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#### SPECIMEN COLLECTION INSTRUCTIONS

##### Cary-Blair

1. Whenever possible, specimen should be obtained before antibiotics or other antimicrobial agents have been administered.
2. Urinate before you collect the stool sample and put on gloves before handling stool.
3. Pass stool (but no urine) into a sterile dry container directly, solid or liquid.
4. Do not collect the sample from the toilet bowl or mix toilet paper, water, or soap with sample.
5. Select a walnut size portion of stool that is watery, slimy, or bloody and immediately mix into Cary-Blair transport media using the provided collection spoon.
6. Place the lid on the container and label with name, doctor's name, date or birth, and date of stool collection.
7. Shake vial once closed to assure adequate mixing.
8. Once the specimen is in Cary- Blair, specimen is to be shipped with a cold ice pack to the laboratory within 24 hours of collection.

#### SPECIMEN SHIPPING INSTRUCTIONS – FEDERAL EXPRESS SHIPPING INSTRUCTIONS

- Use sterile technique for specimen collection and close all containers tightly. **DO NOT FREEZE OR ADD FIXATIVE TO ANY SAMPLE.** Each specimen must be clearly labeled with at least two patient identifiers (patient's name and date of birth), along with the collection date. Secure each specimen container tightly to avoid leakage in transit.
- Specimens **MUST** be shipped in Cary-Blair with cold ice packs within 24 hours. Specimens that are delayed for more than 48h will be rejected.
- Complete the test requisition with the patient's demographics and insurance information. There is a secondary pouch in the biohazard bag for the test requisition. The clinical indication is required for appropriate cell culture parameters.
- Place the specimen in the absorbent material inside the enclosed biohazard bag.
- Call GeneSYS Diagnostics Inc. at **(860) 574-9172** to arrange further shipping instructions.
- If instructed that GeneSYS Diagnostics Inc. courier service is picking up the sample, place biohazard bag including corresponding requisition in small GeneSYS Diagnostics box.
- Alternatively, if GeneSYS Diagnostics Inc. arranges for a Fedex pick up, place biohazard bag including corresponding requisition in *small* GeneSYS Diagnostics Inc. box and then place box into Fedex Clinical Pak shipping bag. Attach the pre-labeled and prepaid FedEx air bill.
- Contact Laboratory for additional shipping materials, further instructions or any questions: **860-574-9172.**