athletes Peak Academy.

Registration and Payment:

To secure a spot for your child in the Athletes Peak Academy Winter Camp, please complete the registration form and submit it along with the payment receipt. Payments can be made online. Please note that spots are limited and will be allocated on a first-come, first-served basis.

By engaging in our activities or being present on our premises, you agree to adhere to this Policy for your own safety



EMERGENCY PROCEDURE

If your child has an accident or becomes sick at camp, rest assured that our primary concern is their well-being and safety. Here's how we handle such situations:



ACCIDENTS & ILLNESS



Immediate Care:

Our staff members are trained in basic first aid. If your child has a minor injury, they will receive immediate care on-site.

Assessment:

Depending on the severity of the injury, our staff will assess the situation and determine if further medical attention is needed.

Communication:

We will notify you promptly if your child is involved in an accident requiring medical attention beyond basic first aid. It's essential to have provided accurate emergency contact information during registration.

Parent Notification:

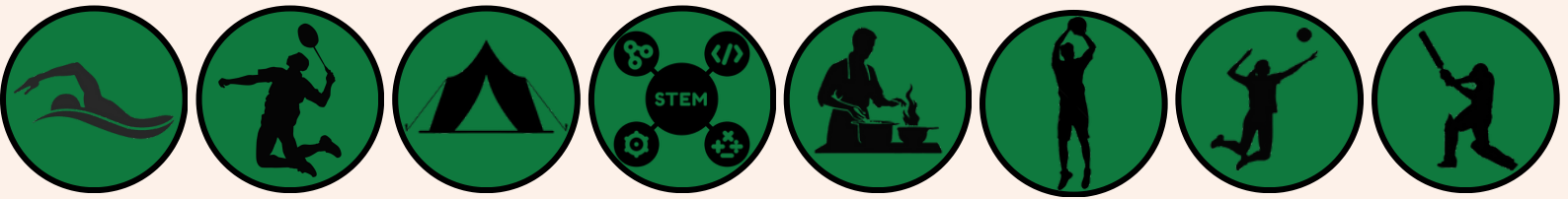
We will contact you immediately if your child is ill and needs to go home or requires medical attention beyond basic care.



EMERGENCY CONTACTS:



Please ensure that all emergency contact information provided during registration is accurate and up-to-date. This allows us to reach you quickly in case of any emergency involving your child.



OUR GALLERY



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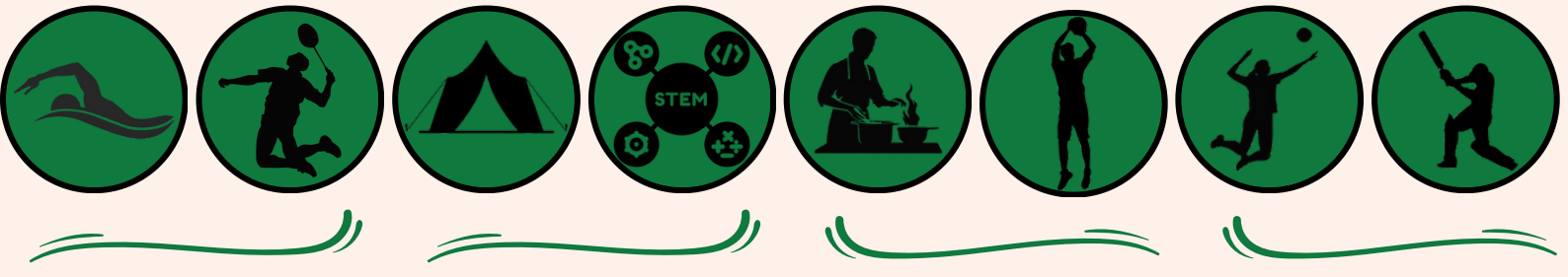
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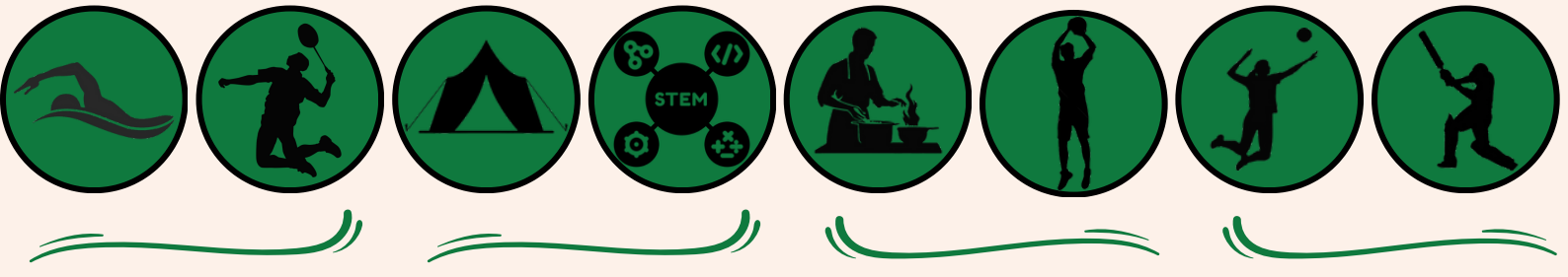
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