2025<u>2</u>026







Tryouts: May 5-9 from 6-8:30 pm in the Main Gym @ Shorewood High School

No prior experience is necessary! Welcome all!

Welcome to the Shorewood Flag Team tryouts! We are very excited to have you here and look forward to a fun and engaging tryout session. Being on the Shorewood Flag Team is an honor and a privilege. You are chosen to be a member of this team based on your attitude, performance skills, GPA, and spirit. During your time on Flags, you will learn about teamwork, leadership, and hard work. You will also make lifelong friends, have fun, and participate in enriching team-building experiences.

Please read the packet in its entirety.



Academic Requirements

- Maintain a 2.5 GPA or higher.
- No failing grades (at all during the school year)
- Failing to meet these standards may result in dismissal from the team.

Commitment

- Summer practices (Mon 4pm-6pm, Tues 10am-12pm, Thurs 10am-12pm).
- Evening practices during the school year, plus performances, competitions, and fundraising.
- Attendance is mandatory for all practices, events, and activities.

It sounds like a lot, but the team each year cannot get enough of these exciting performance opportunities!

shorewoodflagteam.com

Tryout Requirements

Visit our website for instructions and links!

- Complete and bring this tryout packet to tryouts on May 5th
- Have a current, approved physical form on file with the school nurse before tryouts. Schedule a doctor's appointment if needed.
- Fill out FinalForms online & upload physical (select "Shorewood Flag Team 2025-2026").
- <u>Unapproved forms will prevent participation.</u>
- Daily attire for tryouts:
 - May 5: Black T-shirt, black leggings/shorts
 - May 6: Blue T-shirt, black leggings/shorts
 - May 7: Gray T-shirt, black leggings/shorts
 - May 8: Black T-Shirt, black leggings/shorts
 - May 9: White T-shirt (Finals), black leggings/shorts

Double-check with the school nurse to see the status of approved physicals. If you have any questions or want to confirm your FinalForms status, please contact me at swflagteam@gmail.com.

I look forward to meeting you at tryouts!

Emma Jefferson, Coach



Please make sure all information is legible!

Legal Name:	
Student #:	Pronouns:
Home Address:	
Cell Phone:	
Email Address:	
Parent's Names:	
Parent Emails:	
Current Grade Level:	_ Current Cumulative GPA:
Are you a student-athlete? γ	If yes, which sport(s)?
Do you currently have a job, or p	
How many hours per week?	Y N

Please tell us why you are trying out for the SW Flag Team:

Understanding that being a member of the Flag Team is a big	
commitment, what other activities do you have and how will you	
manage all of them?	
Although it is not a prerequisite, what, if any, experience do you have	
on any other performance team or in performing arts? Do you have an	
dance experience?	
What is different about you that sets you apart from the other	
students?	



Being on the Flag Team comes with financial responsibilities. While fundraising can help, each member is ultimately responsible for their costs.

Uniforms:

- Approx. \$430 (includes custom fit skirt, shell top, sleeves, briefs, custom duffel bag).
- First deposit due in June 2025 (date provided after tryouts).
- Monthly payments are due by the 1st of each month.
- <u>Uniforms must be paid in full by early September 2025</u> to avoid fines or limited participation.

Trips: Members will participate in the 4th of July parade and competitions (Dec-March) with a \$130 fee per member. Additional costs may apply if the team qualifies for state. If financial hardship arises, please reach out to discuss possible payment plans, we are always open to supporting families!

Uniform Package	\$430
Dance Shoes	\$30
Performance Shoes	\$68
Competition Fee	\$130
Practice T-shirts (2)	\$35
Travel Expenses	\$50

^{+ \$40} ASB fee (paid seperately)

Approximate Total: ~\$750.00

Each new member and a parent are required to attend Registration Night/Parent Meeting (date to be sent out to parents of students who make the team after tryouts finish).

A final breakdown of annual costs per person will be provided, as well as a tentative schedule for the year and a registration packet.

REQUIREMENTS FOR TEAM MEMBERS

As a member of the Shorewood Flag Team you must, at ALL times:

- Have and maintain a cumulative GPA of 2.5 or higher and have a
 passing grade in every class. The coach has the option to remove from
 the team, at any time, any student who does not meet these
 requirements.
- Have a good attendance record in all classes.
- Have no discipline issues.
- Purchase an ASB card.
- Have a current sports physical on file (a WIAA requirement) and maintain medical insurance coverage at all times.
- Obey the Shorewood Discipline Code and Shoreline School District
 Statement of Responsibilities and Rights of Students.
- Attend all practices and be punctual. Absences and tardies count against you being able to perform.
- Attend all assemblies, games, activities, competitions, parades, and community events, to which you are assigned.
- Wear complete and proper uniform on event days, and proper attire for practices.
- Use a "flag bag" to carry your equipment and come to every class/practice with your bag. You will be responsible for all equipment and costumes checked out to you.
- Purchase all pieces of uniform and pay the balance of uniform cost by September 2025.
- During performances, no jewelry will be worn. Jewelry will be taken
 off, and stored in a safe place.
- Represent Shorewood with pride, spirit, respect, and dignity at all times.
- Support and encourage fellow team members and other leadership and performance teams.

REQUIREMENTS FOR TEAM PARENTS

- Understand that it is vital to the success of the team that each
 member attends all practices, whether it is summer, evenings and/or
 weekend. Jobs, schoolwork, vacations, and social activities will need
 to be scheduled around team activities. Occasional weekend
 practices may be necessary.
- Make sure your student has a current physical on file and maintain medical insurance for your student throughout the school year.
- Purchase an ASB card for your student.
- Hold students accountable to Leadership and Discipline Codes.
- Attend Registration Night/Parent Meeting (Date TBD and will be announced to girls who make the flag team and their parents via email after completion of tryouts).
- Make regular monthly payments toward the balance of the uniform by the 1st of each month. The balance must be paid by September
 2025. The uniform balance may be paid in full at any time.
- Help team with fundraisers Booster Auction, donation letters, car washes, movie night, etc. The success of our fundraisers helps offset your student's participation costs! Volunteer! Working concessions during basketball games is a great way to make money for the team and it gets parents involved!
- Parents will be called upon to help with various things throughout the year, i.e. driving to events, procuring items for the Booster auction, hosting a team event, etc.
- Remember that these are some of the best times in your student's high school years and they want to share them with you. Please support your student by attending performances.
- Support the decisions of the coach, athletic department, and school administration.

TRYOUT WAIVER

During Flag Team tryouts, students will be doing some vigorous exercises, dancing, and learning various flag movements and 1 basic toss. All of this is done while using a six-foot metal pole and attached flag silk. We monitor carefully all students during tryouts. While this is not an overly strenuous or dangerous activity, like any sport, there is always the risk of injury. You must have medical insurance or coverage for your student during tryouts. The Shoreline School District, Shorewood High School, Shorewood Flag Team, and/or the Flag Team Coach are NOT responsible for injuries incurred during tryouts.

My student,	, has the following
medical coverage or insurance	e:
Furthermore, I agree that I	will not hold the Shoreline School
District, Shorewood H	ligh School, Shorewood Flag
Team, and/or the Shorewood F	Flag Team Coach liable for any injury
that may occur du	ıring Flag Team tryouts.
arent Signature	Date



Parents and students, please initial each item, sign and date at the bottom of this form.

I have read and unders	tand the TRYOUT INFO &
REQUIREMENTS	
I have read and unders	tand the REQUIREMENTS FOR TEAM
MEMBERS AND TEAM PARENTS	
I have read and unders	tand the PRACTICE/VACATION
SCHEDULE	
I have read and unders	stand the FINANCIAL OBLIGATION
I have read and unders	tand the STANDARDS AND
EXPECTATIONS	
I have read and unders	stand the TRYOUT WAIVER
I understand by signing this form	n, I agree to allow my student to try
out for the Shorewood Flag Team	and understand the commitments is
they are chosen as a member of th	e 2024-2025 team.
Parent Signature	Date
Student Signature	Date