



# TS 2000 Study

## WINTER NEWSLETTER 2023

Hello and happy holidays from the TS 2000 Team!

Welcome to our TS 2000 Study Winter Newsletter 2023! This year has seen some very exciting developments for the TS 2000 Study, with the preparation and launch of its fourth phase.

Firstly, our research wouldn't be possible without our amazing TS 2000 families. So we want to say a HUGE thank you to each and every one of you for continuing to support our study, and allowing us to see how we can best support those with TSC as they enter early adulthood. The TS 2000 Team send their best wishes for the holiday season and new year!





## Where are we now?

This year, we began the fourth phase of the TS 2000 Study. To start, we have been completing the information-gathering section of our study. This is where we have been getting insight from young adults with TSC about the potential use of smartphones to monitor their feelings and symptoms. This has been done via focus groups and interviews, both with young adults with TSC and their Key Support People. This information collected is vital to inform us how a smartphone app may be implemented to best support the difficulties experienced by young adults with TSC.

If you haven't taken part in our focus group phase but feel you are interested, please contact us via our email by the 3rd January to register your interest.  
[ts2000@kcl.ac.uk](mailto:ts2000@kcl.ac.uk)

## What's next for the TS 2000 Study?

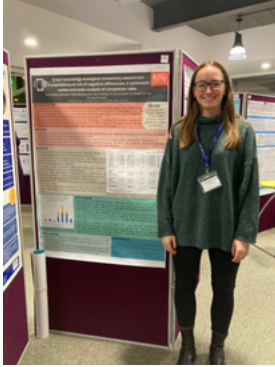
Next year, the TS 2000 Team will begin to look at how effective a smartphone app will be at capturing the everyday lives for young adults with TSC.



The team will also be conducting a general follow-up with all the TS 2000 participants, to see how things have changed as they have entered young adulthood, and highlight areas of support that are needed.



# Catching up with the team!



It has been an exciting year for the TS 2000 Team. Charlotte and Kate have continued to run the TS 2000 Study, with Kate giving poster presentations at scientific conferences, discussing using smartphones to monitor daily experiences in different neurodiverse populations.



Charlotte has also begun teaching a specific early neurocognitive development module, which aims to inspire the next generation to continue research into TSC and epilepsy. Charlotte was also awarded the 2023 BPS Developmental Section Margaret Donaldson Early Career prize for outstanding contributions to developmental psychology. She received the award and gave a keynote lecture in Bristol in September 2023.



This year, Katie a BSc Psychology student, also joined the TS 2000 Study. Katie has been working alongside Kate to help organise the focus groups as well as preparing for the next stages of phase 4!



# Keep updated with the Study!

Follow us on our Twitter & Facebook pages to keep seeing updates from the team on what we are up to!

**Twitter:** TS2000\_  
**Facebook:** TS2000 Study



## Thank you & Happy Holidays!

We would like to extend a huge thank you to all the TS 2000 families and all our collaborators who have made our work possible. We really appreciate all the support you have given us over the years - we could not have made it this far without it! Please don't hesitate to contact us if you have any questions via our email: [ts2000@kcl.ac.uk](mailto:ts2000@kcl.ac.uk). Happy holidays everyone and see you in 2024!

With best wishes,

A handwritten signature in black ink, appearing to read 'Charlotte Tye'.

Dr Charlotte Tye & the TS 2000 Study Team

