

Pay-What-You-Can Stewardship Model

Out-of-Pocket Rates Represent:

- The true cost of therapy services (e.g., therapists' time, education, research, clerical work, work between sessions, advocacy, their own therapy, continuing education credits, mental and spiritual load, and more).
- A small, built-in discount to reflect the nature of nonprofit work and giving back to the Orthodox Church.

We Are All Connected in the Body of Christ

- Agape Wellness Collective may be subsidizing part of your payment on your behalf.
- We intentionally reserve reduced and lowest rates for those <u>truly in need</u> of financial assistance.
- Please ensure that you are a good steward of these gifts by choosing the highest tier you are able.

Our Website



Terms of Service & Privacy Practices

Questions to Ask Yourself:

- Are there areas of spending I can sacrifice temporarily to reach my mental health goals?
- Will adjusting my budget or spending have a long-term, truly harmful impact on my family?
- What can I invest on a weekly basis for the next 3 to 6 months into my mental health?



If you are able to spend money on "wants", luxuries, don't worry about necessities in life, have savings and investments, etc., you may fall here.

We reserve lower rates for those who are in financial need; please consider foregoing luxuries if needed.



If the full cost would prohibit you from seeking therapy, but you make a good living and don't worry about basic needs, you may fall here. You may have some savings, but a missed paycheck would cause a lot of stress.

Take a look at where you spend money; can you re-prioritize or sacrifice temporarily?



If you live paycheck to paycheck and still struggle to make rent, put food on the table, provide for basic necessities, cannot pay for childcare, are in significant debt, would go into debt paying for care, etc., let the Body of Christ help you.

We offer the lowest rates for you.