

## Accompaniments

NAN	2.25	STUFFED PARATA	2.95
PESHWARI NAN	2.45	PLAIN POPADOM	0.65
CHEESE NAN	2.85	SPICY POPADOM	0.70
GARLIC & CHEESE NAN	2.85	RAITA	1.40
KEEMA NAN	2.40	CHIPS	2.50
CHAPATI	1.30	CHUTNEY	0.65
PARATHA	2.75	ALL CHUTNEY	2.95

## Rice Dishes

PILAU RICE	2.55	LEMON RICE	3.35
ONION FRIED RICE	3.35	SPECIAL FRIED RICE	3.35
BOILED RICE	2.35	KEEMA RICE	3.35
EGG FRIED RICE	3.35	GARLIC RICE	3.35
MUSHROOM RICE	3.35	ONION & CHILLI RICE	3.35

## Soft Drinks

CAN 330ML	1.50	BOTTLE 1.5L	3.50
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## Bengal Set Meal Specialities

### 1. BENGAL SPECIAL MEAL FOR 2 - £30.95

This is the highlight of our menu. Is a combination of all the best that can be achieved with a tandoori oven, served with a variety of rice and nan bread & a mildly. Spicy creamy sauce

### 2. BENGAL MEAL FOR TWO - £30.95

2 tandoori chicken/rogan hosh, 1 massala, 1 mushroom bhaji, 2 pilau rice, 2 poppadom & pickles

### 3. BENGAL MEAL FOR 3 - £44.95

3 tandoori chicken/ rogan josh, 1 chicken bhuna, prawn bhuna, 1 mixed vegetables, 1 mushroom bhaji, pilau rice, popadoms & pickles, 1 peshwari nan & 1 plain nan

### 4. BENGAL SPECIAL MEAL FOR 4 £59.95

2 sish kebab, 2 tandoori chicken, 1 meat bhuna, 1 chicken chilli garlic, 1 chicken tikka massala, 1 king prawn bhuna, 2 mushroom bhaji, 4 pilau rice, 2 nan, 1 keema nan, 4 poppadom & pickle

NO DISCOUNT ON SET MEALS



## Tasters

Fancy an Indian meal but don't want a blow out?  
Then try out

**MIDWEEK TASTERS**  
**SET MEALS FOR 2 AT UNDER A TENDER!!**

MONDAY - THURSDAY

TASTER 1 FOR 2 PEOPLE    TASTER 2 FOR 2 PEOPLE

STARTER  
1 ONION BHAJI  
1 SAMOSA (MEAT OR VEG)

MAIN COURSE

1 CHICKEN KORMA  
1 LAMB BHUNA  
1 ALOO BHAJI  
1 PILAU RICE

SIDE DISHES

1 ONION SALAD,  
2 POPADOMS  
1 MANGO CHUTNEY  
1 MINT SAUCE

ONLY 13.95

STARTER  
1 ONION BHAJI  
1 SIK KEBAB

MAIN COURSE

1 CHICKEN BALTI  
1 LAMB GARLIC CHILLI  
1 ALOO BHAJI  
1 PILAU RICE

SIDE DISHES

1 ONION SALAD  
2 POPADOMS  
1 MANGO CHUTNEY  
1 MINT SAUCE

ONLY £13.95

For takeaway only. Only available on midweek. Please note, taster meal will be a little smaller than our main portion

## BENGAL NIGHT

EVERY WEDNESDAY

6:00PM-10:00PM

FROM OUR MAIN MENU,  
YOU CAN CHOOSE: PO  
PADOM, ANY STARTER

ANY MAIN DISH

RICE OR NAN

ANY SIDE DISH

£13.95 PER PERSON

SOME SPECIAL DISHES ARE  
AN EXTRA £2.95.  
RESTAURANT ONLY



*Bring your  
own alcohol*

Open 7 Days A Week

Saturday - 12pm To 2pm -5:30pm To 11pm  
Sunday - Thursday - 12pm To 2pm -5:30pm To 10:30pm  
(Lunch Close on Friday - 5:30pm To 11pm)



# Standard Bengal



FREE  
Bottle of soft drink  
On orders over 35.00  
(mention when ordering)

Established since 1975.

We have earned a reputation for high standard of cuisine  
and first class service

## 10% Discount

Orders Over £12.00  
(Only Collection)

Online Order

[www.standardbengal.co.uk](http://www.standardbengal.co.uk)

Free Home Delivery from our website 4 miles radius

105 Bargates Christchurch Dorset BH23 1QH

Tel: 01202 490084/ 483208

## Bengal to Starters

DALL SOUP	2.75	RESHMI KEBAB	3.75
CHICKEN CHAT	3.75	TANDOORI CHICKEN	3.75
ONION BHAJI	3.25	NARGIS KEBAB	3.95
CHICKEN CHAT PURI	4.25	TANDOORI MIXED KEBAB	5.25
PAKORA	3.50	SAMOSA (LAMB OR VEG)	3.25
(chicken, meat or vegetable)		BOMBAY DUCK	3.25
KING PRAWN PUREE	5.25	PANEER TIKKA	3.95
PRAWN PUREE	3.95	BENGAL SPECIAL PLATTER	
GARLIC MUSHROOM	3.25	FOR 2-£8.95 OR 4-FOR £16.95	
CHINGRI LA-JAWAB	5.25	BENGAL SPECIAL PLATTER INCLUDES CHICKEN TIKKA, LAMB TIKKA, ONION BHAJI, SHEEK KEBAB AND PRAWN PURI.	
CHICKEN OR LAMB TIKKA	3.75		

## Tandoori Specialities

From the clay oven.

CHICKEN OR LAMB TIKKA	7.95
TANDOORI CHICKEN	7.95
TANDOORI KING PRAWN	11.95
CHICKEN SHASHLIK	8.50
LAMB SHASHLIK	8.50
KING PRAWN SHASHLIK	11.45
DUCK TIKKA	9.95
DUCK SHASHLIK	10.95
PANEER TIKKA	8.95
VEGETABLE SHASHLIK	7.45
TANDOORI MIXED GRILL	12.95

Selection of chicken and lamb tikka,  
tandoori chicken sheek kebab,  
king prawn Served with plain naan.



### Chef's Recommendations

CHICKEN OR LAMB AGRA	9.45
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Cooked with our chef's special herbs & spices, with minced meat and boiled egg. Medium hot dish.

NAGA BIRYANI	
CHICKEN, LAMB OR PRAWNS	11.95
KING PRAWN OR DUCK	12.95
VEGETABLE OR PANEER	8.95
Served with Plain Naan	
BALTI BIRYANI	
CHICKEN, LAMB OR PRAWNS	11.95
KING PRAWN OR DUCK	13.95
VEGETABLE OR PANEER	8.95
Served with Plain Naan	

## Bengal Balti Specialities

All balti dishes are cooked with special spices & are served sizzling with tomatoes & coriander in a cast iron kashmiri pan known as a balti with our own special blend of aromatic herbs, served with nan bread.

CHICKEN OR LAMB BALTI	8.95	VEGETABLE BALTI	8.45
BENGAL MIXED BALTI	10.50	CHICKEN &	
CHICKEN BALTI		MUSHROOM BALTI	9.50
LAMB TIKKA BALTI	9.95	DUCK TIKKA BALTI	10.95
KING PRAWN BALTI	12.50	CHICKEN &	
CHICKEN OR		LAMB RAZZELA BALTI	9.95
LAMB & PRAWN BALTI	8.95	PRAWN BALTI	9.95

### FOOD ALLERGIES AND INTOLERANCES.

Before you order your food, please speak to our staff.  
IF YOU WANT TO KNOW about our ingredients. THANK YOU.

## Bengal Finest Selection

BENGAL SPECIAL CHICKEN OR LAMB TIKKA DELIGHT	8.95
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Cooked with cream herbs & spices with fresh mangoes with a wonderful blend of special recipe

BENGAL FLAME CHICKEN OR LAMB	8.75
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Fairly hot & spicy cooked to our chef's special recipe

BENGAL SHASHLIK KHAZANA	9.50
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Marinated chicken cooked with onions, green peppers & tomatoes in a wonderful blend herbs & spices medium hot

BENGAL KAZANA	9.50
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Sweet & sour dish of chicken cooked to our chef's special recipe

KING PRAWN KAZANA	12.50
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The Kazana is a Sweet & sour dish of chicken/lamb cooked with our chef's special recipe

BENGAL SPECIAL BHUNA (CHICKEN OR LAMB)	8.50
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Medium spicy with wonderful blend of herbs & spices

BENGAL TANDOORI SUPREME	11.45
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Chicken tikka, lamb tikka, sheek kebab, tandoori chicken & king prawn cooked with our chef's special recipe fairly hot

KING PRAWN JALAPENO	11.95
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CHICKEN OR LAMB JALAPENO	9.50
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The Jalapino is fairly hot King Prawns cooked with onion & green peppers in a chef's special recipe.

NAWABI MURGHI	10.50
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This famous dish was very popular amongst Indian Nawabi during the British rule of India. Tandoori chicken off-the-bone with an exotic high flavour.

CHICKEN OR LAMB HARIYALI	8.95
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Chicken or lamb cooked with green herbs, mint, garlic & coriander (mild)

CHICKEN OR LAMB SHATKORA	8.50
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An exquisite traditional Bangladeshi dish. Shatkora is a citrus which has a lemon/lime taste to it.

CHICKEN OR LAMB ARCHARI	8.50
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Fairly hot dish, cooked with fresh pickles

CHICKEN OR LAMB SALI	8.50
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Medium hot dish, topped with fried potatoes & a pinch of selected Bangladeshi herbs & spices

CHICKEN OR LAMB NAGA	8.50
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Hot & spicy, cooked with chef's special spice with naga chilli

CHICKEN OR LAMB CHILLI GARLIC	8.50
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Hot & spicy, cooked with green chillies & garlic

MACHLI NAGA/JALFREZI/SHATKORA	10.95
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The machli dish comes with the finest fresh Bangladeshi fish, also known as Pangasius

KEEMA BALTI	10.50
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Served with plain naan, chef's special dish

10% DISCOUNT ORDER FROM COLLECTION: WWW.STANDARDBENGAL.CO.UK

## Snacks On The Go (NEW)

CHICKEN NUGGETS & CHIPS + SOFT DRINK	6.95
CHICKEN & CHIPS	5.95
CHICKEN / MUSHROOM / PRAWN OMELETTE	6.45
CHICKEN TIKKA WRAP WITH CHIPS & SOFT DRINK	6.95
MADRAS CHICKEN TIKKA WRAP WITH CHIPS & SOFT DRINK	6.95
SHEEK KEBAB WRAP WITH CHIPS & SOFT DRINK	6.95
CHICKEN RICE BOX WITH SOFT DRINK	7.95

## Bengal Old Favourites

Simply choose your favourite curry base and pick whether you would like chicken, lamb, king prawns, prawn, duck, paneer or vegetable.

BASIC CURRY	CEYLON	Fairly hot
ROGAN-JOSH	Fairly hot.	PASSANDA
Garnished with tomatoes		Medium
KORMA		Cooked with onions, yought and mixed ground nuts
A combination of cream mild spices & nuts.		DUPIAZA
KORAI	Medium hot, Cooked with onions, tomatoes, green peppers & garlic	Medium
BHUNA	Medium dish, cooked with onions and tomatoes	Cooked with onions and green peppers
JALFREZI	Hot	BOMBAY
Cooked with onion, green pepper & chillies.		Medium
PATHIA	A sweet, sour & hot dish	Cooked with potato and boiled egg
MASSALA	Very popula dish. Cooked with coconut powder, cream butter and garnished with nuts	MADRAS
		This famous hot dish
		KASHMIRI
		Mild to Medium jot dish cooked with
		VINDALOO
		This famous hot dish
		DHANSAK
		Medium hot
		Cooked in lentil and pineapple suace

THESE POULAR DISHES CAN BE PREPARED WITH THE FOLLOWING:

CHICKEN OR LAMB	6.75	FISH	10.95
DUCK	10.95	PRAWN	6.95
CHICKEN TIKKA	7.75	VEGETABLE	5.95
LAMB TIKKA	7.95	KING PRAWN	11.95
		PANEER	6.45

## Biryani Dishes

Cooked with pilau rice & served with a vegetable curry sauce.

CHICKEN OR LAMB BIRYANI	9.50
CHICKEN TIKKA BIRYANI	9.95
LAMB TIKKA BIRYANI	9.95
SPECIAL CHICKEN OR LAMB BIRYANI	9.95
PRAWN BIRYANI	9.45
KING PRAWN BIRYANI	11.50
VEGETABLE BIRYANI	8.50
MUSHROOM BIRYANI	8.50
PANEER BIRYANI	8.50



## Side Dishes - £3.50 (each)

VEGETABLE CURRY	CAULIFLOWER BHAJI
SAAG DALL	MATAR PANIR
TARKA DALL	ALOO GOBI
DALL SAMBER	SAAG BHAJI
DALL MASSALA	BOMBAY ALOO
CHANA MASSALA	SAG PANIR
MUSHROOM BHAJI	SAG ALOO
BHINDI BHAJI	ONION BHAJI
BRINJAL BHAJI	3.25

