



ZIP™ Prescribing Documentation

Primary Diagnosis:

- M51.16 Intervertebral Disc disorders with radiculopathy lumbar region
- M51.17 Intervertebral Disc disorders with radiculopathy lumbosacral region
- M43.16 (spondylolisthesis, lumbar region)
- M43.17 (spondylolisthesis, lumbosacral region)

Secondary Diagnosis:

- M54.5 (Low Back Pain)
- M54.40 (Lumbago w/ sciatica, unspecified side)
- M48.06 Lumbar Spinal Stenosis (lumbar region)

- Plan: Schedule patient for a posterior arthrodesis (CPT-22612) Indicated level (ex.L4-5) for Degenerative Disc Disease with or without Spondylolisthesis Lumbar Region.
- The patient meets medical necessity for this procedure after reviewing the objective and subjective findings of the patient's complaints of pain and coinciding MRI imaging.
- Failed 6 months of conservative pain therapies:
 - I.e. Rest, Ice, heat, elevation, NSAIDs, stretching, narcotics, physical therapy
- Failed conservative interventions:
 - I.e. Epidural Steroid injections
- Classic signs and symptomology of lumbar degenerative disc disease:
 - Neurogenic intermittent claudication, less pain when seated, pain aggravated by walking and standing, forward-flexed gait, shopping cart sign,
- Document falls, fall risk if present
- Document ER visit, if applicable
- Document limitations of activities

CPT Coding:

22612 Arthrodesis, posterior or posterolateral technique, single level; lumbar (with lateral transverse technique, when performed)

*Disclaimer: Coding and reimbursement information provided is general coding information only. It is not advice about how to code, complete or submit any particular claim for payment. Although we supply this information to the best of our knowledge, it is always the provider's responsibility to determine and submit the appropriate codes, charges, modifiers and bills for the services that were rendered. Payors or their local branches may have their own coding and reimbursement requirements. Before filing any claims, providers should verify these requirements with the payor.