

## Blood Specimen Collection and Shipping Instructions

### FedEx Shipping Instructions\*

- Use **sterile technique** for fresh (unfixed specimen intended for cell culture) and tightly close all containers.
- **DO NOT FREEZE OR ADD FIXATIVE TO ANY SAMPLE INTENDED FOR CELL CULTURE.**
- Each specimen must be clearly labeled with at least two patient identifiers, along with the collection date.
- Secure each specimen container tightly to avoid leakage in transit.
- Complete the test requisition with the patient's demographics and insurance information. There is a secondary pouch in the biohazard bag for the test requisition.
- Place the specimen in the absorbent material inside the enclosed biohazard bag. Then place the biohazard bag into the insulated specimen box labeled "Biohazardous Material" "Exempt Human Specimen".
- **Please package the specimen carefully to protect it from breakage, leakage, and extreme temperatures during transit.**
- Place the specimen box inside the enclosed FedEx Clinical Pak (lab shipping bag) and seal.
- Attach the pre-labeled and prepaid FedEx air bill.
- You can call **FedEx at (800) 463-3339** to schedule a FedEx pickup. Alternately, a pick-up can be scheduled online at [www.fedex.com](http://www.fedex.com) . A two-hour notice may be required for same-day pick-up.
- Delivery address: **8 Enterprise Lane Oakdale CT 06333**, via FedEx overnight.

\*Contact Laboratory for additional shipping materials, further instructions or any questions: **860-574-9172**.\*

Specimen	Collection	Tubes	Storage Instructions
Blood for Cystic Fibrosis, Pharmacogenomic, Microarray/Molecular Testing	Adults: 5-10 cc whole blood Newborn: 1-3 cc whole blood	Purple Top EDTA tubes	Keep at Room Temperature
Blood for Verifi Fetal Cell free DNA test	5-10 cc Blood	Streck Tube (Gold Tiger top)	Keep at Room Temperature

**\*If using overnight carrier or courier service other than FedEx, make sure sample is packaged and labeled in a way to identify the sample as "Biohazardous Material, Exempt Human Specimen". Packaging does require double protection against breakage and leakage of any liquid to outside of package (i.e tightly sealed container, packed in absorbent material, in turn sealed in a leak-proof bag. Samples must also be insulated against ambient temperature extremes (i.e. freezing in winter or overheating in a closed vehicle in summer). Delivery time of fresh samples to the lab should be no longer than 48 hrs. Laboratory should be called for any special instructions or concerns: 860-574-9172.**