

Intermediate alternate picking exercises

F

A minor pentatonic

21

Then, play in the reversed order.

5 8 5 7 5 7 5 7 5 8 5 8

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

G

25

5 8 5 7 8 5 7 5 5 7 5 7 7 5 7 5

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

27

Continue downwards.

5 7 5 7 7 5 7 5 5 7 5 8 7 5 8 5 8 5

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

H

30

5 8 5 8 5 7 5 7 5 7 5 7 5 7 5 7

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

32

Continue downwards.

5 7 5 7 5 7 5 8 5 8 5 8 5 8

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

I

A major scale

34

Then, play in the reversed order.

5 7 4 5 7 4 6 7 4 6 7 5 7 4 5 7

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

38 **J**

5 7 4 7 4 5 4 5 7 5 7 4 7 4 5 4

40

5 7 5 7 4 7 4 6 4 6 7 6 7 5 7 5

42

7 5 7 4 7 4 5 4 5 7 7

Then, play in the reversed order.

K

45

5 7 4 5 7 4 5 7 4 5 7 4 5 7 4 6

47

4 6 7 4 6 7 4 6 7 4 6 7 4 6 7 5

49

6 7 5 7 7 5 7 4 5 7 4 5 7 7 4 5 7