




























Sea Salt Studios Dining Recommendations

A trip planning tool by Sea Salt Studios

With so many amazing dining options in Barbados, it can be quite a challenge to decide where to indulge. Hopefully, our well-curated list will serve as the perfect starting point for your culinary adventures along the West Coast of Barbados.

-  **The Cliff**
 Website: [The Cliff website](#)
*Two courses starting at BBD300/pp**
-  **New! Le Derrière**
 Website: [Le Derriere](#)
New! Opened November 2024
-  **Pepenero**
 Website: [Pepenero website](#)
*Main entree can average BBD50**
-  **The Tides**
 Website: [The Tides website](#)
*Two courses starting at BBD135/pp**
-  **Fusion Rooftop**
 Website: [Fusion website](#)
*Main entree can average BBD90**
-  **Lemongrass**
 Website: [Lemongrass website](#)
*Main entree can average BBD50**
-  **The Lone Star**
 Website: [Lone Star website](#)
*Main entree can average BBD100**
-  **Nishi**
 Website: [Nishi website](#)
*Main entree can average BBD90**
-  **Cafe Bar Carizma**
 Website: [Cafe Carizma](#)
*English breakfast | Average BBD45**
-  **Paul Owens**
 Website: [Paul Owens website](#)
*Main entree can average BBD120**
-  **The Horny Ram**
 Website: [Horny Ram](#)
*Main entree can average BBD90**
-  **Buzz Box Health Bar**
 Website: [Buzzbox Website](#)
*Healthy portable items | Average BBD25+**
-  **Local & Co.**
 Website: [Local & Co.](#)
*Main entree can average BBD80**
-  **Michael Hinds x West Bar**
 Website: [West Bar website](#)
*Main entree can average BBD80**
-  **La Baguette**
 Website: [La Baguette](#)
Quaint pastry and bread shop
-  **Sea Shed**
 Website: [Sea Shed website](#)
*Main entree can average BBD80**
-  **The Bearded Rose**
 Website: [Bearded Rose](#)
*Main entree can average BBD80**
-  **New! Cafe de Paris by The Cliff**
 Website: [Cafe de Paris](#)
Gourmet pastry and coffee shop
-  **Baia**
 Website: [Baia website](#)
*Main entree can average BBD80**
-  **The Rustic Chef**
 Website: [The Rustic Chef](#)
*Main entree can average BBD50**
-  **New Holetown Location! Cliff Bakery**
 Website: [Cafe de Paris](#)
Gourmet breads and pastries
-  **La Cabane**
 Website: [La Cabane website](#)
*Main dish can average BBD70**
-  **New! Fresko Poke & Sushi Bar**
 Website: [Fresko Limegrove](#)
*Main dishes can average BBD50**
-  **Calma Beach Bar**
 Website: [Calma website](#)
*Main entree can average BBD70**

-  Oceanfront Location
-  Not Oceanfront
-  Recommended for breakfast | pastry | coffee

Staying at Sea Salt Studios? These vendor recommendations are for you! We're not affiliated with them, and their services aren't included in your stay. Consider these suggestions as a starting point for your Barbados planning, not a complete itinerary. Research vendor costs and experiences, as we're not responsible for them. If PDF links break, Google the vendor. Remember, "walkable" assumes average fitness; assess your own abilities. If our suggestions aren't ideal, explore more options online.