

8 Enterprise Lane, Oakdale CT-06370, Tel:(860) 574-9172, Fax: (860) 574-9264, Email: info@qdilabs.com

## SPECIMEN COLLECTION INSTRUCTIONS

## Nasopharyngeal Swab Method

- 1. Remove any mucous from the patient's nose, either having the patient blow their nose or using a cotton tipped swab prior to collection.
- 2. Tilt the patients head back slightly as to straighten the passage from the front of the nose to the nasopharynx
- 3. Insert swab into one nostril.
- 4. Rotate swab over surface of posterior nasopharynx
- 5. Leave swab in place for few seconds in order to absorb cells
- 6. Withdraw swab from nostril and insert into transport tube containing VTM media as provided, snap the swab at the designated mark, and closing the lid tightly.
- 7. Label the collection tube with two patient identifiers before shipping.



## ${\bf SPECIMEN\ SHIPPING\ INSTRUCTIONS-FEDERAL\ EXPRESS\ SHIPPING\ INSTRUCTIONS}$

- Use sterile technique for specimen collection and close all containers tightly. **DO NOT FREEZE OR ADD FIXATIVE TO ANY SAMPLE.** Each specimen must be clearly labeled with at least two patient identifiers (patient's name and date of birth), along with the collection date. Secure each specimen container tightly to avoid leakage in transit.
- Complete the test requisition with the patient's demographics and insurance information. There is a secondary pouch in the biohazard bag for the test requisition. The clinical indication is required for appropriate cell culture parameters.
- Place the specimen in the absorbent material inside the enclosed biohazard bag.
- Call GeneSYS Diagnostics Inc. at (860) 574-9172 to arrange further shipping instructions.
- If instructed that GeneSYS Diagnostics Inc. courier service is picking up the sample, place biohazard bag including corresponding requisition in *large* insulated GeneSYS Diagnostics box.
- Alternatively, if GeneSYS Diagnostics Inc. arranges for a Fedex pick up, place biohazard bag including corresponding requisition in *small* insulated GeneSYS Diagnostics Inc. box and then place box into Fedex Clinical Pak shipping bag. Attach the pre-labeled and prepaid FedEx air bill.
- Contact Laboratory for additional shipping materials, further instructions or any questions: 860-574-9172.