

## Measuring Tips!

\*Measure using a cloth measuring tape.

\*Do not measure Yourself, ask someone for help.

\*Take exact measurements in inches and do not add anything to it.

\*We cannot accept any measurement sheets with scribbled-out corrections.

☐ Nomex ☐ Sublimated ☐ Leather

☐ Male ☐ Female

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Weight: \_\_\_\_\_ LB

Height: \_\_\_\_\_ FT \_\_\_\_\_ IN

## Please Write Clearly And Legibly

1. Neck circumference at base of neck
2. Chest circumference (Take deep breath & hold)
3. Waist circumference (waist is at belly button height)
4. Bicep circumference (widest part)
5. Width across top of shoulders
6. Sleeve length (elbow bent) to wrist
7. Forearm circumference (widest part)
8. Hip circumference around buttocks (widest part)

