Adapted from The Green Bottle Method, with credit and gratitude to: Alexis J. Cunningfolk, wortsandcunning.com/blog/slidingscale



Pay-What-You-Can Model

Our Therapists Are Contracted at Rates That Represent:

- The **true cost** of their service (e.g., their time, education, research, clerical work, dedication between sessions, advocacy for clients, continuing education credits, mental and spiritual load, and more).
- A small, built-in discount to reflect the nature of nonprofit work and giving back to the Orthodox Church.

We Are All Connected in the Body of Christ

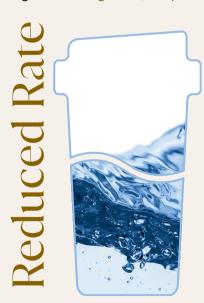
- Whatever you are unable to pay, Agape Wellness Collective subsidizes on your behalf.
- We intentionally reserve reduced and lowest rates for those truly in need of financial assistance.
- When requesting a reduced or very low rate, please ensure that you are a good steward of these gifts!

Sacrifice v. Hardship

- Are there areas of spending you can sacrifice temporarily to reach your therapy goals?
- Or will cutting back on spending have a long-term, truly harmful impact on your life?



If you are able to spend money on "wants", luxuries, don't worry about securing necessities in life, have savings or investments, etc., you have privilege in our society. This price is for you, and we reserve lower rates for those who do not have the same, and are in financial need.



If the full cost would prohibit you from seeking therapy, but you make a pretty good living, you may fall here. You may have modest savings, yet a missed paycheck would cause a lot of stress; you don't spend your time thinking about basic needs, but you may be moving out of debt, etc.



If you live paycheck to paycheck and still struggle to make rent, put food on the table, provide for basic necessities, cannot pay for childcare, are in significant debt, would go into debt paying for care, etc., let the Body of Christ help you. We offer the lowest rates for you.