

CONFIDENTIAL
GOT YOUR SIX UK CIC

REFERRAL FORM



Got Your Six UK CIC provides low-cost trauma-informed military specific Integrative Counselling and Psychotherapy to the military community across Somerset and Dorset and has serving and veteran Peer Support Mentors available for informal support. Art therapy is also available for a more creative approach to therapy.

Therapy services are available in Wincanton, Somerset, and Weymouth, Dorset.

All details provided here are kept confidential and will only be viewed by the person completing your assessment and the counsellor you're referred to. On occasion, with your consent, we may send a brief update to the referring organisation to confirm engagement or not with our services. If you prefer this not to happen, please let us know.

Date of referral:		Service required	Military Specific Counselling/Psychotherapy	Art Therapy	Peer Support Mentor
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Are you referring yourself or on behalf of another?	Myself	I'm an organisation referring another
<p>If you're an organisation, please provide your details.</p> <p><i>Name and role of person completing the form on behalf of another:</i></p> <p><i>Name of organisation:</i></p> <p><i>Address of organisation:</i></p> <p><i>Contact number:</i></p> <p><i>Email:</i></p>		

Name of person being referred:		Date of Birth:		Male/Female
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Do you have a permanent place of residence?	Yes	No
Address:		
Telephone:		Email:
Consent to send a text message? Yes/No		
Any communication difficulties to consider?		

Have you served in the armed forces?	Yes	No		
Service Number:				
If no, please choose one of the following connections:	Spouse	Parent	Child	Relative

Army	Royal Navy	Merchant Navy	Royal Marines	Royal Air Force	Overseas Military
Regiment/Branch/Unit/Role/Trade:					
No of Years Served		From:	Until:	Rank upon leaving:	
Brief reason for leaving:					

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Have you had any involvement with special forces?	Yes	No
Have you received any previous therapy?	Yes	No
Have you previously been referred into Op Courage?	Yes	No
Do you currently consider yourself to have a drug or alcohol dependency?	Yes	No
If yes:	Drugs	Alcohol
REACH – Drug and Alcohol Services – 0800 043 46 56 or email info@edp.org.uk or visit www.edp.org.uk		

SENSITIVE CONTENT

IF FILED BY AN ORGANISATION - please only complete the following two questions with the person being referred if it is safe and confidential to do so. If you're unable to obtain this information safely, please indicate below.

Are you currently experiencing thoughts of ending your own life?	Yes	No
Information not obtained	Client not present	Not safe/confidential space to do so

If yes, please use one of the following contacts for immediate support:

Samaritans – 116 123 or Military Support Hub – 0808 175 3075 or email jo@samaritans.org
Veterans Gateway – 0808 802 1212
Veterans UK – Mon-Fri 0800-1700hrs – 0808 1914 2 18
Combat Stress – 0800 138 1619 or text 07537 173683
Dorset Healthcare – 0800 652 0190
SHOUT (for military community) – Text CONTACT to 85258

Have you previously attempted to take your own life?	Yes	No
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Comments	<i>Please provide any other useful information we may need to assist us in finding you/your client/patient the right support</i>
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Thank you for completing this referral form.

Please email to gotyoursixuk@outlook.com or drop paper versions into one of the following locations:

The Veterans Hub Weymouth and Portland CIC, 114 Portland Road, Wyke Regis. DT4 9AD

Or

Got Your Six UK CIC, 5 South Street, Wincanton, Somerset. BA9 9DJ

Our Counselling and Psychotherapy Lead Tara Coyles-Gould will be in contact shortly to arrange your assessment session.

To contact us – please call 07460 677 518 or 01963 202 156

www.gotyoursix.uk