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RETHINK? !

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a

aestheticism

allowing

anger

animals

arrogance

art

authenticity

autodidact

aestheticism

- Does aestheticism mean an escape from decadence?
- Is it wrong to see beauty as the highest value?
- Does humanity die with beauty?
- Is perfection the enemy of beauty?
- Do aesthetic preferences reflect personal life ideals?
- Are all people capable of bearing the beauty of beauty?
- Would a world without beauty not only be poorer, but also meaningless?
- Is beauty a promise of happiness?
- Is beauty pleasure without interest or purpose?
- Should there be more aesthetes in the world who prefer aesthetic things to the mundane?

allowing

- Is it better to allow things their space and observe what happens, or to control everything strictly?
- Is allowing laziness? Or is it allowing oneself to be guided?
- Does allowing mean trusting oneself and life?
- Does allowing mean that we are not the ones acting, but pure awareness itself?
- Does allowing mean that one is not the doer, but pure awareness?
- Can we walk our path effortlessly through non-action because we are no longer resisting the flow of life?
- Is the thought that things might go much better without our interference frightening?
- Does strength lie in waiting until something within takes over, or in yielding to pressure and acting prematurely?
- Does strength lie in waiting until something within takes over - or in yielding to pressure and acting prematurely?
- Is forcing life incompatible with listening to one's deeper inner movement?
- Would you rather be the screenwriter of your life - or the canvas and the brush?

anger

- Are we allowed to be angry?
- Is anger an emotion we need?
- Does anger indicate that someone is crossing a line?
- Is anyone who says they never get angry lying?
- Are anger and aggression the same thing?
- Is anger important when it comes to change?
- Does anger rightly have a bad reputation?
- Is there often another emotion hidden beneath anger?
- Is depression often rooted in suppressed anger?
- Why are we angry that we are angry?

animals

- Do animals set conditions? Do they have prejudices?
- Do animals mirror the inner lives of their owners?
- Can we communicate with animals even if they do not speak our language?
- Are animals honest through and through?
- Is anthropomorphizing animals harmful?
- Can you recognize an owner in an animal's behavior?
- Can we recognize a person's character by observing how they treat animals?
- Are behavioral disorders in animals attributable to their owners?
- Do animals have a sense of the future and the past, or do they only know the present?
- Do animals want to be anything other than what they are?

arrogance

- Is it arrogant to let your light shine?
- Does arrogance aim for social distance?
- Is there such a thing as constructive arrogance?
- Is arrogance a self-defense mechanism against insignificance?
- Is arrogance related to aggression?
- Do arrogant people see themselves as superior?
- Do people with low self-esteem struggle more with arrogant people?
- Are arrogant people afraid of being criticized?
- Is everyone accused of arrogance truly arrogant, or is it merely the perception of others that say so?
- Does a person who accuses others of arrogance feel intimidated by them?

art

- Can art be explained - or does it simply express what each individual sees in it?
- Should artistic freedom be limited?
- Can a work of art evoke emotions within us?
- Does an artist's fame or market value influence the perception of a work?
- Is art the key to oneself?
- Can one understand art even without understanding it?
- Does art contribute to a more beautiful and better world?
- Does art help us communicate without words?
- Does art help us understand ourselves better?
- Is art needed in times of crisis?

authenticity

- Does authenticity mean being capable of change?
- Does the constant search for one's true self lead to a state of alienation?
- Is authenticity easy if one simply follows one's thoughts and feelings?
- Does authenticity mean becoming aware that one's true nature is not static but flexible?
- Does authenticity have something to do with self-image?
- Why is there such a deep longing for authenticity if being authentic is so easy?
- Can authenticity be manipulated?
- Is one only truly happy when one is ready to who one really is?
- Does authenticity reflect the nature of one's own existence?
- Is self-actualization the goal of life?

autodidact

- Is being an autodidact a trait possessed only by certain people?
- Does an autodidact acquire knowledge and skills independently, rather than through traditional learning?
- Do autodidacts view the world from a broader perspective?
- Does an autodidact find solutions that others fail to see?
- Do autodidacts presume to know everything better?
- Are autodidacts loners?
- Do autodidacts struggle in a world dominated by educational credentials?
- Is the autodidact an enemy of the system?
- Are autodidacts prone to one-sidedness and overconfidence?
- Do autodidacts follow an inner drive and draw from within themselves?

b

basic trust

body

boredom

(basic) trust

- Are we born with trust, because basic trust is the foundation of life?
- Does trust know distrust?
- Do we consciously choose to make ourselves vulnerable when we trust others?
- Is trust what holds every relationship together?
- Does basic trust mean certainty - the remembrance of our true selves?
- Can we live only in trust or in fear?
- Does the difficulty of trusting others begin with a lack of trust in ourselves?
- Is someone who does not trust constraining to others?
- Does trust mean no longer fearing our fears?
- Can we do anything other than trust; the only question being what we choose to place our trust in?

body

- Is the body a mirror of the soul?
- Does it bring you joy or frustration?
- Better to be fat or thin? Tall or short?
- Does the body mean only materially visible form - or is it also an expression of personality?
- Are body and soul separate?
- Loving care or self-mortification?
- Does the soul influence the body? Or is it the other way around? Or do they influence each other reciprocally?
- Is every body unique - or is the basic structure the same in all human bodies?
- Does the way we perceive our body have something to do with age?
- Is a person's body or soul more important? Or are both equally significant?

boredom

- Is boredom forced inactivity?
- Is boredom harmless - or pure stress?
- Is it not idleness that is torturous, but the wrong kind of activity?
- Is boredom a prerequisite for the creation of great works of art?
- Does boredom encourage people to try something new?
- Can boredom be seen as a compass - indicating that one is doing something that does not fulfill, challenge, or move one forward?
- Is boredom, at the right time, a sign of intelligence?
- If boredom is good, why does it feel so bad?
- Does boredom mean wasting time - or can it also be seen as freedom?
- Is boredom something for happy people - because unhappy people never get bored since they always have too much to do?

