



ESAFETY WOMEN
2024-1-LT02-KA210-YOU-000243179

ESAFETY WOMEN

TOOLKIT

NUMBER: 2024-1-LT02-KA210-YOU-000243179

DATES: 01/10/2024 - 31/03/2026



Co-funded by
the European Union



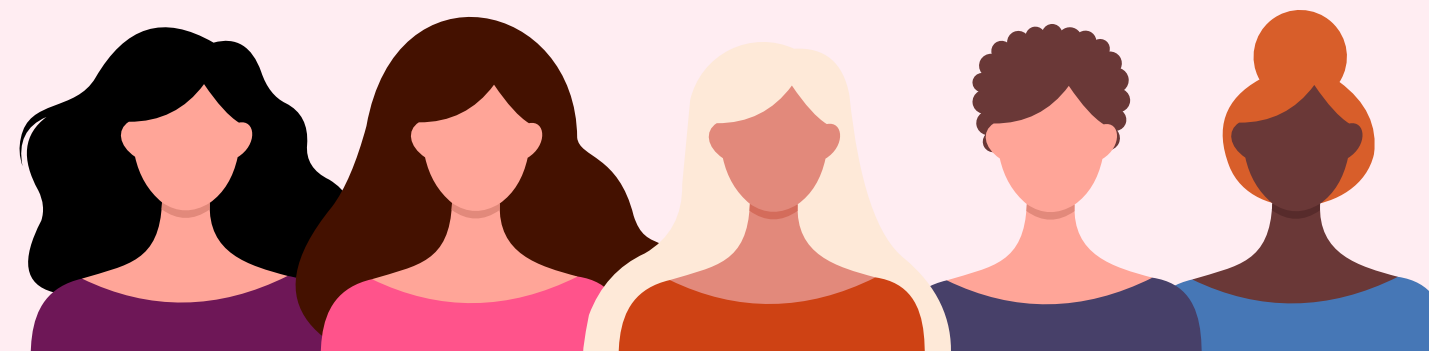
MAIN AIM

To equip young women from disadvantaged backgrounds with the skills and knowledge necessary to navigate online spaces safely, recognize and respond to online gender-based violence (OGBV), and engage as informed digital citizens.



OBJECTIVES

- Equip youth, especially young women from disadvantaged groups, with critical digital and media literacy skills to safely navigate and engage in online spaces.
- Strengthen the capacity of these individuals to recognize, respond to, and recover from instances of OGBV and online harassment.
- Encourage and facilitate the active participation of youth in online discussions and civic activities, fostering their role as informed and engaged digital citizens.
- Develop and disseminate tools such as the e-Safety Toolkit and Card Game to educate youth about online safety and the implications of OGBV.
- Work towards creating online environments where all individuals, regardless of gender or background, can participate without fear of harassment or discrimination.



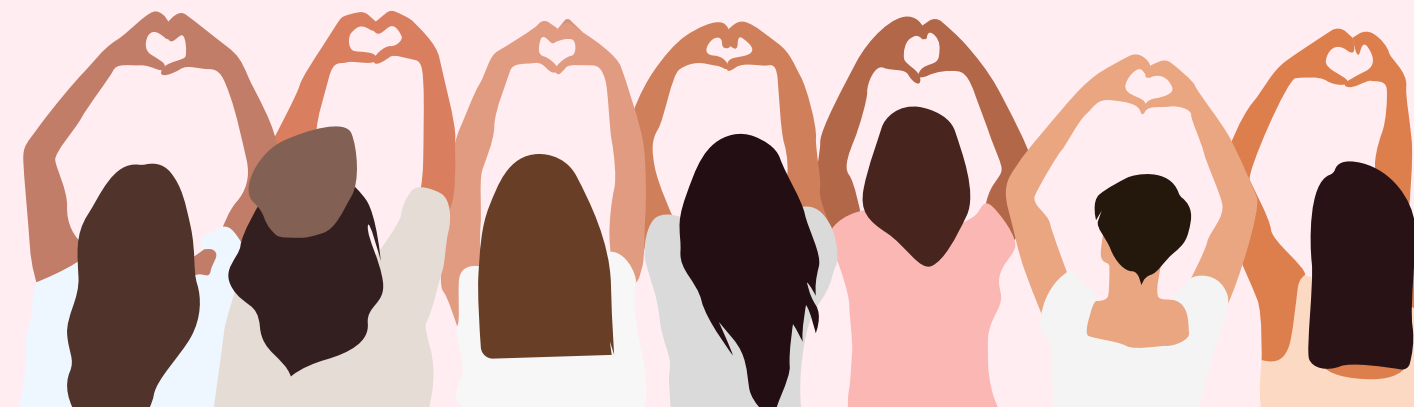
ACTIVITIES

- Project management and implementation, dissemination.
- Development of a toolkit through informal and non-formal
- learning in Digital Literacy & online safety for migrant youth.
- Local trainings.
- International meeting in Spain.
- Development of e-Safety Card Game and the Handbook.



RESULTS

- A measurable decrease in the instances of OGBV experienced by the target groups.
- Increased Participation: Higher levels of participation by disadvantaged youth in online forums, discussions, and civic activities.
- Wider recognition and understanding of the challenges of OGBV within the community, leading to more supportive and inclusive online environments.
- Effective use of the e-Safety Toolkit and Card Game in various settings, demonstrating their utility in educating about online safety.
- Enhanced self-efficacy and confidence among young women and disadvantaged youth in navigating the digital world.



PARTNERS

1. Lithuania



IVAIGO is dedicated to empowering disadvantaged groups, especially women and youth, through digital literacy, social inclusion, and education.



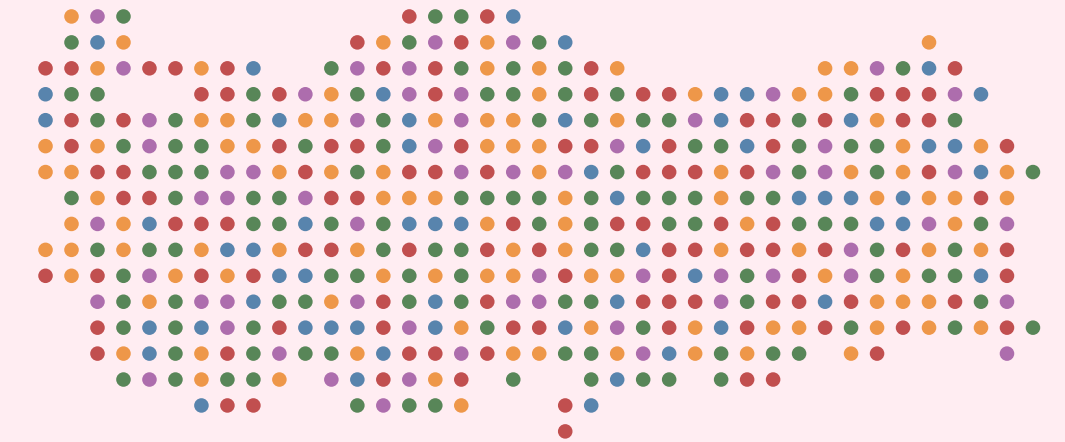
2. Spain



TeneLearning, based in Tenerife, Spain, is dedicated to equipping individuals with essential skills to thrive in today's digital and social landscapes.



3. Turkey



KSKD (Association of Sustainable Development) is a new, dynamic organisation formed with the mission of catalysing positive change and promoting sustainable practices within our communities.



EMPOWERING SAFETY ONLINE

In today's digital world, our online presence affects how we communicate and connect – but it also exposes users, especially women and marginalized groups, to risks like cyberstalking, harassment, and identity theft. These forms of online gender-based violence can lead to serious emotional and social consequences.





Digital literacy is key to prevention and protection. It means more than using technology – it's about recognizing threats, setting privacy controls, spotting misinformation, and knowing how to respond to abuse. When individuals are digitally literate, they can protect themselves, support others, and foster safer, more respectful online spaces.

Empowering people with digital skills not only enhances personal safety but also builds stronger, more inclusive digital communities. In an interconnected world, digital literacy is empowerment.

MODULES

1. Using your device safely
2. Connecting safely
3. Being Social
4. Life Admin
5. Dating & Relationships
6. Navigating difficult situations
7. Cyberbullying
8. Online hate
9. Digital footprint
10. Fake news
11. Catfishing
12. Trolling
13. Consent for sharing photos & videos
14. Balancing time on social media



CONCLUSION

In today's digitally connected world, fostering digital literacy is more important than ever. By equipping individuals with the skills to recognize and respond to online threats, we enhance personal safety and promote a more respectful, inclusive digital environment. Digitally empowered users can navigate online spaces with confidence, stand up for their rights, and support others. Strengthening these skills is a key step toward a future where technology benefits everyone - **without fear**.



GET THE TOOLKIT

 **Download from: esafetywomen.com/results**

Free, open-access resource available in multiple languages

