

The Ultimate Vegan Nachos with Cashew Cheese and Black Beans

Description

This ultimate vegan nachos recipe brings together crispy tortilla chips, creamy cashew cheese, spiced black beans, and fresh homemade salsa for a mouthwatering snack or meal. It's a perfect balance of crunch, creaminess, and zest, ensuring every bite is packed with flavor. Whether you're entertaining guests or indulging in a solo treat, these nachos are a guaranteed crowd-pleaser!

Ingredients:

For the Cashew Cheese Sauce:

- 1 cup raw cashews (soaked for 2+ hours or boiled for 10 minutes)
- 1/2 cup water
- 2 tbsp nutritional yeast
- 1 tbsp lemon juice
- 1 tsp apple cider vinegar
- 1/2 tsp garlic powder
- 1/2 tsp onion powder
- 1/2 tsp smoked paprika

• 1/2 tsp salt

For the Nachos:

- 1 bag tortilla chips (choose baked for a healthier option)
- 1 1/2 cups black beans (cooked or canned, rinsed and drained)
- 1/2 tsp cumin
- 1/2 tsp chili powder
- 1/4 tsp salt

For the Salsa:

- 1 cup diced tomatoes
- 1/4 cup diced red onion
- 1 tbsp lime juice
- 1/4 cup chopped fresh cilantro
- 1/2 tsp salt
- 1/4 tsp black pepper

Toppings (Optional but Recommended):

- 1/4 cup sliced black olives
- 1/2 cup guacamole
- 1/4 cup fresh cilantro, chopped
- 1/2 cup diced jalapeños

Instructions:

Step 1: Make the Cashew Cheese

- 1. Drain and rinse the soaked cashews.
- 2. Blend all cheese sauce ingredients in a high-speed blender until smooth and creamy.

3. Adjust seasoning if needed. If the sauce is too thick, add a bit more water.

Step 2: Prepare the Black Beans

- 1. Heat a small pan over medium heat.
- 2. Add the black beans, cumin, chili powder, and salt.
- 3. Stir and cook for about 3-5 minutes until fragrant.

Step 3: Make the Salsa

- 1. In a small bowl, mix diced tomatoes, red onion, lime juice, cilantro, salt, and black pepper.
- 2. Stir well and set aside to let the flavors meld.

Step 4: Assemble and Bake

- 1. Preheat your oven to 375°F (190°C).
- 2. Spread the tortilla chips evenly on a baking sheet.
- 3. Distribute the black beans over the chips.
- 4. Drizzle the cashew cheese sauce generously on top.
- 5. Bake for 7-10 minutes until the nachos are warm and slightly crisp.

Step 5: Add Toppings and Serve

- 1. Remove from the oven and immediately top with salsa, olives, guacamole, cilantro, and jalapeños.
- 2. Serve hot and enjoy!