## 1 PM, 2<sup>nd</sup> & 4<sup>th</sup> MONDAYS - CARDIFF CASTLE LITTER-PICK





This collaborative community activity takes place with our *'litter-pick partners'* – The Wambles of Wales - SYTL, at the historic Cardiff Castle on the second & fourth Monday of the month, meeting at 1 pm. The 'Heroes' generally, litter-pick the exterior grassed moat areas alongside the



east & south facing castle walls whilst the Wambles litter-pick the adjacent paved areas.



A safety brief is given prior to the litter-pick starting & all necessary equipment is supplied: such as High-viz waistcoats, gloves, pickers, litter bags and bag hoops. We also have approved 'Sharps' bins for broken glass, which we often come across.

The pick usually takes around an hour & a half, sometimes two, and we finish off back at the car for a cuppa and some biscuits.





